

FOR THE WOMAN READER BY FLORENCE RIDDICK BOYS

LIFE'S BEST PRIZE. Shoes and Backache. The greatest blessing Life offers is not to be loved—but to love; not to be waited upon, but to do something worth while for others; not to have favors dropped into your lap, but to be really needed in some corner of the earth.

It is not necessary for the homemaker to go far afield to be of use. The gentle voice and the encouraging smile as you pour hubby's coffee may be just the stimulant required to give him the right start for the day. To help him find his cap or to sharpen a pencil for his work, in a happy mood and send them off to school in right frame of mind.

Other privileges are to chat with a neighbor as you pick your daily lettuce, to say "hello" to the youngsters as they pass your door. They are the future. If you can put anything into their lives, you are serving your country.

It is a glorious life, and its most glorious glory is the ever-present opportunity to serve. Our little services may seem but trifles, but the small we shall never realize how great that is until we see it tallied in the ledger of the Recording Angel.

Libraries. Next to the schools, a public library is our greatest educator. In many schools the use of the public library is taught and students, going out from such schools, are able to continue their education by systematic and directed reading.

The old idea of a library was a place where books were "kept." Now the idea is not to keep them there, but to get them out to circulate among the people. That is the most successful librarian who can induce most people to use books.

By the story hours, displaying attractive pictures, dramatic, advertising, night classes, and every sort of device are people enticed to come into the library and become interested in looking at some book. They are then led on, and directed in reading. The librarian is a public teacher.

The library is generally looked after by a board of trustees who care for the building, employ the librarian and select the books with the advice of the librarian. The direction of the library is helped by organizations which aid in training librarians, keep the ideals and standards high, pass on statistics and experiments that library trustees may bring their own institution up to the standards of the best, and to what are the best books to date.

The library consists of the reference department, where expensive books are kept to be used by students for reference; the circulation department, where books are to be loaned out to homes; the children's department, often used in connection with the schools in co-operation with the teachers, the periodical department and the department of special helps for use in special lines.

The library building should be attractive, warm enough, and excellently lighted. One earnest librarian arranged a smoking room in the basement where working men could, on an evening, meet about tables and read even if they were too tired to dress up and go to public. They came here in their working clothes. She made it a point that few citizens in her community should escape use of the library. Such a library is a wonderfully elevating and refining influence in a community.

Some ambitious youths have become educated by use of libraries.

The Glass Fad. We may not live "in glass houses," but we are choosing glass as many of our furnishings. Frankly artificial flowers of glass are decorating our tables in colored glass flower holders. Amber, green, rose, yellow or blue are beautiful colorings.

Patterns for dishes are all sorts of queer design. We used to say it was not good taste to have a design for a utensil, which was not an appropriate design, but error is no longer holds. We today have a dish the shape of a duck, resting on the table, or a canary or parrot. We would never expect to find a real duck or canary or parrot there.

Glass dishes are now bubble-flecked, frosted, or cracked, or of the thinnest plain white. Glass has come into its own and is put to all sorts of uses. One of the newest of these is for the electric lamp, which looks for all the world like the cheap glass kerosene lamp grandmother used to carry upstairs to bed with her.

The Baked Apple. Try out the beauty possibilities of the baked apple. When carefully cooked, preserving its red or yellow coloring, when the syrup is cooked down after the apple is removed, and when it is served on a pretty china plate with a dash of whipped cream over the top, is there anything more attractive? The name, baked apple, has soundings so common to us that we almost despised the product; but in most fashionable restaurants the baked apple is recognized as a choicest delicacy. We might as well "dole it up" a bit at home and lead our own households to enjoy it for all it is worth.

When baking apples, cut the skin around the center of the apple, to prevent the skin from bursting and spoiling the shape of the apple. A nice way to prepare an apple for baking is to cut out the core with a sharp knife and fill the center with raisins.

Grins' Fairy Tales A 20th Century Version of Stories You Have Heard Before

THE STORY OF PANDORA By GREGORY GRIN.

Ever since the day when Eve put the gypsy touch on that rose red apple and was given the air from the well-known Garden of Eden, man has declared and affirmed that women were, are and always will be as curious as a bound pup in a meat market.

But listen, Sister, if any of those Morris-chair Worms try to whisper into those scandalous-receivers on each side of your head that Eve had a corner on curiosity, just remember that she is a distant relation of yours and come back with a snappy "So's your old man."

For Adam was given the gate just a split second after Eve and it's not on the records that he slapped Eve on the fingers, and said, "Naughty, naughty," when she reached for the apple.

In fact there are some who believe the Old Goat had already started to cook up a scheme to make apple-jack out of the core, if Eve gave away with her apple-copping act.

