Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

Lenten Meditation

From The Times, London

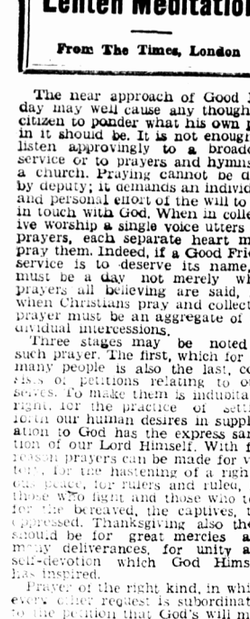
The near approach of Good Friday may well cause any thoughtful citizen to ponder what his own part in it should be. It is not enough to listen approvingly to a broadcast service or to prayers and hymns in a church. Praying cannot be done by deputy; it demands an individual and personal effort of the will to get in touch with God. When in collective worship a single voice utters the prayers, each separate heart must pray them. Indeed, if a Good Friday service is to deserve its name, it must be a day not merely when prayers all believing are said, but when Christians pray and collective prayer must be an aggregate of individual intercessions.

Three stages may be noted in such prayer. The first, which for too many people is also the last, consists of petitions relating to ourselves. To make them is indubitably right, for the practice of setting forth our human desires in supplication to God has the express sanction of our Lord Himself. With full reason prayers can be made for victory, for the hastening of a righteous peace, for rulers and ruled, for those who fight and those who toil, for the bereaved, the captives, the oppressed. Thanksgiving also there should be for great mercies and many deliverances, for unity and self-devotion which God Himself has inspired.

Praise of the right kind, in which every call or request is subordinated to the petition that God's will may be done by us on earth, rises easily to the next stage, which is dedication. In what degree the nation can be said to have returned to God, what proportion of its younger folk are giving Him the first place in their thoughts and lives, are questions which need not be discussed here. But each Christian may well ask himself on Good Friday what contribution to this end he is making personally by his example and influence.

A third, and even higher, stage remains. Petition and dedication should culminate in stronger faith, in greater readiness to trust all to God. Only by this means can confidence become absolute. Great-hearted men of the Old Testament, though lacking the immense reinforcement which Christ brought, attained this serenity of mind. Whatever trials or disasters might come, "underneath," said one of them in a noble phrase, "are the everlasting arms." Good Friday will bring lasting gain if it bases courage on this firm belief, and the nation grows sure that no fall can be far or final, for "underneath are the everlasting arms."

A "WELCOME" RUG IS EASY TO CROCHET



DESIGN NO. 909

Crochet a "welcome" rug to give the word of cheer to friends at the door. Simple stitches are used and it is fun to make. Pattern No. 909 contains complete instructions.

To order pattern write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Needlework Department, Charlottetown Guardian Design No. 909

NAME — — — — — — — —

STREET ADDRESS — — — — —

CITY — — — — — — — — —

PROVINCE — — — — — — —

Dorothy Dix Says—

GIRL FLIRTING WITH MARRIED MAN LACKS ROMANTIC CHARMS

Sure Sign She Cannot Win Single Male And Turns To Domestically Weary Subject

DEAR MISS DIX—Why don't young girls let married men alone? My husband and I have been married ten years and have three small children. We have been very happy and congenial. He has been a good husband and father, interested in his home and devoted to his children. But now this girl has come into his life, as the movies say, he doesn't see a thing good about me or his children. He is fault-finding and cross and is out with her to places of amusement every night.

Let alone we would have gone on happily, but the minute this girl saw him she began pursuing him and boasted that she was going to take him away from me, and I guess she has done it. If a girl wants to marry, why doesn't she go after some single man instead of wrecking a home to get one? What shall I do about it? Shal I give him a divorce and make him happy, even if it will break my heart?

DESPERATE WIFE.

EASIER SHOOTING FOWL

ANSWER—A lot of girls boast that they can get any married man that they desire. They think that that shows that they have an almost hypnotic power of fascination, but, in reality, it is a sure sign that they are lacking in feminine charm and wiles and cannot get a single man, for the difference between capturing a husband and a bachelor is the difference between shooting a barn-yard fowl and a wild duck on the wing.

After a man has been married for a number of years there are times when he gets fed up with domesticity, no matter how happily married he is. He is a little tired of the routine of home life. There is nothing particularly thrilling about his wife's bread and butter kisses, or punching the home clock every evening on the dot. Still and all, he is reasonably satisfied. He has gotten to thinking of himself as middle-aged and that he has done with romance, and he looks upon the young girls pretty much as he does upon the display in a jeweler's windows, pretty and attractive, but not for him.

