

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

The angels, from their thrones on high, Look down on us with wondering eye, That where we are but passing guests, We build such strong and solid nests; But where we hope to stay for aye, We scarce take pains one stone to lay.

—Old English Description on Bishop's Palace.

END OF ROYAL COACH

Sir Garrard Tyrwhitt-Drake has sent to an English zoo the three surviving white horses, known as Royal Creams or Windsor Greys, as motive power for the Royal coach. The animals have been pasture-fed for months and are somewhat thin. As the London Times pointed out editorially, they hardly give zoo visitors an adequate idea of the eight plump stallions which on state occasions appeared in the streets of London with the Royal coach. Sir Garrard writes that the decision to give up these living emblems of the Royal house was not surprising when one considers the expense of maintaining them.

Meat rubbed well with vinegar before cooking is much less likely to be tough.

When making muffins in iron pans, grease the pans and heat them in the oven before putting the batter in. Your muffins then will be much lighter.

TARTANS ARE CENTURIES OLD

Tartan is a word of uncertain origin which referred originally to a kind of Scotch woolen cloth woven in plaid design, the patterns and colors varying for each Highland clan and established long ago. Only members of the clan, related to the chief by blood, can wear the tartan of the clan. Some clans have several tartans, for different occasions—one for mourning, for dress, for hunting and so on. The tartans were used in the shawl and in the kilts of the costume.

The word today is used loosely to refer to those plaids which in general are Scotch in inspiration and coloring. It is applied interchangeably with the word "clan" characteristically with the word "plaid" and refers to any fabric in this design, woven or printed, whether it be wool, cotton or silk.

Tartans have been made for centuries. In the Hebrides they were made before the middle of the 15th Century.

The Scotch favor blue red, green yellow, black and brown and mixtures of these in their tartans, and use native vegetable dyes to obtain the rich hues. The red and green combination has long been a favorite.

HOW TO TAKE OFF MASKING TAPE RESIDUE

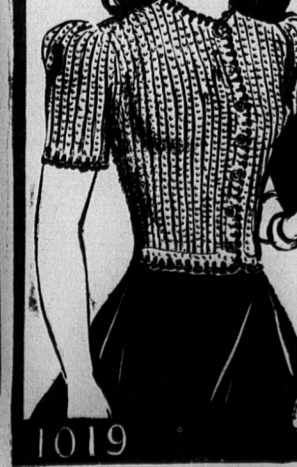
Upon removing masking tape which is frequently used when painting stripes or borders, the adhesive occasionally sticks to the surface.

This can be taken off without marring the finish by using a fresh piece of masking tape and rubbing it across the adhered pieces. The adhesive will stick to the fresh tape and come off easily.

ABOUT BRUSHES

Stripping pencils, lettering brushes and touch-up brushes that have been standing in paint cans for some time and are bent can be straightened by dipping them in machine oil. Then heat a piece of metal—the top of a paint can is suggested—with a small flame.

KNITTED SWEATER AND SOCKS



1019
DESIGN NO. 1019
The knitted sweater is made very quickly on large needles for sizes 34 to 42. The new length socks require very little time to knit. Pattern No. 1019 contains complete instructions for making both sweater and socks.

To order pattern: write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Charlottetown, P.E.I.

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Lay the brush flat on the heated metal. When it gets so warm that the oil in the brush begins to sizzle, shape it with a piece of wood or cardboard until the brush regains its original shape. Keep the brush well oiled so as not to burn the hairs.

LIMED OAK EFFECT

To secure the popular new limed oak effect stir one pound of unslaked lime into two quarts of water. Rub the lime on across the grain of the wood. When partially dry, wipe off across the grain to remove the excess lime. Seal with two thin coats of white shellac and finish with a thin coating of paraffin wax.

WARM AIR REGISTERS NEED TO BE CLEAN

Cleanliness of the registers of the warm air heating system is important both to allow a free flow of air and keep dirt out of the house.

They can be cleaned easily with a damp cloth. Heating technicians explain that cold air outlets of a furnace system are just as important as warm air outlets, and they should not be obstructed.

VITAMIN A HELPS PREVENT NIGHT BLINDNESS

Carrots and spinach have acquired war-time importance with the arrival of blackouts. A well-known oculist says the high vitamin A content of these vegetables help prevent night blindness.

