

Woman's Realm / Social and Personal / Fashions / Literature

Lenten Meditations

O God, who of Thy love and Thy didst send us Jesus Christ for the illumination of our darkness...

Jesus Christ said, When ye stand praying, forgive, if ye have anything against any.

O God, give me grace now to do so.

Jesus Christ said, It is more blessed to give than to receive.

O God, give me grace that I may get, but not of what I can give.

Jesus Christ said, When thou doest alms, let not thy left hand know what thy right hand doeth.

O God, grant that what I give may be given without self-congratulation, and without thought of praise or reward.

Jesus Christ said, Enter ye in at the narrow door.

O God, give me grace this day to keep to the narrow path of duty and honourable dealing.

Jesus Christ said, Judge not.

O God, give me grace this day first to cast out the beam out of my own eye, before I regard the mote that is in my brother's eye.

Jesus Christ said, What is a man profited, if he shall gain the whole world, and lose his own soul?

O God, give me grace so to live this day that, whatever else I lose, I may not lose my soul.

Jesus Christ said, after this manner, therefore pray ye (and so, O Lord, I pray): Our Father which art in heaven, Hallowed be Thy name. Thy kingdom come. Thy will be done in earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, the power, and the glory, for ever. Amen—John Ballie D. D.

O God, the Father of all mankind, I would bring before Thee the burden of the world's scattered company of those who, in every corner of every land, are now crying out to Thee in their need.

Hear us, O God, and look in pity upon our manifold necessities, since Thou alone art able to satisfy all our desire.

Especially do I commend to Thy holy keeping:

All who are in the danger zone of war;

All who to-night are far from home and friends;

All who to-night must lie down hungry or distressed;

All who suffer pain;

All who are kept awake by anxiety or suspense;

All who are facing danger by land, sea or air;

All who must toil or keep watch with others asleep;

Give, O God, to them all, I pray, such a sense of Thy presence with them as may turn their loneliness into comfort and their troubles into peace.

O most loving God, who in the Person of the Son Jesus Christ didst manifest the love to man by relieving all manner of suffering and healing all manner of disease; grant Thy blessing, I pray, to all who in any corner of the world are serving in Christ's name:

All soldiers, sailors and airmen who are offering their lives a living sacrifice for us and all mankind;

All ministers of the gospel of Christ;

All social workers;

All missionary workers abroad;

All doctors and nurses who faithfully tend the sick and wounded, accomplishing through them Thy great purpose of goodwill to men, and grant them in their own hearts the joy of Christ's most real presence.

And to me also, as I lie down, grant, O gracious Father, the joy of a life surrendered to Christ's service and the peace of sin forgiven through the power of His Cross. Amen. John Ballie, D.D.

The highway from Santa Fe to Taos in New Mexico has been named for Kit Carson, famous Indian scout.

Use Miltard's for dandruff.

MAKING A QUILT TO USE UP YOUR SCRAPS

DESIGN NO. 499

Toddling Susie is a grand motif for applique quilt blocks. Excellent means of using scrap material as she is equally effective worked out in plain or print materials. Pattern No. 499 contains list of materials needed, illustrations of the design and complete instructions for making the quilt.

To order pattern: Write or send about picture with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department Design No. 499

NAME

STREET ADDRESS

CITY

PROVINCE

Amateur Glamour Girl

(By JOSEPH CHADWICK)

CHAPTER XVI

That afternoon, Tonia and Sally went to the beach. There they ran into Jim Kirby. It was obvious to Tonia that he had come seeking them.

He sat down with them on the sand, lighted a cigarette, and looked from one girl to the other with amused eyes.

"Which," he asked, "is Tonia this afternoon?"

"She," said Tonia, lying back and holding her arms under her head. Jim turned to Sally. "Can't you get away from your secretary? You know that gag about three being a crowd."

"A crank, eh?" Jim looked concerned. "How did he get wise that you are really Tonia Lane?"

"He didn't get wise. As briefly as possible, Tonia explained. Jim listened intently, puffing nervously on his cigarette.

