

Woman's Realm -- Social and Personal -- Fashions -- Literature

What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Anabelle Worthington



A black silk crepe with jacket bolero that is rolled into revers revealing lining in eggshell silk crepe

that will instantly appeal to the woman of discriminating taste.

The front of bodice is cut with V neckline which is most becoming and comfortable. It shows a swathed treatment through the waist. The back of bodice is rather long-waisted. The attached circular skirt is cleverly shaped to keep the hips flat with graceful fullness at hem for the all-day frock.

It's dignified, smart and slenderizing.

Style No. 3274 can be copied exactly for it comes in sizes 16, 18 years, 36, 38, 40, 42, 44 and 46 inches bust.

Crepe satin in new dark brown shade with the bolero lined with reverse of crepe is conservative and chic.

Dark dahlia purple faille silk crepe, black crepe satin, navy blue wool crepe, bottle green canton crepe, feather-weight woolen in black and white diagonal weave, and printed rayon crepe in burgundy tones smart, fill in size of pattern. Address Pattern Department. Our Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

No. 3274. Size

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TRYON AND VICINITY

There isn't time in life - there isn't time to fret about each pretty ill or wrong! You'll find folks love you better when you smile! They do not want your frown, they want your song.

Mrs. Heath Howatt and two children, Master Sheldon and little Miss Roma are spending a week's holidays with relatives in Westmoreland, P. E. I.

Mrs. William Myers of Winsloe P. E. I. is paying a short visit to her parents Mr. and Mrs. Lewis Howatt, Victoria.

One of the most enjoyable events of the winter was the Valentine Party, held on Friday Evening, Feb. 14th at the United Parsonage by the Utopian Society. Besides the usual Society Members a number of boys and girls from Crapaud were invited. The playing of active games brought everyone into the social circle and all felt at home, enjoying themselves to the fullest extent. As time wore on the clatter of plates and teacups was heard from the kitchen, the ladies were there with the "cats" - and such "cats"! Mrs. Frank MacDonald in behalf of the Crapaud group expressed their thanks and appreciation for the pleasant evening they had spent. The National Anthem brought the party to close when they arrived home everyone voted the party to have been a huge success.

Their many friends are delighted to welcome back Mr. and Mrs. D. J. Thompson of North Tryon, who for the past month and a half have been visiting relatives and friends in U.S.A. and we are all glad to know that they

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For The Cook

BUTTERSCOTCH PUDDING

Take one pint of sweet milk, three-quarters of a cup of brown sugar, a tablespoon of flour, a tablespoon of butter, the yolks of three eggs, and cook all till thick in a double boiler. Then turn into a pudding dish, cool, whip the whites of the eggs, put on top and cook for 15 minutes.

Mr. Lloyd Howatt of Borden P.E.I. spent the week end, also Monday and Tuesday at Tryon.

Mrs. John MacQuarrie and small son Donald of Hampton, P.E.I. are spending a fortnight the guests of her parents, Mr. and Mrs. Stetford Mullins, West Tryon.

Miss Pearl Weeks Principal of Tryon Consolidated School, spent last week end the guest of Mr. and Mrs. Elmer Gamble of North Tryon Corner.

Mr. Charlie Howatt of Victoria has returned home after spending a few days in Winsloe, P. E. I.

Mr. Arthur Howatt of West Tryon had the misfortune of losing a valuable horse last week, when it stepped in a dangerous hole in the road and broke its front leg.

On Thursday evening, Feb. 13th a Valentine Skate was held in Victoria Rink. There were no wallflowers on Thursday evening, as the ladies were permitted to do the asking. The holder of the lucky door ticket was Mr. Edward Holland of Tryon, who was presented with a beautiful box of Chocolates.

Mr. and Mrs. Kenneth MacDonald of Tryon were visitors to Crapaud on Saturday Evening.

Miss Mary J. Howatt of Tryon Branch Roads, we are glad to report, continues to improve in health, although she is still confined to her bed.

The Misses Jennie Waddell and Adelaide Pooley accompanied by Mr. Frank Large were visitors to Victoria on Saturday evening.

Dorothy Dix Letter Box

Can True Love Bridge the Gulf of Poverty and Boredom?—Why the Husband Should Take His Turn at Minding the Baby—Should Two Redheads Marry?