CENTRE OF HOUSE PLACE FOR FURNACE

Although the modern basement is used as a party room and laundry the primary concern in building a basement of a furnace-heated house should be the proper location and installation of the heating plant.

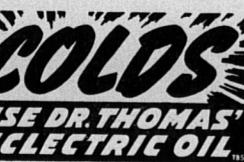
One of the greatest causes of faulty heating of some rooms of the house is the placing of the furnace away from the centre of the house. Since warm air follows the path of least resistance as it rises from the furnace it will rush through the short ducts with plenty of slope, while the very little heat will ever reach those rooms which have long lever pipes.

GET YOUR VITAMINS

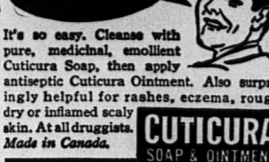
Molasses, peanuts and pork sound like a funny combination of foods but experts on the Canadian Council of Nutrition state that they are among the best sources of vitamin B1, along with liver, dried peas and beans. All the B vitamins, known as the B complex, are found in potatoes, cereals and milk.

In the diet survey made in 1939 and 1940, it was indicated that the most common deficiencies in the Canadian diet were: First, the B vitamins, then in order, vitamin C, calcium, iron and vitamin A.

According to nutritionists, the second most important diet deficiency, vitamin C can be made up by including in the diet: tomatoes, either fresh or canned, potatoes, turnips and fresh, leafy vegetables. Although citrus fruits, oranges, grapefruit, etc., are a fine source of vitamin C, it is recognized that their use in any quantity is not possible for many housewives who have little money to spend.



Here's how I helped clear up BLACKHEADS and PIMPLES



It's so easy. Cleanse with pure, medicinal, emollient Cuticura Soap, then apply antiseptic Cuticura Ointment. Also surprisingly helpful for rashes, eczema, rough, dry or inflamed scalp skin. At all drug stores. Made in Canada.

Happy Landing

BY BASIL HAYE

CHAPTER III

"DO YOU KNOW THE YOUNG LADY?"

"Staying here long?" The words re-echoed in Bond's ears. It sounded such an inconsequential enquiry, put by Lethbridge in a tone of slightly bored politeness that it scarcely seemed worth answering.

"Any reason why I shouldn't?" "Oh, lord, no," Lethbridge looked awkward for an instant. But he had that audacious and self-satisfied manner which came from a sense of indifference and superiority. He laughed.

"One naturally wonders if the returned prodigal is in a mood to settle."

"Oh that's definitely Mr. Bond's idea," intervened Delma. "He's just been turning down my offer to buy Sunningholme, and even refused to extend the lease—to me."

Bond who had been standing there, listening without interest, had noticed that Lethbridge was not alone. A young man and an attractive girl, whom Delma had mentioned in a previous conversation, had followed him and were now standing by the door.

"Hullo, Anna," he greeted the girl, as if surprised, and there was a faint smile on his face as he looked at her. "Nice to find you in London! And—your father, I presume?"

"What is to happen now?" she asked, and her voice—like her eyes—expressed uncertainty. Are you these are friends of yours?"

"If I may be excused?" he suggested, reading anxiety behind the questions, and something of panic flashed in her eyes as she managed to screen the last.

"It's been delightful to have you to lunch with me, tried to reassure her by indicating his purpose of an awkward situation. "Now would you mind if our mutual friend, Lethbridge, took over from me?"

"Oh, that's quite all right, Bond, if you're otherwise engaged?" Lethbridge intervened on behalf of Delma.

Lethbridge guessed nothing of the drama taking place before his very eyes. Gregorescu was equally as ignorant.

"You are actually a friend of—that charming young lady?" he inquired as they moved towards the swing-doors of the restaurant, to make the street.

"She happens to be renting a little place of mine in the country, which constitutes friendship," Bond replied diplomatically.

"SHADOWED?"

"In your English way, she is very lovely," Anna, changing the subject abruptly as they came out into the sunshine and the roar of London's traffic.

"Why are you here in London?" she asked. "I thought—you said you left us a fortnight ago—you said you were going to Moscow for some months?"

"There were reasons, my dear little Anna, why the plan was altered."

