

# Woman's Realm Social and Personal Fashions Literature

## VIRGINIA BRUCE!



with a charm hint for YOU

A DAILY LUX TOILET SOAP OF DAININESS—OF SKIN THAT'S FRAGRANT, SWEET, AND THAT'S IMPORTANT TO CHARM!



This lovely star gives you a tip! Lux Toilet Soap's Whipped Cream Lather removes perspiration, dust and dirt thoroughly—leaves skin really fresh!

9 out of 10 Screen Stars use Lux Toilet Soap

### THE LIKEABLE MAN

By SYLVESTER CAIRN

"I'm afraid not. I—er—just happened to open a book." ... "That's fatal," she agreed. "I brought these flowers to make the place look more homelike."

"Nonsense. I may as well give you a hand. Always saves time if you unpack them and the other puts them away. Carry on, and she ignored his protests."

### Diarrhoea Dysentery

If you are suddenly attacked with diarrhoea, dysentery, cramps or pains in the stomach or bowels, or any looseness of the bowels do not waste valuable time, but at once procure a bottle of Dr. Fowler's Extract of Wild Strawberry and see how quickly it will give you relief.

Get "Dr. Fowler's" and feel safe. The T. Milburn Co., Ltd., Toronto, Ont.

SPIDER WEB MEDALLION TABLECLOTH

DESIGN NO. 946

A beautiful heirloom tablecloth is crocheted with medallions. The center is a snowflake surrounded with spider webs. Pattern No. 946 contains list of materials needed, illustration of stitches and complete instructions.

To order pattern: Write or send above picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian.

To Charlottetown Guardian

Design No. 946

NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_

PROVINCE \_\_\_\_\_

### Dorothy Dix Says—

#### MAN CREATES NEW EVE BUT HE'S STILL SAME OLD ADAM

Like Caesar, He Still Wants A Wife Who Is Above Reproach And Only Marries That Type Of Girl

Dear Miss Dix—I lately read an article in a magazine which said among other things: "Just because girls' ideas of what is right and wrong have changed is no reason to think that boys' ideas of what they want in a wife have altered. They still want the girls they marry to be pure and fine."

ANSWER—You are confronting one of the age-old peculiarities of men. A man will use all of his arts and wiles and cajoleries to induce a woman to do a wrong thing and when she does it he will despise her for doing it.

How To Treat Husband Dear Miss Dix—I am a young woman with a good husband and two beautiful children. The only trouble between my husband and myself is that he wants to choose all my clothes and his taste differs from mine.

as she laid down her pen. "I isn't. Agnes says he was in an awful mess that night he came."

## HUNGRY FOR REAL BAKED BEANS?

Baked To Mealy Tenderness And Drenched With Luscious Sauces, All Four Kinds Of Heinz Oven-Baked Beans Are Ready To Serve

Remember those unforgettable days, when, after hours of oven-baking, grandma set a steaming pot of beans on the table? They were beans—the old-time kind Canada has been hankering for ever since!

Today Heinz brings you just such mouth-watering beans in tins—ready to serve. They're really oven-baked till each golden morsel is tender and delectable—then sauced four tempting traditional ways.

Why not please your family by ordering a supply of Heinz Oven-Baked Beans today?

H. J. Heinz Company of Canada, Ltd.

1 Heinz Baked Beans, in rich tomato sauce with pork.

2 Heinz Boston-style Baked Beans, with pork and molasses sauce.

3 Heinz Vegetarian-style Baked Beans, in tomato sauce without meat.

4 Heinz Baked Red Kidney Beans, with pork.

HEINZ Oven-Baked BEANS

WITH PORK TOMATO SAUCE

57

SERVE BY SAVING!

WAR SAVINGS STAMPS AND CERTIFICATES

## Living & Leisure —The Woman's Realm

### FROM A KNITTER

I do not know the name of him. For whom my shining needles fly. But I can see, through eyes grown dim, A knight in khaki who may die.

Flower seeds such as pansies, forget-me-nots, English daisies, and hollyhocks may also be sown now for flowering with next spring's bulbs.

The flavor of melons often enters other foods stored with them in the refrigerator. To prevent this, wrap the melons securely in oil silk refrigerator bags or other containers and put them on the top shelf.