Dear Miss Dix—I am a young man, 20 years old, a junior in college. My parents are well educated, thrifty and very ambitious for me, their only son. I have fallen in love with a girl who is beautiful, sweet and good, but she belongs to a very uneducated and shiftless family and has had little education herself, as she had to go to work when she was very young and clerks in a 10-cent store. My family objects to my marrying this girl. My mother thinks that because she is illiterate and doesn't care about reading or studying that we could never be happy together, but I know better and I want to quit school and marry her. I believe that when two people love as we do those little differences do not matter. I think that we consider the material side of matrimony too much, and that love is all that counts. What do you think? THOMAS L.

Answer: When an educated, cultivated man thinks he is in love with an ignorant illiterate woman he mistakes his feelings. What he thinks is love is infatuation. It is a physical appeal that she makes to him, and that is all, for beyond that they have nothing in common.

Real love is founded on a community of interests. It is the feeling that two people have for each other who speak the same language, who have the same interests and desires, who can enter into each other's thoughts, who can be real companions. The physical element is a part of real love, but it is subordinated to the soul.

Infatuation is the shortest lived of all emotions, but real love is deathless.

You say that love is all that matters in marriage, but, alas, our ability to love depends to a large extent upon material things. It is very hard, for instance, for love to outlive abject poverty.

A young couple may be ever so much in love with each other, but if they marry without some adequate support their romance seldom survives the ordeal of squalid surroundings and poor food and shabby clothes and doing without all the comforts of life to which they have been accustomed.

Even the most sentimental do not feel like billing and cooing when they do not know where the next meal is coming from, and when they are dodging creditors and are torn with anxiety about the future. Nobody wants to kiss when they are hungry. Nobody feels like indulging in poetical rhapsodies when they are overworked and harried by debt, and when they are cold and miserable. It takes ease and comfort and a full stomach to make us think about the state of our hearts.

And so you will find that the love in the garret myth has small place in real life and that those misguided couples who have undertaken to live on bread and cheese and kisses have deleted the kisses and are quarreling over the bread and cheese. The happy homes are those that have an adequate financial foundation and a menu that includes plenty of beefsteak.

Now take your own case. You are sure it is folly to consider that you and the girl come of different classes, and you think that it will make no difference in your love because you are educated and she is ignorant. It may not now in the days of courtship, when she is young and pretty, and all that you talk about it how much you love each other.

But marriage is for the long pull and how it is going to be when she has lost her good looks and when you have grown tired of asking her how much she loves you, and is she utterly sure that she never loved before and will never love again and would die if anything should happen to you?

Nothing else kills love so quickly and so surely as boredom. How, then, are you going to keep in love with a woman who is ignorant and illiterate, who never reads a book, who has no interest whatsoever in anything outside of her kitchen and her nursery, and the gossip she hears over the back fence? What are you going to talk about during the thirty or forty years when you are shut in with each other for companionship?

You can't talk over with her the books that you read because they are sealed volumes to her. You can't discuss world problems with her because she never heard of the League of Nations or the war in China. You can't even confide your hopes and plans and ambitions to her because she wouldn't know enough to comprehend them.

And shame also kills love. Will you still be romantically in love with a wife who murders the King's English and makes mistakes in grammar and pronunciation, whose opinions show up her ignorance and whom you are ashamed to present to your friends?

And how about her shiftless, ne-er-do-well family who will also be your family if you marry her, who will be your children's grandparents and aunts and uncles? Will you enjoy having them about your house? Will they make for the happiness of your marriage?

These are some of the material things that you have to consider in marriage and you also have to consider that if you quit school in order to marry this girl you jeopardize your future. You deprive yourself of the education that your father was willing to give you and thereby lessen your chances of success in life, and you tie yourself down with a family before you are ready to take upon yourself such a responsibility.

For the boy of 20 who marries has hopelessly handicapped himself. He has to take any job he can get if he has a wife to support and he can never hope to get ahead because it will take every cent he can possibly earn to provide for those dependent upon him.

Believe me, son, you will make the mistake of your life if you marry this girl at this time of your life. She is not suited to you. And you are too young to marry, anyway. Wait until you grow up and then choose a wife in your own class. DOROTHY DIX.

Dear Miss Dix—We have a baby 3 years old and it is the cause of perpetual argument between myself and my husband. He is crazy about the child, yet he won't take care of him. Says he is no nursemaid. He works in an office from 8 to 5. I work in the home from 5 to 8, and then some, and I think that it is just as much his business to mind the baby when he is at home as it is mine. What do you think? MRS. D.

Answer: I think your husband is missing a lot of fun in not minding the baby an hour or so each evening, because there is no other companion so fascinating as a 3-year-old. They say cuter things than any grown-up can think of and there is nothing more absorbingly interesting than watching their little minds unfold and getting their first viewpoint on life.

