

Woman's Realm / Social and Personal / Fashions / Literature



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MORNING SMILE

BOY WANTED
After watching the cross-eyed butcher cutting up the carcasses, the new boy assistant edged toward the door. "I say," he asked the butcher, "do you strike where you're looking?" "Certainly, I do," replied the butcher. "In that case you can hold the beef yourself," answered the boy. "I'm off!"

COOK'S CORNER

UPSIDE DOWN MEAT PIE

1 lb. ground beef, lamb, veal or pork
2 tablespoons fat
1 teaspoon salt
1/2 teaspoon pepper
1 can condensed tomato soup or 1 cup well seasoned tomato sauce
1/2 cup water
Biscuit dough

Brown meat lightly in fat, cook until crumbly but not hard. Add salt, pepper, tomato soup or sauce and water. Bring to boiling point, place in baking dish or casserole. Cover with biscuit dough and bake in a hot oven, 450 degrees F. for 20 minutes. Turn out on platter, meat side up; garnish with parsley. To serve, cut in wedges. Six servings.

Turnip Puff

2 1/2 cups hot, mashed turnip
2 tablespoons flour
1/2 teaspoon salt
1/4 teaspoon baking powder
1 1/2 tablespoons fat
1 egg

Add dry ingredients and fat to hot turnips. Beat until light and add beaten egg yolk. Cool. Beat egg white, fold into turnips. Place in a greased baking dish. Bake in a moderately hot oven, 375 degrees F. for 20 minutes. Six servings.

CRANBERRY ORANGE RELISH

4 cups cranberries
1 1/2 oranges
2 cups sugar

Method: Put the cranberries through the food chopper, using a fine blade. Now grate the rind from the oranges and squeeze out the juice. Add the grated rind and juice to the chopped cranberries along with the cups sugar. Mix thoroughly, bottle and store in a cool place until ready to use. If you like, the whole oranges may be put through the food chopper with the cranberries.

FRENCH TOAST

3 eggs
1/2 cup milk
6 or 8 medium thick slices of bread

Beat the eggs thoroughly and add salt to taste and milk. Soak bread slices until moist then fry in fat. A mixture of commercial shortening and bacon fat is quite good. Serve with maple syrup or jelly.

Savoury Beets

4 to 5 medium beets (3 cups chopped cooked beets)
1 1/2 tablespoons vinegar
3 tablespoons sugar
1 1/2 teaspoons horseradish
2 tablespoons mild-flavored fat
Salt and pepper to taste
1 small onion, chopped (optional)

Wash beets, being careful not to break skin and leaving 2 inches at stem and root end. Cook in boiling water to cover until tender, allowing 1 teaspoon vinegar and 1 teaspoon salt to each quart water. Time will be 40 to 60 minutes or longer, depending on age of beets.

NOW I'll go to Sleep
My COLD is better



Yes—Mothers BUCKLEY'S STAINLESS WHITE RUB
Does Give Faster Relief

This faster penetrating Rub really does bring quick relief to either kiddies or grown-ups. Rubbed briskly over chest, throat and shoulder blades, it helps create a glowing warmth, breaks up congestion, eases breathing—BUCKLEY'S WHITE RUB must give relief in less time or money back. Price 30c and 50c. Sold everywhere.



BUCKLEY'S STAINLESS WHITE RUB

BETTER ENGLISH
D. C. Williams

1. What is wrong with this sentence? "Your's truly, R. B. Moore."
2. What is the correct pronunciation of "finale"?
3. Which one of these words is misspelled? Mistrust, mistake, mistle.
4. What does the word "gratuitous" mean?
5. What is a word beginning with "or" that means "correct spelling"?

ANSWERS
1. Yours is a possessive pronoun, the same as ours and mine, and does not require the apostrophe. Write yours truly. 2. Pronounce fe-nale, ease in me unstressed, first a in all, second a in sin lay unstressed, accent second syllable. 3. Mistrust. 4. Given without recompense or pay; free. "We mistake the gratuitous blessings of Heaven for the fruits of our own industry."—L'Estrange. 5. Orthography.

When tender dip in cold water to loosen skins and peel. Dice or slice beets. Combine other ingredients, add beets and heat thoroughly. Six servings.

