

Woman's Realm Social and Personal Fashions Literature

Living & Leisure THE WOMAN'S REALM

Trust not too much, fair youth, unto thy feature; Be not enamour'd of thy blushing hue; Be gameous, whilst thou art a goodly creature; The flowers will fade that in thy garden grew. Sweet violets are gathered in their spring; While primrose falls withouten pitying. —From the English Galaxy of Shorter Poems.

HOSIERY MAKES NEW "COCKTAIL"

Ever think of laundering your sheer hosiery in a cocktail shaker? That's a new trick of glamor girls for protecting cobweb sheer stockings from the snags which often come from handling through the wash. Your stockings will also be protected in a fruit jar filled with gentle suds. Chopped tight the jar can be manipulated like a cocktail shaker.

New on the market for stocking protection are plastic shakers in which socks can be coddled through the wash. Teammate in "sheer" protection is a fan-shaped plastic stocking dryer. Hose tops slide between smooth plastic prongs and are held firmly and safely in place.

FASHION TRENDS

NEW YORK — A wrapped seal-skin coat is worn over a black jersey dress; Claire McCardell's red and black wool flannel by Miron is a frock with the new tight bodice and full skirt; an ensemble of deep red velours coat flared from the shoulders, over an iris blue wool crepe dress, worn with milk beet and gold bracelets, all designed by Pauline Trigere; and a greatcoat of red, green and wine plaid tweed.

PLASTIC MESH IS USED FOR SCREENS

NEW YORK — Here's a bit of news on screen cloth for doors and windows. Despite the increase in production of both steel and commercial bronze screening, the

heavy demand for it suggests shortages through 1947. The current output is far above that of a year ago. If you're in the market for screens, you might watch for the plastic mesh which is appearing in limited quantity. Some of it is reported to have such powers of elastic recovery that it springs back into position if a pencil is poked through and withdrawn. If that happens to be a favorite warm-weather pastime of junior, the plastic model would be worth considering.

In the early days of settlement, paint was a symbol of social prestige. The homes of a town's most well-to-do citizens could be recognized by their gleaming paint coatings, and "common" people were not supposed to distinguish their homes with the use of paint. These changes all things, but paint might still well be regarded as a "badge of solvency" for any property.

OLD JEWELS BRING GLAMOR

You can build up your glamor for a romantic evening party by mixing your imagination in with the jewelry that you wear. Your keepsake box may yield old jewelry that lends itself to new uses. A simple summer frock, for example, can be given a high-style whirl by filling in the décolleté with a jewelry bib. You can make one with multiple strings of beads of graduated lengths.

Start with a choker and extend the line with longer necklaces. Pearls, coral, turquoise, and jet strands and gold chains are all good mixers for your "bib." New twist for an old charm collection is to attach single charms at spaced intervals to a pearl necklace. Use to pretty up a low-cut neckline. A peasant gown can be given glamor by lacing the bodice up with a gold chain instead of a ribbon.

You can put sparkle into a party-going coiffure by encircling top-knot curls with a gold bracelet or twisted gold chain. A two-strand pearl necklace becomes a new kind of "Alice-in-Wonderland" headband for a sleek hairdo. Anchor the headband behind your ears with jeweled clips on hairpins.

Modern Etiquette

By Roberta Lee

Q. Is it all right to put two guests in the same room when entertaining over the weekend?

A. Do not invite more guests than you have room for, and do not put two of them into the same room unless you know they are glad to have you do so.

Q. Should a man offer to carry parcels for a woman acquaintance that he happens to meet on the street?

A. Yes, if the parcels are large and he is going in the same direction.

Q. Is it proper to offer to pay for gasoline if you have been invited for an automobile ride?

A. No; any expense incurred on the trip should be paid by the host.

Cook's Corner

JELLIED HAM LOAF

- 1 tablespoon gelatin
 - ¼ cup cold water
 - 3 tablespoons sugar
 - 1 cup boiling water
 - 2 teaspoons Worcestershire sauce
 - 1/2 teaspoon onion juice
 - 1/2 teaspoon mustard
 - 2 tablespoons mayonnaise
 - 1 tablespoon grated horseradish
 - 1/2 teaspoon onion juice
 - Few grains clove
 - Few grains cayenne
 - Few grains nutmeg
 - 6 stuffed olives, sliced
 - 2 cups chopped cooked ham
- Soak gelatin in water. Add sugar and boiling water and stir until gelatin is dissolved. Add rest of ingredients. Pack in a loaf pan and chill until firm. Slice, return to pan and wrap in wax paper.