Sometimes the handles on silver knives become loose. This is because the cement has washed out.

### FIRST AID

What is done before the doctor comes often turns out to be of great importance. Minutes sometimes make the difference. A good first aid kit which can be managed in any home will contain a good book on first aid to the injured; a small drinking glass; two gauze bandages, 1 inch by 10 yards; one all-cotton elastic bandage, 2 inches wide; one package of absorbent cotton; one box of band-aid; one roll of adhesive plaster, 2 inches by 5 yards; one package sterilized gauze of 5 yards; one triangular bandage; six sterilized gauze pads; one tourniquet made of a handkerchief or wide muslin; safety pins; small scissors; tongue depressors; box of soap; ammonia; camphor; iodine and mercurochrome.

### "FINNAN HADDIE" WITH BAKED BEANS

Now that we're asked to reduce our use of bacon s-m-e-o-n-e suggests a recipe for "Finnan Haddie" with baked beans. Cook the fish in the usual way and mix with an equal quantity of baked beans. Use hot or cold.

Although hogs never tan, they sunburn easily and are unable to perspire.

## Your Individual HOROSCOPE —By Frances Drake

MARCH 21 to APRIL 20 (Aries) —Today requires poise and calm deliberation for clearer thinking and better judgment. Routine affairs and work with which you are familiar are more favored than new, untried ventures.

APRIL 21 to MAY 20 (Taurus) —Between 4:30 and 6:30 P.M. stars warn a financial unpremeditated change or decision of great importance. Balance of day friendly for constructive activities in all lines, research, and your usual routine affairs.

MAY 21 to JUNE 21 (Gemini) —Much depends upon your friendly cooperation with those whose success means advancement or benefits for you. Familiar matters should run smoothly, swiftly. New projects may need greater patience, closer scrutiny than ordinarily.

JUNE 22 to JULY 23 (Cancer) —Not especially auspicious for financial increases, gains from new business, collections, speculation or quick turnover schemes. But substantial headway is assured if you give your best efforts to your job and strive after improvement.

JULY 24 to AUGUST 22 (Leo) —Mixed vibrations with the morning period restricting and warning against letting personal sentiment interfere with your good judgment. Afternoon more favorable for all interests.

AUGUST 23 to SEPTEMBER 23 (Virgo) —Confidential matters, correspondence, work requiring keen mental penetration and judgment favored. The profession, trade or calling in which you are engaged and for which you are especially sponsored, day favorable in general.

SEPTEMBER 24 to OCTOBER 23 (Libra) —Not registered as a conjunction in this horoscope, but you will find that you'll gain ground by steady, persistent endeavor. Benefits likely through unexpected sources.

OCTOBER 24 to NOVEMBER 22 (Scorpio) —Interesting, encouraging, if at times perplexing, are the influences prevailing for you Scorpio natives. An inspiration for you to enjoy competition and challenge. Be your clever self!

NOVEMBER 23 to DECEMBER 22 (Sagittarius) —Difficult preparation work, conferences, going over plans and estimates especially favored in early morning. Whole day responsive to good headwork. Hasty, unpremeditated decisions and changes taboo.

DECEMBER 23 to JANUARY 21 (Capricorn) —The major caution needed this generally beneficent day is against irritability and its consequent misjudgment, perhaps misunderstandings. Be pleasant, reasonable.

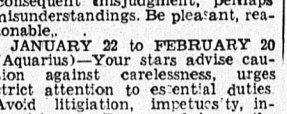
JANUARY 22 to FEBRUARY 20 (Aquarius) —Your stars advise caution against carelessness, urges strict attention to essential duties. Avoid litigation, impetuosity, inconsideration. Earn and keep the goodwill of superiors, a reference.

FEBRUARY 21 to MARCH 20 (Pisces) —Excellent influences for private interests and business activities. Employer and employee, independent shopkeeper, instructor, student; youngster and older are favored.

A CHILD BORN ON THIS DAY should be gifted for the arts and sciences, capable in intellectual lines but must learn to control impulsiveness and rightly guide its ambition if it is to achieve the splendid success indicated in its forecast. Can be clever in manual work.