Then often when one of these ornamental objects steps out of the jeweler's window and throws herself at his head, she knocks him out in the very first round. It is as easy as taking candy from a baby. He hadn't dreamed he was so attractive. He had thought he was an old settled married man and here, by George, he is a Clark Gable without even suspecting it, and he is flattered out of his wits. And when the girl makes love to him in the violent modern manner, and tells him that he is more attractive than any of the young boys, and that she is determined to have him, and that he is too young for his wife, anyway, and all the rest of it, why, he just falls for it like a ton of bricks.

And all that the poor wife can do is just to possess her soul in patience and wait for the girl to get tired of him, or for him to wake up from his dream and see what a fool he has been making of himself, and come back to Mother and the kids. Which, ninety-nine times out of a hundred, he will do, unless he happens to be so rich that the girl considers him good pickings.

The girls who specialize in married men are the cruelest of their sex, because they deliberately set themselves to work to break a sister woman's heart, and wreck her home, and half-orphan little children just to gratify their own vanities. They are the girls who would have had a perfectly won derful time in the old Roman amphitheatres watching wild beasts tear men to pieces.

But these sadistic young girls pay the price of their heartlessness by wasting their youth in affairs with men who cannot marry them, while all the eligible men pass them by, and their own sex hate them like poison.

DEAR MISS DIX—We are three girls whohave fallen in love with soldiers whom we have known for seven months. They are stationed in a nearby camp and are going to be transferred soon. They have all three proposed marriage, but we have asked for time to consider, and we wish your advice. Should we (1) marry these boys and follow them as long as they remain in the States? Or (2) promise to wait for them until the war is over? Or (3) try to forget them and go out with other boys?

FLO, BELL, MARY.

KNOW SOLDIER'S BACKGROUND BEFORE MARRYING

ANSWER—How much have you found out about your soldiers in seven months, beyond the fact that they look grand in their uniforms, and that they take you out and give you good times, and that they have nice lines of love-making? Have your fathers taken the trouble to write to the Chamber of Commerce, or a Bank, or anyone in their home towns to find out what sort of people they come from, how they stand in their own communities, what their past records are, and whether they would have any way of supporting a wife after the war is over?

I have gotten many heartbroken letters from girl brides in the last few months telling me that a previous wife and children have suddenly appeared upon the scene and wrecked their honeymoons with the romantic soldiers they had married. Getting married is a serious business. It isn't all romance and lovey-dovey spooning, and you will do well to consider the practical side of it before you marry.

You will find, for instance, that dragging around the country from camp to camp, living in a trailer, or crowded into a little two-by-four room and living mostly on hot dogs isn't the fun you think it will be. You would be desperately lonely among strangers, and if you had given up a good home and a good job for it, the chances are you would be mighty sorry for it and wish that you had waited until Johnny got back from the war before you had married him.

And you would wish it a lot more if there were a baby coming and your husband was thousands of miles away from you, and you had no money except the pittance he could give you out of his pay, and you had nowhere to go, unless you went back home and were an added burden on your poor parents who could not afford to support you and your child.

You will be three wise girls if you tell the boys that you will love them and pray for them and write to them, but that you think it will be happier for all concerned if you just put off the wedding until the war is over now. And you can see whether you will like each other as well then as you do now. And, if you marry then ,you can look forward to a long and happy life together.

THE COOK'S CORNER

GINGERBREAD DESSERT

For a quick and easily made dessert, one packed with nourishment, whip up a batch of easy-to-fix packaged gingerbread. Cut gingerbread in one-inch cubes and arrange in serving bowl in alternate layers with cooked sweetened prunes. Garnish with cream cheese which has been whipped with a little top milk until fluffy. Serves 6. Another grand gingerbread quickie is made by using fresh orange juice in lieu of the amount of water indicated on package. Bake as directed. Cut and serve with orange sections on top of gingerbread squares.

MACARONI AND CHEESE

Here is a favorite macaroni and cheese recipe. To serve 6, cook 3 cups elbow macaroni 25 minutes in 2 qts boiling water to which 2 tsps. salt has been added. Ddrain, rinse with cold water and drain again. Butter baking dish and into it put a layer of macaroni. Add 2 cups milk, tsp. salt, 1-2 tsp. pepper, 3 tbsps. melted shortening, tsp. dry mustard, 1-2 cup chopped pepper and 3-4 cup grated American cheese. Add remaining macaroni and mix well. Sprinkle 1-4 cup grated cheese and top, garnish with 1-4 tsp. paprika and bake at 350 degrees F 45 minutes.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent question to ask on price control are invited to send them in writing to the Women's Reginald Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q. Are restaurants allowed to cut down on the portion of meats and vegetables?

