

EAT QUAKER OATS FOR ENERGY



Still Costs Less Than 1¢ a Serving!

Serve a Hot Breakfast of QUAKER OATS EVERY DAY!

Libel Suit Against Mike Jacobs Settled

NEW YORK, Jan. 21 (AP)—A \$200,000 slander and libel suit brought against promoter Mike Jacobs by representative Donald O'Toole (Dem., N.Y.) after a word battle between the two men more than two years ago was settled out of court today.

The Twentieth Century Sporting Club which Jacobs long has headed, announced settlement after Jacobs retracted a statement that was offensive to the congressman. O'Toole received a "nominal sum", the announcement said.

OF FRENCH DESCENT

A large part of the Venezuelan aristocracy is of French descent and its members are nicknamed Mosus.

DOROTHY DIX SAYS—

(Continued from Page 2)

men, like your husband, who let their families go without the things they need so that they can maintain their reputation as liberal men by always being ready to lend a few dollars to anyone who asks them.

PRIMARY DUTY

Charity begins at home and no man has a right to give to his relatives or lend money to his friends until he has comfortably provided for the wife and children for whom he is responsible.

DEAR DOROTHY DIX: I am a widower with two daughters who are 15 and 16 years old. They go to high school and are good students. Now this is my problem: I have fallen deeply in love with a woman and would like to marry her, but cannot do so on the salary I make unless I take the girls out of school and put them to work. I suppose I could send them to their grandmother, but I do not like to ask her to take them as she is very poor. What is your advice?

WORRIED

ANSWER: I think it is your duty to put off marrying until your girls finish high school and have been taught some way to make a living. If you take them out of school now, you brighten their chances in life, as they will have to take some very menial and ill paid job. You owe it to them to give them at least a high school education.

In order to do this, you will have to defer your marriage for two or three years, but that is the price you will have to pay for your fatherhood. When a man brings children into the world, he is duty bound to think of their good before his own happiness.

And let me urge you not to send the girls to live with their poor old grandmother. In the first place, it would be a great imposition to ask her to share the little she has with your two daughters. And, in the second place, neither Grandma or the girls would be happy together, because they belong to different generations and would be bound to clash.

DEAR MISS DIX: I am a business woman in my middle thirties. I am engaged to a fine man, but this is the rub: When I am with him I am perfectly contented, but when I am away from him I do not know whether I love him or not. I just can't make up my mind whether I want to marry or not. Do you think this is unnatural?

A BUSINESS WOMAN

ANSWER: No. There are many business women who contemplate their latchkeys and individual pocketbooks and wonder if any man is worth giving them up for, and if it isn't wise to heed the old proverb and let well enough alone.

However, don't forget this: While marriage is the greatest of gambles, it has the biggest of all prizes and it is worth your taking a pretty big risk: For no other happiness in the world is so complete as that of the woman who gets a good husband and who has children and a real home. And I can think of no better test of the state of your affections than that when you are with the man you are perfectly contented.

LEGENDS

(Continued from Page 2)

While he stood there like one in a dream, the little fellow removed the seed from his lips, slid down from the rock and, advancing to the youth's side, took him by the hand and led him up the steep hill.

Higher and higher they climbed, the bird holding fast to the hand of his strange guide. Each time the youth had a thought of escaping the little man would again lift the musical instrument to his lips, blow out a few liquid notes that had the effect of charming his captive into submission.

Now the little fellow left the main trail and led the youth along a narrow, winding bypath which came to an end at the side of the hill. Feeling about with his free hand, the strange figure pressed a secret button and lo! a door crept open on its hinges and opened to receive the pair.

"Come!" said the player of the heavenly music. "I have long known the desire of thy heart and am about to gratify that desire." Quickly they descended a flight of stairs which led to a narrow corridor as black as the ace of spades. When they had traversed this tunnel in silence they came to a second door. This time the little man knocked softly and uttered a single word which was quite meaningless to Silas Appletree.

In an instant the door flew wide and Silas was led across its threshold into a country as strange and beautiful as ever mortal eye beheld.

To the left Silas noticed a lovely forest whose trees reached up higher than the eye could see. From their branches hung great clusters of gold-colored fruit very tempting to the youth, who all of a sudden developed a healthy appetite.

"Thou art hungry," said the little man, who seemed to sense every thought and desire of the other. "But you must not partake of any food until you have seen all the wonders of my kingdom. Let us proceed."

"Now look to the right," said the pint-sized man, "and tell me what you see."

"It's a river!" exclaimed Silas excitedly. "A river that is full of winged creatures. They seem to be moving about in the water and lifting their wings high out of it."