Besides that, if your husband took care of the baby, he would get a chance to get acquainted with him and establish a friendship that would be a joy to him so long as he lives. And that is something that has to be done now or never. Of course, every father thinks that he is going to pal up with

Etiquette

By Roberts Lee

Q. Is it proper for a man and his girl, engaged to be married, to kiss and show their affection in the presence of others?

A. Never; all love scenes should be enacted privately.

Q. Is it ever permissible for a woman to call on a man?

A. Only for an important business matter.

Q. Where does the governess usually eat?

A. She usually eats with the children, but she lunches with the family and frequently dines with her employers.

A Morning Smile

JUST HOWL

Jackson is always seeking gratuitous advice. Not long ago he met a doctor at a dinner party.

"Do you know," he said, as soon as there was a chance, "I know a man who suffers so desperately from neuralgia that at times he can do nothing but howl with pain? What would you do in that case?"

"Well, I suppose," deliberated the medical man, "I should howl with pain."

Character Close-ups

SCANTY EYEBROWS OVER BIG EYES REVEAL A LACK OF INTEREST IN PURELY MATERIALISTIC PHILOSOPHY.



Weak After Operation

"I was very weak after an operation. My nerves were so bad I would sit down and cry and my husband would not go out and leave me alone. Now my nerves are much better, thanks to a booklet that was left under the door. Lydia E. Pinkham's Vegetable Compound surely put me on my feet. I have taken eight bottles. My friends tell me I look fine. My sister has taken this medicine too."—Mrs. Annie Walton, 67 Stanley St., Kingston, Ontario.

Lydia E. Pinkham's Vegetable Compound

his son and looks forward to their being companions when the boy is grown, but the trouble is that you can't get to be friends with your children when they are grown. You have to do it while they are still in the cradle and while they hang on to your fingers and while you can fool them into thinking that father is the greatest man in the world and the fountain of all wisdom.

Perhaps, though, the fault is partially yours. Maybe you are one of the mothers who, when the fathers take the children out, give them a thousand directions and never really trust them. Maybe you say don't let Junior sit on the grass and don't let Junior get his feet wet and don't give Junior any candy, etc. You can't blame a man for not wanting to mind the baby when mother is bossing the job.

Anyway, dump the baby on husband and go off and leave him. He will like it after he gets used to it. DOROTHY DIX.

Dear Dorothy Dix—Do you think it advisable for two red-headed people to marry?

Depends on whether both of you have red-headed tempers. If you have a pacific disposition. But it isn't the color of your hair that matters in marriage. It is brain and character and having enough common sense to give and take and make the best of each other. DOROTHY DIX.

Household Hints

By Roberts Lee

Shoes

If the toes of shoes bind, wring a cloth out of hot water and lay it folded across the toes while the shoes are on the feet. The leather will expand and conform to the shape of the foot.

Cream

When the sweetness of the cream seems doubtful, and there is no more on hand, add a pinch of soda and stir it. This will keep it from curdling even in hot coffee.

Paraffin Odor

To remove the odor of paraffin from a plate or dish, rub it well with vinegar.

Headaches

Hot water applied behind the ears will often relieve headaches.

CHEMICAL STERILIZATION OF DAIRY UTENSILS

Recent experiments conducted by the Division of Bacteriology of hypochlorites are remarkably effective in the destruction of bacteria commonly encountered in milk cans and other utensils. Readily prepared by diluting the concentrated solution with cold water, the hypochlorite rinse bids fair to replace the old method of scalding, which was rarely effective on account of the large quantities of boiling water required to destroy the bacteria present.

The hypochlorite method is quicker, cheaper, more convenient and more effective, but the best results can be obtained only where certain conditions are fulfilled. The first of these is that the hypochlorite rinse must be used only on utensils which have been thoroughly washed, since traces of milk residue or dirt quickly rob it of its germ-killing power. Again, it is important that the rinse be used in sufficient strength and allowed to remain in contact with the entire inner surface for a sufficient length of time. With the usual strength of rinse at least 15 seconds contact should be given, while a longer period will result in more complete destruction of the bacteria present. Finally, care should be taken to prevent corrosion of metal utensils, since most hypochlorites will attack the metal if left in contact with it for long periods. This possibility may be readily avoided by postponing the rinsing until immediately before milking, or else by inverting the utensils on a draining rack so that all remaining traces of moisture will evaporate as rapidly as possible.—C. K. Johns, Central Experimental Farm, Ottawa, Ont.

