Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

THUMBS DOWN ON DULL MEALS

MAGIC'S CARAMEL CURLS

2 cups sifted flour
½ tspn. salt
4 tbspns. shortening
½ cup chopped nuts, any kind, or raisins
6 tspns. Magic Baking Powder
1 egg
½ cup milk
½ cup brown sugar

Sift dry ingredients together. Cut in shortening until mixed. Beat egg slightly in measuring cup; add milk to make ¾ cup; add to first mixture. Roll out ¼-inch thick; sprinkle with brown sugar and nuts. Roll as for jelly roll. Cut in 1-inch pieces. Stand on end in well-greased muffin pans. Bake in moderate oven (375°F.) about 30 minutes. Makes 18.

MADE IN CANADA

FOR FINER TEXTURE... DELICIOUS FLAVOR

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask no price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Times Prices and Trade Board.

Q. If there is such a shortage of rooms and houses why is one person allowed to live alone in a three-stery house? These people should be compelled to share their houses.

A. Compulsory bulleting has not yet been introduced into Canada but wide appeals have been made to householders to rent their extra rooms during this housing emergency. Hoarding living spaces is as unpatriotic as hoarding food.

Q. What arrangements have been made for us to get tea and coffee when the tea and coffee coupons expire?

A. E coupons are to be used for tea-coffee ration. E1 and E2 become valid on February 17th. 'E' coupons in books belonging to children under twelve are not to be used.

THE COOK'S CORNER

PORK CHOPS WITH SAVORY STUFFING

6 loin chops, 1 inch thick, 1½ tsps. salt, ¼ tsp. paprika, 1½ cups milk, scalded. Wipe chops and brown in heavy frying pan, place in large casserole, season with salt and paprika, and add hot milk. Bake, covered in moderate oven (350 degres F.) about 45 minutes, cover each chop with dressing and bake, uncovered, ½ hour longer or until stuffing is browned and milk absorbed by chops. Yield 6 portions.

STUFFING FOR PORK CHOPS

2 cups hot water or stock, 6 cups stale bread crumbs, 2 eggs beaten, 1 tsp. salt, ½ tsp. pepper, ½ tsp. nutmeg, 4 tsps. sage, 2 tsps. poultry seasoning, 4 Medium-sized onions, chopped, ½ cup savory fat, ½ cup chopped celery tops, ¼ cup chopped parsley, ½ cup raisins. Pour hot water over bread crumbs, add eggs and seasoning, saute onions in fat until lightly browned, stirring constantly, add celery tops, parsley and raisins and mix thoroughly with seasoned crumbs. Pack stuffing loosely in cavity. Approximate yield 8 cups stuffing or enough for a 10-pound suckling pig.

TWICE AS GOOD

When dish or hand towels wear thin match them in pairs. Stitch together around the edges and from corner to corner. Reinforced this way there's lots of good service still to be got from the thinnest towels.

Living & Leisure

The Woman's Realm

I saw a slum,
Not in the busy mart of trade or throbbing industry,
But mid the pasture lands.
Where cattle grazed, out in the Fields, where corn grew tall,
I saw a slum . . . .

A slum is any place
Where life is destitute of food
And clothes and light and air—
It matters not in countryside
Or city's crowded thoroughfare —
Where'er these things exist,
Where life is pinched and drab
And love is lost and God is not,
It is a slum.

—Dr. Mark A. Dawber.

Night blindness is one of the oldest diseases known to man; about 4,000 years ago the eating of liver was given as a corrective treatment in the medical papyri of ancient Egypt; liver, which supplies vitamin A, is still recommended.

The discolored tea kettle can be brightened inside by boiling a clean oyster shell in it.

Keep a good-sized piece of gum camphor in the buffet drawer with the flat silver. It will do much toward preventing the silver from tarnishing.

The country housewife who is able to get meat only when the butcher drives to her home will tell you to wipe the joint of meat with diluted vinegar if it is on the verge of going bad.

FEED THE BIRDS

There are some people who never neglect to feed the birds. Winter and summer they make a point of it. These, of course, act humanely and for their own pleasure. They hang up lumps of suet, scatter crumbs and some even buy seed to distribute. Probably when the weather is warm and where facilities exist these people build a bird bath. They enjoy watching the birds. They collect a court of regular clients and probably know many of them by sight. They get a kick out of being benefactors, which is a very good kind of kick to get. These are the regular bird-lovers.