"This isn't anything to laugh about," he said. "Tonia, you've got to do this far. If anything should happen to you—"

"Sure—I know. It would cost the studio a million dollars."

"Not only that, but I'd lose a perfectly good job."

"The perfect suture!" Tonia exclaimed. "He worries about money and a job—but not about the girl. Merely the selfish brutes!"

"I know. I've had some experience," said Sally.

Jim ignored their banter. "Sally, do you now any reason why this Donovan would want a favor of you?"

"I've never seen the man."

Jim frowned. "I can't understand why he would seek out the owner of a car he had stolen."

"Maybe he left something in the car and brought it back to me," Sally suggested.

Tonia shook her head. "No, it couldn't be that. The police would have found anything like that. The trooper who returned the car didn't mention anything."

They were silent a moment. Tonia lay relaxed. Jim looked worried. Sally sat hugging her knees.

"I've got it," Sally said suddenly. "Donovan returned to the scene of his crimes—like criminals do in detective novels. He saw Tonia with Michael Shane last night, then saw her again today when she drove up for her. The favor he wanted her to do for him must have something to do with Michael."

"What, for instance?" asked Jim. "Michael is a designer at the airplane factory. Perhaps Donovan, a spy and saboteur, wants Tonia to gain Michael's confidence and pry some secret out of him."

Tonia sat up, showing interest. "Maybe you're right! That makes sense, anyway."

She saw Jim Kirby's quick glance. That's he got to his feet, started away.

"Where are you going, Jim?" she called after him.

"To a telephone. I'm going to hire a private detective to keep an eye on you."

HOW TO OPEN NOSE THAT CLOSES UP AT NIGHT

Put 3-purpose Va-tro-nol up each nostril... (1) It stimulates swollen membrane... (2) It soothes irritation... (3) It helps flush nasal passages, clearing mucus, relieving transient congestion.

VICKS VA-TRO-NOL

Use Vicks' for dandruff.

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READY FOR MORE

Nursing Sister Sheila Maureen Dwyer is back in Canada wearing the air force gray uniform of the American hospital in Britain, with which she has served the last three months in England.

She hopes they will give her leave to go back and do what I can for those courageous people."

guard over you!"

As he started off, Tonia lay back. "Big brother, Jim," she said.

"He's in one with you, Tony," said Sally. "Why don't you marry him?"

"He's not in love with me. He's got a chunk of ice for a heart. I won't marry him for a lot of reasons."

"Is one of them David Warren?" "David," said Tonia, "is nothing more than a memory now."

"You got over him quickly." "Didn't I though? Maybe I have a reason."

Sally's eyes narrowed. "I can guess that reason."

"Go ahead, darling."

"It's Michael Shane."

"Maybe it is," Tonia said lazily. "I like him a lot."

"I like him a lot," Tonia said lazily. "I like him a lot."

"I guess you can get him if you want him," she said, with a trace of bitterness. "Once he knows you're ready in love with you when he sees you as Tonia Lane."

Tonia said nothing to that. She remembered what Michael had told her about hating glamour girls. If that was the case, he might fall in love with her because she was different from the glamour girl who had hurt him, but he would fall right out of love again if she told him who she really was.

Sally continued. "If he likes you posing as a wallflower, he'll be ready in love with you when he sees you as Tonia Lane."

"Don't you think a man could fall in love with me behind a pair of glasses and wearing ridiculous clothes?"

"My clothes aren't ridiculous—they're sensible!" Sally flared. Then, she sighed. "Oh no, they're not. They're hopeless. I know that now. And you're wrong, Tony. If you think Michael or any other man will fall in love with you while you're disguised as me."

"I'll make a bet with you, Sally." "What sort of a bet?"

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Dorothy Dix Says—

DIVORCEE SHOULD NEVER BE BURDEN ON PARENTS

When Married Ties Are Broken, Woman Should Immediately Find Some Self-Supporting Employment

Dear Miss Dix—I am a divorcee, 28 years old, with a child 2 1/2 years old and I am living with my parents. My father makes a fair salary, but with my baby and me to support, he and mother have to do without many things they could have if we were not here.

