

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure THE WOMAN'S REALM

O little town of Bethlehem! How still we see thee lie; Above thy deep and dreamless sleep, The silent stars go by. Yet, in the dark street shineth The everlasting light; The hopes and fears of all the years Are met in thee, tonight.

—Phillip Brooks.

USE FLASHLIGHT TO TEST CHRISTMAS BULBS

If you are doubtful about certain lamps in your Christmas tree string them an easy way to check for those that are burned out.

Remove the regular lamp from a five-foot flashlight. Then screw in the lights one at a time. While they will not burn brightly with such glow current, they will glow if they are good. Burned out lamps will not glow at all.

FIRST CHRISTMAS TREES

On the wild sandy heathland of the north German plain the first decorated trees have flourished for many centuries. It is not strange, therefore, that the "Christmas tree" dates back prior to the days of Christianity. The early Egyptians used to employ decorated trees in their festive seasonal celebrations. It is a fact well known that the first tree that was put forth in a household was a holly tree, and at the time of the winter solstice a spray of holly branches was used in the temple of Osiris to mark the completion of the year. Curiously enough, England did not adopt Christmas trees until the middle of the last century. The prince consort, shortly

after his marriage to Queen Victoria, introduced them into Great Britain.

Banana blossoms are made into a sort of jam to tickle the palates of native West Indians; in China, they are dipped in vinegar and eaten with radish, while the Hawaiians use 30 per cent banana flour and 70 per cent white flour to make bread.

HINTS ON ETIQUETTE

Water goblets are filled at a dinner just before the guests are to be seated at the table.

To keep metal sinks bright and shiny, scour frequently with a fine powder of 1 with a sponge, then rinse sink with cold water, wipe dry and polish with a soft cloth.

CAPELETS FLUTTER OR JUST RATTLE

NEW YORK.—Capelets flutter in every breeze. These have the close-fitted look of the prim Victorian in some instances, and in others appear more inclined to rattle. Sometimes they are removable, sometimes entirely so.

Again they remain a fixed part of either suit or coat. Used on dresses they may involve themselves as part of the sleeve and give a puffy, leg-of-mutton look—though this is definitely a mere impression.

Deep armholes are noticeable everywhere and they are made more effective by being trimmed or cut in unusual ways which give effect to design. These deep armholes are not to be confused with the dolman cut, for the latter is still prohibitive, so lavishly a use of yardage as they would never require. However, design interest makes up for yardage limitations where armholes are concerned, and unusual and interesting effects are obtained.

PRECAUTION

Brides of the Bungis tribe on Celebes Island are dragged three days before their marriage to keep them from looking at any males other than their intended husbands.

To remove stubborn soil from fabrics, spread the material over the palm of the hand and brush with a soft brush.

CHARMING CUSTOM

Few Christmas customs are more charming than that of the Christmas Carols, which celebrate in joyous and yet devout strains the nativity of the Saviour.

LAUGHING GAME

The Laughing Game should run for at least a half hour, and any number of players can take part—the more the better.

As soon as the leader has explained all the rules of the game, no one in the party is permitted to smile or laugh. He cannot hit his lips or cover his mouth with his hand, but must look as serious as possible for the full half hour.

HOW CAN I!!!

By Anne Atley

Q. How can I thicken the fruit juice in pies without using cornstarch?

A. Instead of using cornstarch or flour for thickening fruit or berry pies, try using a scant tablespoon of quick-cooking tapioca. This not only adds flavor to the pie but absorbs the excess liquid.

Q. How can I remove paint stains from linoleum?

A. Try saturating two or three times with equal parts of ammonia and turpentine then wash thoroughly in soap suds.

Q. How can I quickly clean pans that are scorched by food adhering to them?

A. These pans should be sprinkled with dry baking soda and allowed to stand for awhile. Then they can be readily and quickly cleaned.

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Sourly, straight bodies—beautiful, regular teeth—these come from right diet, and plenty of the right milk. Ask your doctor about a Carnation Milk formula for your baby. Write for free book, "Your Contented Baby", Carnation Co. Ltd., Toronto, Ontario.

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ELLEN'S DIARY
By An Island Farmer's Wife

There were no thrilling dreams to be had when I awoke this morning. In fact James said he never rested better nor slept more peacefully than he has since the morning of last night. He was up with the dawn and had his work done at the cement works in town. Then he was away over the delta to Rob's to help him finish the outside of the barn. The boys and girls, they occupied themselves in the laying of a smooth concrete floor. James was there for the laying of wheel-barrow loads from the saw-logs to be used, along with stone and cement, in the mixture to make a set of pump-house floors. I heard James caution Rob not to mar the surface by treating it on it before leaving it at least another day to harden. I thought of the cement works in town and that a pair of small foot-prints that could never harm—only a signature—would be there for a while, while hands to have for adult years.

