

THE CHARLOTTETOWN GUARDIAN

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THURSDAY, FEBRUARY 2, 1928

Short of Breath
Dizzy, Sinking Spells
COULDN'T WALK FAR
Mrs. L. A. Oliver, Granville Ferry, N.S., writes: "A few years ago I had dizzy, sinking spells so bad I could hardly stand up without taking hold of something to support me, and I could not walk any distance on account of being so short of breath."

MILBURN'S HEART NERVE PILLS
Price 50c. a box at all druggists and dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

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Mail orders receive prompt attention.

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Blatchford's Fill-the-Basket Egg Mash
It builds up health and supplies the nourishment from which eggs are made.

Use Blatchford's Poultry Feeds
Sold by us they give great results. It pays to feed the best and Blatchford's has no superior.

Something New in Town
Ci-mi
Ever hear of it? No! Why? Because it's new and the most popular toilet preparation on the market to-day.

C. M. Lampton & Co.
64 Queen Street, London, E. C. 4, England.
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Notes by the Way

MR. HANCE LOGAN has broken out afresh in advocating the union of the Maritime Provinces. Not that he has anything new to say on the subject. All that is in his latest deliverance he had before published to the world in lectures, speeches, and newspaper articles.

That is, of course, the strongest reason why the Union scheme finds favor in Mr. Logan's own province. As a Liberal and a supporter of the King Government, Mr. Logan may find an additional ground for his advocacy in the fact that Premier King has expressed his personal opinion that Maritime Union ought to be brought about.

Not is it likely that New Brunswick or Prince Edward Island, after having surrendered to the Parliament of Canada all the principal powers they formerly possessed, with the sad experience of the past fifty years resulting, will be in any great haste to surrender to Nova Scotia the little that remains of their self-governing power.

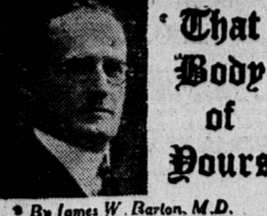
Aside from these considerations, Mr. Logan perpetrates a lot of absurdities in his "twenty reasons." He would have his readers believe that the three Maritime Provinces are already so homogeneous that they can come together under one government and pool their resources without difficulty.

Again, the provinces across the Strait have a system of municipal government by county councils which the people of Prince Edward Island have so far refused to adopt. It is not necessary to cite further proofs of divergent interests in order to make it clear that Maritime Union would involve revolutionary changes in our entire system of government from top to bottom.

The Ottawa Ministers are still looking to Washington and going to Washington. The latest arrival over there is the Hon. Peter Heenan, Canadian Minister of Labor. And he, we are told, "made a big hit" over there, but that is not news.

Late London newspapers report that nothing more astonishing has occurred, in the cataclysm of wild weather that has marked the beginning of the year, than the bursting of its banks by the Thames, with a disastrous sequel of destruction and death.

The county jail is full of prisoners, the Supreme Court had at its latest sitting an unusual number of criminal cases to try, and not since the prohibitory law was enacted have so many convicts been sent from this province to the Maritime Penitenti-



By James W. Barton, M.D.

POINTS ABOUT APPENDICITIS

We are talking and hearing about cancer and heart diseases so much, that we are apt to overlook the fact that the number of deaths from appendicitis has been increasing during the past few years, despite the increase in our knowledge thereof.

And of course in the majority of cases the surgeon who performed the operation receives the blame when the patient dies. I spoke once before about the death rate from appendix operations increasing according to the delay in performing the operation; that whereas the death rate was only 1 percent if operation was performed the first day after discovery of symptoms, that it was nearly 10 percent if delayed for three or four days.

Drs. Bower and Clark report their findings in 750 cases operated upon in a Philadelphia hospital, and in almost half of this number the appendix had burst before the case arrived at the hospital.

Now this delay means danger, and it is with the hope that lives may be saved that these physicians and others are trying to warn the public about the signs of appendicitis.

The signs, as you know, are pain, nausea, vomiting, and tightness and tenderness of abdominal walls. The outstanding symptom in every case is pain.

Pain was the only symptom of which every patient complained. Nausea was present in some, vomiting in others, but pain was present always.

Tenderness over appendix was the next most frequent symptom, being present in about 90 percent of the cases.

Besides the danger from delay, these physicians give warning regarding the danger from giving a laxative, castor oil or anything else. During the year 1926, over 92 percent of all patients who died from a perforated appendix had had laxatives before admission.

Now what is the suggestion? In the presence of abdominal pain, give nothing by mouth. That an abdominal pain which persists over a period of six hours is usually serious.

