

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure

### THE WOMAN'S REALM

#### MY HOUSE

Do not loiter on the hot street corners, My time is occupied, my hours are numbered; I bargain in the lumber yards with sanded contractors, And journey to untidy lots with goods encumbered. I pour the concrete and erect the scaffolds, Forget the flying hours amid my labors; And meticulously sure, I lift the rafters, And listen to the comment of disinterested neighbours, I chisel cupolas to mark the sun-light dying, Embark on flights of fancy with my hammer, And lay the floors immaculate and shining, And listen to a songbird's throaty stammer. My dreams are shaped and pounded, cut to order, My thoughts are disciplined, well drilled and mated; But whether they or I have worked the hardest, I question which of us a house created.

ALFRED W. PURDY

#### DON'T BE AFRAID TO EXPERIMENT

Object all you wish to the new fashions. To protest about something you don't like is the right of an independent woman and the expression of a free spirit. But be careful of a hostile attitude toward fashion changes which annoy you only because they loom as threats to set ways. That is a symptom of age. This symptom reflects itself in a woman's reluctance to change her hair-do or experiment with

new make-up or dress colors. Such a woman is not only going to seem older because of her attitude in resisting change, she is bound to look older, too, because she will appear more and more dated in the old styles to which she clings. An attitude of welcoming change reflects youth. Some women of 70 have it as much as girls of 17. Any woman who has it, no matter what her age, seems young. She finds fun in trying out new hair-dos, make-up, dress styles, costume colors, striking accessories. This what's-next attitude makes any woman seem young, no matter what the vital statistics say, when she proves that she's hep to new steps on the dance floor, to a bit of modern slang that spices her conversation. As for slang, no woman should be guilty of using tired old expressions. It's better to use no slang at all than to lapse into the old timers that date you.

#### TIRED FEET MAR BEAUTY

Lines in the face which testify to foot discomfort are one evidence of age a woman can wipe off the record. She will if she wants to appear youthful. She can by giving her feet better care. For all practical purposes, sensible shoes with careful two-inch heels should be worn. Save your high-heeled shoes — and teelose or backless shoes as well — for occasions of dress. You can't clump around all day in high-heeled shoes and expect feet to go partying or dancing in the evening with any degree of spirit. There's also an argument against wearing too-low-heeled shoes. They can be a bad choice for general wear if you switch often to shoes with high heels. Frequent adjustment to different heel heights often penalizes leg tendons. If your feet are sensitive, don't break in new shoes. Let stretchers with adjustable knobs do it for you. Stiffness will yield more readily to stretchers than to your sensitive feet.

Get your shoes large enough. Remember that a larger shoe size or a different last may be required, the older you grow. Be as finicky about stocking size. A too-short stocking is as often the cause of foot discomfort as an ill-fitting shoe. As a pick-me-up for weary feet, southe them in a hot bath, dust with powder, and have a fresh change of hosiery.

### Ellen's Diary

By an Island Farmer's Wife

It was Jamie and grand-daughter and Jeanie about the lawn yesterday, that poking about beneath their Winter coverings found quite a wealth of tulips and daffodils and others of the Spring flowering bulbs already astr. Indeed while chill winds were still blowing and snow flurries whirling in wild measures along the slopes of our valley these must have heard the wake-up call and commenced at once to send up colorful stubs in a miracle of new growth. The children visited the birds' nests, the one low in the Rowan tree in the border and the one Jamie and I found last Summer tucked away cunningly amid the shrubbery of wandering rose bushes along the lane. Both are bare and desolate yet. One could only conjecture what grand-daughter's thoughts were. "A nest!" she repeated the words after Jamie, then laughed showing a perfect row of teeth and was gone quickly to her interest. Yesterday with its bright sunlight and gentle breezes was sent for such small folks as these.

