

# Woman's Realm / Social and Personal / Fashions / Literature



For full, rich goodness  
**KING COLE COFFEE**  
VACUUM-PACKED

## How Can I!!!

By Anne Ashley

**Q.** How can I make a remedy for neuralgia?

**A.** For face neuralgia, apply dry flannels as hot as can be borne. A woolen cloth saturated with essence of peppermint is an effective pain-killer. Be sure to avoid draughts, as these encourage neuralgia.

**Q.** How can I restore the nap of velvet?

**A.** If any portion of a velvet dress is crushed, hold that part over a wide basin of hot water, placing the wrong side next to the water. The pile will be restored.

**Q.** How can I keep the raisins from sinking to the bottom of the cake?

**A.** They will not sink if rolled in butter before stirring them into the batter.

## ELLEN'S DIARY

By An Island Farmer's Wife

And now at last we have come to the point of recording the recipe for the molasses cookies, which with granddaughter an interested onlooker — and taster at an elbow, we followed in our mixing last Saturday morning. Only "homely" fare these are, and yet highly pleasing and satisfying as a tasty material for a piecing-out between meals, or with a glass of milk which inclines to cream, for a bed-time lunch, conducive only to pleasant dreams. James, enjoying tonight a sample one of our recent baking, recollected that there was a time he much prized the like of these. It was when he was helping neighbors to haul their surplus of grain to town — off a second farm it was, and drawn by horse and farm-wagon in a then imposing and rather enviable procession. Brisk steeds, well harnessed and able, they seemed to enter into the spirit of their masters to know that their burdens represented a trophy to the year's cropping; a cash reserve. "It would (Continued on Page 16)

## Household Scrapbook

By Roberta Lee

**Vegetables**  
Vegetables that grow underground should be covered in cooking, and those that grow above ground should be left uncovered. To keep the green color in green vegetables, cook them in an uncovered kettle until they are just tender.

**Silk Umbrella**  
The silk umbrella should not be opened in order to dry it as it will cause the silk to stretch and become stiff. The proper way is to close the umbrella and turn it upside down. The water will drain off without injuring the fabric.

**Varnish Remover**  
To remove varnish from furniture use ammonia and water in equal quantities.

## A Country Garden

By Mrs. Gordon Macmillan

"Therefore all seasons shall be sweet to thee,  
Whether the summer clothe the general earth  
With greenness, or the red-breast sit and sing  
Betwixt the tufts of snow on the bare branch  
Of mossy apple-tree, while the night thicket  
Smokes in the sun-thaw; —  
Whether the eave-drops fall  
Heard only in the trances of the blast,  
Or if the secret ministry of frost  
Shall hang them up in silent icicles,  
Quietly shining to the quiet moon."

This is the time of year in the garden when we do everything we can so as to relieve the pressure of spring rush of work.

The cleaning up of the borders and cutting down of perennials, the gathering of the dead stalks and general clean up can be done on any fine day. Also the mulching of the different shrubs and borders. I use any old rotted manure that is available and the country garden is fortunate in this respect, even after heavy frost this work may be done and it is usual with me to finish about Christmas time.

With hardy plants that have good drainage no water covering is necessary, especially if snow is covering them, it is the finest cover for gardens and snow is more liable to drift and stay near evergreen hedges, so I never have any trouble in wintering my garden. In exposed places a few spruce boughs laid over the plants is all that is needed and after the ground is frozen is the proper time to attend to this.

It is possible in our climate to plant tulips and other spring blooming bulbs until heavy freeze up, usually around the last of the year and the results are good, as I know from my own experience. I still have some to plant, but last week was very busy with another gift of daffodils and a new garden in the sunny bank near the evergreen hedge. Preparing the soil with rich earth around the forsythia and planting forget-me-nots for a carpet for the bulbs was a busy job.

Daffodils are divided into many groups and the correct botanical name is narcissus. They are the glory of the early spring garden, coming before the display of tulips.

The old fashioned daffodil was always yellow but the trumpet or cups are quite often rich orange to almost a true red and a revelation in size and beauty. Many beautiful types were included in my gift box and planted last week. Roxane with a beautiful overlapping white perianth and broad white trumpet, frilled at mouth, strong vigorous grower, an exquisite variety. Red Bird intense glowing dark red the most expensive of the lot and more tulips in special varieties have been planted.

Princess Margaret Rose, a yellow edged orange red, a yellow sport and Blue Eagle intense deep purple. Sweet Harmony, lemon yellow edged white and Grenfell of Labrador an immense flower of dark red, stems tall and very strong. Famous people have flowers named after them, tulips, roses and glads and many other lovely flowers.

In the rock garden I planted a dwarf species of tulip with flowers of scarlet orange with two or three flowers on each stem. These were planted near the lavender bushes and the purple pansies.

The fragrance of apples in the fruit cellar now makes up for the garden fragrance in the summer time as Sir William Temple wrote in sixteen hundred and eight-five.

No part of diet, in any season, is so healthful, so natural, and so agreeable to the stomach as good well-ripened fruits, and let the kinds be what they will, if they will not ripen perfectly in our climate, they are better never planted or never eaten. And whoever would be sure to eat good fruit must do it out of a garden of his own; for besides the choice so necessary in the sorts, the soil, and so many circumstances that go to compose a good garden, and produce good fruit, there is something very nice in gathering them, and choosing the best, even from the same tree.

