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This 20-page booklet every woman will want!

Prepared by competent authorities, this new Kellogg "Weight Control Plan" gives you facts that can help you and your husband look your best, feel your best.



SAVE THIS offer as reminder to get a package of Kellogg's ALL-BRAN (with this new Weight Control Plan) today. Your grocer has ALL-BRAN in 2 convenient sizes. You will find the booklet, packed inside the top, in either size ALL-BRAN package you prefer.

NOTE:—If by any mischance you do not find the booklet in your package, simply mail its box top stating this fact, with your name and address, for your copy to the Kellogg Company, London, Canada.

### Vital topics you'll find in this fact-packed booklet:

- New weight tables for 3 types of body frames—and how to select the one that applies to you.
- How to plan weight-control diets—including six steps to ideal weight.
- Complete breakfast, lunch and dinner menus for every day in the week.
- Scientifically prepared Weight Control Diets at three caloric levels (1200, 1600, and 2100 calories per day).



## POULTRY JOTTINGS

Probably the most discouraging sight to be seen at this time of the year on P. E. I. are poultry flocks humped up, miserable looking, trying to keep warm on the sheltered side of some old building. All poultry flocks should now be in their winter quarters, and most flocks have been housed since the middle of October. There are probably several reasons for this neglect—

one, the rush of other work—another the lack of poultry knowledge. What is the best manner in which to educate the flock owners—we have two mediums, the press and the radio—both being used successfully.

One unique undertaking was started in U.S.A. last spring. One state conducted what is called "A Poultry School of Air." It was started as part of the Agricultural Extension work of that State. Last spring, the course was devoted to the raising of Chickens. This fall, the course covered the Care and Management of Layers. The school was conducted by radio and mail. Naturally the enrollment of students had to be limited. A limit of 10,000 was set. Actually 8,816 enrolled. The course consisted of ten lessons—each lesson was of fifteen minutes duration over the air given twice per week. The school was an outstanding success.

Such a school could be conducted on P. E. I. Results, I am sure, would be worth the effort. The more flock owners know about poultry, the greater are their chances of success. Flock owners all seem to have their own particular problems of poultry husbandry.

Evidence that flock owners are giving thought to labour saving is noticeable. The problem of keeping sufficient water before the flock at all times means the carrying of many pails of water during the year. It is estimated that a hen will consume twenty-three gallons of water per year—you would carry at least eight long handles to a flock of 100 hens. No doubt, you wonder at times whether it is a fish or chick business that calls for so much water.

The Rev. Watterworth, Lower Montserrat, P. E. I., has evidently tired of carrying water. He has noticed also that a dry water container is not conducive to good production.

Do not let your flock crowd around insufficient feeders. To obtain the best results the minimum amount of hopper space recommended is 12 linear feet per 100 birds. This means each side of both sides. More mash consumption will result if the mash feeder is at a convenient height above the floor. This is particularly true of the heavier breeds. The best location is just high enough so litter will not be scratched into the feeder.

Another labour saving device is the installation of feed bins that can be filled from a truck or wagon level.

Harry Greene of Bodeque believes in the tunnel or box laying nest. These tunnels are usually built in layers high 24 inches long, in layers high 24 inches long, or three nests high. The birds enter by the rear. The ledge is parallel to the floor. This is made by a board or metal partition providing a tunnel or dished passage way from the eggs to the entrance. The birds will not scratch into the nest. Dashed nests have definitely proven their value in preventing egg breakage and in providing cleaner eggs. The frequent gathering of eggs saves time in live to inferior quality when eggs are only gathered once a day.

We are receiving a number of enquiries re double deck hen cages—how to prevent wooden floor rot from water spillage, etc. A mixture of creosote and kerosene, oil, using a heavy application each year when the house is cleaned, will prevent rot. Creosote has also given excellent results in treating roosts, nests, and other things that might become infested with mites. One application a year will control red mites. Apply thoroughly.

A number of enquiries are also being received as to the best type of poultry house to build. There is no one best shape or type of poultry house. Insulation is of prime importance. All-glass fronts in poultry houses is not nearly so much emphasized since the feeding of cod oil has become more prevalent in winter months, and oil supplies increase the heat loss during the cold weather. It is only necessary for sufficient windows to admit sufficient light for the birds to see to eat and move around. The present trend in poultry house construction is toward houses not less than 24 feet in depth. Concrete floors have become standard. Droppings pits or roosting racks are replacing droppings boards. It is pleasing to note that flock owners are putting more thought on their poultry. A definite improvement in quality is noticeable.

Production is at its low point. Egg prices at their highest—outside markets definitely weaker. Grading Station operators need to watch market developments very closely since prices will start their down trend before long. Brooder stove coal supply will be scarce next year. Flock owners are advised to get in their supply starting now. There is no priority as during last season. Take a bag a week until you have your supply. START NOW in order not to be disappointed next spring.

Trade Boys' and Girls' Poultry Club held their Annual Judging Competition on November 3rd. Out of thirteen members, twelve brought birds in competition. Judging Competition: 1st - W. Emma W. Ings, Teacher.

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Charlottetown, P. E. I.

## This Army



You scream! There ain't room for three here.



## ONE TEAM One Purpose

Nearly a million Canadian men and women in the armed services of the Dominion, more than a million in war industry, and all the others on the home front—have one goal in sight, a complete and speedy victory.

Teamwork counts as never before, for now the game is in its final, crucial stages. We must all put forth extra effort, use even more of our resources, to make the finish swift and sure.

