

Woman's Realm Social and Personal Fashions Literature

DOROTHY DIX SAYS—

Slovenly Housekeeper Children Often Blamed For Mother's Innate Laziness

DEAR MISS DIX: I have been married for three years and have a sweet baby girl. Even before the baby came my wife and I quarreled over her slovenly housekeeping and untidiness. Still, then she would make an effort to clean up for a while, but now she just lets everything go and uses the baby for an alibi. I am able to afford one servant for her. What can I do?

SALESMAN

ANSWER: If a woman is just naturally trifling and lazy and slovenly, she is incurable. She will always love her ease better than anything else on earth and no consideration of her family's comfort will galvanize her into action. The only thing that a man cursed with that kind of wife can do is to make enough money to hire a good maid who will make him a comfortable home in which to live.

There are some faults in a wife that a husband can correct if he goes about it with tact and firmness, but he wastes his time trying to reform a lazy one. There is nothing in her to which he can appeal. She has no sense of duty, or else she would realize that it isn't playing fair in not being a good housekeeper. She has no sense of pride, or else she would be ashamed to go sloppy and untidily dressed and to keep a house that looks like a pigsty. Hence the man with such a wife must either get rid of her or make up his mind to endure her as she is. He can never change her.

As for your wife making an alibi of the baby, that's a common feminine practice. Thousands of women use their children as a standing excuse for everything they do and leave undone.

Plenty of women simply slump after the first baby is born. They let themselves go untidy. They don't even comb their hair or put on a decent dress for dinner. They never read any more. They give up their music or their painting or whatever accomplishments they had. They drop out of their old clubs and associations and get dull and unattractive and lose all their old graces and charms.

And the excuse they offer for it is the baby. They make a smoke screen of the poor little mite in the cradle, behind which they hide their indolence and general lack of pep and ambition. Also this supermother devotion saves their faces because it sounds grand and noble for them to be devoting themselves to their children.

But in reality, it is only a subterfuge. It is a lazy woman hiding behind the baby's pinafore, because any woman who wants to find time to take care of her children and do everything else she desires to do. As is witnessed by the myriads of women who are model mothers and housewives and yet frequent beauty shops and belong to clubs and play golf and help run the communities in which they live.

But as a standing excuse there is nothing equal to a baby.

DOROTHY DIX

DEAR MISS DIX: What do you think about the married woman
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Household Scrapbook

By Roberta Lee

CHICKEN FAT

Don't throw away the chicken fat. It can be used where any other shortening is used. It will add flavor to roast beef if laid on top while the meat is roasting. It is a good addition to pot roast and can also be used in pie crust.

CLEANING GARMENTS

When a ring will be left when cleaning a spot on a garment. If this is the case, try steaming the mark over the spout of the tea kettle. This will frequently remove the ring.

RUST

To remove rust on painted surfaces, use sandpaper. Do not try to cover the spots with paint, as they will show through in time.

Modern Etiquette

By Roberta Lee

Q. When signing her name to a business letter, must an unmarried woman use "Miss", as "Miss Hilda J. Smith"?
A. Yes, but the "Miss" should be enclosed by parentheses, as (Miss) Hilda J. Smith.

Q. If a double-ring marriage service is used, does the bridegroom buy both rings?
A. No; the bride should buy the ring for the bridegroom.

Q. Is it considered good form for a guest to open conversation with another guest, when there has been no formal introduction?
A. Yes, this is perfectly all right.

To cool their hands on summer days, American ladies of long ago used to hold a smooth handmade glass ball.

Honsberger-Lawson Nuptials



Mr. and Mrs. John David Honsberger photographed at their garden reception held at the bride's parents' summer home, Inkerman, after their wedding at the Kirk of St. James on July 5. The bride, Miss Helen Lawson, is the daughter of Mr. and Mrs. J. A. Lawson, Charlottetown. Miss Alfreda Pickard was bridesmaid and Mr. Hugh Honsberger was his brother's groomsman.

—Garnham Photo.

A Country Garden

By Mrs. Gordon Macmillan

Lavender and Roses perfume the garden. It is true that the lavender is just a small bush that I have had for several years and nothing like the large mounds which grow in England and other places, but when I gave a small sprig of it to a lady from Paisley, Scotland, who visited my garden last week, she was delighted to have something which reminded her of home.

It is blooming now and this is the time to cut it for Pot-Pourri, the fragrant bowl of roses and scented leaves which is kept in the home as a reminder of happy summer days.

