

Woman's Realm Social and Personal Fashions Literature

Iantigen "C"
DISSOLVED ORAL VACCINE
 FOR
RHEUMATIC DISORDERS
 AND NEURITIS

See Page 3

Living & Leisure THE WOMAN'S REALM

STARS AND THE DEAD

Stars and the dead are faithful. These you may set your clock by. Promise to meet at such and such a time. And such a place. The living can keep face with no constancy.

Look on this thing with disenchanted eyes; Do not expect the living In such wise.

Mona Gould

Folk prescription for rheumatism included such items as: Wear a brass ring; wear a silver ring; wear a lead ring; wear a brass belt; wear a nutmeg necklace; sleep with a dog; wear red flannel; carry a potato; or carry a horse chestnut or buckeye.

Two-way radio telephone communication between planes and ground stations was established in 1930.

Bats are not attracted to light because of the illumination. They catch the insects which are thus attracted.

Clear water is best for washing windows if they are not too dirty. The secret of sparkling clear windows is no soap. Soap merely streaks the glass and is hard to rub off. Spray water on, or wipe it on with a chamois then dry.

London women, when the silk stocking shortage threatened to become acute, stocked up with big lots and solved the problem of keeping the hose in good condition by sealing them hermetically in jam jars.

Brazil has begun the manufacture of glass for domestic needs.

Potash is a potassium carbonate and is the oldest known of the compounds of this metal.

When potting garden plants for winter display in the home, they should be inspected carefully for insect infestations.

The United States normally consumes about 75,000 tons of tin a year, or approximately 45 per cent. of the total world output; domestic production is less than 170 tons annually.

MORNING SMILE

A MEMENTO

Answering a determined tap at the door, Mrs. Jones opened it to face her neighbor, who was obviously very wrought up.

"It's that boy of yours," she

COOK'S CORNER

BOSTON BROWN BREAD

1 cup rye meal or white flour
 1 cup corn meal
 1 cup coarse wheat flour
 1/2 cup molasses
 1/2 cup sour milk or 1 1/2 cups sweet milk

Mix all dry ingredients, add molasses and milk, stir until well mixed. Fill a well-greased mold not more than 2-3 full. Cover closely and place mold on a trivet in kettle containing boiling water, allowing water to come halfway up around mold. Cover closely and steam 3 1/2 hours, keeping water at boiling point. Add more boiling water if needed. Take from water, remove cover and set in slow oven (300 degrees) 15 minutes to dry off. Remove from mold. Cut with string while hot, by drawing string around bread, crossing and pulling ends. Makes 2 loaves.

Unequaled for
ATHLETE'S FOOT
SORES • ULCERS
INFECTION • BURNS
BOILS

Soothing Healing
Pain Relieving

Sorted. "He's just thrown this brick through my window." A pleased look came into Mrs. Jones' face.

"Really! How interesting!" she exclaimed. "I wonder if you will let me have the brick? We're trying to keep all the little memories of his youthful pranks; they'll be so interesting when he grows up."

HOW CAN I!

By Anne Ashley

Q. How can I distinguish good flour from bad?
 A. Look at its color. It is not good if very white with a bluish cast, or with black specks in it. If the flour is white with a straw-colored or slightly yellowish tint, it is a good sign.

Q. How can I prevent the egg from coming out of a cracked shell?
 A. Heat the white of the cracked egg that is to be boiled will not come out if a little salt is rubbed on the cracked shell before putting it in water.

Q. How can I decipher faded inscriptions and dates on coins?
 A. Heat them and gradually the inscriptions will, unless entirely effaced, make their appearance.

Sign your name for Victory Buy VICTORY BONDS

"SALADA" TEA

Dorothy Dix Says—

Money and Marriage Financing Marital Bliss More Important Than Love

The most controversial subject in the family circle is the money question. That starts more quarrels than how to bring up the children, or religion, or even in-laws, and if we could grow our own fine feathers and scratch our own worms for sustenance, the holy estate would be a lot holier and far more peaceful than it is.