"But—London?" she insisted, after a guarded glance around her. "I thought you were never coming back here—that it was too dangerous for you?"

"Don't you interfere Anna, where it isn't your business to know too much about my affairs. I'll tell you one of his deep chuckles and nudged Bond's arm. "Where are you going now, my friend? Can we go and look in for a few days at the hotel where Anna and I are staying?"

"Not very advisable, Gregorescu. Better, for obvious reasons, to be discreet. This evening, if you fix a time, I might drop in casually."

"Good! We shall say at eight o'clock! At the Washington. We have the suite No. 17. It is on the first floor, so you can come up by the stairs without asking for us."

"I will, meantime."

Bond offered his hand to Anna, whose dark eyes held a disconcerting eloquence, which she met with a bold admiration, vividly if wordlessly expressed.

More than once, smiling grimly as he walked along the street, Bond felt like turning suddenly in his tracks to inquire of the mild-looking sandy-haired clergyman if he could save him further following by telling him where he was going. But, seeing no reason why he should give ecclesiastical consolation, he merely satisfied his own impatience, and spelt all the good work supposed a clergyman had been putting in, by suddenly halting a crawling taxi.

Dorothy Dix Says—

MAKING A HOME AND KEEPING HUSBAND HAPPY WIFE'S BUSINESS

Women Who Are Temperamental, Have Careers Or Hate Domesticity Should Not Marry

The other day I discussed in this column various types of men who should not marry because they are temperamentally unfit for matrimony and are not only unhappy themselves in the so-called holy estate, but wreck the lives of the unfortunate women they wed. Many women are in the same category. They may be beautiful, intelligent and possessed of all the major and minor virtues, but matrimony is not their dish. They have no gift for wifehood. They never learn the trick of managing a husband and making him like it, and their marriages are long drawn-out endurance tests, or quick short trips to Reno. Among the women who should never marry are the career women. Most of them do, of course, and most are as cruel to themselves as they have had husbands, for the perfectly logical reason that feminine careers and matrimony do not mix. Each is a separate job that takes all of the brains and heart interest and energy and strength that any woman possesses, and when she tries to super-impose one on top of the other, she makes a mess of both. Of course, it seems a cruel thing to say that a woman who has spent thousands of dollars and years of hard work preparing herself for her profession, should not be able to go on with it after marriage, as a man does with his, but few have ever done it successfully.

Making a home and keeping her husband eating out of her hand is a wife's business, and she cannot do it if she is careering around the country lecturing, or giving concerts, or off to Squeakunk to bid on a contract, or telephoning and keep dinner waiting because she is entertaining a buyer from Oshkosh.

Nor does it make for peace and happiness in the home for the wife to earn more money or be more prominent in any way than the husband. No man resents any insult as fiercely as he does being called Mr. Mary Jones, and you will find that when the gray mare is the better nag that her teammate generally jumps the tracks.

The sentimentalist should never marry. Marriage is always a failure to her because she demands the impossible of it. She expects it to be a perpetual party in which everything will always be romantic and roses and her husband will spend his time making passionate love to her. She expects a life in which there will be no work, no worry, no cooking dinners, nor dirty dishes in the sink, and where her children will be miraculously born with golden curls tied with blue ribbon and wearing embroidered white dresses.

And when she finds out that that life is a life sentence at hard labour, with more bills than thrills in it, and that her good, practical, kind husband has to keep her during courtship and thereafter sits it with beefsteaks instead of flowers, why, she simply can't take it. She develops a heart-hungry complex that keeps her weeping over her pitiful, being-starved-for-affection condition, and that makes her bewildered husband wonder what ails her.

SENSE OF HUMOR IMPARTS No woman who lacks a sense of humor should ever marry, for marriage is full of such a lot of things over which one must either laugh or cry and only those who can see the funny side of family life get any fun out of it.

Nerve enough to help yourself pretty freely to my cigars!" "Which I might have guessed you'd be bound to notice, sir!" The other hastened to explain: "I didn't actual-like pinch them. They were given away, sir, in a good cause, namely to the boss of the King Charles Head."

"And why should my choice and expensive cigars be given to a public house?" "It was done, by the way of bribery and corruption, so—be being fond of a good smoke—I could persuade him to try and find out for me about them there bearded foreigners what's been handling around here your knowledge, and being most wise in there of nights, having drinks."