"Ah!" said the little man. "You have a very sharp eye, my young friend. The winged creatures you see are the souls of those who loved the world and its treasures more than they loved God and His Kingdom. But look no more upon the river, for it is a place of tribulation and weep. The winged creatures keep trying to lift their bodies out of the water so that they might be able to fly away to the forests of golden fruits, but alas! they are doomed to everlasting despair."

Then the guide bound Silas' eyes with a heavy silver cloth, and, again taking him by the hand, warned him to be silent and quick if they would reach the Valley of Desire before sundown.

On and on they hurried. And twice they were obliged to sit down and rest, for, what with the swiftness of their pace and the heat of the evening, the poor youth was almost overcome by fatigue.

At long last they came to a halt and the little man removed the silver cloth from the eyes of Silas Appletree, saying:

"Behold the Valley of Desire!" The youth gazed in awe and reverence at the many wonderful sights which met his eyes. He was lost in thought and his heart was too full of joy for words. After the lad had looked at this and that wonder for a considerable time, his guide suddenly spoke:

"Thou hast seen enough for one of thy years. It is now time to depart."

So saying, he again blindfolded the youth and in the twinkling of an eye they were both cast upon the back of a gigantic winged creature and borne away over hillsides

Don't Make This Mistake When Child Is Constipated

Don't upset a child already upset by constipation with nasty-tasting laxatives or harsh, irritating cathartics. Give Children's Own Tablets. This new corrective made especially for growing youngsters needs no unpleasant or disagreeable reactions that even the faintest child would object to use. Make laxative-taking time easy on the child and yourself, mother! Get Children's Own Tablets today at your druggist.

And valley, over lakes and rivers, over forests and plains. All night long they rode upon the back of the great bird, but at break of day the little fellow looked away the scarf of silver; and lo! eastward, Silas saw the familiar scenes of his native Isle; saw the sweeping lines of the river as it swept past Tea Hill on and on to the sea; saw the very rock where he had first sighted the strange little fellow who now rode beside him.

While the boy's mind was occupied by a thousand strange fancies the bird swooped low, and without word or sound the little man pushed Silas Appletree off the bird's back. When Silas had recovered from the shock of the fall, he found himself standing in the exact spot where he had first listened to the music which caused him to be transported to the Valley of Desire.

The next story: The Miser.

HEAD TRADE BOARD

HALIFAX, Feb. 1 (CP)—S.R. Balcom today was elected president of the Halifax Board of Trade. He succeeds A.M. MacKay, who was elected chairman of the finance committee for the 1949 term.

SOIL CONSERVATION

CAPE TOWN (CP)—Nearly 10,000 acres, approximately 4.5 per cent of the agricultural land of South Africa, have been declared soil conservation areas, according to the first annual report of the soil conservation board.

ELLEN'S DIARY

(Continued from Page 2)

grown! And there are the odd ones that in the interval have been added to the herd, by buyings abroad. And then on impulse catching a fancied resemblance to an esteemed cow of the past, I say: "My, but that one's like her mother!" And James, whose brow contracts in actual distress to find that my memory in such a vital affair has been so short will reply, "Her mother, Ellen—your never saw her mother—though a good cow she was, a good back on her, and now, just what you'd call a fine cow. This is one of that bunch we bought that day—don't you remember? One day last Summer" or it may have been "in the Spring."

And looking back to it all I remember is that there was a strange emptiness about the place that day, with everything so still in their absence, and Fard a watchful lonely figure at the gateway. And then the excited, pleased barking on their return nearing dusk, and the

High Energy Tonic brings family happy life and energy!



"WE GOT SICK AND TIRED OF HAVING COLDS." writes a housewife. "My husband leads a busy life and used to get very rundown." I was a busy mother and the children too were always having colds. A friend recommended Scott's Emulsion; and in just a little while you could truly see the difference. I must say it's grand!

YES, A TRULY WONDERFUL difference takes place in the way you feel if your diet lacks the natural A & D Vitamins and energy—how much better and happier you feel. Remember, it's Pleasant-tasting and economical. Recommended by 30,000. Today—buy pleasant-tasting Scott's Emulsion!

TRY SCOTT'S EMULSION HIGH ENERGY YEAR-ROUND TONIC

PROCTER & GAMBLE WANTS YOU TO TRY Tide!

TWO DOZEN PLASTIC CLOTHES-PINS

2 DOZEN FOR ONLY 25¢ AND ONE TIDE BOX TOP RETAIL VALUE 58¢

They're New! Exciting! Gaily Coloured! The latest thing in washday aids, these modern plastic clothes-pins won't tear or lose their grip. They're sturdy, easy-to-use—stainless and sanitary, too! They're yours—2 dozen of them—for one TIDE boxtop and 25¢.

HERE'S WASHDAY'S MOST AMAZING PROMISE:

No soap—no other "suds"—no other washing product known—will get your family wash as CLEAN as Tide!