I have had business training and experience, and I am anxious to go to a nearby city and get a job so I can be independent. My mother opposes this. She thinks I should stay at home with her and be happy about it. But I am not satisfied just sitting at home waiting for some man to come along and marry me. What is your advice? M. K. H.

ANSWER—I have often marveled at the sublime selfishness of women who dumped themselves and their children back on their poor old parents to be supported when they happened to lose their taste for their husbands, or when they were just mere ordinary mortals instead of romantic heroes. Yet we see that done continually.

We see Father's tired old back getting a little more bent every day under the burden of taking care of Mary and feeding and clothing and educating her brood. We see rheumatic old Mother turned into a nursemaid and huddling painfully around after a 2-year-old child. And we think it would have been just as well for Mary to have stood up and told her, or one who was grumpy, parents suffer for her matrimonial mistake.

So I am glad to hear of at least one divorcee who has enough backbone to run the house without having to depend on scrimp and stretch and pull every dollar in order to get herself a permanent wage, while you make out a check to the father of her child. There is every reason why you should do it and do it at once, because at 28 time sets to flying by very fast. Before you know it you will be in the middle-aged woman class, and they find it much harder to get a position in an office than young girls do. So hurry up.

Do you accuse your wife of trying to send you to the poorhouse every time she asks for an extra dollar for herself, but cheerfully give \$5 to any deadbeat old friend who asks you for it?

Answer these questions please, gentlemen. There are so many wives who would like to know why their husbands do the way they do, that I will give you the answer.

ANSWER—Information please, husbands. Don't all answer at once. The line forms on the left.

THERE ARE WAYS TO GET YOUR MAN

Dear Miss Dix—I met a man who lived in the same apartment house that I did, and at first sight I was attracted to him. He was exactly what I wanted in a husband.

I saw right away that ordinary methods were not going to attract him to me because he had a cynical prejudice against the modern young woman. So I set to work to emphasize the qualities in women that he admired—modesty, charm, old-fashioned virtue, developed my sense of humor—and then shut my eyes tight and prayed to God to please help me get my man. And I got him. Don't tell me a woman has to sit meekly on the sidelines and wait until some man takes pity on her and asks her to marry him. She can go out and get him I know. R. E. F.

ANSWER—Perhaps your tactics were successful because men are attracted to the ideal of the old-fashioned girl, and because modesty and sweetness and gentleness in a girl have become so rare they are as precious as dash and daring were at first.

Perhaps men are getting tired of women in skirts and high-heeled shoes, and are turning back to the eternal feminine.

After all, the thing that attracts men to women is their being women, not imitation men.

The first portable typewriter in the United States was patented by George C. Shickler in 1892.

to the fast-turning wheel. Don't waste time with idlers, show them a good example—that time is too valuable.

OCTOBER 24 to NOVEMBER 22 (Scorpio)—We surely hope you are in the top shape this energetic opportunity period. There is ample reward for earnest endeavor. Keep your eyes open for new advantages—they'll appear in surprising forms and at unexpected times; be quick to recognize them.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—Transportation; making exchanges of value to both sides; conferences to better conditions; cooperation of different types of people and their various talents and experience, and working overtime to further future security are today's big favorites.

DECEMBER 23 to JANUARY 21 (Capricorn)—Ever hear that "all work and no play makes Jack a dull boy"? A mind and body that is refreshed occasionally by healthy exercise, possibly a change of scenery and certainly indulgence of good reading and other mental diversion is better equipped for work.

JANUARY 22 to FEBRUARY 20 (Aquarius)—Discouragement may pop its ugly head this otherwise splendid day. Don't heed it's wiles, be your own buoyant, confident self and your efforts will be rewarded.

FEBRUARY 21 to MARCH 20 (Pisces)—Make every minute count this fine day. Business, private matters, sports, travel, entertainment, sensible amusement and other healthy activities are on the long sponsored list. Pleasant news.