We lost the sunshine today, but found it later in a nice clearing rift of rose at sundown. Barely a rib of color at first, it widened until soon the west was suffused with its richness and the "wars" and spruces were spired and turreted against its ruddy glow. Jamie, our over-night guest was leaving for home then, going thither with Rob who had been at Alderlea for the last of the wood-sawing. This included an amount of staves for a seasonal work in the outfit, enough Jamie felt sure "to put a fence around Texas!" Jamie waved from the sleigh and then sprang home towards which the black Mutt-dog eagerly led the way. Much that was new had happened in Jamie's brief absence.

He mentioned some of these things this morning when we were loitering down to lane's end for the mail. Would his bridge, the one he had painstakingly built "on a pretty solid foundation" across a thawing streamlet in the yard were dropping into the mill stream at the time, low since recent freshets, strength flowing clearly now but between sinkest depths of mud and ice, fascinating in their strangeness, to Jamie and me. "Guess all the trout will be gone down the river!" Jamie observed peering over the laneway bridge where not even a fingerling appeared in the clearness. We lingered there listening to the new voices of the birds and then stealthily hunted a robin who was practicing first notes somewhere among the Alders by stream-side. The squirrel was there on the Hemlock but not to engage us in much conversation in the insistence of indoor tasks though Jamie laughed until the echoes came back to us in merry tones, when she "chir-r-red" in what must have been "hallo!" for our pleasure.

We came through a busy day to have the old kitchen which has known many Spring seasons of cleaning, spic and span tonight, in the huzzor ones reflection fairly glistens and in the lamp-light it is pictured too on a bright pane. The paints have been scoured brightly a result of the power of Susan's elbow and the ceiling is freshly white. "There!" I said to Jamie when I stepped gingerly down from the last of that decorating "I think that's fairly white!" He was in the armchair at the time, watching our efforts closely while he nibbled an apple. "Yes" he agreed "but just you wait till a few flies get on it in summer!" "But I'll put D.D.T. on the veranda!" I returned. "I know" Jamie replied, in a tone much like that of a grand-father, when he allows no fanciful ideas. "But you'll see! There'll be one or two that won't die, and they'll slip in at the screen door!"

In a move to be thorough in our cleaning, kitchen stove-pipes were taken down and it was only a coincidence that added to the untidiness of the scene that a shower of rain must fall at the time. It was most fortunate that James came in at the moment to help us at the dismantling and to lend his experience to the work. Pard a bedraggled fellow was there too and the Tabby cat meek and rather

### Dorothy Dix Says—

#### Common Sense

##### Domestic And Parental Troubles Due To Lack Of Rational Approach

Common sense is not only the rarest thing in the world, but it is the one thing that people most object to using. If you will preach to them some strange, occult, mysterious philosophy, they will embrace it gladly, but if you tell them to show a little horse sense in dealing with a situation they scorn to use it.



Take most of the troubles in the world. Take the unhappy homes in which there are quarrelling husbands and wives and discord and strife. Isn't the only solution of that common sense? It takes two to make a quarrel, and there never was a family row that couldn't have been stopped in the beginning by either one keeping his or her temper and giving the soft answer that turneth away wrath.

What, except the lack of common sense, makes husbands and wives argue over topics on which they know they disagree? Why do they say the fighting words? If a woman knows that her husband objects to her doing a certain thing, what makes her keep on doing it? If her husband knows that little flattery and jollifying will make his wife happy, why in Heaven's name, doesn't he give it to her? Practically every home could be made peaceful and every marriage a success by the use of a little common sense applied to its problems.

#### PARENTS REMISS

Then why don't parents use a little common sense in bringing up their children? Why do they pamper them and spoil them and make them selfish and self-indulgent and lazy and no-account and then expect them to be anything else except the rotters they have made them?

There is no mystery about how to rear children. Bring them up in the way they should go and they will not depart from it. Teach them obedience and self-control, and that they have duties to perform in the world; teach them to be honest and truthful and clean and upright and industrious, and they will turn into fine men and women; just as surely as good seed produces good grain. It is common sense that does it.

And look at the way we do about our health. All of us know that the way to keep well is to eat moderately, take exercise, sleep plenty and keep out in the fresh air and sunshine as much as possible. But do we use this common sense way of preserving our health? Not at all. We put our faith in drugs and doctors and hospitals and following all sorts of health fads.

