

# Woman's Realm :- Social and Personal :- Fashions :- Literature

**ADDS A 'tangy' TO TOMATO JUICE**

Tomato Juice is a "million times" improved by the addition of just a few drops of Lea & Perrins. Makes a real cocktail.



**Lea & Perrins SAUCE**

THE ADDED TOUCH THAT MEANS SO MUCH

By popular request a new small size of Lea & Perrins Sauce has been placed on the market—priced at 20c.

**THE COOK'S CORNER**

**POT ROAST**

In 1899 a famous gourmet wrote: "Tell me what thou eatest and I will tell thee what thou art."

It's as true today that we are judged by our tables. This does not mean that the fare should be elaborate; it does mean that no matter how simple, meals should be tasty and attractively presented.

An example of a dish that is inexpensive yet, properly prepared, can vie for honors with the choicest cuts is the pot roast. A pot roast may be a thing of beauty and imagination or it may be, as it often is, just meat, stewed.

This recipe will transform ordinary chuck of beef into a tender, delicately flavored roast. It's the spicing that counts.

**SWEET-SOUR POT ROAST**

Three pounds chuck beef in cubes, 1 teaspoon salt, 1-2 teaspoon pepper, 1 teaspoon celery salt, 6 whole carrots, 1 large can tomatoes, 1-3 cup vinegar, 1-2 cup sugar, 1-2 cup seedless raisins, 2 onions.

Have the butcher cut the chuck, all clear meat into 2-inch cubes.

Brown the meat thoroughly on all sides in a hot frying pan.

Place the meat in a Kettle, pour the can of tomatoes over it, and add only enough water to cover

**A Morning Smile**

A clergyman, who had given up his former position as a magistrate in order to enter the church was conducting his first marriage service.

"Will thou have this man to be thy wedded husband," he asked the bride.

The bride answered eagerly: "I will."

"And you," he continued, addressing the bridegroom, "what have you to say in your defence?"

**THE IMMEDIATE AILMENT.**

Doctor—What did you want to see me about?

Patient—Well, I know my heart knocks a bit and my liver's gone back on me, and I'm not proud of my kidneys; but in a general sort of way there isn't much the matter. It's really my corn that worries me.

*Quality Tea*

**King Cole**

**Old English Blend**

**The HOUSEWIFE and HER ACTIVITIES**

**MY DOG**

**E. T. MEGOW**

I've got a dog 'a mangy dog That's what my folks all say. But, gee, it makes me awful sore To have them talk that way.

Why can't they see he's just as smart As any dog can be? And aren't his friendly ways worth more Than any pedigree?

What if his hair is sort of thin And lets his ribs show through? And 'cause he's only got one eye The other seems more blue.

Oh, you can have your brindle pups And comes and the rest, Of all the dogs in this whole town I like my 'trey dog best.

**GLOVES IMPORTANT**

Gloves aren't just gloves these days. They are an important part of any smart costume and hold to be given as much thought and consideration as to color and style as the costume itself.


**"KEY MEN" OF FASHION**

The "key men" of men's fashions are the King, the Duke of Kent, Mr. Anthony Eden, and the Earl of Wesmorland. That is to say they set most of the new ideas in men's wear and are sartorial models for foreigners who want to look well-dressed and "like Englishmen."

**Dorothy Dix's Letter Box**

**"Old Maids" Fill a Very Essential Role in This World and There is No Disgrace in the Fact That Women No Longer Marry**

Dear Miss Dix—Is it a disgrace to be an old maid? Can an old maid be as great a woman and as much admired as her married sister? ESTELLE.



**Answer:**

Your question, Estelle, sounds like something that you had fished out of the hair-trunk in the attic. I didn't suppose that anybody nowadays even dreamed of its casting any reflection upon a woman's character or even upon her attractiveness for her not to marry.

In former times, when marriage was about the only gainful occupation open to women and when every woman's livelihood and position in society depended upon her annexing a husband, naturally every girl married who could. Hence, for a woman to be an old maid led to the natural supposition that she was in some way inferior to her sisters, or else she would not have been passed over.

But, thank goodness, times have changed for women. They do not have to marry now for a meal ticket. They can go out and earn their own bread and butter and cake. They don't have to have a husband to protect them. They can take care of themselves. They don't have to be dependents who are unwelcome guests in the houses of their relatives. They can set up their own homes.

And so now whether a woman marries or stays single is a matter of her personal choice and taste, and nobody thinks that it is any more disgraceful for a woman to be an old maid than it is for a man to be an old bachelor. No women are more admired or sought after socially than the smartly dressed, intelligent, up-to-date, humorous and philosophical spinsters who would be highly amused at the idea of any one looking askance at them because they did not wear a wedding ring.