Millview Notes

The monthly meeting of the Millview Women's Institute was held at the home of Miss Margaret Smith. The meeting opened by repeating the Creed and singing the Ode. The minutes of the last meeting were read and approved of. It was moved and seconded that a grab bag be used as a means of raising funds at the next meeting. It was decided that the Institute put on a concert about the middle of March. The following were appointed on the programme committee: Mrs. Herman Ings, Miss Anne Grant, Miss Christine Bruce, Mrs. Geo. McEachern, Mrs. M. E. Jenkins. The next meeting is to be held at the home of Mrs. Samuel Drake, roll call to be answered by jokes. There were eight members and two visitors present. Owing to the inclemency of the weather, a number of the members were unable to attend. At the close of the meeting the social hour followed, in

Milady Beautiful

By Lela Looke



BUILDING A GRACEFUL FIGURE

There has been a great deal of talk in recent years about the "modern feminine figure." Some people seem to think it possible for women to change the type of their figures from one generation to the next. Different fashions in clothes give color to this illusion; panniers, bustles and tight basques made the waist seem smaller and the hips large in proportion. Tight corsets squeezed the figure together in the middle. Ruffles made the bust seem large; tight brassiers made it seem flat. Through all these changes in fashion and in feminine ideals of beauty, Old Mother Nature goes on producing the normal type of body that is suitable for performing its functions in life. Students of biology know what the average woman seems to have forgotten namely, that it takes ages of time for variations of bodily structure to become established.

Yet some of my readers write to ask how to develop a "modern figure" without bust or hips. This is impossible. There is a type of figure, however, that is normal and that may also be called "modern" and it is a graceful well-proportioned figure. This is the strong, lithe, athletic figure of the girl or woman who enjoys exercises and outdoor sports; there is no flabbiness about it, the muscles are firm and the contour graceful, no matter whether the individual be tall medium or small in stature. This type of figure may be acquired.

While it is foolish for a woman to expect to have a figure like a bean-pole, she need not let herself become so padded with excess fat that she loses grace of line. The line down the side of the body from the armpit to the ankle should be kept trim, curved and shapely by correct posture, stretching and relaxing exercises and by other simple everyday exercises.

Symmetry and physical grace cannot be expected from the woman and beauty program suitable to her individual needs. This is the reason why all your favorite screen stars, professional beauties and a great many successful business men and women exercise to keep themselves youthful, and beautiful and physically fit.

which a bountiful lunch was served and then followed the singing of the National Anthem.

Mr. Parker Wood, Cross Roads, was a recent visitor to Vernon River.

Misses Elinor Jenkins and Laura Munroe were recent guests to Vernon River.

Tomorrow—Beauty Questions Answered



AND REMEMBER

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In this world of balanced compensations, everything, including a trim, graceful figure must be earned by effort. Overeating and underexercising cause excess fat in individuals who have such a tendency as surely as night follows day. In order to undo the mischief, one must curb the craving for fattening foods, and at the same time assist the body to burn up the accumulations of fat by active exercise both indoors and outdoors in the fresh air. Effortless reducing systems do not build well-knit, supple youthful figures.

The so-called "modern figure" with its straight, boyish lines is an immature figure. In other ages the feminine figure was admired, and thanks to the broadcasting of scientific knowledge by our physicians and health experts, this ideal feminine figure is admired today regardless of fashion dictates and the modern cult of youth that exalts an undeveloped type of figure. While the bustless, hipless figure of the very early teen age has a charm of its own for that period of life, it is retained in the maturer years it is by a process of semistarvation that wrecks the health and beauty of the individual. The woman more than 21 to 25 years of age who has a flat figure is not a normal type. As she becomes older her body becomes skinny and prematurely old; she is a poor risk for insurance companies, and she usually a bundle of nerves with a sallow complexion, lusterless eyes and a predisposition to various ailments, including prematurely fading hair, wrinkles and a disposition to worry over everything in general.

What constitutes good bodily proportions is a question that comes to me again and again. There can be no dogmatic answer to this query. It is perfectly natural for some young girls to have well-developed hips and bust; others remain slender until their early 20s and still are healthy and normal. One's height and physical type must also be considered. A girl whose bones are naturally heavy will have relatively thick ankle bones and wrists; the small-boned type will be slender at these points. The width of the hip bones is an inherited characteristic. Some small, dainty girls have relatively wide hips and narrow shoulders and some athletic girls have wide shoulders and fairly narrow hips.

Tomorrow—Beauty Questions Answered

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