There are others who scatter food for birds when they think of it. They act when reminded and, left to themselves, that usually means when they see flocks of birds extra busy searching for food, often after a fresh snowfall. It is fun seeing the birds go for the food, pigeons, grackles and sparrows all competing and manoeuvring. It is worth watching, but it is also worth remembering that the spectacle means that the birds are up against it. If not actually starving, they are on short commons. This is worth bearing in mind whenever a turn of the weather threatens the birds' normal sources of food. Then a little largesse may well be distributed without waiting for a reminder—after all, it is easy to miss seeing the food-seeking flocks unless one watches regularly from some height above the ground.

Anyway, winter is here and this is the hardest time for birds. If opportunity occurs, it is both kindly and entertaining to feed them.

FOR BABY OR BEACH

A boon for young mothers in price and utility is a bag which will hold everything the baby needs for an outing. It is made of navy or wine rayon faille and has an adjustable strap which can be worn over the shoulder when you are wishing for just one more hand. Lined pockets on each side, a place for bottles, dry diapers and a buttoned case for soiled ones. There is room for a baby blanket. It would also be a good beach bag.

In removing spots from rayon, avoid strong acids or alkalies as these will rot the material. Fruit and non-greasy stains can be sponged out with cold water or lukewarm water and a little soap if they are stubborn.

Heavy grease spots can best be removed by carbon tetrachloride, gasoline or benzine. A simple water ring can be removed from your rayon garment by rubbing the material gently between the hands, or rubbing around the edge of the stain with a rounded metal object.

GRAY IS POPULAR COLOR OF SEASON

While purple is the smash hit color of two seasons so far, gray is by no means a dark horse. In fact the run on gray is something all college shops report. It started with gray flannel suits, separate skirts, then gray corduroys and gray sweaters. It seems that the practical-minded collegiates are singling out this color because of the ease with which it can be contrasted or blended. The shade of gray is that smooth one of which men's wear gray is the prime example.

COLORED HAIRNETS

The new visible, colored hairnets thought up by a famous hat designer, will be sold in several stores. They can be worn withany coiffure.

MATCHING SUNLIGHT

Mercury vapor lamps, while much used for street and road lighting, make an unpleasant green light. Now comes news of a new light obtained by passing an electric current through a quartz vacuum tube containing vapor of the rare metal tellurium. It is an almost perfect match of sunlight.

Dorothy Dix Says—

DIVERSIONS ABET HAPPINESS

Married Folks Need Nights Out; Constant Companionship Becomes Boresome

DEAR MISS DIX—We have been married 16 years and have six children. My husband and I are very much in love with each other, but we have one problem about which we differ. With my family I have a lot of work to do and am kept at home almost all the time, but I like to go to a club meeting once every two weeks, and to the ladies' club on the alternate week.

My husband objects to my going to these meetings. He says I should stay at home, but I feel that I need two or three hours' recreation away from my family and my work once a week. I wouldn't mind his objections so much if he didn't go anywhere either except to his work and home, but he steps out whenever he pleases.

He has agreed to abide by your decision. What do you think? MRS. A. C.

CONSTANT COMPANIONSHIP BAD

ANSWER—I think that any husband and wife who merely vibrate between their work and their homes and who have no outside interests or diversions are headed for the divorce court, or else are doomed to be one of those quarreling couples who fight just for the fun of the thing and to put a little pep into their lives. For no two people can be together all of the time, day in and day out, year in and year out, without talking out.

They have told each other everything they know until they become as boresome as an oft-repeated tale, so they sit up in a silence you could cut with a knife, or else the wife feels that she will scream if John starts again on what he said to the boss and the boss said to him, and the husband jams on his hat and makes for the front door when the wife tunes in on her theme song about the price of butchers' meat.

Maybe our grandparents were more domestic-minded than we are, or they had stronger nerves and more resistance; but nowadays if a husband and wife keep each other interested and from losing their taste for each other they have to stir about and get some fresh ideas and new points of view. They must have something to say that keeps their mates from yawning in their faces.

You should not begrudge your husband his nights off as long as he doesn't take too many of them, nor should he try to keep you nailed to your fireside without any respite from domesticity. You need a change even worse than he does because he, at least, works in a group where he hears what other people are thinking and can swap a good story, while you are tied to your cook stove and washing machine. And, no matter how much any mother loves her children, nobody can deny that she needs some adult society. Just ask your husband how he would like to have nobody to talk to but the baby.