Mock orange Philadelphia sometimes called Syringa, but this is incorrect, is also adding its fragrance to the garden. The old single variety which I have grown to a height of fifteen or twenty feet is very hardy in this climate, and easily rooted from roots taken from any part of the old tree. Annuals are now showing good bloom and it is comforting to know that they will be colorful until frost. So many perennials bloom for a short season and then need trimming that it keeps the gardener very busy cutting seed pods and old spent branches.

You may save your own seed of many things and sow immediately. They will amaze you in their speed in coming through the ground and you will have many plants to replenish your borders at little cost. They will not be true to type but may be very nice indeed.

Anthemids is making a bright golden corner in the garden. It is a daisy-like flower with strong stems suitable for cutting and long lasting. This perennial is easily grown from seed, and the fragrant leafed Fluereff Matricaria is also a good cut flower and easily grown. I am particularly fond of fragrant leafed plants and this is one of the best.

Many of the plants I have mentioned the last few weeks are still blooming, the Delphinium and Sweet William are making the beauty display and they were grown from seed. A gardener takes particular pride in a plant grown from seed and this week I have sown more seed of several perennials for next year.

The tying up and staking of tall growing plants is not easy and I avoid it whenever possible, as I think it detracts from the beauty of the garden, but sometimes one must do it and I find that green painted stakes or heavy wire with green twine the best to use. They round stake firmly then gather loosely and use more than one stake if necessary.

A few years ago a kind garden friend sent me gift of a large ball of dark green eyeing tying material with a typed garden verse every few yards. It was such a nice gift. I would be hurrying and worrying with some plant and then I had this message from her, telling me of the delights of a garden and my attitude toward my task would be changed and I became much happier in her thought of me.

A garden is much more than weeding and growing of plants. There is the friendship among those who love to garden. The president of a garden club from Ohio told me of her activities last week, and said at this time of year their gardens were very dry and burned up. She thought we were very lucky on the Island to have such a climate. I am trying to photograph the garden in the different seasons and when certain groups of plants are at their best. I find this takes time and I do not seem to have much of this but I manage to get some nice photographs especially in color. Black and white pictures of a garden can be disappointing.

Fragrant Sweet Peas are in bloom and I am especially fond of them. Also the budding Dahlias in a single dark red. I shall tell you more of them next week.

Left-over baked potatoes can be made fresh as new-baked if they are dipped in hot water for a few seconds, then heated in a warm sauce.

How Can I!!!

By Anne Ashley

Q. How can I relieve sunburn?
A. One of the very best remedies is to mix two parts of lime-water to one part of linseed oil, beat it to the consistency of cream, and apply. Vaseline jelly or olive oil are also often effective.

Q. How can I avoid the strong, unpleasant taste when preparing turnips?
A. Peel the turnips, then cut just as if there were a core in the centre. Discard this part, and there will be no strong taste.

Q. How can I revive the colors in a faded garment?
A. Use a little vinegar in the rinse water after laundering and it will help revive the colors.

The Stars Say--

By Genevieve Kemble

For Thursday, July 21

The sidereal operations seem to hold up the onward course of advanced objectives, being indicative of congestions, stagnation or some form of impediment, postponement, or other frustrating state of affairs. It may be a pause for study of far-reaching or basic prospects of matters in hand. This may concern tangible or property rights or fundamental issues of long-term scope and significance. There may be interference from elders or old institutions. Extraneous or forced issues may impede, but diligence, sound tactics and prudent efforts might batter down all opposition or static conditions.

Those whose birthday it is, may be confronted by a blocking or stagnation of cherished plans, hopes and aspirations. Some delay or postponing influence may

Better English

D. C. Williams

1. What is wrong with this sentence? "She is going to go to college."
2. What is the correct pronunciation of "joist"?
3. Which one of these words is misspelled? Suple superior, super-seide.
4. What does the word "distorted" mean?
5. What is a word beginning with fu that means "stealthy; sly"?

ANSWERS
1. Say, "She is going to college."
2. Pronounce as spelled, joist, not joise.
3. Supple.
4. Twisted out of regular shape. "He has a distorted view of life."
5. Furtive.

prove disheartening, caused probably by lack of funds, credit, or the promised aid of those in position. These might be affected by show of extravagance or over enthusiasm, when carefully studied ideas, attention to detail and practical plans might regain their interest. Tread cautiously in all efforts, with a vision of enduring values and future security.