How Can I!!

By Annie Ashley

Q. How can I cut very thin slices of bread?

A. The thinnest slices of bread or cake can be cut if the knife is heated until quite hot, or dipped in boiling water for a few minutes. Wipe the blade dry before cutting.

Q. How can I clean finger marks from white furniture?

A. They can be easily removed by using a solution of one teaspoonful of baking soda in one pint of water.

Q. How can I make a dry mop?

A. Take an old broom handle, the one-inch strips of cloth to it, dip it in kerosene, and let it drip for several hours before using.

The Stars Say -

By GENEVIEVE KEMBLE

For Saturday, August 16

WHILE there may be a gratifying and harmonious state of affairs in home, professional and romantic relationships, yet it seems as though a sudden decision to make a change, to travel into fresh fields of endeavor, or even a new slant on old avocations or engagements, may stimulate the spirits and add to the emotional uplift of new places, faces and prospects. It may be needful to count the cost—in financial outlay and otherwise.

On the Birthday Those whose birthday it is may be suddenly disposed to take up some venture out of the customary, to enter new pastures, to make environmental changes or mental excursions into broader fields for expansion, growth and progress. New studies, new relationships in professional or cultural life are ahead, although the current home and romantic relations may be gratifying and emotionally satisfactory. The change, if radical, may make it necessary to "count the cost"—in funds and other assets. Budgets may be close or critical. Don't squander needful substance.

A child born on this day may lean toward innovation, adventure, strange levels of thought or science although having meagre assets for pursuit of new forms or indulgence.



Pictured above are Mr. and Mrs. George F. Gallant, whose marriage took place in Montreal on June 21. Mrs. Gallant was the former Jeanne Miron, youngest daughter of Mr. and Mrs. Napoleon Miron of Westmount. They were married in St. Pascal de la Cote des Neiges Church. Witnesses were Mr. Raney Gallant of Charlottetown, and Mr. N. Miron, Bridesmaid was the bride's sister, Mrs. Gregory Brousseau of Sherbrooke. After the ceremony a reception was held at the Rialto Hall, after which Mr. and Mrs. Gallant left by plane for the Island, spending a week at Brackley and a few days in Charlottetown. Mr. Gallant is a son of Mr. and Mrs. Raney Gallant of Charlottetown and a former Flying Officer in the R.C.A.F. He is now radio technician with Marconi.

DOROTHY DIX SAYS—

Parental Tyranny

Strict Parents Ought To Remember Daughters Do Know Right From Wrong

DEAR MISS DIX: I am a girl 21 years old and have a good position in one of the largest firms in Chicago. Being in contact with so many parties, I am often invited out to dinners and shows, all nice, proper parties and people, but my parents seldom allow me to accept any of these invitations, and when I do I have to be home at such an early hour that it breaks up the party.

When I protest against this tyranny, my parents enter into a long dissertation on the sacrifices they made to bring me up, and what invariably irritates me most is they tell me that if they were not strict with me I would have gone to the bad, like so many other girls they read of in the papers. All of which, of course, is nonsense. I could have run away if I had wanted to, or met boys on the sly, and done the things that thousands of other girls are forced into doing by their parents.

I tell my parents this, but to no avail. Why can't they realize that I am old enough to have some personal liberty? What can I do? I don't think I can stand such treatment much longer.

UNHAPPY GIRL ANSWER: It seems to me that I answer this question about once a month, but I am so filled with sympathy for the poor frustrated girls who are being deprived by their stupid, narrow-minded parents of all the pleasure that belongs to their time of life, that I am going to keep on answering it in the hope that I can make some fathers and mothers see what a cruel thing they are doing to their helpless children.

