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Living & Leisure THE WOMAN'S REALM

LESS SHOES

NEW YORK—There's a trend for "less shoes" exemplified in the new shell types, which are cut low so that they make a mere shell about the foot, but are firm and comfortable. Straps, cut-outs and silhouette variety account for much of the design interest, with many dress shoes cut more slenderly for the new and all-important feminine look, and open backs about as popular as they ever were. The closed toe is more fashionable; however, the open toe is here for the summer. The platform retains a high degree of popularity, especially with small women.

FINICKY EATER PROBLEM
GUEST

A young girl should be polite enough to eat most of the foods which are served her in the home she visits. Politeness entails that she derive some pleasure from the food she eats or at least pretend to. To be finicky about foods you eat and I bring up this point because I know many girls who are, makes your hostess' lot a difficult one. Planning satisfactory meals becomes a problem for her. The young guest who toys with her food or who lists her dietary dislikes or who insists that she can only eat food prepared a certain way thoughtlessly imposes an extra burden on her hostess. Moreover, such a girl runs the risk of not being asked back again. I don't mean to imply that you have to devour every edible morsel that's placed before you in order to please your hostess.

PROPER SLEEVES FOR THE PLUMP

Overly-plump upper arms, where flesh tends to grow a bit flabby as we grow older, are a figure problem for many women. That's why summer clothes need to be chosen with a critical eye on the sleeves of a particular fashion.

If you need the camouflage of sleeves, say "no" to casual clothes, play tops or evening gowns which offer you none. Best type of sleeve for arm-flattery is almost elbow-length and amply wide. This type of sleeve can be found in almost every summer fashion.

Short, free-swinging cap sleeves are better for masking upper-arm plumpness than no sleeves at all. Sleeves, capelets and other throw-on accessories are good standbys for the woman who likes to wear bare-shouldered fashions which bring along their own arm covering devices.

Short sleeves to reject, no matter how much appeal the dress has, otherwise are those which fit tightly or have exaggerated fullness. Such sleeves are an unwise choice because they call attention to any defect of the arms.

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QUICK RELIEF. Instantly your eyes feel refreshed. Murine's skillful blend of 7 ingredients cleanses and soothes eyes that are tired from overwork or exposure to sun, wind and dust.

MURINE FOR YOUR EYES

"I'll take on all comers my age!"

WHOA, BABY! ... other infants are now strong and husky, too! For thousands of Canadian mothers have learned babies need the protein of good lean beef in their diets... and have fed Aylmer Beef with Farina to help them gain weight and vigor... just like you!

Yes, mothers have found scraped beef is easier for infants to digest when it's double-strained to the uniform fineness of 27/1000ths of an inch, as Aylmer does it! And the Aylmer way of using just enough farina to soak up the valuable meat juices—means every bit of nourishment is saved for baby in an easy-to-feed form. For good nourishment, good flavor, good value... always choose Aylmer Baby Foods.

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YOUR BABY DESERVES AYLMER QUALITY

That Body Of Yours

By James W. Barton, M. D.

SURGERY IN TUBERCULOSIS SAVES MANY LIVES

A number of years ago I was examining the chest of a man aged 50. As he saw me pause for a moment, then use my stethoscope again on the same spot, he asked me why I had paused for the moment.

"Why, you have a large hole in the right lung," I replied. "O, that's all right, doctor. I used to have tuberculosis, but I recovered and I'm cured," was his calm reply.

By careful treatment and the man's natural resistance, the tuberculous process had been stopped, and the lung had healed and formed a hard, fibrous wall around the cavity. The hole, or cavity, remained; but it was walled off from the rest of the lung and he was safe unless the wall broke down.

When there is a hole or cavity in the lungs with no protecting wall, tuberculosis is active, the patient coughs up sputum containing the germ of tuberculosis, and he is a menace to his fellow man. As many cases with cavities in the lungs do not heal up by rest and medical treatment, methods of closing these cavities by surgery—and thus rendering the patient free of his symptoms—now are used by chest surgeons.

In "Hygiene," the health magazine, Dr. Louis Carp tells how modern surgical methods—by studied preparations before an operation and newer ideas of care after the operation—have reduced surgical risk. Instruments and techniques have been perfected to such an extent that what seemed hazardous or impractical in chest surgery a few years ago has become comparatively safe and standardized today.

Some of the surgical methods of closing the cavity include pneumothorax, phrenic nerve crush, and thoroplasty. Pneumothorax injects air around the lung, thus closing the cavity. Phrenic nerve crush prevents the floor of the chest moving up and down. Thoroplasty removes portions of or entire ribs preventing the ribs from moving the lungs.

These operations have saved countless lives, enabling patients to return to their home and often to former occupations.