A child born on this day may be easily disheartened, with his efforts discouraged by indifferent interest or vitality. His ambitions thwarted by frustrations, hindrances or handicaps.

Cook's Corner

STRAWBERRY SALAD

Arrange six or seven large, ripe, clean, strawberries that have been rolled in powdered sugar in small, crisp lettuce cups. Sprinkle lightly

Ellen's Diary

By an Island Farmer's Wife

A robin in an apple tree beneath our window singing "of what the world will be when the years have died away" brought us back to our morning and thinking for the moment that it was our lad-of-a-fellow in the birch in the yard at Alderley who had winked at us nonchalantly and yet had been we felt a bit apprehensive over his courting, we put out a hand expecting to find James clasp it. Now where had he gone? Had he already risen quietly to slip away in the quiet and early dew to a field to satisfy himself that "those turnips are doing well" or to be sure "that heifer's thriving" or just to leisurely admire some field or another of his sowing.

Ah me, as we reached towards wakefulness we recalled that James was far and away from us now and that an unsettled feeling, remembered that likely they were into the hay. But the robin's song was reassuring. The very calmness and serenity of its presentation advised folks on holiday to enjoy their days to the full, to try if possible to gain from them the strength of body, peace of mind and inspiration of soul that would be their stay, should the future present them with harassing cares. And so another day has been ours to enjoy, one as delightful as ever, but an inspiration of soul that would be their stay, should the future present them with harassing cares.

We must "run" errands to the sisters' and brothers-in-law's stores nearby when the need for sugar or such-like arose; we must gather and can some cultivated strawberries and this evening with grand-mother to Jamie and our

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ly with chopped nuts. Place on individual salad plates and serve with a fruit dressing. A smooth and light dressing can be made by simply thickening a mixture of fruit juices and then making it light and fluffy by folding in whipped cream.

Hobbies of a Local Citizen



(By Uncle Joe)

For today's article I have chosen the Eastern Rhythm Boys in that two of their members play musical instruments made by their own hands, namely: Roland Hyde of Cornwall and George Chappell of Charlottetown. Mr. Chappell's violin is a beautifully wrought work that must have received a lot of skill in the making plus almost unlimited patience. Fashioned after the famous Stradivarius its scroll, peg box, pegs, nut, fingerboard, neck plate, sound holes, bridge, tailpiece and button, all point to craftsmanship of a very high order, which helps impart to the violin a rich quality of tone not to be found in many of

the shop-tailored fiddles.

Mr. Roland Hyde's bass or bull fiddle, came into the rhythm picture this year. The work was begun in February and finished last April. That it is an exceptionally fine instrument may be gleaned from the fact that it carries insurance to the value of \$300. The top of Hyde's instrument is made of seasoned spruce; and it took \$7 worth of varnish to give it the high polish that it now carries. The sides and back are made of ply-wood, while the scroll, neck-piece, finger-faced and tail-piece, are wrought from native maple. The machine hooks used for tightening the strings are, of course, fashioned from common metal.

The accompanying photograph shows the five piece orchestra in action at Sunnyside Dance Hall where they do their stuff three nights a week. The Eastern Rhythm Boys also play one night at Winsloe, and one over at East Rojalty, at the Hockey Club Dance Hall. All experienced musicians, the group have been playing together as an orchestra for the past year and their popularity is acclaimed by all who "trip the light fantastic toe."

Reading the photograph from left to right the players are: Owen Keenan, George Chappell, Fius Blackett, Harold Gates and Roland Hyde.

Living & Leisure THE WOMAN'S REALM

YOUTH

When the doubters sneer, Heed not the jibes you hear. Scoffers will fawn on you If but your dream comes true. Always for newer truth Progress depends on youth.

Deaf to what old men speak, Dare for the goal you seek. One young and fearless mind The better way must find.

Scoffers have always sneered. Doubtfuls have failure feared. Into the vast unknown Youth must set out alone.

—Edgar A. Guest.

GLOVES PROTECT HANDS AT WORK

While women appreciate the "looks" value and protective value of gloves worn outdoors, they too often pass over the idea of gloves indoors. This is the opinion expressed by the Canadian Glove Manufacturers' Association.

"Gloves in the kitchen mean protection against the roughness that comes from constant cleaning, washing dishes, peeling vegetables," the Association said. "Just reaching for the hand lotion when the hands become red and rough is not enough. Rubber and plastic gloves prevent the hands from ever getting into this condition. They are comfortable to wear. And for protection against burns oven mitts are the answer."