### SPoon-SIZE READY TO EAT CEREAL

Cubs contain the whole wheat—the precious wheat germ, the bran, the minerals. And in addition to being a source of nourishment and energy, they are also delightfully tasty. The nut-like flavor of the wheat is blended with mellow malt to make it more enticing still. Give the family a real treat. Serve Cubs tomorrow for breakfast.



### A Morning Smile

Here's a story that illustrates on American reaction to the war. Two people motoring across Pennsylvania spent a night at a country inn. Next morning they discussed the war news with their waitress.

"Oh, it couldn't happen here!" said the waitress. "The nearest battlefield is at Gettysburg."

### FEARED THE RAIN

Three Canadian soldiers sleeping in a tent in an English camp were awakened by a terrific crash not far away.

"What was that—thunder or bombs?" asked one of them.

"Bombs" was the laconic answer. "Thank heaven for that!" chimed in the third. "If it weren't for your efforts, but you'll find that you'll gain ground by steady, persistent endeavor. Benefits likely through unexpected sources."

### Friends Stay Interested When Your Letters Charm

...ing, weren't Be a Task A letter from the handsome lad you met on vacation! How pleased you were to receive it. But now with pen and paper in your hand, you feel lethargy.

There's no reason why you should be. If he liked you he should like your letters, for you can easily put your best self into them. Just close your eyes and imagine you're talking to him. Of course you'd say you were delighted to hear from him, you'd remind him of the good time you had together.

"Will you ever forget the terrific cloudburst the day we hiked to High Point? Or those delicious baked beans and blueberries we finally had for supper..."

Send 15c in coins for your copy of GOOD LETTER-WRITING. MADE EASY. The Guardian Home Service, The Charlottetown Guardian. Be sure to write plainly your NAME, ADDRESS, and the NAME of booklet.

GIVE MORE THOUGHT TO YOUR BREAKFAST

Here's the Way to enjoy THE WHEAT GERM

THE NEW WHOLE WHEAT CEREAL

Serve Cubs

CUBS ARE MADE FROM WHOLE WHEAT IN WHICH THE WHEAT GERM IS RETAINED IN ITS ENTIRETY

A product of The Canadian Shredded Wheat Company Limited

Cubs contain the whole wheat—the precious wheat germ, the bran, the minerals. And in addition to being a source of nourishment and energy, they are also delightfully tasty. The nut-like flavor of the wheat is blended with mellow malt to make it more enticing still. Give the family a real treat. Serve Cubs tomorrow for breakfast.

SPoon-SIZE READY TO EAT CEREAL

THE COOK'S CORNER

Mustard Pickle

1 quart small onions

1 quart chopped onions

1 quart gherkins

1 quart large cucumbers chopped

1 cauliflower broken in small pieces

1 quart chopped celery

2 quarts vinegar

3 cups brown sugar

2-3 cup flour

3-4 cup mustard

1-2 oz. turmeric

1-2 oz. celery seed

1-2 oz. mustard seed

3 cups sugar

1-2 teaspoon white pepper

Mix vegetables with 1 cup salt and 3 cups boiling water. Let stand overnight. Drain well. Add vinegar, pepper, celery seed, and mustard seed. Cook 10 minutes. Make a paste of flour, turmeric, mustard, and sugar with cold water. Stir very slowly into vegetable mixture. Cook 5 minutes. Seal in sterilized bottles.

Lightning rods are said to have an efficiency of 97 per cent when properly installed.

Needlecraft—For The Home

Plaid Gingham is a smart choice for this youthful frock. The neatly fitted bodice tops a full skirt with front fullness. Buttons down the back to the waist give this dress a little girl look and are as smart as can be this season. Bright, decorative outlines the interesting front panel if you like and a sash tied in a perky bow adds that dash we like in our crisp cotton frocks. For dress-up occasions make your dress of solid color cotton and trim it with frothy white ruffles.

Style No. 3008 is designed for sizes 12, 14, 16, 18 and 20 years. Size 16 requires 3 yards of 36-inch fabric with 2 3/4 yards of ric-rac or ruffling.

Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

Bronze is a mixture of copper and tin.

FOR WOMEN ONLY!

If fidgety nerves, restless nights and other distress from female functional disorders keep you from enjoying life—take Lydia E. Pinkham's Vegetable Compound—well known for over 60 years in helping weak, nervous women during "difficult" days. Made in Canada.

3008

SIZES 12-20