THE COMMON COLD

Never neglect the common cold as it may often be the forerunner of other more dangerous conditions. Send 10 cents and a 3-cent stamp to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy of the Barton booklet entitled "The Common Cold."

Better English

1. What is wrong with this sentence? "I hate to see you go."
2. What is the correct pronunciation of "canine"?
3. Which one of these words is misspelled? Uncomfortable, undemonstrative, underate.
4. What does the word "placid" mean?
5. What is a word beginning with tu that means "disturbed"?

ANSWERS

1. Say, "I dislike to see you go."
2. Preferred pronunciation is kahn, a, as in say, i, as in ice, accent on first syllable. 3. Underate. 4. Unruffled; peaceful; quiet. "His placid expression gave no hint of the steel in his character." 5. Tumultuous.

Dorothy Dix Says—

Non-Providing Good Men

Efficient Wives Could Do Worse Than Got Ambitionless Husband

DEAR MISS DIX: My husband and I have been separated for over four years and divorced for two. He was always good and kind to me, but he never had any ambition or sense of responsibility and I had to support the family. I have a daughter 12 years old and she dearly loves her Daddy and is very unhappy without him.

I am very unhappy also, for I know I can never love any man as much as I do him, and I often think that I would be happier with him, even if I had to be the bread winner, than without him. I know he loves me deeply and is miserable away from me.

What do you think is best for me to do? I am very lonely.

MRS. W.

ANSWER: No problem is more difficult to solve than what an efficient woman should do with a sweet and amiable husband who is a nice household pet, but no provider. And there are so many of these men, gentle, affectionate, lovable, but with no faculty for making a living. They would have made lovely wives and mothers if only Nature hadn't gotten things balled up.

These men, fortunately, seem to have a talent for marrying good business women, with varying results. Sometimes the husband's inability to make money irritates his efficient wife so that she divorces him. Other times the smart business woman realizes that her husband's love and companionship compensate for his lack of the money-making instinct, and they live happily together.

COULD BE WORSE

I think that is your cue. You are miserable separated from the man you love, so why not take him back and forget about the price tag? Believe me, a man can have a lot of worse faults as a husband than being shiftless.

DEAR DOROTHY DIX: There is not one man in a million who can stand having his wife quote to him what Mama says and does. Well, a wife can't stand having her husband quote what his Mother does and throw her cooking in wife's teeth. I know, because I have experienced it.

A MRS.

ANSWER: Right you are, daughter. For some inexplicable reason both husbands and wives appear to be almost morbidly sensitive to what their respective mothers say. They don't object to having Mrs. Jones' opinion on any topic, or even to have her voice a suggestion as to how the house should be furnished, or the baby reared, but just let anybody tuck Mama's name on to even a casual remark and they simply explode.

"Mama says that we should buy a new car," or "Mama says we shouldn't keep a dog," or whatever Mama says are the fighting words in every family. And one of the first lessons every bride learns is to keep mum about Mama if she wants to keep her husband.

And no man, unless he is too dumb to live, ever asks his wife to get Mother to show her how she cooks baked beans or makes biscuits.

DEAR MISS DIX: My Boy Friend dresses so badly that it is getting to the place where I am ashamed to be seen out with him. He could afford to buy at least one decent suit, anyway, but I think he would rather put the money in the bank. Do you think I am putting too much stress on appearance?

I feel if he doesn't do something about it, I will have to break with him.

ANSWER: And you would be doing exactly right if you did, because clothes make the man, as the old proverb goes, and there is no other way by which you can so surely judge a man as by what he wears. If your Boy Friend hasn't enough respect for you to, at least, present a decent appearance in public, after you are married he will not only go about looking like a bum, as he does now, but he will be grudge you even a new dress and a hat will cost you a fight.

Probably your Boy Friend thinks he is being a fine manager when he puts his money in the bank instead of on his back, but he is making a great mistake, for the shabby man doesn't rate a topnotch job. Even a casual observer thinks that the reason he looks so seedy and down-at-the-heel is because he can't hold down a worth while position.

The Stars Say—

By Genevieve Kemble

For Tuesday, May 18

WHILE there are excellent auguries for the accomplishment of cherished ambitions, or the attainment of major objectives, both near and far, yet it will require some very serious thinking, sustained by adroit manipulation and clever strategies, in order to meet certain irregularities, problems or want of cooperation from promised and needed sources. The mentally may be found keyed to such astute insight, sufficient to win over attention and practical aid from desired quarters. Plan and organize for this on a long-term basis for solid foundations.

For the Birthday
Those whose birthday it is, are encouraged to make close observation of current irregular, disintegrating, uncertain and unpredictable situations, which threaten to upset promising conditions or nullify sound techniques already set in motion. Strange developments may alienate those in high places already interested and committed to long-range pledges. The mind is keyed to shrewd, clever and brilliant insight on such perplexities, to be prudently and tactfully put in operation.