And now Procter & Gamble makes you this attractive introductory offer, so you can see for yourself! There's never been anything like Tide before! There is nothing like it! Tide gets your whole family wash cleaner than any soap, any other washing product known. That's because Tide leaves clothes free from dirt, and actually removes soap film, too! That's why washable colours come brighter... what's more Tide brightens them safely, too. As for white things, why in hardest water, Tide gets them whiter than any soap or any other washing product. Know what that means for you? All this: the CLEANEST, BRIGHTEST, WHITEST wash you ever hung on the line! Try Tide today!



GUARANTEE: Procter & Gamble guarantees that TIDE will do everything claimed for it in this advertisement. If you are not entirely satisfied, return the unused portion of your package to dealer, and the purchase price will be refunded.

TIDE'S IN-DIRT'S OUT!

Here's all you do

Send your NAME and ADDRESS with a TIDE boxtop and 25¢ to cover handling to:

Tide, TORONTO 1, ONTARIO.

Your order will be forwarded as quickly as possible. Be sure to place sufficient postage on your letter. Please allow fourteen to eighteen days for delivery. This offer good in Canada only.



Barbara Brent's BUYS AND WHYS



A WEEKLY INFORMATION SERVICE

MONTREAL, Feb. 3rd—Want to talk your family into eating "so-good-for-them" whole wheat bread? Then just say this "magic" word... KELLOGG'S ALL-WHEAT... and serve All-Wheat topped with milk, sugar and fruit. M-mmm!—tasty treat! Just as the name implies, it's made of Canada's choice whole wheat; roasted, toasted, and transformed into crisp flakes with a come again flavour. Serve it to your family to-morrow and just notice how fast a bowlful disappears! Yes, more and more mothers are discovering All-Wheat is a family favourite... a "wide-awake" for everyone! Your grocer has it for you now... Kellogg's All-Wheat—roasted whole wheat in delicious, ready-to-eat flakes!

What is Your Share of \$247,000,000? This is the sum that will be distributed next month in Compulsory Savings refunds for 1943-44 to 2,250,000 Canadians. If you're one of the lucky ones, make sure that you receive your share by sending any change of name or address during the past four or five years to the Taxation Division... Change of Address Cards are available at any Post Office or District Tax Office. Just fill in your name and address next month—what a grand opportunity to open a Savings Account at the BANK OF MONTREAL! Perhaps you'd like a "Holiday Savings Account"—or possibly a "Rainy Day Account" to take care of emergencies. No matter what the reason that prompts you to begin saving, you'll find, as I have, that the B of M personnel are courteous, helpful and expert. That's why so many women like to bank at the B of M!

Junior's Scraped Knees are always minor tragedies—but such frequent tragedies that it's a good idea to be prepared for them. Be prepared with DALMAS Dressings! You see, Dalmatians are made with an extra touch of moisture! They're made of a paper-thin substance that's washable, water-proof, smooth, can't fray, stretches all ways and blends with skin colouring. They're available in all sizes and will keep cups clean and free from germs. When your husband cuts himself shaving—when you cut yourself cooking—when Junior scrapes his knees—be prepared for them. Be prepared with DALMAS Dressings as they're easy to see why so many mothers agree that Dalmatians Dressings are a "medicine-cabinet must"!

You'll Take To Baking Biscuits every night of the week... with TEA-BISK, to help you! Serve biscuits—light, fluffy and piping hot from the oven to that enthusiastic family of yours! It's so very simple with Tea-Bisk. Yes, more and more mothers are discovering All-Wheat is a family favourite... a "wide-awake" for everyone! Your grocer has it for you now... Kellogg's All-Wheat—roasted whole wheat in delicious, ready-to-eat flakes!

Time For Tea? There's always time when you make your tea with the new improved TENDER LEAF TEA BALLS! So easy to serve... they're just like a jiffy! You'll find, too, that tea isn't as come too often... for the finest grade Orange Pekoe is really "something"! And I suspect those little top leaves of having something very special to do with the good taste of Tender Leaf Tea Balls. Yes, more and more mothers are discovering All-Wheat is a family favourite... a "wide-awake" for everyone! Your grocer has it for you now... Kellogg's All-Wheat—roasted whole wheat in delicious, ready-to-eat flakes!

See Your Favourite Corn Syrup in those brand new, easy-to-open cone top tins! Yes, your grocer has CROWN BRAND CORN SYRUP with a "new look" in store for you! It's in a cone topped tin; it looks so smart you'll take it to the table when you serve waffles—pancakes—puddings. And I've found it so wonderfully easy to handle when I'm mixing a cake or cookies. It pours so smoothly from its cone-topped tin! Look for Crown Brand's new container next time you're shopping... it's a convenience that's "served" for your convenience!