Dorothy Dix Says—

MARITAL WRANGLING DISASTROUS Unnecessary Quarrels Eventually Kill Love And Endanger Children's Perspectives

Playing with hand grenades is a safe and innocuous parlor game compared to tossing criticisms and recriminations at each other, yet in innumerable families the favorite indoor sport is quarrelling. Why anyone with an I. Q. above the grade of an idiot indulges in this hazardous diversion, is one of the mysteries of marriage, for even the dumbest know that the daily spat is bound to end in disaster, and that none who engage in it come out unscathed.

Time and again they have witnessed the tragedy of a marriage that should have been happy and successful wrecked by the quarrels of a husband and wife. They have seen them turn into bitter, disappointed and disgruntled people, fighting over trifles about which neither one really cared.

And it isn't because they are too ignorant to know what they are doing. They know that no affection can stand the wear and tear of perpetual friction, and that those who fight together continually end up by becoming enemies. They know that a house that is a place of strife instead of peace is a mockery of a home, and that the unfortunate children of wrangling parents are nearly always ill-adjusted to life and foredoomed to nervous breakdowns. They have had their doctors tell them over and over again that the price of old age is domestic peace and harmony.

And yet, knowing all of these things, they quarrel. Over the bills. Over the cooking. Over the in-laws. Over politics. Over the church. Over the wife's new hat and the husband's taste in neckties. Over the movies. Over the husband's smoking and the wife's passion for mayonnaise. Over everything the children do and don't do. Over everything and nothing. And you wonder why. No one knows. They don't know themselves.

Sometimes a man quarrels with his wife because it gives him an escape valve for all the pent-up temper and irritability that he dares not show to the outside world. He says to his wife all the insulting things he would have liked to have said to his boss, but could not without losing his job. Sometimes a husband makes every word that his wife says the fighting word just to put her in her place. Sometimes a husband picks a quarrel with his wife just because he feels in a fighting mood and enjoys a good scrimmage.

And when Friend Wife gets her dander up and retorts with a snappy comeback that touches all of the raw spots in her husband's ego, it is easy to see why the dove of peace flies squawking from the premises and their nerves and their determination not to let their husbands put anything over on them.

Quarrelling husbands and wives justify themselves by saying that the domestic spat is unavoidable. But this is not true. Either one of them could stop the fight before it got going good by a little tact, or even by silence. For it is eternally true that it takes two to make a quarrel.

ELLEN'S DIARY

By An Island Farmer's Wife

This was a fitting morning to begin the week's work. When I made my way to the woodshed in search of "cat-sticks" to bury the breakfast fire—having burned those I had intended for that purpose some time ago—yesterday's quiet hours—I was glad that I was suitably garbed for the outdoors and could stop a minute in the snow of the yard, in almost breathless admiration. The morning-frost had been a blessing, and the wind and smoke came in billows of grey touched with rose from the tops of the eastern spruce. I was thinking that possibly I stood in a dazed condition, when he made his way across the yard to the stable called to me, where I stood stock-still in the snow. "Did you fall?" I said. "No, I'm all right," he said, "but I've slipped on the snow this morning." I pointed past the house across the lane to where the yellow snow of dawn still lingered above a grove of poplars nestling among the dark of the spruce down along the stream below the mill and leading to the river. James stopped to gaze down stream a minute, then turned to view the tops of the eastern spruce. There's a good bit of south in the wind, and a heavy white frost. There'll be a change before too long." Then he continued on his way to the stable. I suppose, James forecasts will come to pass in tonight's hours. But if a change comes to temporarily lull us at Algona in a storm, I shall not soon forget the beauty of this morning.

It was no time before James was about his work in his shirt-sleeves, the red-plaid of it bright against the snow. He had looked surprised when I opened the parcel containing those work-shirts. I'm too old to wear such colors, he said. But they are so warm and comfortable his dislike for the bright shades has since passed from his mind. It pleased me this morning that I had selected these instead of the summer shades. There was, as I told Judy first, a scrap of and scratching at the stable-cleaning this morning, occasioning many trips to the field. Once during the work James left a fork and a shovel, at a verandah-post and came indoors to rest in his armchair. "Could I have an apple?" he asked Judy rather faintly and he passed on to where his pipe was hanging. The outdoor work at Algona was most important this morning.