A. Restaurants are not allowed to cut down on their servings.

Q. Is suet a fat or is fat a suet?

A. Suet is fat.

Q. Is a diabetic allowed to use her sugar coupons

A. If a diabetic requires and is obtaining extra butter, he is obliged to forfeit his sugar coupons to the Ration office. Diabetics may receive extra butter rations only with a medical certificate.

TO WED IN MONTREAL

At the marriage of Margaret Daphne, elder daughter of Professor Cecil P. Martin, of McGill University, and Mrs. Martin to Mr. Frank P. T. MacKinnon, of Ottawa, only son of the Hon Murdoch and Mrs. MacKinnon, of Charlottetown Prince Edward Island, which is taking place at two o'clock on Tuesday afternoon, April 27, at Divinity Hall, the bride's only sister, Miss Brenda Martin will be bridesmaid. The best man will be Mr. William Tidmarsh of Charlottetown, P. E. I , and the ushers will be the bride's two brothers, Mr. John Martin and Midshipman Philip Martin, R. C. N. V. R., and Mr. Thomas Pavlasek, of Ottawa. A small reception for relatives and intimate friends of the bridal couple will be held at the home of the bride's parents, 3577 Peel St. after the ceremony. —Montreal Star.

Living & Leisure

The Woman's Realm

THE DOOR

A door may open anywhere
Upon a wood or path or lawn,
Or crowded street, or road or there
Where none pass by from dawn to dawn;
But if you'd have a mind at peace,
A heart that cannot harden —
Go find a door that opens wide
Upon a little garden.

F M Boult.

ALL THE KING'S HORSES AND MEN TO HELP

All the King's horses and all the King's men are to be used in bringing in this year's harvest on the Royal estate at Windsor, twenty-five miles west of London.

Many extra acres have been put under cultivation at Windsor, and there will be plenty of work for the horses, including the famous Windsor grays which drew the golden coach in the Coronation of George VI in 1937.

There also will be work for members of the Royal staff, who at the King's express wish this year will "lend a hand" in the harvesting.

Only two horses remain in the Royal stables at Buckingham Palace.

Beds should be made properly. Edges smoothed under the mattress get less abrasive wear than bunched-under edges. They should also not be yanked off the bed, but should be loosened first. A mattress pad between the sheet and mattress will lengthen the sheet's life. Sheets should never be used to bundle up the weekly washing. That's what laundry bags are for

STORAGE DEPOTS

Eight thousand depots for storage of 2,000,000 tons of food, away from target areas but in easy reach of the chief towns in Britain, have now been provided. These depots include castles, film studios, caves, swimming baths and quarries. One hundred and twenty of them are specially constructed general and grain warehouses.

Rub liquid wax over cark woodwork. Allow it to stand for a few minutes, then polish with a flannel cloth

Wash used waxpaper carefully, dry and iron and it will be as good as new! Don't waste sardine oil, applied with a feather it oils washing machines, etc., Remember there will probably be no more rubber rings for bottling fruit next year; when you open your fruit wash the rings, dry well, dip in French chalk and drop in the clean, empty jar, screwing on the lid

• • •

The life of linoleum can be extended by keeping the surface protected with a thin coat of wax. Linoleum should not be washed frequently, and never with a strong soap or scouring powder. It should be dusted daily with an untreated mop or broom.

HINT FOR PUTTYING

Putty that has come off a window probably was put on plain wood which absorbed the oils and left the putty dry and powdery. Before re-puttying seal the wood with a coat of paint

FEW TOOLS NEEDED IN VICTORY GARDEN

What garden tools are necessary for a successful Victory garden?

The essential gardening tools are few and simple and most families who have a back yard already possess them, say officials of the Agricultural Supplies Board. A good job of victory gardening can be done with the following list of tools a spade, a digging fork, a rake, a hoe and a planting trowel. A planting line is necessary too, to ensure straight rows of the various crops. This piece of equipment is home-made from a long piece of cord, the ends of which are attached to two pointed sticks.

While new garden tools can be bought this year, gardeners are asked not to buy them unless they are absolutely necessary. Larger pieces of gardening equipment that many experienced gardeners already possess and which are only good occasionally, should be shared by neighbors and community gardeners.

Beets may be planted almost as soon as the ground can be worked in the spring. Soak the beet seeds overnight before planting them, especially if the soil is dry.