Then there are the fathers and mothers and sisters and brothers and cousins and aunts who weep upon our breasts because they are so miserable living together and because they get on each other's nerves. Why haven't they common sense enough to get up and leave? Half the family difficulties in the world could be solved by a railroad ticket to some point a thousand miles distant.

Yes, common sense is the panacea for most human ills, but the sad part is that we just don't use it.

### Better English

D. C. Williams

1. What is wrong with this sentence? "I shall do it the same as I did before."
2. What is the correct pronunciation of "perfidious"?
3. Which one of these words is misspelled? Encumbrance, encyclopaedia, environment.
4. What does the word "serenely" mean?
5. What is a word beginning with per that means "basely false to trust"?

#### ANSWERS

1. Say, "Just as I did before."
2. Pronounce both 'f's as in it, and accent second syllable.
3. Encumbrance.
4. Quietness; stillness.
5. A general peace and serenity newly succeeded a general trouble. — Sir W. Temple. 5. Perfidious.

clumsy now but respected in a manner which grants her extra tidbits and makes James resolve, though not too firmly and not in Jamie's hearing: "We must do away with them before they get their eyes open, Ellen!" ... Altogether a fine day we at Alderlea have had.

Until tomorrow — Diary — Good-night.

**Van Camp's PORK and BEANS**  
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#### PRESS BEFORE JOINING

Try pressing the sweater you have knitted before you join the sections together. It makes a much simpler job to join and the joining itself will be so much easier as one can pick out each stitch so readily.

### How Can I !!!

By Anne Ashley

- Q. How can I remove warts?
- Q. Castor oil, lemon juice, or kerosene, applied several times daily for a few days, will cause them to disappear. Applications of oil of cinnamon three times daily will remove them without soreness.
- Q. How can I treat house plants that have become infested with insects?
- Q. Try sticking a few sulphur matches, heads down into the soil around the plants. Spraying with a solution of naphthalene soap and water is also effective.
- Q. How can I impart a creamy flavor to soup?
- Q. Place a piece of cheese, about the size of a walnut, in each quart of soup, before serving, and it will impart a rich, creamy flavor.

#### OLDEST CLOCK

A clock taken to South Africa by a Mr. Frost, of Norfolk, a settler, who sailed on the barque "Ocean," is still going strong. The date on the face is 1819, although its manufacture is not known and it is thought to be the oldest clock (still ticking) on the African Continent.

### The Stars Say--

By Genevieve Kemble

For Wednesday, April 14

VERY suspicious conditions may be expected, judging by a chain of benefic mutual aspects and lunar transits. While there is a probability of a deep uprooting of business associations and romantic attachments, yet the mind is keyed to constructive thinking and the energies are under excellent stimulus for definite and strenuous grasp of underlying circumstances. In this there may be substantial cooperation from the feminine "contingent" or from the serious and elderly. Jealousy or false hopes might prove disturbing. Refrain from rash moves.

#### For the Birthday

Those whose birthday it is, may find themselves on the alert to a sudden turn of events calling for keen insight, with serious analysis prior to grasping fresh openings of far-reaching and radical importance. Change of interest, associates and environs, demand constructive thinking and energetic moves in the right direction. Enlist the aid of feminine advisors or the sound ideas of the elderly, since the security of the home and romantic attachments are wrapped up in sudden decisions. These decisions will be ruinous if incited by jealousy or erratic ideas.

Those whose birthday it is, may be called upon to make important decisions affecting their future happiness and progress. They would profit by giving heed to advice from elderly friends or family.

### That Body Of Yours

By James W. Barton, M. D.

#### THE DANGER OF DDT FOR MAN

When we see how the preparation of DDT kills lice and other tiny insects, and know that this death-dealing substance is being used in great quantities by householders, we are concerned as to the wisdom of having it in the home for any purpose whatever.