Husbands make a great mistake when they try to keep their wives from belonging to a club or two. It gives some variety in their lives, something to think about besides their husbands' faults and peculiarities and, if they have a reforming complex, they can take it out on the city or some cause instead of the unfortunate men to whom they are married.

DEAR DOROTHY DIX—I am the father of two young ladies, 33 and 29 years of age. They have been working since they were 18 years old, paying board at home regularly, and are good church members. Have I the right to enter their room and go through their closets and dresser drawers, checking upon them; or are they entitled to the privacy of their own room? SAM P.

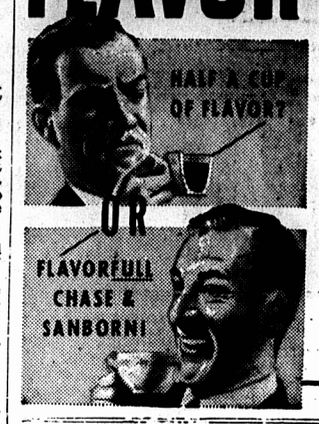
FATHER KEEPS DAUGHTERS IN PEONAGE

ANSWER—Well, Sam, in these days of the emancipated woman and the adolescent girl who tells her parents where they get off, you are certainly a museum specimen. I didn't know any such father as you still existed. And why your daughters have stood for your tyranny and espionage all these years is something beyond comprehension.

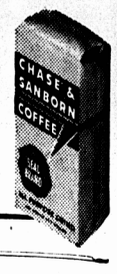
It is no wonder they are old maids, for you don't have to be an FBI to know that you have kept them from ever having any boy friends, or any chance at getting a husband, because you were holding them in virtual peonage and wanted to keep them single so they would support you. You didn't want to share their pay envelopes with any husbands, and it is dimes to doughnuts that you never let them handle the money they earned by their hard labor.

As for your right to go through their closets and dresser drawers checking up on them and trying to see if they have snitched maybe a bobby pin or a ribbon for themselves, the answer is NO. You haven't any such right. And if you had any decency about you, you wouldn't even think of doing such a thing. And your daughters should have enough spunk to rebel against the way you are treating them and make a strike for their personal liberty.

FLAVOR DID IT!



Dominion-wide swing to finer coffee sends Chase & Sanborn sales up up up



DEAR MISS DIX—We have been married over five years. Have two small children. My husband entered the service a year ago. He writes me that he has met a girl with whom he has fallen in love and that he is living with her and wants me to give him a divorce so he can marry her.

What should I do? Should I be patient and hope that he will realize what he is doing to his life, as well as that of his children, or should I grant him a divorce? UNHAPPY WIFE.

ANSWER—Why don't you play for time? Tell him that if after two years he still wants a divorce you will give it to him. Perhaps by that time he will be as tired of his current Lady Love as he got of you. But, in any case, see that he makes some provision for the children and doesn't leave them for you to take care of.

A man of his caliber doesn't seem to me to be much of a loss as a husband. I earnestly advise you to begin to learn some trade by which you can support yourself and the children, as you will probably have to do it in the end.

CHEESE TIDBITS

It's disappointing, isn't it, to find a piece of cheese at the back of the cupboard, hard, mouldy, and unattractive. Of course the mould can be cut off and the rest grated, so it isn't entirely wasted. But here are tips on how to make sure that all the next piece of cheese you buy stays fresh. To prevent moulding or drying wrap tightly in wax paper and keep in refrigerator. If you have cheddar cheese, wrap in cloth wrung out in vinegar; this discourages mould. Last bits of cheese can be grated for cooking and kept in airtight jars.

Mother, This Home-Mixed Cough Relief Is Splendid

Saves Real Money. No Cooking. Real Results.

To get really surprising relief from coughs due to colds, you can easily prepare a medicine, right in your own kitchen. It's very easy—anyone can do it—needs no cooking, and tastes so good that children take it willingly. But you'll say it's hard to beat for quick results.

First, make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments, until dissolved. Or you can use corn syrup or liquid honey, instead of sugar syrup. Then get 2½ ounces of Pinex from any druggist, and pour it into a 16 oz. bottle. Then add your syrup. This gives you 16 ounces of really splendid cough syrup—about 4 times as much for your money. It never spoils, and lasts a family a long time.

And for real, quick relief, it is actually splendid. It works in three ways—loosens the phlegm, soothes the irritated membranes, and helps clear the air passages.