Just to show you what kind of an oil-can the male half of this sketch was, he started to squawk while they were still brushing the dust off their fire leaves after the apple, and to lay off that apple, "be careful."

And it was then that Eve, while she powdered her nose and adjusted her boyish bob, gave utterance to that now classic remark, "Appeasement!"

So the story of the Apple went over so big that a few months later, some musty old Egg thought he would put over another fowl ball on the Coals. So he cooked up the Story of Pandora, in which he lays the blame for all the Troubles of the World up to and including salad forks, looking like ice cream spoons at the doorstep of the more or less Fair Sex.

In case you've never heard this choice bit of slander we will give you a brief outline of the plot. It goes something like this:

In this time and there were no second-hand automobiles, politicians, corns, static, installment collectors or reformers; and every one got two vacations a year of six months each with full pay. Even the gods were unhealed of and every one was a pupus.

Finally they agreed to compromise with Epimetheus, the reader has no doubt observed it has a habit of doing, and young Ep passed from the marble-shooting to craps-shooting age.

Talk about a hot tamales! Why, young Ep had flaming Youth looking like a wet owl. He was bent over looking at a collar and made the spear carriers in a Broadway success look like the final finale of the retreat from Moscow.

But brains were as scarce in this Bimbo's head as in the heart of an ex-Brewer. Ask him if he had ever read, "The Last Days of Pompeii," and he would have said, "No, what did he die of?"

Such was the state of affairs in this land of No Troubles when an Elf, who sported the monicker of Quick-silver and who had a perverted sense of humor, decided to sit in the game and stack the deck.

So one day he approached Ep and handed him a line of balloons that any one else in the world but this champion Half-wit would have laughed off.

Then, too, the dizzy pace had here a chance to get in (cheap. So its effect on Ep's wallet, and along he stood back and quietly looked about this time he was as busted as over Pan's shoulder.

Consequently Pan had time to knot she thought she heard a voice give her surroundings the once within the chest crying, "Let us over, and about the first thing out."

Throwing caution to the breezes she threw back the lid and out jumped Old Man Trouble at the head of his gang.

Had you been there you could have checked them all off as they tumbled out. Among the very first were, "Easy Payments," "Second-Hand Cars," "Static" and a particularly husky and active one labeled "Reformer."

With a laugh this merry band set to work immediately on a little sick entitled, "Making it tough for humanity."

Slamming the lid down, Pandora was just about to close the door when she heard another voice within the chest saying, "Let me out, I can make a bum out of Old Man Trouble."

Now, Pandora had more nerve than an apinal column, so she decided to take another chance. She opened the lid again and out stepped a classy dame who said her name was Hope.

Hope told Pan to mop up the tears, that she would follow Trouble like indigestion follows Welsh Rarebit and that everything would be jerry with the more or less human race.

Up to the present moment, however, Hope had proven to be an 18-karat false alarm. She is the gal who stands back of your chair when you are eighteen bucks out at midnight and says, "Go on, play another hour—you can win it back; and besides, the wife will be sound asleep anyway."

Two hours later you leave the game with everything gone but the gold in your teeth and find the little-but-oh-my woman waiting up to kiss you good-night with a bough of bread.

Now that, dear reader, is how Trouble and Hope came into the world—according to the Hop Head who framed this dizzy fable.

And if it doesn't constitute grounds for an outright case of illogical reasoning, the Speaker Sex, then Jack Dempsey won the war.

Not equal that of John Wesley, his indomitable perseverance and restless energy were only equaled by his undoubted piety.

For forty-three years Williams travelled more than two thousand miles a year over terribly bad roads and frequently at considerable risk from violence. As Dr. E. F. Benson writes, "His life was spent, not in a preacher's study but in the great world of out-of-doors. No doubt the wild and rugged scenes of Wales fired his imagination and kindled afresh from time to time, the poetic fire within him. Most of his poetry was written in his own Welsh tongue, and it is difficult to see how other nationalities to understand how great an influence his hymns still have among the Welsh people. Rev. H. Elnet Lewis, one of the most distinguished Welshmen of the present day, writes, "What Paul Gerhardt has been to Germany, what Isaac Watts has been to England, that, and even more, has William Williams been to Wales."

Bright Colors. Bright colors are quite "the thing" this season, in hats, dresses, draperies and furnishings for the house. Vivid blues and fiery red add a note of cheer, while yellows, cool greens, and dainty lavender, furnish variety. Lamp shades, by means of floor pillows and window hangings give opportunity to induce color into a room. There is no excuse this year for dull rooms.

A MISTAKE SOMEWHERE. "Mother," said little Bobby, bursting into the house, "there's going to be the deuce to pay down at the grocer's. His wife has got a baby girl and he's had a 'Boy Wanted' sign in the window for a week."

THE MENACE OF THE FLY.