Sometimes it is found difficult to keep radishes free from little worms which eat into them before they can be harvested. Soot or tobacco dust worked into the row before the seed is planted will solve this problem.

The perennial crops, those which remain in the soil from one year to another, such as horse-radish, should all be placed at one end of the Victory garden. This allows the remaining area to be plowed or turned over annually without disturbing the perennials.

Victory garden tools should be purchased with consideration for the strength of the person using them. The average man's size hoe or garden spade is too heavy for most women or young boys and the use of such tools makes the work unnecessarily tiring

KINGSTON W. I.

The April meeting of Kingston W. I. was held at the home of Mrs. Ira Auld. Meeting opened by singing Institute Carol, followed by Creed in unison. Roll call was answered by 8 members, two visitors, three large quilts, 1 pr. N. stockings, 1 pr. socks were sent to Red Cross. It was decided to get plant for sick member A discussion took place on getting up a play and it was decided to see about books. The same committees were left on for next month. Roll call next month exchange of slips or seeds and to meet at Mrs. Will Younkers as soon as possible to do autograph quilt. Meeting closed with God save the King and social hour spent.

Next meeting at the home of Miss Vera Livingston.

A Morning Smile

PERPLEXED

"Did I hear you say, guard, that the engine was at the rear end of the train?" asked an old lady of the guard.

"Yes, ma'am; we'v got an engine at each end. It takes an extra one to push us up the steep hills."

"Dear, dear; what shall I do? I'm always so ill if I ride with my back to the engine."

ALL MIXED UP

The critic wrote: "The play ended, happily." What a whale of a difference a little comma makes. And then: "The singing of the Bradshaw chorus broke up a happy evening."

How to relieve MONTHLY
Female Weakness
Which makes you CRANKY, NERVOUS
Lydia E. Pinkham's Vegetable Compound is made *especially for women* to relieve periodic pain and weak, nervous, blue feelings. It has a soothing effect on one of *woman's most important organs*. Taken regularly—Pinkham's Compound helps build up resistance against such symptoms. Thousands helped.

Home Service

Be a Ventriloquist and Entertain Your Friends

EASY ART TO LEARN

Ventriloquism is fun for everyone—and it can be profitable, too. Learn to make and operate dummies and entertain your friends.

Ventriloquism is simply the art of making people believe that your voice comes from some place other than your mouth, and it is not difficult to master the art.

If you can talk, you can be a ventriloquist. There's no magic about it. Anyone who has the standard speech equipment—larnyx tongue and vocal cords with a workable dummy can fool an audience into believing that the voice comes from some place other than the mouth.

You may not aspire to be a national favorite but you can get a lot of enjoyment out of the game.

Our 32-page booklet gives you the basic information not only on ventriloquism but how to make a dummy. How far you will go depends on your determination and ability.

Send 15c in coins for your copy of "Self-Instruction in Ventriloquism and Dummy Making" to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of booklet.

Name

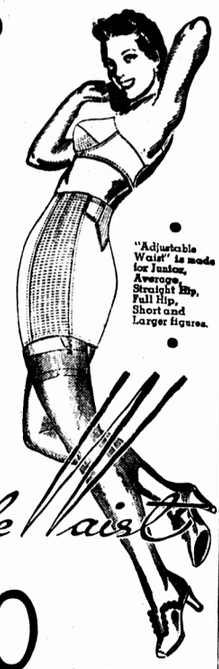
City Province

Do You Know You Have Two Waistlines?

Your waistline expands 1½ to 3 inches when you sit, stoop or bend.

Control that second waistline by wearing a NEMO "Adjustable Waist" . . . the foundation correctly designed to control Nature's normal expansion. The patented horizontal stretch at top back of "Adjustable Waist" does it—by automatically taking care of midriff expansion without sacrifice of style or comfort.

MAKE SURE YOU SEE—



"Adjustable Waist" is made for Junior, Average, Straight Hip, Full Hip, Short and Larger figures.

Adjustable Waist BY NEMO

On display in our Corset Department

MOORE & McLEOD Limited

Charlottetown, P. E. I.

Needlecraft

For The Home

GOOD LOOKING JUMPER FROCK With Nice Details

Hearts are trumps and turn the trick on this jumper frock; they form the pockets and lend their influence to the neckline. Of course you may use the simple V-cut of the neckline if you prefer —both come in the pattern. The jumper has all the shapeliness of a dress, and is easy to make, to boot. And we don't have to tell you what a happy expedient for stretching the budget the jumper frock is!