As to your second question, as to whether an old maid can be as great a woman and as much respected as her married sister, of course she can, and is. The list of old maids who have achieved fame in literature and the arts and who have headed causes is endless. Florence Nightingale, Clara Barton, Susan B. Anthony, Frances Willard are only a few of the old maids who have performed great services to the world. There are thousands of others who have given their lives to mothering humanity instead of their own children.

And in just ordinary everyday life, who are more beloved, who are more useful than the old maids? Somehow they seem to just fill in the cracks in life and do all the things that other people leave undone. In every community it is the Miss Marys and Miss Sallies and Miss Fannys who start the movements for cleaning up the town, and who run the garden societies and the libraries and get up the subscriptions for the lecture courses and philanthropic concerts.

And in how many families it is the old-maid daughters who take care of the old father and mother after the other children are married and gone! It is the old-maid sister who mothers her widowed brother's children until he marries again. It is the old-maid hunt who has a job and not a husband who helps out with the rent for some poor sister or brother, and who educates the nieces and nephews and gives them their start in the world. Oh, believe me, Estelle, we couldn't do without old maids. They are the salt of the earth. Nobody but fools gibe at old maids nowadays. Sensible people respect them and admire them and more women envy them than pity them.



**Mummy says**

**We're the best advertisement for Fry's Cocoa**

**QUALITY · FLAVOUR · FOOD VALUE**

●You don't have to coax young people to drink FRY'S COCOA—they love the real, chocolate flavour and will clamour for it daily.

FRY'S COCOA will help to keep your children fit and healthy during the long winter months.

Write for Illustrated Recipe Book, *sent free*.

FRY-CADBERY LIMITED  
Montreal, Que.

**Fashions' Latest For Chic Dressers**

This charming negligee with smart wide shoulders is violet blue crepe. It wraps the figure in undreamed of slowness. The princess line at the back is interesting. The long sleeves are wide at the wrists. A touch of red appears in the sash lining. Velvet would be stunning for this model.

The back view shows another version that is made with the same pattern. It introduces a capelet detail and has a youthful collar.

This model of geranium red crepe silk favored pink contrast in the collar and sash lining. A chalis print is another suggestion.

Style No. 1868 is designed for sizes 14, 16, 18 years, 36", 38", 40", 42", 44", 46" and 48"-inches bust. Size 18 requires 3 1-2 yards of 54-inch material.



No. 1868 Size \_\_\_\_\_

Name \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Street Address \_\_\_\_\_

Famous Man (returned to native town)—I remember Harry Brown being dux of the old school. What does he do for a living?

Oldest Inhabitant—Oh, he's a sort of collector of papers.

Famous Man—Then he's literary?

Oldest Inhabitant—Ay, ay, sir, "Litter 'Arry"—that's what we call him in the park.

1868

**BREAD BAKING made easy**



**with the QUAKER EASY METHOD OF BAKING**

Quaker Flour is not just ordinary flour. It is made by the makers of the famous Quaker Oats and is supreme in quality and unexcelled in results. And when combined with the Quaker Method of Easy Baking takes the drudgery and uncertainty out of bread making.

Send the coupon below for FREE book telling you all about this easy Quaker time and trouble saving method—you'll be surprised how simple and easy it is—and how economical.

Quaker Flour is an all-purpose flour—equally good for making delicious cakes and pastry as it is for bread. Ask your dealer for it.

**Quaker Flour**  
Always the Same Always the Best  
for Bread, Cakes and Pastry


**Valuable Baking Book FREE**

The Quaker Oats Company, Dept. FE1  
Peterborough, Ont.

Please send me copy of booklet "The Quaker Method of Easy Bread Baking."

Name \_\_\_\_\_  
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**"NOW I FEEL FULL of Pep!"**



THAT'S what hundreds of happy women say after taking Lydia E. Pinkham's Vegetable Compound. Mrs. M. Carter, Toronto, writes: "I was all run-down. I took two bottles of your medicine. Now I sleep better and I eat more. My color is good and my nerves are better."

Why don't you try it? Its tonic action may be what YOU need.

**Black Sambo**

Design No. 6000.

Yes, ma'am, he's just a little 'tudy'd boy but he'll walk right into your heart. Any colour scheme suits his complexion, so he may be made for baby from some of these left-over scraps that clutter up your work basket or he might "go collegiate" in the school colours for a corner of big sister's bedroom.

The pattern includes complete directions for knitting and stuffing, together with material requirements.

Send 20 cents in stamps or coin (coin preferred) for this pattern to The Charlottetown Guardian Needlework Department.