All that is the matter with many a marriage that goes bloomy is that it has to be financed, for the average husband never gets over the shock of finding out how much it costs to run a home. He has had a nebulous idea that a wife could conjure food and raiment out of the air, and when the bills come in he feels that she is somehow to blame for the high cost of living.

LATE DISCOVERY

And on her part the wife, who thought her husband meant it when he swore at the altar to endow her with all of his worldly goods, discovers that he is allergic to even the suggestion of giving her an allowance for her personal use, and that she has to pawn-broker him for every cent she gets. She wonders why she ever was silly enough to swap of a good job for a wedding ring.

Thus it will be seen that even when husbands and wives love each other and are otherwise congenial, they hold different views on the financial proposition, and the pay envelope is always good for a domestic scrimmage.

Such being the case, and the success of matrimony being largely a matter of money, as a punster has said, it is strange that lovers give so little thought to it before marriage when it is bound to be their main preoccupation after marriage. But that is the way it happens. Every day we see youngsters blithely marching to the altar without a tiny dime in their pockets, or any way of making one.

And it leaves us wondering at the optimism of those who befool themselves into thinking that love is all the capital they need to marry on, and that if they can only be together they can live on bread and cheese and kisses and desire no other amusement than holding hands.

But before the honeymoon is over they find that they crave good food just as much as they did before marriage; that they haven't lost their taste for new clothes; that they get fed up with asking "do you love me?" and want to step out and have good times with their old and new friends; and they are more than human if they don't peep up their dull evenings by quarreling.

Of course, the family spat is not the exclusive diversion of the poor. Rich husbands and wives indulge in it also, for you cannot buy peace over the counter, nor are tact and suavely and good dispositions sold in the market places. But with the money problem eliminated married couples have far less to fight over than those with whom it is a burning daily issue.

And this is something that the thousands of young girls and boys, who are rushing into marriage without counting the cost, should stop and consider. For married happiness, like every other good thing in life, has a price tag on it.

ELLEN'S DIARY

By an Island Farmer's Wife

I left foot-prints in the snow about the yard this morning, halting as I went, not nearly so joyfully as Jamie, who could hardly be persuaded to dress comfortably before he too, at Rob's set his prints in the snow. "Did you see this snow?" he asked me this evening, the remembrance of it bringing delight to his face. "All gone now!" he said regretfully. James' countenance was a study when I said softly after dawn set a queer brightness into our room: "I think your wife is coming." James' face fairly sprang to his feet and then from the window, I saw him observe "the signs of the times" and the patch of turning, this morning bearing a rinking of white, before he went down to the barn. The four parcels of the Ducky one, at once moved into their winter positions on a broad all tugging a cement wall in a row. The stables and paddocks, fur, they waited in pleasant anticipation while the milking was done and then decorously led the way to the separator in the house. Pard came to not the disheveled gentleman of most of last week but dressed in a fresh white coat, betting a new week's days.

His busiest time is just starting

These first steps will burn up plenty of Energy—See that he gets SAFE Wholesome Silverwood's Irradiated Evaporated Milk every day—nourishing and a body builder.

"Good Milk Makes Good Meals"

BUY SOME TODAY

Silverwood's
 Irradiated for Vitamin "D"
 EVAPORATED MILK
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A JOB ONLY YOU CAN DO

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. For those who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee.

Q. What farm machinery is still rationed?
 A. All restrictions on the sale of farm machinery and equipment have been removed. As a farmer are there any restrictions preventing me from killing a pig for my own use?
 A. No, you must, however, submit ration coupons to your local ration board at the rate of one coupon for every four pounds.

Q. Could you tell me if owners of restaurants are allowed to sell their soft drinks at ten or twelve cents per bottle? Has the government given them the right to do so?
 No merchant is permitted by law to sell soft drinks at prices other than those prevailing during the basic period from September 11 to October 15, 1941. If the restaurant to which you refer sold soft drinks at ten and twelve cents during that period, then they are quite within the law in continuing to sell at this price. Otherwise you should advise your nearest office of the Prices Board concerning the matter.