Until recently there has been no means of knowing just how dangerous DDT is to man, but Dr. R. M. Garret in "Alabama State Medical Association Journal" states that an accident has made known the effects of DDT on man. A group of Formosan prisoners of war were punished for refusing to perform assigned duty by being deprived of their evening meal. About midnight they stole a box containing a powder which they thought was flour. The powder contained 90 per cent of flour and 10 per cent DDT. The pure chemical had been used in making a 10 per cent dusting powder (for use in killing lice and other body insects), the flour being used to dilute the DDT.

The stolen flour was used to make a dough which the Formosans then cooked over a small gasoline burner in their tents, using mess kits as baking pans.

Twenty-eight men who had eaten DDT were observed; the amount eaten varied from a small amount to only army mess kit filled with half-baked biscuits.

What happened? Vomiting, numbness and partial paralysis of the hands and feet, mild convulsions, loss of muscular strength and shaking of the extremities, and an overactive knee jerk or reflex were the immediate effects of the poisoning by DDT.

All these effects soon passed away except in three patients who had eaten a large number of the biscuits. It was the vomiting that saved the lives of these men.

This accident shows the poisonous qualities of DDT, but the fact that it was well mixed with flour and baked may have protected the stomach lining to some extent. The lesson, then, is that DDT is poisonous and, while these men escaped death, a poor muscular stomach unable to throw up the poison or undiluted DDT might cause death.

#### FIRST AID

Know what to do in an emergency. Send today for Dr. Barton's helpful booklet, entitled "First Aid in Emergencies" sent enclosed 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, O. Y., and ask for your copy.

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### Household Scrapbook

By Roberta Lee

**Nickel**  
To make a cleaner for nickel, use equal parts of liquid ammonia and alcohol and stir in whiting to the consistency of a paste. Apply with a soft cloth and leave covered until the cream dries. When dry, polish with a clean cloth.

**Feather Pillows**  
Do not hang feather pillows on the clothes line for airing on a warm, sunny day. The heat of the sun will bring out the oil in the feathers.

**Patent Leather Heels**  
You can prevent the patent leather overing on the heels of women's shoes from cracking by coating them with some colorless nail polish.

### Modern Etiquette

By Roberta Lee

Q. Would it be all right for a man to buy an engagement ring before he proposes to the girl?  
A. No; unless he thinks there is no possibility of the girl refusing him. Usually, though, the girl should have something to say about the choice of the ring, its style, color, and so forth.

Q. How should one place the knife and fork after finishing a course at the dinner table?  
A. Parallel across the plate with the handles to the right.

Q. If someone "cuts in" on one's partner at a dance, would it be proper to "cut back" on this man a few minutes later?  
A. No; but you may "cut in" on the third man if you wish.

### Morning Smile

A CLOCK STORY

The vicar was visiting his oldest parishioner and commented on the fact that a small clock on the kitchen dresser was telling the correct hour; but that the grandfather clock had not been set to summer-time.  
"Don't you find it a little maddening to have them different?" he asked.  
"Well, it's like this, sir," said the old man. "Grandfather clock 'ave been telling the truth for ninety years and I can't find it in my heart to make 'im tell lies now. The little clock he be German make, so it 'be all right for 'im."

The plous but cranky old lady was put out because her neighbors had not invited her to their picnic. On the morning of the event, one of them called to ask her to go along.  
"It's too late," she snapped. "I've already prayed for rain."

LONDON — (CP) — A fishing rod with a nose at the end and chloroform were used to save a trapped cat.

CHECKLEY, Staffordshire, England — (CP) — The death-watch beetle has been discovered in the roof of 11th-century Checkley parish church. Repairs, it is estimated, will cost £1,900 (\$7,600).

## Needlecraft FOR THE HOME

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2297 SIZES 12 - 46



While Jews in Jerusalem eat sparingly of rationed food brought into the city by military convoy from Tel Aviv, the Arabs find food stores well stocked. This store, its shelves and counters cluttered with many types of foodstuffs, is in the Arab bazaar. (Photo by NEA-Acme staff correspondent David S. Boyer.)

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