Use this coupon

Print your name and address plainly

To: The Charlottetown Guardian Needlework Dept.

DESIGN NO. 5096

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_

Province \_\_\_\_\_

**CHINESE WOMAN LAWYER**

Miss Nadina Hwang, a Chinese lawyer who is an honorary Colonel in the Chinese Army, has come to London as an ambassador of friendship and goodwill between Great Britain and the Chinese Republic.

Miss Hwang, who has travelled the world, speaks English, French, Spanish, and Italian fluently. She is a daughter of a former Chinese Ambassador to Spain and one of China's two women lawyers. Although Miss Hwang has studied law, she has never practised in the Courts. She has not had time.

**PEARS THAT WILL ADD GINGER TO MEAL**

Ginger pears, cool and not too sweet, will bring almost any dinner to a mellow close.

Use 12 firm cooking pears. Pare, quarter and core. In a large enamel, earthenware or glass saucepan, boil together for 3 minutes 2 cups water, 1 1-4 cups sugar and 1-8 teaspoon salt. Into this syrup place the quartered pears. Simmer gently until the pears are tender, but still keep their shape. Five minutes before removing from fire add 3 slices of lemon, and 1-2 cup preserved ginger chopped into small pieces. Chill in refrigerator before serving.

Bartlett Pear and Cream Cheese Salad is one of those delicacies to make your bridge luncheon the topic of local conversation. First serve hot tomato bouillon in cups, then this salad and hot biscuits, and end up with small cakes and coffee.

**PEAR AND CHEESE SALAD**

Pare the ripe fruit; cut each pear in half lengthwise, scoop out a small pocket in centre of each half. Leave the stems on to serve as a decoration. For 6 pears use 2 packages cream cheese. Moisten

Dear Miss Dix—My sister, aged 40, has come to make her home with us. We do not expect her to pay board, but what is driving us to distraction is that day after day she sits at home, so that my husband feels as if he were married to both of us. She won't even go out of the house for an hour or two. She makes no attempt to get work, though she could and some sort of job if she tried. She is just satisfied to let us support her. It is getting so I hate the sight of her, simply because we see too much of one another. And my husband and I are wondering if we must have her on our hands always. We don't mind providing for her as much as having her always under foot. What must we do? A. B. C.

**Answer:**

There is nothing you can do except to tell her frankly that two is company and three is a crowd, in a home as elsewhere, and help her to establish herself in some other place. But that is no easy task. For it is difficult to tell one you are fond of and sorry for that she is a nuisance around the house and that you would love her so much better if only you didn't have to see her and listen to her every day.

There is no more difficult problem to solve than that of parasitic relatives, because once they attach themselves to you it is impossible to dislodge them without not only making enemies of them, but causing everybody to think you are heartless and cruel. They can never see why you object to supporting them, because, as they aver, they take up so little space and there was nobody in your spare room, and they eat so little you would never miss it.

And it never occurs to them that you want your house to yourself and that you and your husband enjoy being together, and that you don't want anybody around listening to every word you say to each other and putting in suggestions, and eternally occupying the back seat of the automobile and having to be dragged around with you everywhere you go.

And it seems to me that the one institution that we need more than anything else in some sort of a home where we could send our superfluous relatives and pay their board, instead of having to have them perpetually with us, disrupting our family life.

Inasmuch, however, as no such benevolent refuge exists it does seem that those who wish themselves on others might be humane enough not to inflict their society on their hosts in undiluted doses, but to mercifully keep to themselves as much as possible and so not get unbearably on their nerves.

Dear Dorothy Dix—My husband and I have been married a year and a half. We have had some hard luck and incurred debts. He earns a fair salary, but not enough for us to live in a halfway decent way, so I am working. My husband thinks that I should pool my salary with his and pay our debts. I am willing to do this, but after they have been paid should I put the money in a general fund or have my own bank account? I know if I want to keep mum about its use my husband would feel that he had the same privilege. What about it? BETWIXT AND BETWEEN.

**Answer:**

Why not compromise on a joint bank account? But I don't see how you can mingle hard-boiled business with marriage. If you don't trust your husband enough to believe he will deal fairly with you about money, you haven't much faith in him.

DOROTHY DIX.

**Today, these healthy Dionne Quins had Quaker Oats**



Annette's Good Solid Weight is a fine example of how children thrive, gain weight and pep on a daily meal of Quaker Oats with plenty of milk.

Photos Copyright, Star News Service, 1933

**Dionne doctors solve cereal question for Mothers everywhere**

A lovely Cup & Saucer is packed in every Quaker Oats package marked "Cup & Saucer."

**QUAKER OATS**—rich in Nature's Vitamin for Bracing Up Digestion, Nerves, and Appetite