A CHILD BORN ON THIS DAY Vivacious, keen, able and generally efficient. Will like a little praise. Can become a good manager of others' affairs (although slightly on the dictatorial side) yet not always wise handling its own interests. Needs the humility instilled by religion.

MARCH 21 to APRIL 20 (Aries)—Favorable star vibrations to give you a stimulating seed-of-idea for the new week's work and important activities. And that means "IMPORTANT" activities. Nonessential matters and anything that is merely a time-waster, no matter how pleasant, is taboo.

APRIL 21 to MAY 20 (Taurus)—Attend to all necessary affairs before turning to personal matters, except where those personal items also are urgencies. Good period for starting new undertakings, handling industrial, manufacturing and money interests.

MAY 21 to JUNE 21 (Gemini)—Excellent head and business indications today, your stars say. Review with associates and superiors the needs of the day and week. Opportunity for advancing some new, valuable idea or plan.

JUNE 22 to JULY 21 (Cancer)—Favorable whole, but you'll have to go more than half way to meet success. Obstacles you find won't be so hard to surmount if you have faith, determination and use your sense of humor.

JULY 22 to AUGUST 21 (Leo)—Industrial, general business, legal, judicial, government and civic matters are especially in the limelight and ask attention. They offer unusual benefits. Financial interests rate high for you who have them on your "must" list.

AUGUST 22 to SEPTEMBER 21 (Virgo)—Through your managerial ability and through good will associations in your work or other activities you can accomplish much. NOW is the time, not later, to progress.

SEPTEMBER 22 to OCTOBER 21 (Libra)—Small but big business is on the favored list for gains of out of the ordinary nature. If you put your clever head and able shoulders



THE COOK'S CORNER

SAVORY POT ROAST.

Three and one-half pounds pot roast, 1 tablespoon beef dripping, 4 tablespoons flour, 2 teaspoons salt, 1-4 teaspoon pepper, 3 large cooking onions, 1 cup diced celery, 6 medium-sized carrots, 6 fairly large potatoes, 1 pint boiling water. Seal pot roast in hot skillet with the beef dripping, then when well-seared pour off all but one tablespoon of fat. Stir in the flour and seasonings, and blend, then add water, stirring constantly. Quarter the peeled onions, peel potatoes and carrots, and arrange with diced celery, around the meat. Pour liquid over all, and cover closely. Bake in one-half hours, or until quite tender. A little more water may be needed. Serve on hot platter, surrounded by vegetables and gravy. Green pepper may be shredded, and used also, if desired.

TURKEY BREAD

Wild turkeys were sought for bread as well as meat by the pioneers of old Kentucky. Dry breast of turkey often was used as bread because wild turkeys were so plentiful and bread so scarce, due to the land being cleared and planted.

TELLING THEIR AGES

The approximate age of a horse can be told by its teeth; a tree by its ring growth; seen in cross section; and a salmon by the annual growth rings on its scales.

CHOCOLATE DROP COOKIES

Quarter cup butter, 3-4 cup brown sugar, 1 egg beaten, 1-2 cup squares chocolate, 3 tablespoons water, 1-4 cup sour milk or buttermilk, 1 cup bran, 1 cup flour, 1 teaspoon baking powder, 1-4 teaspoon soda, 1-4 teaspoon salt, 1-2 cup chopped nuts.

Cream butter and sugar, add egg, melted chocolate, and water; beat well. Add sour milk and bran. Stir flour with baking powder, soda and salt, and add to first mixture with nut meats. Drop from teaspoon on greased baking sheet. Bake in a moderate oven 375 degrees, for 15 minutes. This makes 1-2 dozen cookies, 2 inches in diameter.

CREAMED SLAW

1 small head cabbage, 3 tablespoons sugar, 1 cup sweet cream, 1-2 cup mild vinegar, Salt to taste.