Style No. 2082 is designed for sizes 10, 12, 14, 16; 18; 20; 36; 38; 40 and 42. Size 36 requires for the jumper 2 3-4 yards 35-in., 2 1-2 yards 39-inch, or 1 1-2 yards 54-inch fabric. For the long-sleeved blouse 2 1-4 yards 35-inch or 2 yards 39-inch fabric.

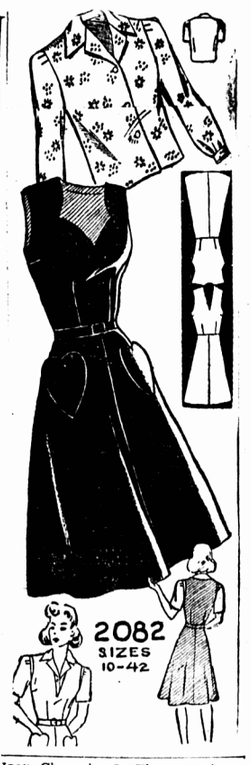
Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.

Style No. 2082

Name

Street Address

City Province



SOURIS CONVENT SCHOOL

Honor roll for March 1943.

Grade X—1. Isabella McDonald and Eileen Hughes; 2. Helen Ryan, 3. Antoinette Bernard.

Grade IX—1. Helen McIsaac; 2. Eileen McEachern; 3. Margaret Mooney.

Grade VIII—1. Mary McInnis and Shirely Glover; 2. Ivadell Massey; 3 Hazel Sanphy.

Grade VII—1. Anne Massey and Edith Meurant; 2 Mary E. McIntosh; 3. Emma Mooney.

Grade VI—1. Patricia Mooney; 2. Edna McDonald; 3. Louise Creamer.

Grade V—1. Elinore Keays; 2. Katherine McDonald; 3. Jean McIntyre.

Grade IV—1. Claire Paquet and Ellen Grant; 2. Norma Creamer; Irene Paquet.

Grade III—1. Edna Cheverie; 2. Joan Cheverie; 3. Florence Arsenault

Grade II S —1 Betty Cheverie; 2. Marina Malone.

Grade II (B) —1. Jenny Hearts; 2. Jane Heartz; 3 Annie McDonald.

Grade I—1 Katherine Mooney; 2. Ann McDonald and Joyce Paquet 3. Genevieve Gilbert.

"ME—ENTER A BEAUTY CONTEST? DON'T BE SILLY, I SAID!"

But lovely "Miss War-Worker", Dorothy Linham, was persuaded. She entered . . . and won.

"Beauty Contests were the farthest thing from my mind . . . but the girls at the Plant egged me on. I just laughed: Listen, who would look twice at me, since I've become a 'no-time-to-fuss-soap-and-water-girl'. But, in I went! Well, the results floored me. ME—"Miss War-Worker"!

You can bet I'm staying with my basic beauty routine. Just two minutes twice a day to pat on PALMOLIVE'S creamy lather—a rinse off with warm water, a swoosh of cold . . . that's all! Now my complexion's smooth as silk. And I certainly owe that super blend of Olive and Palm oils in Palmolive a great big prize for keeping my sensitive skin so free from irritation:

Of course, it's always new, improved Palmolive for my beauty baths too—to pep me up after my hard day's work."

NOW MORE THAN EVER I TRUST PALMOLIVE TO KEEP ME LOVELY—FOR HIM!

Nursery Wonder Worker

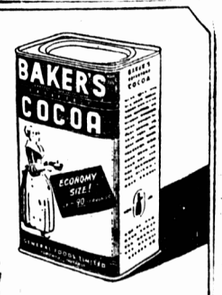
TODAY, in thousands and thousands of homes, there are babies who are healthier, happier, because of the special value of Irradiated Carnation Milk as an infant food. It is very digestible, safe, easy to use, uniform, and as nutritious as milk can be. And it provides extra "sunshine" vitamin D.

Carnation is *just whole milk*, with part of the natural water taken out, sterilized, and homogenized. Write for free book, "Your Contented Baby". Carnation Co. Limited, Toronto.

IRRADIATED Carnation Milk

A CANADIAN PRODUCT - "from Contented Cows"

For Real Cocoa Nourishment



YOU'LL enjoy Baker's Cocoa for its delicious smoothness —its rich, satisfying flavor. You'll benefit from the proteins, fats, carbohydrates and minerals it contains.

Be sure to prepare it according to the recipe on the package. Up to 90 servings from the 1-lb. size. Good for baking, too.

BAKER'S COCOA

C173 A Product of General Foods