

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure

—THE WOMAN'S REALM—

Alas! I have walked through life, To heedless of where I have trod, I have helped to crush my fellow-woman's...

"ROCK-A-BYE BABY"

A Tennessee father has invented an automatic rocker for his baby. The sound of the baby's voice is picked up by a microphone which starts an electrical device that rocks the cradle until the cries subside.

ADVISES GIRLS ON PICKING MATE

And now along comes a college professor who advises girls to pick a conservative mate for marital happiness, comments a writer.

Wonder if the professor has ever heard the "just between us girls" comments of middle-aged wives, married for years to conservative husbands?

Of course, they're still married, which is a point in support of the professor's theory.

But how they complain about their conservative mates!

"I wanted to build a really modern-looking house," says one, "but George says to stick to the old-fashioned garage to suit him."

"I like this room, too, but you ought to have heard Bill rave when he came home and saw what the decorator had done with it. He raved even more when the bills came in."

"I wish we could take a cruise or go to some nice resort this year, but John never wants to do anything different. Every summer it's the same old thing. We go up to that cottage of ours and never meet anyone. We've been spending our vacations there for 15 years, just because John won't try anything new."

"Ernie came home with a new suit last night, and it was so much like the last one, and the one before that, nobody will ever know he has a new suit."

And the general comment at the end of one of these complaints is: "Men are so conservative."

PADDLING A CANOE

To paddle a canoe safely, keep the centre of gravity below the water-line. Sit or kneel on the bottom so a wave won't make you lose your balance. Don't sit high, lean on sides, stand up or change places. Pack your bags solidly on the bottom so they won't shift in rough water.

CAN YOU SEE IN THE DARK?

Ever wished you were a cat as you stepped out into the deep blackness of night? Ever thought you could detect something ahead of you only to have it vanish when you tried to capture it with your eyes?

You can learn to improve your night sight by bringing into use the proper set of light detectors in your eyes.

As you know, the retina or photographic plate of your eyes contains millions of rods and cones. The rods are for seeing in the dark and they are located chiefly along the outside edges of the retina. The cones, most valuable to day-

Ellen's Diary

DOROTHY DIX SAYS—

By an Island Farmer's Wife

BIT OF SCOTCH FOR TEATIME

Four 3-4 cup of scalded milk over 1 cup fine oatmeal, add 2 tablespoons butter, mix well and let stand until cold. Sift 1 cup flour with 4 teaspoons baking powder, 1-2 teaspoon salt and 2 tablespoons sugar. Combine the two mixtures and place on a floured board. Roll out 3-4 inch thick, cut into rounds and bake 20 minutes on a greased griddle, turning when half done. Something a wee bit Scotch for teatime.

Cupboard Lore

Serve mushroom sauce with the broiled fish.

Well ripened fruit requires less sugar when making pies, puddings, etc.

When using canned fruit for mousse be careful to drain every bit of juice from it.

Sponge cake is good flavored with 2 tablespoons of lemon juice and 2 tablespoons orange juice.

Mix cream cheese with enough Russian dressing to form a creamy paste. Spread between thin slices of Graham bread. A delicious sandwich.

Put the water in the outer part of the double boiler which will create a greater heat than if ordinary water is used. Try it next time and you'll quicken the cooking job.

EXERCISE KEEPS CHIN LINE YOUNG

A cameo-cut purity of line from the tip of the chin to the hollow of the throat is an unmistakable sign of youth. Yet I know a woman of 50 whose chin looks as young as that of an 18-year-old.

This woman's exercise to keep her chin line from slipping began when she was 25 years old. It is the first signs of blurring, she started hanging her head over the side of her bed and slowly raising it until it was level with her body.

Doing this five or six times nightly is the exercise to which my friend has been faithful through the years.

Try her method if you want to build strong muscles which will keep cushions of flesh as stably as the cushions of a motor car.

The climate then seems to have changed and mud and detritus were carried into the region by rivers. Fish died and became buried in the mud that now forms the shale which characterizes the gypsium areas, where perfectly formed fossilized fish are commonly found today.

TWAIN LOST OUT

Alexander Graham Bell tried to persuade Mark Twain to invest \$500 in his telephone invention. Instead, the author loaned the money to a friend who went bankrupt later.

Vanilla extract is obtained from the pod of a South American climbing orchid.

In-Law Trouble

COOK'S CORNER

POTATO BISCUITS

Two cups hot flaked potatoes, 2 tablespoons of grated cheese, 1 teaspoon chopped parsley, 2 eggs well-beaten, 1 cup sifted all purpose flour, 2 teaspoons baking powder, 1 teaspoon salt. Method: To the potatoes add the grated cheese, chopped parsley and the well-beaten eggs sift together the flour, baking powder and salt. Blend thoroughly with first mixture, shape into rounds like biscuits and bake in hot oven 425 degrees F. for 15 to 20 minutes. These biscuits are good served with jam, marmalade, or jelly and require no butter. Yield 18, 2 inch biscuits.

HOT CROSS BUNS
Two-and-a-half cups of flour, 2 tablespoons chop peels, 1/2 teaspoon salt, 1 egg, 4 teaspoons baking powder, 2/3 cup milk, 1/4 teaspoon nutmeg, 2 tablespoons shortening, 3/4 teaspoon cinnamon, 2 tablespoons brown sugar, 1/2 cup currants or small seedless raisins. Sift together all dry ingredients, add sugar, fruit, and peel. Make well in centre, add beaten egg, melted shortening and part of milk. Work together adding more milk as required to make a nice dough. Turn out on floured board, divide into small pieces, with floured hands shape into small buns. Place close together in a greased shallow pan. With a sharp knife make deep cuts in top, let stand 10 minutes, brush with butter and sprinkle with sugar. Bake in moderate oven 25 to 30 minutes.