All things out of a garden, either of salads or fruits, a poor man will eat better, that hath one of his own, than a rich man that has none. And that is all, I think, necessary and useful to be known upon this subject.

## DOROTHY DIX SAYS—

### Marriage-Bent Girl Unwilling Man Advised To Stand Up For His Rights

DEAR MISS DIX: I have got engaged to a girl. I don't know how or why because I don't love her and don't want to marry her and I realize that she would not make me a companionable wife at all. Besides, I don't want to marry and I'm not in a position to marry if I did want to. I have told the girl this and she threatens to take some legal action if I break the engagement. Can you suggest anything to do?

M. H. D.



ANSWER: A girl who is that determined to marry is certainly a formidable proposition and she will get you if you don't watch out.

So, son, stand firm. Don't let her bulldoze you into marrying her if you don't want to, because marriage is no picnic even at its best and it is hell on earth at its worst.

### REGARDS AS MEAL TICKET

And certainly its worst phase is when a man is shanghaied into it against his will by a woman who evidently regards him as merely a meal ticket. Because no woman of any delicacy of feeling would be willing to marry a man against his will or drag an unwilling bridegroom to the altar.

I should say in your case the best thing for you to do would be to play a waiting game and simply wear her out. You do not need formally to break the engagement, but you can make it so uninteresting to her and so hopeless of any results that you can make her break it. As long as you are not married to her she has no jurisdiction over you, so you can run around with other girls as much as you please. Nor has she any power by which she can compel you to make dates with her, so if you just quit cold and never go to see her anymore, what can she do about it?

Always you have the perfectly valid excuse that you are not financially able to marry and are in no position to support a family.

DEAR MISS DIX: Seven years ago when I was quite young I was in love with a fine young man. We had a foolish quarrel and in the midst of it he was called away on business and I never heard from him any more. As I thought he had given me up, I married a good man, but he only lived a short time. Later my first sweetheart has come back and has made my mother confess that she intercepted the letter he wrote me asking for a reconciliation. Now this man wants me to marry him, but he has two children whose mother was an immoral woman who ran away and left them, but I feel that I cannot take these little girls for fear they might turn out like their mother.

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## Cook's Corner

### BEAN AND CHEESE ROAST

2 cups white (navy) beans  
1 1/2 cups grated "medium" Cheddar cheese  
1 small onion, finely chopped  
1/2 cup finely chopped celery or apple

1 teaspoon chopped parsley  
1 teaspoon salt  
Dash of pepper  
1 egg

2 tablespoons fat  
2 cups soft, stale bread crumbs  
Drain beans and mash. Add cheese, onion, celery or apple, parsley, salt and pepper. Add slightly beaten egg and mix thoroughly.

Melt fat in a saucepan, add crumbs, mixing well and cook until slightly browned. Add sufficient crumbs to cheese mixture until thick enough to shape into a loaf. Roll the loaf in the remaining crumbs. Bake in a moderate oven, 350 degrees F., until heated through and nicely browned, about 20 minutes. Serve hot with tomato sauce. Yield: six servings.

be prepared for some sudden and disintegrating visitation, or unforeseen event, unpredictable and breath-taking, when all may seem uprooting and devastating. And while the suddenness and utility appear quite beyond repair yet quite as suddenly and surprisingly arrives the benevolent hand of a friend, or others interested or ambitious, to turn the tide of disaster into prolific and happy channels.

A child born on this day, while possessing surprising and unpredictable traits, may likewise have unusual ambitions and constructive talents to its benefit.

### FASHION NOTE

Some trends in fashion come as surprises, other as "Naturals." Among the latter trends this season is the coat-and-dress combination, more in evidence than ever in New York collections, and quite understandably. First of all, the cloth coat itself is newly important, in a windfall of lengths and styles — loose, belted, wrapped, or gently-fitted. Then, too, this is a season of many interesting fabrics, some in coat weights and others in dress weights, but in colors that either shade in or otherwise go pleasingly together. The logical result is an ensemble, not necessarily all of a fabric or all of a color, but definitely all of a scheme.



## Modern Etiquette

By Roberta Lee

**Q.** Just what is the meaning of "semi-formal" as applied to the dress of both men and women?

**A.** This would depend upon the community. In some places where the men customarily wear tails, then semi-formal tuxedos for them and simple evening dresses for the women. In a simpler community, it would be plain dark blue or grey business suits for the men and afternoon frocks for the women.

**Q.** If an engagement has already been announced in the newspapers, and is then broken, is it all right to send an announcement to

## Morning Smile

ORGANS

A professor of physiology was describing the organs of sense, etc., and finally asked for a summary of his lecture. The star of the class arose and said:

"Well, Prof. as I see with my eye organ, I hear with my ear organ, I smell with my nose organ, I eat with my mouth organ, and I feel with my hand organ."

**Q.** This effect to the papers?

**A.** Yes, it is all right, if desired. Some people, though, prefer to avoid any publicity in matters of this nature.

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For the Birthday Those whose birthday it is may

## The Stars Say --

By Genevieve Kemble

For Wednesday, November 30

WHILE some sudden, perhaps drastic, occurrence may prove alarming as well as devastating, with a complete and hapless revolution in the affairs, yet the surprising advent of the proverbial "eleventh-hour friends" may turn the tide and "save the pieces" when all seems forlorn and futile.

For the Birthday Those whose birthday it is may