There were birds perched on the fences and flitting happily among the trees. A wash fluttered in the sun and breeze to show that the calm and quiet of a rural Sabbath had already given place to the "daily round." It was indeed a day to inspire one to greater efforts. When I said to Judy: "What do you say to the 'frames'?" She asked: "Like those 'shakes'?" "Sweep-off," I corrected. "I've managed in no way to give content to my suggestion. Neither will there any encouragement from James to begin this fascinating household work. 'Frames' we'll make a quilt!" I said. "Quitting is such a pleasant work." "Do you see a quilt?" she asked. "Because if it has anything to do with sewing," she shrugged. "I'm so fed up with my own mending and patching." I let the matter rest there, and afraid however I shall have no new trophies taken from the winter's snow melts to trickle down in rivulets to join the streams in the valleys showing that once more Spring has come.

I walked this afternoon to the spot up along the stream where the men continued their clearing. Far, his foot still painful, he led along in advance, making his second trip of the afternoon. He was more fortunate than I, his weight causing him rarely to break through the crust that covers the fields. When we reached there, a fire was already burning, cinders falling to darken an expanse of snow. I assisted James at his work of gathering up the bougie of a samy-war and spruce to heap on the mounting flames. Then, firing at this, I set on a nearby log-pile, watching the smoke and flames and also the lumbering that went on busily in connection with the clearing-up. Although most of the trees cut, were what James called "dead wood," to me some were most imposing when I made certain to get beyond their reach when falling. This to me is a mysterious part of wood-cutting. It reminds me always of a remark I've heard certain males let fall when they are with female drivers: "I wonder which way she intends to go! I stayed there enjoying the pungent air, the fire, the music of the saws and the rhythmic sound of the axes, until the sun had shone as beautifully all day had slipped unnoticed behind the Foster's woods. We came home a late treasure trove. I went on ahead, crossing uncertainly the log bridging the stream. It was Rob who waded it, that helped me up the further bank on my way to the Alderlea road. Then Jack overtook me and went ahead, eager to get to the evening chores. I waited at the road-way fence, looking back across the narrow width of white. Held where on the other side of the older-ringed stream James still persisted at the burning, the smoke from both stoves rising. Now I was steadily to float silently away on the evening-air. I'm not sure whether James and I walked slowly out the Alderlea road in the after glow or in the moon-light the one was lit with the other. Judy's wishing-star was hung out nearer the earth than the still-young moon and all winter windows in the houses were aglow. James went to join Jack at the barn. I opened the kitchen door looking at an opening super-small. Judy was lighting the kitchen-lamp. So ye-all done come home the same. I hope James would hurry with the feeding. I had picked up more than fresh-air on my afternoon's outing."

There were visitors this evening who stayed for a chat, while James' mind was so many incidents of the long ago. Those days, whose passing regard at times with relief and then again in many ways, with genuine regret. Those were peaceful days. Now as James winds the old clock, he tells me: "Lads get going earlier! We may get that cover cleared-up, if it

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Living & Leisure THE WOMAN'S REALM

PUSSEY'S GUIDE

Why do cats have such long whiskers?
Pussy knows the reason why! There's a game in narrow quarters. Telling if she can get by!

If those whiskers clear the passage Leaving room on either side. Then there's room for all of Pussy And the space is plenty wide.

But if they should brush too closely Walls of narrow passage-way, Pussy then will go no further For she knows it will not pay!

By CLARENCE M. LINDSAY IN
Dumb Animals

MORE COLD SENSE

If you are having trouble with your argos sweater or mits shedding their fuzz, tie them up in a paper bag and tuck them in the box when they're not in use. Argos threads stay in one piece when they're kept cold.

NOT DRY CLEANABLE

Nowadays when something terrible happens to your clothes when they are dry cleaned... if they shrink skin tight, or the seams pull out or the belt falls to pieces, it's a tragedy, especially since the Prices Board tell us the need for clothing conservation will be more urgent in 1946.

So avoid these when you are buying clothes:

Glue-together belts which are hard, if not impossible to clean. Fabric, leather or imitation leather passed on buckles or backs of belts may come loose or fray in cleaning. Or softened glue or stiffening may discolor the belt.