A child born on this day may run into antagonistic and confining situations, but its keen and astute mentality may bridge such difficulties and gain attention from influential sources.

Ellen's Diary

By an Island Farmer's Wife

Many duties came to the hands of the folks at Alderley today, while a pair of white gulls, one could easily fancy were swans, floated gracefully on the pond below the greening front meadow. We scan this piece of water often, for here it is that the changing moods of the weather, is to be noted and indeed to those who study it, often foretold. Today clear and caressed by the light breeze, in the afternoon it wore its brightest jewels and at evening it was set with rose shadows and silver, whereas one expected any moment a tiny craft bearing romance might glide into sight, bearing perhaps one youthful and manly and handsome—and a bit anxious, or maybe the two idly drifting there as a May dusk advanced above the house on the hill, oars and time forgotten.

Wild geese were on the wing in today's pleasant weather, their strange cries that where ever heard seem to contain a measure of loneliness, drifting down to us, earthbound mortals, the calls resounded in a vague echo that lingered after the flight had been lost to us in the blue above the river. "Wild geese!" grand-daughter smiled as she said the new words over, and we stopped our work of the moment to trace their course to horizon's rim and then she was off on restless feet to some fresh interest.

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Cook's Corner

HOT POTATO SALAD

4 cups cooked, diced potatoes
Salt and pepper
8 slices bacon
2 tablespoons minced onion
4 tablespoons bacon fat
1/2 cup mild vinegar
Sugar to taste

METHOD: Season hot, cooked and diced potatoes with salt and pepper. Fry the bacon slices until crisp and then remove from the pan and chop finely. Add the bacon and the minced onion to the potatoes.

Drain off all but 4 tablespoons of bacon fat from the pan and add to it the mild vinegar, made by combining 1/2 cup vinegar with 1/4 cup water. Sweeten to taste with sugar. Bring the mixture to a boil and pour over the potatoes. If desired this salad may also be served cold, as well.

Morning Smile

Wife: John, what is the difference between direct taxation and indirect taxation?
Husband: "Why, the difference between your asking me for money and going through my trousers while I'm asleep."

It is not good taste to send a printed card to a friend who has suffered a bereavement. Even a very short personal note is preferable.

HOT FLASHES?

Are you going thru the functional "middle-age" period peculiar to women (38-52 yrs.)? Does this make you suffer from hot flashes, feel so nervous, high-strung, tired? Then try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Pinkham's Compound also has what Doctors call a stomachic tonic effect.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND



Seven-month-old Danny Topke, of Freeport, L. I., was quietly bathing in his enameled pan bathtub when someone said "Hey!" His response provided this unusual portrait of big-eyed wonder.

Household Scrapbook

Renewed Rubber
If the rubber-covered dish drainer or sink tray gets old and sticky, try applying some shellac, varnish, or ordinary paint. Let this dry thoroughly before doing the job, and after, and it will eliminate the stickiness and prolong the life of the tray.

Bugs on Plants
The little white bugs that sometimes appear on the house plant can often be exterminated simply by prevailing upon some accommodating man to blow cigar smoke on the plant.

Vegetable Glue
If the vegetable glue should get dry and hard, soften it by adding some hot vinegar, drop by drop, and keep stirring until the glue is soft.

How Can I!!!

Q. How can I remove oil and grease stains from leather?
A. By dabbing the spots with spirits of sal ammoniac. Allow this to remain on for a short time, then wash with clean water. Repeat the process if necessary, but be careful not to injure the color of the leather. It is well to experiment on an unseen portion first.

Q. What is a good tonic for ferns?
A. Use the leftover coffee. Pour a little fresh water through the grounds to weaken the coffee slightly, then pour around the ferns. Do this about once a week.

Q. How can I clean a rubber article?
A. Use a solution of household ammonia and warm water. This will not only clean the rubber, but will keep it soft and pliable.

Needlecrafts FOR THE HOME

FOR SUN OR STREET
Here's a dress destined to play a dual role in your warm weather wardrobe! It's smartly shouldered-strap for tanning times... can cover up in its own little capelet for street scenes.

No. 2537 is cut in sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 3 1/2 yards 38-inch dress 3/4 yards, 35-inch for capelet.

Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or some number in your address.

Address: Pattern Department, The Charlottetown Guardian, Pattern No. 2537

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Farmer Is Both Father and Mother to His 11 Children



For four years since his wife died, Fred Holman, of Greensburg, Pa., has been both father and mother to his 11 children who range from seven to 18 years. They do chores on the 96 1-3 acre farm and keep house. He is keeping the family together because his wife would have wanted it.