An injection or emema may be given to "soften" the bowels. Always keep in mind therefore the above mentioned dangers—delay in consulting a physician and giving laxatives in cases of abdominal pain.

February 2, 1928
THE MORNING WATCH—Cause me, O Lord, to hear thy loving kindness in the morning; for in thee do I trust; cause me to know the way wherein I should walk; for I lift up my soul unto thee.—Psalm 143:8.

PRAYER—Teach us, Lord, to give Thee time to reveal Thyself to us in the morning.
JUST A SMILE
The trouble with a lot of us, when things are in the rough, we simply make a lot of fuss and think life's pretty tough.

HOUSEHOLD SCRAP BOOK
By ROBERTA LEE
A Furnace Hint
When there is illness in the house, the rattle of putting coal in the furnace often disturbs the patient.

Unemployment Insurance Looks Feasible

ENDORSED IN VANCOUVER

(Historical.)
VANCOUVER, B. C., Jan. 24.—The Trades and Labor Council here is in favor of a Federal unemployment insurance act. The resolution states that "unemployment is a problem of national character and can not be satisfactorily dealt with by provincial or municipal authorities."

The Dominion Government is urged to enact laws "providing for the creation of a state unemployment insurance fund, by assessments on industries similar to provincial compensation funds."

It is encouraging to see that Labor in the West has discovered a remedy for the ills of Labor, which has the great merit of being self-sustaining—as is shown by the resolution adopted by the leading Labor organization of Vancouver, B. C.

Careful perusal of this new proposition shows that it would, if in effect, be in the power of the members to earn enough when unemployed to pay for a policy, if visited by unemployment.

With this great privilege thus conferred, Night Schools would go hand in hand with Labor. The premium paid for, when work was plentiful, would maintain the individual, Night School where a boy could improve his efficiency—advance his knowledge, and qualify himself for higher wages, another boon which would cost nothing for a higher education—open an avenue to the highest positions in Church and State.

Under a network of such advantages there would only remain the will to seize the opportunity—such a will as influenced Robert Burns when he penned the following guiding star:

"To court Dame Fortune's winning smile,
And gather gear by every wile
That's testified by honor."

Our farmers today are a living example of what it means to "court Dame Fortune's winning smile," which is another way of saying "Have patience." It is true, all men and boys are not endowed with the same temperament—cannot be so patient, but they can try harder than many have done. We can all remember when potato growing at 16c per bushel, was despised in our now flourishing province.

In deep furrows, now there are almost no furrows, showing that the means of relief is often at hand and as often only need a little patience to yield a golden harvest. Shakespeare, it is recorded, never saw the inside of a College—as a student, yet he wrote:

"There is a tide in the affairs of men which taken at the flood leads on to Fortune."

Thousands of men, and women see this tide when it is too late ever to derive a benefit from it. It follows then that those who make a plunge too soon, sadly missed the mark, while those who held on to whatever certainty they possessed, caught the flowing tide that led on to Fortune.

There is another great motto which is linked with these quoted "Trust in Providence." This is the additional merit of being applicable whether one is guided by the flowing or the ebbing tide. The tide will turn every day, whether a man sells his farm or not, does not appear that Shakespeare reckoned on this fact.

To our mind the course a man or a Nation pursues in matters such as Unemployment Insurance largely depends on how he uses the chances he has. It is told of Abraham Lincoln that he once tried quietly to sell his farm, but he kept on working it when a passing friend called out to him loudly, saying—"Abe, I thought you wanted to sell this farm."

"I do," said Abe, in reply, "but I don't want to let the farm know," and kept on stamping.

Perhaps the same policy would have been a fortunate turn of the tide, for many of those who sold out and afterwards regretted that they let the farm know.

Whether these penitential were sound doctrines or not, one fact remains—the man who has a good insurance policy to fall back upon.

Rice
A teaspoonful of lemon juice added to each quart of water when boiling rice will help keep the grains separate, and makes the rice white.

Furniture Polish
An excellent furniture polish is made of equal part of kerosene, turpentine and vinegar.

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You don't have to have a cold to know the remarkable benefits of Buckley's Mixture. It acts like a flash in easing and clearing a sore or tender throat. A taste night and morning works wonders. Singers, public speakers, professional men, smokers—all testify to the swift, sure relief that comes from the very first dose of "Buckley's." And there are 40 doses in a 75-cent bottle! Druggists everywhere sell Buckley's Mixture under a positive guarantee. Get a bottle today.



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INDUSTRY



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We are now well stocked with high grade Coal for winter, namely:
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