DEAR MISS DIX: My husband and I were separated nine months ago. We have a baby girl of whom both of us are very fond. My husband also loves me, but we parted because we could not get along together. We were always fighting and he cannot stand that. The reason we were always in a brawl is because we other lived with my relatives or his, and that is one thing that never works out. I have told him that if we could just go off to ourselves there would be no trouble and we would be happy, but he says he cannot figure out any way that he and I could get along without fussing and nagging at each other. The reason we are always fighting is that we can't get along with our mothers, for you know how mothers are about interfering with their children's affairs. Don't you think I am right?

MRS. J. S. M.

ANSWER: You are certainly right in saying that for families to double up and try to live together is the short cut to the divorce court. Statistics show that mothers-in-law break up more homes than all the sirens and volutes put together, and any young couple who goes to live with the groom's family or the bride's family are just asking for trouble, which they are sure to get.

CONTROL YOUR TONGUE
I think you are right in urging your husband not to throw your marriage to the discard and half-orphan the poor little baby until you have, at least, given it a fair trial by leaving your in-laws and setting up for yourselves. Do this, no matter how humbly you have to start, for better in peace in a one-room bungalow than a continual squabble in a swanky apartment.

And another piece of advice I would give you: Learn to control your temper and your tongue and use some diplomacy in getting along with your husband. It takes two, you know, to make a fight, and evidently you have not been one of the wives who dodge a good scrimmage.

DEAR DOROTHY DIX: What are the duties of a wife? My husband has been married six years and my husband contends that my job as a wife and mother is to take all the care of the children; to run the heating appliances, because I derive just as much benefit from them as he does; and to help raise the garden, because I eat just as many vegetables as he does.

He says I should help earn the living, instead of him having to shoulder it all. He wants to have the phone taken out, because he very seldom uses it and considers it an unnecessary expense. He says I should look after the kids, unless she can hire a nurse and that would cost as much as a mother's job would pay. So it wouldn't help solve the financial problem, after all.

DEAR DOROTHY DIX: I have been married 18 years and we have two fine boys, aged 16 and 14. I also have a very good husband who, I think, has always been faithful to me. But recently I have seen him walking to the bus in the morning with a young woman who lives nearby, and it is making me very unhappy and suspicious. No! I say anything to him about it? What steps shall I take? I do nothing but think about it, day and night, but I would hate to separate my boys from their father.

UNHAPPY WIFE.

ANSWER: Don't be silly. What harm can there be in a middle-aged man taking a ten minutes' walk to the bus with a girl who is going to work, as he is? If you make an issue of this, it will break up your home because your husband will be furious with you for the insult you are offering him by suspecting him of being a two-timer.

Beware "SLIMMING"
People who go on "slimming" diets without doctor's instructions may endanger their health by depriving their bodies of necessary foods.

Miriam Schuster is said to be the only girl raw fur buyer in the United States. On an average she buys \$50,000 worth a year for her father, a Wisconsin dealer. She buys mostly mink and muskrat.

Better English
D. C. Williams

1. What is wrong with this sentence? "Their criticism could not disturb his equanimity of mind."
2. What is the correct pronunciation of "cassimere"?
3. Which one of these words is misspelled? Presumptuous, preeminent, prestige.
4. What does the word "perpetration" mean?
5. What is a word beginning with po that means "to defile"?

ANSWERS
1. Omit of mind. Equanimity means "evenness of mind." 2. Pronounce kas-sim-er, a as in at, i as in it unstressed, e as in here, accent first syllable. 3. Presumptuous. 4. A doing, especially of something bad morally. "When have you ever found that man who stopped short after the perpetration of a single crime?" — Juvenal. 5. Pollute.

Morning Smile
Accompanied by his son, Sandy entered a tavern, where he handed over a jar and asked for it to be filled with whisky.

When this had been done he found he'd left all his money at home. So, with a cynical smile, the landlord poured out the whisky.

"That was an awful pity," said the son when they were plodding home again.

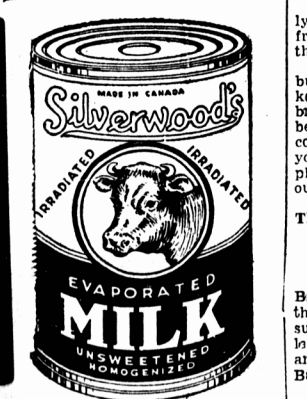
"Weeesh, son," replied Sandy warningly. "Just wait till we get home and I'll see me squeezing out the sponge."

ALL'S WELL BUT—
"How be Daisy doin' now she's married?" asked Mrs. Gies.

"She's doin' grand," replied Mrs. Hobson. "She's got the puttest 1/11 cottage with a garden an' that, some real mahogany furniture, two pigs an' some fowls an' the parson's washing to do once a week reglar. Only thing is she can't abide her man. But there! There's allis summat."

him out of the past. So our night has been spent. I believe the wind has lessened or there are longer interludes between the gusts—at any rate it is not nearly so forceful as it was for now James' eyes are closed in a nap—a light sleep that I must interrupt now that the clock reminds me that bed-time has come.

Until tomorrow. Diary. Good-night.



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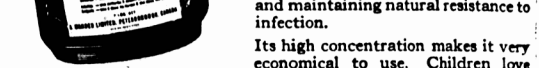


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