(Continued on Page 3)

Ellen's Diary

By an Island Farmer's Wife

"But James" I murmured protesting, at the same time feebly clutching an arm in my desire to keep him beside me later in the wide old bed this morning, "there's no need of getting up this early, now that the hay's over." I was concerned because this, which I find is always the sweetest nap of all, the one that precedes the rising, was being disturbed and indeed was in danger of being suddenly terminated. The beauty sleep itself, is no better than this one which at Alderlea arrives with one awareness of a brand new day and continues until the remembrance of our duties call us to the kitchen. But "sleep away, Eliot!" James said, gliding my detaining hand and throwing back the bed-cover "I know it's only early, but I think I'll get up now, and have a look around before it's time to start the work. I might as well, for my sleep's over."

James' sleep, he would have me know is a much respected state of rest. It is, I am often led to believe, a repose of an unpretentious quality, much desired, most elusive, difficult to win, and to be acquired only under the most favorable conditions. And once interrupted, say by the Kelly cow's mournful bawl in the night, by the Nell-mare's or one of the other horses' nicker, by the rumble of a truck passing along the bridge, he will awaken quickly and even when he has assured himself that everything about the place is in good order, he will tell me sadly and with an air (Continued on Page 8)

BABY'S CRY IS NOT ALWAYS TEMPER

DISTINGUISH between your baby's cry of pain and cry of temper. The "pain cry" should draw instant attention. For the teething distress due to the eruption of the teeth or the common digestive upset, give Baby's Own Tablets at once. Mrs. May Mundy, of Toronto, finds they work every time.

If a mother of nine children, three of them prize babies, Baby's Own Tablets have been my only medicine in raising them to the healthy children they now are. As soon as my children became a little feverish I at once gave them Baby's Own Tablets and in very short time the fever disappeared and the children were normal again.

Equally effective for constipation, upset stomach, teething troubles and other minor ailments.

Quickly effective. Sweet-tasting—easily cradled to a powder, if desired. No "sleepy" effect—no dulling effect. Get a package today. Sickness often strikes in the night. 25 cents. Money back if you are not satisfied.

That Body of Yours

By James W. Barton M. D.

INDIGESTION IS ORGANIC OR FUNCTIONAL

When an attack of indigestion occurs and you do without food for a day or part of the day, perhaps taking a mild laxative or a strong purgative, and soon become free of the symptoms there is usually nothing to worry about. However, if you have indigestion practically all the time, you shouldn't worry about it but consult your physician. Continuous indigestion may be caused by organic disease or because your emotions are upsetting your digestive system. Where the emotions are causing the symptoms, it is called functional disease or functional disturbance.

When we speak of indigestion we may mean a simple symptom such as a slight pain in the stomach, or a number of symptoms such as nausea, vomiting, gas pressure, loss of appetite.

Indigestion is one of the most abused, meaningless and misapplied terms in medicine. The term is used to embrace gas, belching, abdominal pains, heartburn, diarrhoea and other symptoms." I am quoting Dr. W. C. Clancy, Mayo Clinic, in "Southern Medical Journal."

The most common real or organic causes of these symptoms known as indigestion are: (1) Gall bladder disease, (2) peptic ulcer, (3) chronic appendicitis, liver disease, a falling heart, and pouches containing waste matter in the lining of the lower or large bowel. All these organic diseases or structural conditions can be discovered by careful examination and the X-ray. While this reassures the physician, the physician has to search even more diligently for the functional or emotional causes of the symptoms. Sometimes eating habits of the patient, perhaps allergy to some foods, chronic constipation, are factors.

Among the nervous, emotional or mental factors causing or partly causing "indigestion" are over-tiredness (mental and physical) called neurasthenia and also called nervous breakdown; mucous colitis in which there is a constant mild diarrhoea present; too much tobacco and alcohol; one-sided headache (migraine); arthritis in joints between bones of the spine, irritation or actual infection in the muscular walls of the abdomen.