New Cream Deodorant

ARRID
39¢
1oz 1 1/2 and 5oz Jar

BETTER ENGLISH

By C. D. Williams

1. What is wrong with this sentence? "We had an awfully good time."
2. What is the correct pronunciation of "the little" in "the little girl"?
3. Which one of these words is misspelled? Chandelair, mutineer, dominion.
4. What does the word "farceful" mean?
5. What is a word beginning with bl that means "pertaining to both eyes"?

MODERN ETIQUETTE

By Roberta Lee

Q. What should one do if one has declined an invitation from a close friend, and finds out later that it will be possible to attend?

A. Under these circumstances it would be all right to telephone the friend, and ask her if this late acceptance would inconvenience her. If not, borrow money from a woman!

Q. No; there are, no conditions that make this permissible, and a man's self-respect should not allow him to do so.

Q. Is it correct for a man to have the credit "Mr." engraved on his social cards?

A. Yes.

Dorothy Dix Says— ADJUSTING OURSELVES TO LIFE

Those Who Preserve Individuality Well Prepared To Live Alone

When we consider the importance of providing for our old age, we always think in terms of money. Money is important, but it is not enough. We have other needs that are just as great as our physical ones and unless we provide against these in our youth, we are just as miserable and unhappily dependent on others in our old age, we are just as much parasites as we would be if, when we were young and vigorous and making money, we had neglected to put aside a nest egg upon which to live when we were old.

KNOW HOW TO AMUSE YOURSELF

A long time ago Tallyrand advised everyone to learn how to play a good game of whist in youth so that they might not pass an old age of boredom. Which is to say that when we are young we should all learn how to play, and keep the play spirit alive in us against the time when we shall sit with idle hands, our work done, and yawn ourselves into the grave unless we know how to amuse ourselves.

And, little as we suspect it, we have to learn how to play when we are young. We can no more acquire the art after we are middle-aged than we can of doing the likable with verve and abandon. The bones of our habits have become too stiff. In proof, wherever, observe the miserable, rich old men, who, too old to work, are doing penance on golf links and dragging about resorts, shedding tears of boredom at any and every idle hour, and who find the days endless because they have nothing to do.

How much better for them if they had played a little more and worked a little less as they went along, so that when the time came for them to retire from business they would have something pleasant to retire to.

We should cultivate as many outside interests as possible against the hour when our family ties are broken. One of the most pitiful mistakes that women make is in letting the four walls of home bound their universe, being so obsessed by their children that they have no life outside of them. When their children marry and go about the business of life on their own account, the mothers are left desolate and broken-hearted.

Every woman with a grain of intelligence in her head knows that when she goes to live with her married children she is a menace to their marriage, and that she is not wanted by her in-laws. Yet, knowing this, mothers who have ample money on which to live apart, inflict themselves on their children, because they have no other interest in life except their children.

How much wiser it would be if every mother would look forward to the day when her children will leave her and prepare for it by keeping alive her own individuality and her interest in all the manifold activities of this fascinating world of ours.

We should lay up beautiful memories, memories of happy hours, memories of travel, memories of those we have loved, memories of good books, memories that will fill the long hours when we sit in the twilight, with eyes too dim to read, thinking of the dear, dead days that are gone.

Begin now, while you are young, to lay up spiritual riches for your old age.

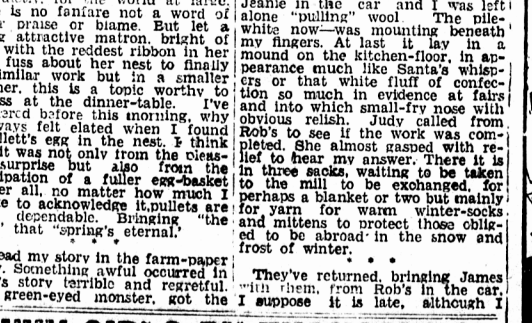
MORNING SMILE

DOING VERY WELL

A newly promoted colonel gave a dinner to his regiment, addressing the men, he said, joyfully: "Now fall upon the food without mercy. Treat it as if it were the enemy." At the end of the dinner he noticed a sergeant sneaking away with two bottles of wine. "What are you doing?" he asked. "Obedience, sir," was the reply. "When you don't kill the enemy you take them prisoners!"