Pinex is a special compound of proven ingredients, in concentrated form, well known for prompt action in coughs and bronchial irritations. Money refunded if it doesn't please you in every way.

win a ROMANCE COMPLEXION

Whipped Cream Lather facials will bring you a lovelier skin!
Claudette Colbert

Whipped Cream Lather Facials are real beauty care! First work the creamy lather well in—

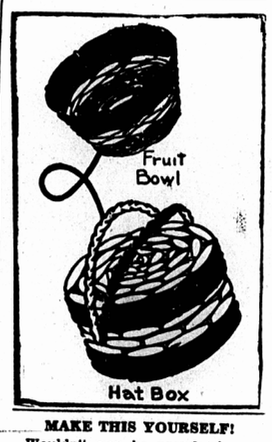
Rinse with warm, then cold. Pat dry. Now your skin feels softer, smoother! Looks radiant, flower-fresh!

● Romance complexions are guarded daily in Hollywood by Lux Toilet Soap Whipped Cream Lather Facials. Let this famous beauty care make *your* skin smoother, lovelier, more radiant! Start tonight! Watch Claudette's beauty treatment improve *your* skin—give you a lovelier Romance Complexion!

9 out of 10 of Hollywood's Famous Screen Stars use LUX Toilet Soap!

You... can win romance with a Romance Complexion—a skin that's softer, smoother, adorable.

Home Service



MAKE THIS YOURSELF!

Wouldn't you be proud of yourself if you could weave this smart fruit bowl or hatbox? And it isn't as remote as you may think! For weaving is coming back into fashion again, and many are finding that it isn't as hard as it seems.

In fact weaving is really relaxing. Nothing helps better to sooth those ragged nerves! It is enjoyable because it's rhythmic handwork. But it is by no means merely a sedative. It brings pleasure because it gives the creative urge a whirl.

Human weaving can be as intricate and delicate as a spider's or as simple and sturdy as a beaver's. You can use equipment as complex as a textile mill's or as simple as a kindergarten's.

Our 32-page booklet avoids the complex. It tells what can be done on the more advanced looms; but it gets down to cases with such simple looms as pieces of cardboard, embroidery hoops, breadboards. It tells you exactly how to tackle a makeshift loom and produce something on it. It is a booklet for amateurs—concerned with fun and results.

Send 15 in coins for your copy of How To Weave Useful Novelties to the Charlottetown Guardian Home Service, Address. Be sure to write plainly your name, address and the name of booklet.

Name

Street Address

City Province

For Sprains and Bruises JUST PAT ON SLOAN'S FOR QUICK RELIEF

SLOAN'S LINIMENT

A QUAINT SILHOUETTE SAMPLER

DESIGN NO. 558

This old fashioned silhouette of black felt is an ideal sampler for a young girl's room. Hot iron transfer pattern No. 558 measures about 10 by 13 inches with complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.

Design No. 558

NAME - - - - - - - - - -

STREET ADDRESS - - - - -

CITY - - - PROVINCE . . . . .

Needlecraft For The Home

FASHION - WISE SKIRT

It's good strategy to have a variety of sleek skirts these busy days to extend your wardrobe. This takes only a yard of material—and it's so easy to make.

No. 3723 in any of the above sizes requires only 1 yard 54-inch fabric.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address, Pattern Department the Charlottetown Guardian.

Name

Street Address

City Province

A Morning Smile

A minister preached a sermon on the duty of wives.

"There is alas, a woman in this congregation who is often guilty of disobedience to her husband. To make an example of her, I will fling my book at her head."

He lifted up his book and instantly every married woman ducked.

WHY PICK ON WOMEN? MEN HAVE BAD BREATH TOO!

76% of all adults have bad breath! Play safe—use COLGATE'S TOOTH POWDER

Scientific tests prove conclusively that in seven out of ten cases COLGATE'S TOOTH POWDER instantly stops oral bad breath.

SAVES YOU MONEY! Compared to other leading brands, a large tin of Colgate's gives you up to 50 more brushings, a giant tin up to 46 more brushings—for not a penny more!

TIP TO SMOKERS! Colgate's Tooth Powder is one of the quickest, easiest ways to guard against tobacco stain and tobacco breath! Get Colgate's today.

COLGATE'S TOOTH POWDER 25¢ 40¢

CLEANS YOUR BREATH AS IT CLEANS YOUR TEETH

COLGATE'S NYLON TOOTHBRUSH Cleans those "Hard-to-get-at" places. Colgate Nylon bristles can't get scaly. SPECIAL VALUE 29¢