For A Favourite Old-Fashioned Dessert with the kind of home-made flavour you're used to, let me give you a tip you'll eternally appreciate. Scoop to your grocer's and pick up some of those marvelous new JELLO-TAPIOCCA PUDDINGS. So quick, so easy, so economical. There are two flavours, you know—and both are delicious. Plain. But now and then I like to vary them by pouring a glossy chocolate sauce over top of the vanilla pudding, or folding diced, fluffy marshmallows into the chocolate pudding while it is still warm.

Here's High Praise from an expert for one of my favourite soups! An experienced food editor wrote about HEINZ CONDENSED VEGETABLE SOUP: "I have never liked canned vegetable soup before, but I like this very much." And four taste-tests, two among dieticians, showed an overwhelming preference for HEINZ SOUPS over other popular brands! Try this taste-test in your home: Heat a tin of Heinz Condensed Vegetable Soup and a tin of any other brand... serve half-helpings of each—then take the vote when everyone has tasted. I'll bet it will be two to one for Heinz!

Your Youngsters Will Agree With You... there's nothing better-tasting and "more fun" than a cup of hot OXO before that cold, morning trek to school in Winter! Yes, a cup of warming Oxo at breakfast really "hits the spot" for a special treat. For their lunch or supper simply dissolve an Oxo cube or a teaspoon of fluid Oxo in a little boiling water and add it to a bowl of warm milk. M-mmm!... they'll love it! You see, Oxo is the goodness and flavour of prime, lean beef, concentrated, in cube and fluid form! That's why it's such a mealtime favourite with grown-ups, too! And such a budget-saver... for you can cut down meat bills... still have rich "meatiness" with meals like your add Oxo to soups, stews or gravies! Yes, Oxo gives you so much for so little cost!

Cold Weather needn't be a "hand-axe" problem at all! For hands stay soft and lovely with the soo-othing care of JERGENS LOTION! No matter how low the temperature... no matter what your daily chores... Jergens—quick—easy to use—keeps hands white and smooth! It protects against chapping and roughness... gives even the most hard-working hands that "Ladies-of-Lessure" Look! Keep a bottle handy in both kitchen and bathroom and use it after every watery job. That's what thousands of housewives know... and wonder! For Jergens used regularly, keeps hands lovely all year round!

Best for all your baking... that's Purity Flour. Women who bake and bake depend on Purity for uniform results. It's the flour that's milled from Canada's fine hard wheat and sold everywhere.

Do this! Cleanse with Cuticura Soap—It's different, medicated. Then apply Cuticura Ointment to help clear up pimples, rashes and blackheads. Cuticura often succeeds where others fail. Buy at your druggist today.

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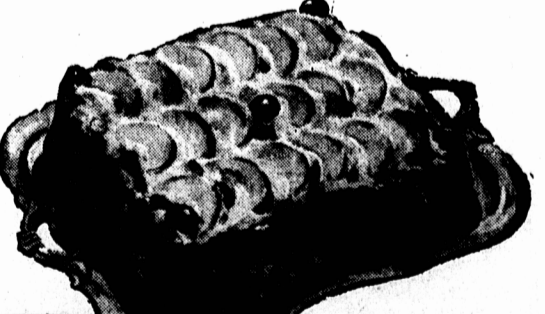
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There was the Sandman's summons and "I think I'll go home" to end the fun. And now, "How about a fistful of those cookies, Ellen?" James asks, and both he and Mr. C. from the house on the hill, lay aside their pipes. Until tomorrow... Diary... Good-night.



Hear them Cheer! Watch it Go! New PURITY Apple Queen

... is a wonderful dessert. You'll make it again and again, and of course with Purity Flour. So scrumptious, such a tangy sweetness atop a feathery cake... and per serving so economical.



PURITY Apple Queen CAKE

1/2 cup butter in 7 or 8 inch square baking dish, add brown sugar and spread the mixture evenly over the bottom of the dish. Pour and core apples and cut each one in sections lengthwise. Set in rows in the butter-sugar mixture. Place a cherry in each corner and one in the middle.

Now—Cream shortening, add vanilla. Gradually add sugar and blend well together. Add water-soluble eggs. Mix Purity Flour, baking powder and salt and sift together 3 or 4 times, then add alternately with the milk. Pour this batter over the apples in baking dish and bake in a moderate oven (350°F) for 40-45 minutes. Invert to serve. Remove from the dish as soon as baked. Serve hot or in with a sweet sauce, or serve cold with whipped cream.

Best for all your baking... that's Purity Flour. Women who bake and bake depend on Purity for uniform results. It's the flour that's milled from Canada's fine hard wheat and sold everywhere.

YOU NEED ONLY ONE FLOUR PURITY FLOUR FOR ONE RESULT—PERFECTION

Form for requesting Purity Flour samples, including fields for name, address, and city.