It has now been established that flies are not only a nuisance, but that they are very active distributors of disease.

While by preference they infect places where filth abounds, they are of ubiquitous habits, and pass cheerfully from the manure heap, the privy, the garbage hall or the sick room to get the first taste of food intended for our dining tables.

They are able to conveniently carry and mayhap the germs of such diseases as typhoid fever, tuberculosis infantile diarrhoea, etc.

The chief breeding places of flies are collections of garbage and manure - particularly horse manure. In such places they multiply with great rapidity. Each adult female fly deposits several hundred eggs, which pass through the cycle from egg to fly within eight to ten days. Seven to ten generations are bred annually. Thus the progeny of a single female fly, which has survived the winter, may amount to several billions in but one season.

The Merchant's Association of New York estimates that the progeny of one pair of flies for one summer, if all survived, would occupy a space of 14,000,000 cubic feet, even if pressed together. There is one good reason, therefore, why the campaign against the fly should be commenced at the very beginning of the season.

Our houses (particularly the dining room and kitchen, and all sick rooms) our food (including fruits and vegetables which are eaten uncooked) and the faces and bodies of infants should be protected against flies by suitable screening. Every fly should be killed on sight.

But the principal means of controlling the fly pest is to do away with the breeding places. Particular care should be given to the removal of stable manure, which during the warm weather, should under no condition be allowed to remain at a less distance than a quarter of a mile from the man habitation. Garbage contents of privy vaults, and refuse of all kinds should be similarly removed if the preferable destruction by fire cannot be carried out. Manure should be removed by screening or otherwise, made fly tight or should be sprinkled liberally and frequently with chloride of lime or a solution of sulphate of iron, two pounds to the gallon of water. Privies and privy vaults in particular should be thoroughly screened.

A recent investigation, carried out by the United States Department of Agriculture, shows that treatment of manure with powdered commercial borax is not only the most effective method of destroying the larvae of flies, but that it actually adds to the fertilizing value of the manure. This is applied to the manure, by means of a flour sifter, immediately after it is removed from the stable, in the proportion of one ounce to each cubic foot of manure. Especial care is to be taken that the outer edges of the heap receive a proper share of the powder. Two or three gallons of water are to be sprinkled over the heap after the application of the powder. This treatment is, of course, repeated with each addition of fresh manure. The cost amounts to about one cent per horse per day.

Cuspidors should be given special care. A little solution of formalin (a teaspoonful to a pint of water) should be placed in each cuspidor. This solution, sweetened with sugar and exposed in saucers, will kill flies in a room.

It is important to carry out these precautions from the very commencement of the warm weather, and to persist in them throughout the season.

The presence of flies indicates the presence of filth or of unsanitary conditions in the neighborhood, and is a certain sign that a cleaning up is necessary. The trapping and awaiting of flies are undoubtedly of value, but reliance must especially be placed on the elimination of breeding places.

Do not patronize dealers in foodstuffs whose wares are not kept carefully screened from flies. Department of Public Health No. 8. Ontario Health Almanac.

THE MAN WITH THE HOE SAYS. Order your seeds early if you want to be sure of getting the best varieties. Often they sell out early.

To dislodge plant lice from cauliflower, Brussels sprouts or kale if their presence is suspected, soak the vegetables in cold salt water before cooking. Any lice will let go and come to the surface.

Spread manure on the garden as soon as you can secure a supply. Farmers are at work at this job every warm thawing day.

Health Literature

Supplied by the P. E. I. Red Cross Society

THE HANDY MAN'S CORNER

OVERHAULING THE LAWN MOWER.

The handyman will find that a little time spent on the cleaning and general overhaul of the lawn mower will always well repaid. If it has been put away for a while, the mower will issue covered with congealed oil, and dirt. Obviously, the first thing to do will be to remove as much of this as possible.

The whole of the accessible parts of the machine should be cleaned as thoroughly as possible by means of a good stiff brush and a liberal application of paraffin oil, an operation shown in Fig. 1.

When this has been done examine the machine for wear or necessary adjustments. This applies particularly to the cutting knife or that part of the machine carrying the blades. The arrangement used on most machines is that shown in Fig. 2. The cylinder bearings in this

case consist of two half-bearings fitted in a slot cut in the frame of the machine and capable of being adjusted as to height. By raising or lowering the bearings in this slot, the knives on the cylinder are brought nearer to, or farther from, the fixed bottom blade at the bottom of the machine in Fig. 2. This illustration also shows the means of adjusting the cylinder. To raise the bearings, the screw C is loosened and the screw D tightened to the necessary amount. To lower the bearings the operations are reversed, always remembering to release one screw before attempting to tighten the other.

Should the bearings be worn and so doing.