Method: Shred a small head of cabbage finely. Cut thoroughly. Add the sugar to the sweet cream and stir well, now add the mild vinegar and combine with the cabbage immediately. Season with salt to taste. Serve garnished with tomato slices or sections.

New Fashion Art Course Step to a Paying Career

Study Art in Home Lessons

Two girls! One is a well-paid fashion artist. The other, "seeing no way" to develop her own talent for art, tries to resign herself to a dull future.

But there is a way by which the amateur with no opportunity for training can learn to draw. You can study at home.

Charts and instructions show you how to produce the well-proportioned, glamorous figures used by department stores and publications.

Instead of attempting to draw figures detail by detail you follow the simple block-in method of professional artists.

A first step is to make a long vertical line for the body. Then you get the pose of the figure by drawing horizontal lines for shoulders and bust, for waist and hips when hips or shoulders of each pair of lines will slant in different directions as in our diagram.

Proportions for face and figure are determined by simple rules, then you progress to details.

Our new 24-page home course gives step-by-step instruction, with 158 illustrations and diagrams, in drawing the fashion figure. Tells how to draw fabrics, fur; explains pen and wash, perspective, foreshortening.

Send 20c in coins for your copy of Fashion Drawing Made Easy to The Guardian Home Service. Be sure to write plainly your Name, Address and title Name of booklet.

Name

Street Address

City

Province

CLEANING BRASS

Brass can be cleaned with a paste made of equal parts of salt and flour moistened with vinegar. Apply the paste and, after 30 minutes, wash in warm soapy water and polish with a soft, clean cloth.

Living & Leisure - The Woman's Realm

THANK GOD Thank God for a dry roof over our head. When we lay us down; for a good clean bed; For raiment to wear and food to eat. All under a flag that knows not defeat.

What more could we ask in these days of stress? God's mercy grant we never have less. For all these mercies we thank Thee again. And ask Thy blessing upon us, Amen.—Amon.

CELLAR STAIRS DESERVE ADDED CONSIDERATION Cellar stairs deserve more consideration than they have been receiving. Although cellar stairs bear more heavy loads than other stairs in the house, they are frequently constructed in a careless manner.

While cellar stairs need not be finished as well as the main stairs, they should be given as much consideration insofar as safety and use are concerned.

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WAX FOR WALLPAPER A transparent wax, just introduced, forms a protective, water-resisting finish that makes wall-papers more serviceable. It is said to be especially valuable for use on papers in bathrooms, playrooms, nurseries, halls and children's rooms—wherever steam, fingerprints or smudge would ordinarily take their toll. This durable wax

CURIOSITY AND THE CHILD At no stage in life is "environment" so important as it is at four, five or six.

Most of this built-in furniture is of unstained and unpainted wood, and therefore offers a wonderful opportunity to the decorator to make it completely harmonious with the color scheme of the room.

Often it is painted in light colors to match the woodwork in the ivory tints that are so popular today. With this treatment, the light light greys, creams, off-whites and shade of paint and the plain, simple lines of the furniture make a perfect foil for a burst of deeper color in the walls.

However, the furniture is built fairly high up on the walls so it can be painted in the same color as that used for them, but a different paint finish to that used on the walls will give a very interesting and subtle contrasting effect.

Enameloid is an excellent finish for this type of furniture and is available in a wide assortment of colors. A particularly lovely color scheme seen recently showed a built-in window seat, painted in a deep plum color, with upholstered cushions to match against a wall of soft, blue-grey. The woodwork was also painted in plum. A greyed-down aqua tint is equally lovely with plum.

During this era, all children increase in curiosity. They want to know and should be told, as much as patience will stand for wisdom permits.

They want to know, for instance about their own beginnings and why they are here. Tell them. Omit details at this tender age, but explain that birds, animals and babies are cherished in the mother's body until the baby is able to come out into the world and do the rest of his growing.

Children want truth. We should take them seriously and give their truth, as nearly as possible, always without shattering their right to believe in beauty. Ideals in people are as precious as truth and need to be preserved.