"I see... It sounds a good enough excuse, Welsh, and I'm quite ready to believe it, though I have noticed for some time—since I traced you and took you back with me, in fact—that more smokes and drinks disappear in this flat than I could have consumed myself."

"Begging your pardon, sir, but—finding fault. You can help yourself to a drink now, and a cigar as well if you like. There's something I want to say to you."

He moved over to the nearest of the windows, looking down into as much of the little quiet street below which the awning allowed him to see. He observed that the only person in it at the moment was a bearded man. He was sauntering along in apparent unconcern, although there was strangeness in the intensity with which now and again he glanced up at the awning behind which Bond was watching him.

Bond turned back to the room, where the man-servant had by now poured himself out a glass of bottled beer which he raised rather nervously as his master faced him again.

"Here's the best you wish yourself, sir, and the used to say in the old days—happy landing, sir!" "That toast, Welsh, is quite out of place here!" Bond responded rather sharply. "I'd forget it, if it were you. Between you and me anyhow. The old days are gone for ever."

(To be Continued)

FOR ALL YOUR SWEETENING

Wherever sweetening is necessary, you can use BEMA Molasses to advantage. In baking cakes, cookies, pies or puddings—as a sweetener on cereals or even in tea or coffee—for spreading on bread, pancakes, or waffles—BEMA is simply ideal.

That is because it is the pure juice of the sugar cane—put up in original containers with all its natural goodness intact.

Its rich iron content, too, makes a valuable addition to the daily menu.



The Cup You Can't Forget!

Schwartz Vacu-Pack Coffee is the crowning achievement of Canada's Oldest Coffee House—the culmination of a century of blending and roasting fine coffees.

If you haven't tried Schwartz Coffee yet, you are missing a new taste thrill offered you by this very old firm. Buy a tin. Make it according to directions. Then enjoy its rich, mellow, satisfying flavour. At long last you have the perfect cup of coffee—"the cup you can't forget!"



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Canada's Oldest Coffee and Spice House
HALIFAX, NOVA SCOTIA

A CENTURY OF PROGRESS

1841 1941

of it, or are agreeable to live with. It is the wife who can nail on her face the smile that won't come off when poverty and sickness come in at the door, who braces her husband up to do the very best that is in him.

It is the wife who finds something amusing and tender and lovable in her husband's little peculiarities, and who makes a good story out of the time when he came home lit from his class reunion, who stands the wear and tear of marriage without breaking under it, and who bitches her husband and children to her with hoops of steel.

The woman who feels that she is called upon to reform the world should take it out on the world instead of inflicting it on some poor defenseless man who didn't know that he needed to be made over until his wife undertook the job.

The monopolistic woman who feels that she acquired a title to her husband, body and soul, along with her wedding ring, and that he has no right to have any affections or interests outside of her should never marry, because she makes a home that is a jail and neither her husband or her children ever love their jailer.

Nor should the undomestic woman ever marry, because making a comfortable home is either a bit of Heaven or a taste of the other place to the woman, according to whether she is allergic to pots and pans and the cook book or not.

So there we are, and before a girl says, "Yes" when the Boy friend pops the question she does well to examine herself and decide how she is going to fit into the matrimonial picture.

Dear Miss Dix—My husband has just bought me an expensive pair of earrings and says that is all I need to make me look like the wife he really wants. To wear them I will have to have my ears pierced and I have told him that I will not do this, but he insists upon it. Should I do so to please him? MRS. E. S. H.

ANSWER—Yes, but it is not necessary to have your ears pierced nowadays in order to wear earrings. The jewellers will put a little gag on that will hold them in place.

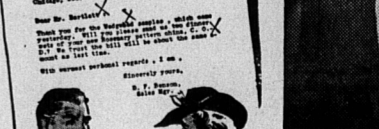
THE COOK'S CORNER

MACARONI AND CHEESE SOUFFLE

- 1 cup uncooked macaroni
- 2 quarts boiling water
- 2 teaspoons salt
- 1 1/2 cups scalded milk
- 1 cup soft crumbs
- 4 tablespoons butter
- 4 tablespoons chopped green onions
- 1-2 teaspoons salt
- 1 cup grated cheese
- 3 eggs separated

Method: Cook the macaroni in

Efficient Typing Studied at Home



Poor Typing Business Handicap You can't hide poor typing in business! Your mistakes tell everyone you're not trained, you haven't learned the touch system.