It is urgent that in this Seventh Victory Loan we each buy at least one more bond than we bought before. It is our duty to our teammates; our duty to our children who will enjoy the fruits of victory. Let us do our duty gladly, that we may earn our place on our winning team.

INVEST IN VICTORY

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## W. Clapperton Musician Dead

Many music students in Charlottetown will be very sorry to hear of the death of Mr. Clapperton who has conducted the McGill Examination here for many years. The Montreal Star says: Walter Scott Clapperton, Hon. A.R.C.M., of 4016 Vendome avenue, well-known conductor of men's choral and organist, died yesterday after an illness of three months, in his 52 year.

Born at Wallend England, and educated at Rochester College, Newcastle-on-Tyne, Mr. Clapperton was awarded a scholarship in 1914 at the Royal College of Music in London. He served through the Great War completed his studies before coming to Charlottetown to join the staff of the McGill Conservatorium of Music, with which he has been associated since 1921 as instructor in singing. Mr. Clapperton was organist of the present St. James United Church until October 31, 1924, when he transferred to St. John's Presbyterian Church. After being organist at Chalmers Church, Ottawa, in 1925, he became organist and choirmaster of Kensington Presbyterian Church and in September, 1930, he was installed as Church, Westmount, a post he held up till his death.

For many years Mr. Clapperton was conductor of the Montreal Operatic Society, up to the outbreak of war, when lack of eligible men for chorus work caused the Society to suspend. He was conductor of the Royal Bank Men's Choir which also suspended performance, and of the Montreal Masonic Choir, which he has directed since its inauguration with great success, not only at Masonic gatherings but at service clubs. Mr. Clapperton was a past master of Connaught Lodge No. 111, and also served as Grand Organist of the Grand Lodge of Quebec, A.F. & A.M. He conducted "The Messiah" for many years at Good Friday services.

He was married to Ella Stelling of Concord, Durham, England in 1918 who survives as well as one son, Pilot Officer Walter S. Clapperton of the R.C.A.F. overseas, and one daughter, Miss Ella Clapperton.

The funeral service was held at 2 o'clock on Wednesday at Stanley Presbyterian Church.

## CHERRY VALLEY SCHOOL Report for month of October:

- Grade IX (a): 1. Verna Ings; 2. Shirley Huggan; 3. Raymond MacIsaac.
  - Grade IX (b): 1. Craig Matheson; 2. Louis MacDonald.
  - Grade VI: 1. Eleanor Huggan; 2. Margaret Murphy.
  - Grade III: 1. Edward Murphy; 2. Norbert Murphy.
  - Grade II (B): 1. Shirley Clow; Grade II (A): 1. Leslie Irving.
  - Grade I: 1. Pauline Murphy.
- Highest Averages in Senior Grades — Eleanor Huggan 39.9 per cent. Average in Junior Grades — Shirley Clow, 95 per cent. Perfect Attendance: Verna Ings, Margaret Murphy, Edward Murphy. Emma W. Ings, Teacher.

## Painful, Pus Filled Boils Cause of Much Misery

If you suffer from boils you know how sick and miserable they made you feel.

Boils are an outward indication of impurities in the system, and just when you think you are rid of one another crops up to take its place and prolong your misery. All the lancing and poulticing you can do may not stop more coming.

To help overcome boils you should purify the blood, so why not give that old, reliable blood medicine, Burdock Blood Bitters, a chance to show what it will do in helping you get rid of them? Thousands have used it for this purpose for the past 60 years. Why not you?

The T. Milburn Co., Limited, Toronto, Ont.

## LOWELL MACKENZIE

The Community of Murray Harbor was deeply saddened at the death on Friday, September 22, of Lowell Mackenzie, aged 19 only son of Mr. and Mrs. Will Mackenzie. Lowell was taken ill about August 6th with typhoid fever and was tenderly cared for by his parents and had constant medical care. He bore his sickness with quiet patience and with a child-like trust he waited day by day for his recovery. He appeared to be on the way to health again when his sickness took a sudden turn for the worse. He fought bravely still but in spite of medical care the fever grew worse and his life was claimed. He was a boy who loved Sunday School and his Explorer Group Meetings, loved books and also the life of activity. Besides his sorrowing parents he leaves to mourn one sister, Alice, who lives in Charlottetown.

The funeral was held on Saturday, September 23rd, at the residence of his parents. A large gathering of friends and neighbors testified of their sympathy to the bereaved.

Rev. Roy Vessey conducted the funeral services at the home and at the grave and spoke words of comfort from the text, "Blessed Are They That Mourn For They Shall Be Comforted." The hymns sung were "Jesus Loves Me," "This is My Father's World," and "When He Cometh."

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## Vodka Prices Down As Russia Celebrates

MOSCOW, Nov. 7 — (AP) — Vodka prices went down 26 per cent today as Russia celebrated the 27th anniversary of her revolution. Wheat and tobacco prices tumbled also. The gilded domes of the Kremlin were polished for the occasion. Hardly a Muscovite house failed to fly a banner. State stores issued special candy and cooki ration to children from seven months to 12 years of age. Bands paraded through the streets; marching groups swung by from time to time, but the general idea was group singing and the favorite tunes were "Moscow, my Moscow" and "Beloved City."

## CANUCKS OVER HAMBURG

More than 1,000 Canadian fliers were with the Bomber Group that hit Hamburg on the night of July 28.

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