Flowering Vines. Flowering vines are needed to make the garden complete, from the smaller trailing vines for window boxes such as the thumbergias and mandrillas to the climbing nasturtiums, morning glories, cardinal climbers, moonflowers and flowering beans in the flower garden. Vines quickly conceal an unsightly fence or cover a two obstructive garage or barn, converting its sides into a sheet of flower and foliage.

The Japanese morning glories are a revelation to those who know only the old-fashioned sorts with their flowers sometimes fringed and scalloped and with a great variety of marking and delicate coloring. There is also much variation in foliage, some of it being prettily variegated.

Climbing nasturtiums need considerable help as they make great lengths of growth without any ability to twine or cling to supports. They are most effective tumbling over a low fence or stump, but with a little help in the way of occasional tying up may be assisted up porch strings and give a blaze of bloom and scores of fragrant bouquets all summer.

The delicate tracery of the cardinal climber with its brilliant blooms is a beautiful twining subject for light screens or to be allowed to scramble among the branches of rose trees, giving a second crop of bloom after the roses are gone. Its growth is not heavy enough to interfere with the roses.

The improved form of the hyacinth bean with its delicate white and lavender bloom, purple stem and huge purple seed pods is always an ornament. It is a fast grower and excellent to cover a show fence. For a rapid cover of refreshing green which will be a permanent feature, the Japanese hop is excellent. It will make great height as vines go and a thick screen and will reappear each year once it is planted.

Look over the bug ammunition before gardening starts and get the grass vine in coming back in yellow and scarlet stars and spray it as it is an artistic draper for the garden.

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FAVORITE HYMNS AND THEIR WRITERS

By Ned Archer Wallace

"Guide Me, O Thou Great Jehovah." The great religious revival which swept over the world during the first half of the Eighteenth Century was accompanied by something of a musical revival. Howell Harris, a young layman, who perhaps more than any other man, was responsible for lighting the revival fires, was quick to recognize the need of hymns. The parish church of Wales were still singing metrical psalms which somehow did not seem to suit the fiery and passionate Welsh temperament. Harris resorted to an unusual device. He called on the men who had gone out to preach and announced a competition in hymn-writing. It is interesting to note that musical competitions are still held in Wales. Among those who took part in the contest conducted by Harris was a young Anglican clergyman, named Rev. William Williams. He was a fervent evangelical, and delivered by Samuel Harris in the open-air, that led Williams to enter the ministry. He was ordained in 1740, but was not happy in his work and together with some other dissenters he established a church, where he became one of Harris's preachers.

The prize of hymn-competition fell to Williams. He had a natural gift for poetic composition, and for several years had written hymns. In 1740 he published a book with the title, "Halleluiah" and in 1745 a second group appeared in which the hymn "Guide Me, O Thou Great Jehovah" appeared. He continued to publish his hymns until his death in 1791, and well earned the title of "The Charles Wesley of Wales."

Although Williams was a man of much gentler disposition than others of his day who became fervent evangelists he seems to have endured much bitter persecution bravely. He looked upon the whole world as his parish and while so he didn't get any more of a

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Women's Handicap

is curbed this new way of solving oldest hygienic problem; gives true protection—discards like tissue

THERE is a new way in women's hygiene that ends the insecurity of old-time "sanitary pads" and their unhappy days.

Eight in 10 better-class women now use "KOTEX."

Discards as easily as a piece of tissue. No laundry. No embarrassment. Five times as absorbent as ordinary cotton pads. Deodorizes, thus ending ALL danger of offending. Obtainable at all drug and department stores simply by saying "KOTEX." You ask for it without hesitancy. Costs only a few cents. Proves old way a needless risk. 12 in a package. In fairness to yourself, try it.

KOTEX No laundry—discards like tissue Kotex regular 75c Kotex super \$1.20

THE MAN WITH THE HOE SAYS

Order your seeds early if you want to be sure of getting the best varieties. Often they sell out early.

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Spread manure on the garden as soon as you can secure a supply. Farmers are at work at this job every warm thawing day.

It is time to look over the cold frame glass and see if it is tight, and do a little leisurely glazing to be ready when the time comes to start the hot bed. New substitutes are very convenient, but not as good non-conductors as glass sash. If used the beds should be started a little later.

If you planted kale last year you can cut fresh greens every day. Try a packet next summer. It has become a common market vegetable in the last two years after falling into disuse for a long time. Plant lice made it unpopular, but now these pests are so easily controlled with a few sprays it is clean.

Combining style, fit and wear with lowest possible price, they are truly economical.

Corset Departments which offer best values all sell D & A Corsets & Brassieres

D & A CORSETTES with elastic gussets and very slight boning—popular with women who want a combination corset and brassiere.

DOMINION CORSET CO. QUEBEC, Montreal, Toronto. Makers also of La Diva and Goddess Corsets.

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