Returning home from his office, the father asked his children whether they had been good. "Oh, yes," said his little daughter. "I washed up the tea-things." "And I wiped them dry," said his small son. "And what did you do?" he asked, turning to the smallest. "I picked up the pieces," she answered sweetly.

DESIGNS FOR CHILDREN



Illustrations with each letter of the alphabet are embroidered on towels, bibs, children's clothing, nursery, hot iron transfer pattern No. 588 contains 26 motifs measuring about 2 inches high with complete instructions.

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With No Nerveless Restless Feelings

Take hold if you have so many girls—at such times—suffer from cramps, headaches, backache, feet tired, nervous, a bit blue—all due to functional monthly disturbances. Lydia E. Pinkham's Vegetable Compound, to relieve these troubles, is the best. Compound not only helps relieve monthly pain, it also accomplishes the best nervous feeling. This is because of its soothing effect on nerves or woman's body from excessive worry and heres.

Lydia E. Pinkham's VEGETABLE COMPOUND



CHOCOLATE CRUNCH COOKIES

1 cup shortening
3/4 cup white sugar
2 eggs—beaten
2 1/2 cups BRODIE'S Self-Raising Flour
1 teaspoon vanilla flavoring
1 cup chopped nuts
14 to 16 oz. sweetened chocolate—cut in small pieces

Cream shortening—blend in the sugar. Add well-beaten eggs. Stir in flour and add nuts, chocolate and flavoring. Drop by teaspoonful on buttered cookie sheet and bake in moderate oven (350°F) from 10 to 15 minutes. (Makes about 8 dozen cookies.)

M-M-M! Chocolate Crunch Cookies ... They're SO Good!

Chocolate Crunch Cookies serve so well to round off that fruit dessert! For the children after school! To have in the house when unexpected guests drop in! And they're so easy to make with Brodie's Self-Raising Flour. Brodie's "ready-mixed" in the correct proportions to make baking easier and ensure better results. Get a bag of your grocer's today and try these delicious cookies made the Brodie way—you'll be glad if you do.

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HOUSEHOLD SCRAPBOOK

By Roberta Lee

COOK'S CORNER
LIGHT FRUIT CAKE

1 lb. butter
1 lb. granulated sugar
2 lbs. suet
8 eggs
8 cups flour
1 teaspoon baking powder
1/2 teaspoon salt
1/2 cup cranberries, cut in halves
1/2 cup lemon peel, cut fine
1/2 lb. almonds, blanched
1 lb. candied pineapple (if obtainable substitute sugar)
1 teaspoon vanilla
Cream butter and sugar. Add eggs and cream well. Prepare fruit and mix them with rest of the flour. Stir remainder of ingredients with baking powder. Add flour alternately with cream to creamed mixture, then add flour, fruit and nuts. Lastly add the brandy and vanilla. Put in lined tins and bake in slow oven (300 deg. F.) until done.

To Relieve Bad Cough Quickly, Mix This at Home

Does the Work in a Hurry, Saves Money, Easily Mixed.

Here's an old home mixture your mother probably used, and for real results, it is still a most dependable medicine for distressing coughs. Try it, and you'll swear by it. It's no trouble at all. Make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments until dissolved. No cooking is needed. (Or you can use corn syrup or liquid honey, instead of sugar syrup.) Any one can do it.

Now put 2 1/2 ounces of Pine-sol in a 16 oz. bottle, and add your syrup. This if it doesn't please you in every way, gives you 16 ounces of really splendid cough medicine—more than you could buy for four times the money! Coughs perfectly, tastes fine, and lasts a family a long time. Children take it without the usual struggle. This splendid home mixture has a three-fold action. You can feel it take hold at once. It loosens the phlegm, soothes the irritated membranes, and helps clear the air passages. This explains why it gives such quick relief. Pinex is a special compound of proven ingredients, in concentrated form, well known for its prompt action on throat membranes. Money refunded if it doesn't please you in every way.

Needlecraft FOR THE HOME

FLATTERING PRINCESS

The princess coat dress points up slender lines, and in its smart simplicity makes a wonderful background for accessories. Emphasize the sweet-heart neckline with bows. They're extremely popular and utterly feminine.

No. 3725 is cut in sizes 10, 12, 14, 16, 18, 20 and 40. Size 16 requires 3 1/2 yards 36-inch fabric for dress with three quarter sleeves.

Send 30 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

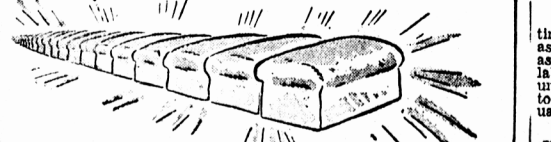
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