The Association admitted that while work gloves were not glamorous, they were not expensive either, and it advocated loose cotton gloves as an essential part of a woman's indoors wardrobe.

For summer wear outdoors, the Association advised fresh white gloves to complement summer outfits. And for the young woman addicted to active sports, it suggested tennis gloves with leather palms and string backs and golf gloves that are really half a glove leaving most of the fingers free.

And if when bedtime comes, the need for gloves seems to have disappeared, the Association had an answer for them. They wear cotton gloves to protect your sheets after the hands have been creamed.

CLEANING HINT

A little vinegar or ammonia on a damp cloth is better than soap for cleaning mirrors.

The care given fruits and vegetables in storage may be the deciding factor as to whether they retain their full food value or not. Fresh fruits and vegetables must be stored in a cool, dark place as bruises, warmth and light are factors which bring about decay.

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Morning Smile

A wealthy Detroit, returning from his grand tour abroad, was asked by an artistic friend whether he had managed to pick up a Van Gogh or Picasso abroad. "I saw Gogh or Picasso pick up," he said. "I saw the traveler. They're all left-hand drive, and I got three convertibles anyway."

Policeman—You saw this lady driving toward you. Why didn't you give her half the road?
Unhappy Driver—I was going to, but as soon as I could find out which half she wanted.

Needlecraft FOR THE HOME

THE TIMELESS CAUSAL

Smartest of the new shirtwaist styles...with neat rever neckline and natty pockets, plus the cool comfort of cap sleeves. Easy to make with saddle stitching account No. 2975 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 18, 4 5-8 yds. 36-in. Send 25c for each Pattern which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal note, or some number in your address. Address: Pattern Department, The Charlottetown Guardian. Pattern No. 2975.



Name _____

Address _____

City _____ Province _____

Heat lemons well before using and there will be twice the quantity of juice. When a recipe calls for melted butter, always measure the butter after it has been melted, not before. To prevent cakes from sticking to pans, sprinkle the tins with equal parts of flour and fine sugar. When taking a cake from the oven place it for a few minutes on a cloth wrung-out in cold water and it will be turned out easily without sticking to the pan.

2975 SIZES 12-48

FOR MY KIND OF DAY -
I eat NABISCO SHREDDED WHEAT for breakfast!

Washing dishes, making beds and all the other household jobs take lots and lots of energy! So I eat nourishing NABISCO Shredded Wheat every morning. It's pure 100% whole wheat. Contains vital food elements we need. Try delicious NABISCO Shredded Wheat yourself—you'll love every crisp, tasty mouthful!

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DELICIOUS GOOD CHEER! OF SUGAR IS NOT PURELY IN NABISCO Shredded Wheat biscuits. Cook 1 minute - then serve hot.

12 BIG 2 in 1 breakfast buy packages!

That Body Of Yours

By James W. Earlen, M.D.

THE SILENT GALLSTONE

Many of us may think that if any one has gall stones these stones should be removed to avoid the pain of gall stone colic. When gallstone gets into the small tube carrying bile from the liver it self or from gallbladder, it is very severe. The pain is unbearable and morphine may be necessary to relieve pain.

What most of us do not know is that after the age of forty, it is believed that more people have gallstones than those without them, yet only about one in 20 are afflicted with symptoms. Before women stopped wearing tight corsets, women with gallstones outnumbered the men with gallstones by 4 to 1. Since the wearing of loose girdles the ratio is less than 2 to 1.

While only about one case in 24 with gallstones has symptoms that is from painful colic, gallstones though not causing colic may cause other symptoms.

In "Annals of Surgery," Drs. M. W. Comfort, H. K. Gray, and J. M. Wilson, Mayo Clinic, report their follow-up of 112 cases of "silent gallstones," for other conditions—cancer, ulcer and others. In 61 of the 112 cases no gallstone symptoms developed. In the 51 cases in which symptoms occurred, 30 patients complained of dyspepsia and 21 had painful seizures, five of whom had jaundice.

Until recently the usual method of treating gallstones was not to interfere with them unless the patient was having attacks of gallstone colic. Rather, the subject "the patient to fear of another attack, the gallbladder was removed by surgery. These surgeons of the Mayo Clinic state that while operation for removal of the gallbladder may be advised if it is not imperative if the patient prefers to accept the chance of having painful attacks of colic or the in-

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