DIET SUGGESTIONS IN LIVER AND GALL BLADDER DISTURBANCE

Send today for Dr. Barton's helpful leaflet entitled "Diet Suggestions in Liver and Gall-Bladder Disturbance," by enclosing 5 cents, coin preferred, to cover cost of handling and mailing, to The Bell Syndicate, Post Office Box 99, Station Q, New York 14, N. Y.

Better English

D. C. Williams

Household Scrapbook

By Roberta Lee

1. What is wrong with this sentence? "Not a one has replied to our letter."
2. What is the correct pronunciation of "table d'hôte"?
3. Which one of these words is misspelled? Stubbornness, drunkenness, deaconness.
4. What does the word "sanctity" mean?
5. What is a word beginning with na that means "to tell"?

Sour Dish Mop If you use a dish mop for the dishes, you must take good care of it to prevent its acquiring a sour and unpleasant odor. Dry it out and sun thoroughly. Try standing the handle in an empty bottle with the mop part spread out like a bouquet. Then place outside in the sunshine.

Onions Before peeling onions, pour boiling water over them. Let remain for a few minutes, drain, then pour cold water over them. The skins can then be easily removed.

Lamp Shades Pleated lamp shades can be cleaned by using the blower of the vacuum cleaner on them. The dust will be removed in a short time.

Needlecrafts FOR THE HOME

BREEZE SLEEVED BEAUTY

For day-long distinction, there's nothing neater or nicer than this easy-sleeved frock, smartly styled with natty notches and patch pockets that slant out in new directions. It will be a striking addition to your wardrobe—in stripes, with bold buttons!

No. 2291 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44 and 46. Size 36 requires 3 1/2 yards 35-inch.

Send 20c for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

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2291
SIZES 12-46

Psychological gratifications derived from pleasurable meals are as important to health as are the vitamins and minerals essential to our diet. This means eating should not be allowed to become a chore, nor a struggle against time, as nutritionists.

IT WAS AN AWFUL SHOCK TO HEAR THAT WHISPER FROM THE BIG BOSS!

LIFEBUOY LATHER IS SO MILD—SO REFRESHING—I USE IT EVERY DAY!

"I soon learned that Lifebuoy's mild, purifying lather leaves me feeling extra clean. Best of all, I know it stops 'B.O.'"

"Now I start the day feeling fresh as a daisy—which is mighty nice these hot summer days! And I don't worry that people are whispering behind my back."

"It was 'B.O.' that was holding me back all right, because before long the big boss called me and gave me a well-earned promotion."

HOW TO STEP UP PROTECTION AGAINST "B.O."

Tests prove that Lifebuoy not only stops "B.O." but that you can build increasingly better protection against "B.O." by bathing with Lifebuoy every day. Try it for just seven days. See how fresh and clean your skin feels. When you know that a daily Lifebuoy bath stops "B.O." faster, gives you longer-lasting protection, you won't ever miss your "BATH A DAY THE LIFEBUOY WAY!"

HOT WEATHER WARNING! Watch out for "B.O." in summer when everybody perspires more! On hot muggy days don't risk offending others. Use Lifebuoy in your bath or shower. It's cooling, it's refreshing, and it stops "B.O."

A LEVER PRODUCT

Give meal-appeal to less tender meats

HEINZ

Condensed Cream of Tomato Soup

JIFFY MEAT LOAF

- 2 lbs. ground beef
- 1 1/4 cups dry bread crumbs
- 1 can Heinz Condensed Cream of Tomato Soup, undiluted
- 2 eggs, beaten
- 1 medium onion, chopped
- 1 1/2 teaspoons Heinz Evaporated Horse Radish, rehydrated in 1 tablespoon water
- 2 tablespoons Heinz Prepared Yellow Mustard
- 3/4 teaspoon salt
- 3/4 teaspoon pepper

Combine all ingredients. Mold into a loaf in a shallow baking pan. Bake in a moderately slow oven (325°F.) for 50 minutes. Serves 8 to 10.

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