By Joseph M. Wedge, accompanied by C. J. Gallant and Gilbert Gaudet on the piano. The meeting concluded with the singing of the National Anthem.

WARNING! CLOTHES MAY LOOK "HALF-WASHED"

—unless you get after those extra-dirty spots with Sunlight's extra-soapiness

IT'S TRUE! YOU CAN'T DO WITHOUT SUNLIGHT'S EXTRA-SOAPINESS FOR EXTRA DIRTY SPOTS, AND JUST A TOUCH AT CUFFS, HEMS, EDGES DOES THE JOB

SEE! YOUR SHIRTS ARE BRIGHTER ALL OVER—WITHOUT HARD WORK! YOU CAN'T BEAT SUNLIGHT'S DEEP-CLEANSING SUDS AND THEY'RE SAFE FOR WASHABLE COLORS, TOO

See for yourself—**BRIGHTER CLOTHES ALL OVER—without hard work**

THE way Sunlight whips up into richest, deepest cleansing suds, is a joy to see. Best of all, no more "half-washed" looking clothes. With Sunlight on the job, everything—even your finest washable colors and grimy work clothes—come brighter and cleaner all over.

SUNLIGHT SOAP
 ALLEVER PROCESS

MODERN ETIQUETTE

By Roberta Lee

Q. When dinner is announced and there are guests of all ages present, who should precede from the livingroom to the diningroom: the older or the younger people?
 A. The older people should precede, the younger guests following.

Q. Is it all right for a business man to use his business letters when he writes his social letters at his office?
 A. No, he should keep a box of correspondence stationary in his desk for this purpose.

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Renovating a Leather Coat
 When a leather coat has become faded, try applying a stain made of walnut hulls. Put the hulls into a taster of water and boil until the water is slightly thick. Then brush. If necessary, apply two or strain it and apply with a paint brush. Three coats, after each subsequent coat is dry.

Making Batter
 When stirring a cake or batter on an enamel table, try placing a damp towel under the pan and it will prevent the pan from turning while beating.

The Goldfish Bowl
 To remove all the deposits from the goldfish bowl use a cloth dipped in vinegar.

BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence: "Mr. and Mrs. Smith have a couple of children."
 2. What is the correct pronunciation of "medicines"?
 3. Which one of these words is misspelled? Underline, venerate, accretate.
 4. What does the word "halcyon" mean?

ANSWERS

1. Say, "Mr. and Mrs. Smith have two children." 2. Pronounce me-d-i-o-ker, first e as in me, i as in it, o as in no, and accent first syllable, not the third. 3. Underline, 4. Pertaining to the stage or to actors; theatrical. The role required a great amount of histrionic ability. 5. Incognitant.

DESIGN NO. 1019

This apron is easy to crochet in very pretty stitch. Pattern No. 1019 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 20 cents in coin or Postal Script to Needlework Bureau, Charlottetown, Guardian.

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Here's a SENSIBLE way to relieve distress of periodic FEMALE WEAKNESS

with its nervous tension weak, tired cranky feelings

Have you at such times noticed yourself feeling nervous, "dragged out," irritable, a bit blue—due to functional periodic disturbances?

Then don't delay, try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound is one of the most effective medicines for this purpose.

Pinkham's Compound is what is known as a *uterine sedative* because it has a soothing effect on one of woman's most important organs.

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Send 20 cents for pattern which includes complete sewing guide. Print your Name, Address, and Style Number plainly. Be sure to state size you wish. Include postal unit or some number in your address.

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Barium minerals are plentiful and widely distributed in nature, but no cheap method has been developed to separate barium in metallic form; it has a great chemical affinity for fluorine, chlorine, oxygen and certain other chemical elements.