Narrow seam allowances are no insurance against strain so watch especially in loosely-woven crepes, and other rayons, velvets and woolsens.

Glycerine has long been used in treating leather. It contributes to pliability, strength and stretch.

Dyed, tanned net-sails for wrist-watch straps are reported in Balkan markets; they are made in Germany.

Argentina is now the second largest producer of vitamin A, ranking next to the United States; shark livers are the source.

Twir-screw, 200 horsepower tow boats built in Missouri are in use on the upper Amazon, more than 2,000 miles from the mouth of the river.

A big bomber flying to hit a target 1,000 miles away, using 100-cubic feet of fuel, can carry a bomb load 5,000 pounds greater than if it used 87-octane gasoline.

Wolverine fur is highly prized in Alaska, not only because of its scarcity but because it will not ice from the breath as other furs do, and therefore is used in line parka hoods next to the face.

Good Plan Needed

To achieve good results, a good plan is necessary. This cannot be

HAIR NEEDS "BACK STYLING"

How often at the theatre we sit behind some woman whose headpiece is completely scrambled. Come thrust in one way, hair goes the other way but when we finally see by coming right in front of us. A very clever hair stylist, Romo Camp of Newark, visiting in New York, made headlines of his own by coming right in front of us, "back styling!" He has my vote on this.

"The last view," he says, "use comb choose pretty ones that blend with your hair coloring and with your hair styling. If you wear your hair in a bun, comb it out, comb it up or across in a smooth, graceful line. Thrust in your comb or hair ornaments firmly but not so tight that if waves are your dish, have soft, free-running wave lines." "And," says Mr. Camp firmly, "don't yank your back hair up scrubbers-fashion!"

And how right he is! See your hair as others see you. Hold up the mirror to scrutinize your back view!

For the slender neck, choose soft waves and curls. For the broad head, slant your waves upward, "broken at the sides to give the effect of slenderness. Truly, the back view is just as important and just as much to be considered as the front view. The last view should be a back view.

Combs should be placed not only to hold your hair, but to decorate it!

Side-swept waves give a pretty effect but they must be carefully brushed and pinned in place. Straggly hairs on the back of the neck ruin the entire effect. Careless back-of-the-head grooming can cause a lot of talk behind your back!—Exc.

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Inexpensive Polish

Use equal parts of raw linseed and turpentine. Put all in a bottle and shake well. For a little of the oil on a piece of cheesecloth, then rub over entire surface and polish with a clean dry cloth.

Custard

To keep custard from curdling, put it into a pan half filled with cold (instead of hot) water. It heats more gradually and will be firm and smooth.

Crank Filter

Make a putty by mixing linseed oil with sifted whiting to the proper consistency and it will make a splendid crank filter.

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Price Control Questions and Answers

Questions and Answers on Price Control will appear in "The Guardian" every Wednesday.

The questions are those which have reached the Wartime Prices and Control Board. The answers are provided by the Board members. For more information on price control, write to the Board, Room 100, 100 King Street West, Toronto, Ontario.

How can I make a wall paper cleaner?

A. By making a paste by mixing 3 cups of flour, 3 tablespoons of ammonia and 1 1/2 cups of water. Roll this into balls of convenient size to fit the handle. Rub a ball over the paper and it will clean thoroughly.

How can I make an iron smooth?

A. One of the best methods for an iron is to use a piece of old candle, used on a folded newspaper.

How can I remove acid stains from marble?

A. Try rubbing with ammonia. But one should avoid allowing any acids, such as lemon, to come in contact with marble.

HOW CAN I!!

By ANNE ASHLEY

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MODERN ETIQUETTE

By Roberta Lee

Q. Is an unmarried woman presented an introduction?

A. Yes, unless the single woman is considerably older than the man. A note of twenty years should be presented to a woman of fifty, regardless of whether the latter is married or single.

Q. How soon after a visit should a house guest write a "bread and butter" letter?

A. Immediately upon arriving home, the same day if possible. Order no circumstances should delay this letter for a week or more.

Q. In general conversation is it permissible to contradict a person?

A. While flat contradiction is said to be always rude, in exceptional instances a contradiction may be done tactfully.

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