As you learn it at home—why handicap yourself? With a learner's keyboard chart and a few simple instructions, it doesn't take long to be a good touch typist.

Tested by an employer on business-letter rules you'd have them down pat! No abbreviations, except "Mr." You'd spell out "President," "Street," "Company," "Illinois."

Where an abbreviation is allowed, like "C.O.D.," you wouldn't divide it at the end of a line or put spaces between letters and periods. Nor would you divide a word like "amount"; one-letter syllables look odd.

You'd avoid amateurish mistakes—such as spacing before commas and colons! If you did make an error, you wouldn't type over it. You'd erase it neatly first.

Our 32-page booklet shows how to touch-type according to modern business requirements and is helpful as a foundation for a business college course. Has learner's keyboard chart, exercises and speed drills; rules for typing business, social letters.

Send 20c in coins for your copy of "Teach Yourself Touch Typing" by The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

A Morning Smile

"I want to buy a petticoat." "Certainly, madam; fancy dress and period costumes on the third floor."

"So your grandfather is a sure-enough old-timer?" "Yeah. He says he can remember when baking powder outsold face powder!"

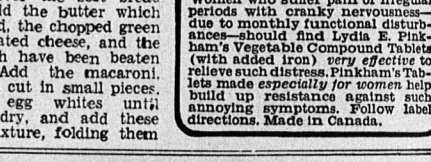
in gently. Turn the mixture into a buttered baking dish, set in a pan of hot water and bake in a moderate oven (350 deg. F.) for about 35 minutes or longer. Cover the pan for the first half of the baking to prevent browning too rapidly. This may be served with or without a sauce, and is nice accompanied with a crisp salad.

STRONG ON VOWELS

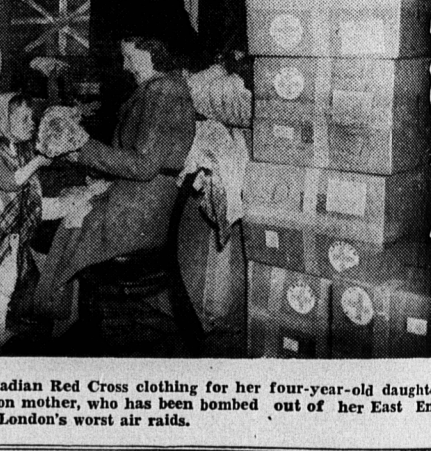
Every Japanese word ends in either a vowel or the letter n

Relieves MONTHLY FEMALE PAIN

Women who suffer pain of irregular periods with crampy nervousness—due to monthly functional disturbances—should find Lydia E. Pinkham's Vegetable Compound Tablets (with added iron) very effective to relieve such distress. Pinkham's Tablets made especially for women help to build up resistance against such annoying symptoms. Follow label directions. Made in Canada.



Brand new Canadian Red Cross clothing for her four-year-old daughter delights a London mother, who has been bombed out of her East End home in one of London's worst air raids.



Needlecraft For The Home

We have it on good authority that lots of you school and college girls are just learning to sew. You want to begin with something smart, of course, but you want it to be simple, too. Well, we've designed this pattern just for you. It will take hardly any time to put together, the instructions are few and easy to follow and the actual sewing involved is practically child's play. The finished product, a sleek princess jumper, will be something even an accomplished dressmaker would be proud of. Send for it and see!

Style No. 3201 is designed for sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 1 7/8 yards of 84-inch fabric for jumper; 2 1/8 yards of 38-inch fabric for blouse.

Send twenty cents (20c) coin preferred for pattern. Write plainly your Name, Address and style number. Be sure to state size you wish.

Style No. 3201 Size _____
Name _____
Street Address _____
City _____ Province _____

KITE FOR SIGNALS HARTLE POOLS, England—(CP)—More lives might be saved at sea if lifeboats and rafts were equipped with a brightly-colored box kite. Deckmaster J. M. Stathers suggests. The kites would reveal the position of lifeboats and rafts if they were below the horizon.

