

THE CHARLOTTETOWN GUARDIAN

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THE MOUNTIES

On April 1 the services of the Royal Canadian Mounted Police were extended to take in the polling of Nova Scotia, New Brunswick, Manitoba and Alberta as well as the Dominion Customs preventive service, and from the first of next month these duties will be further extended to include police and prohibition enforcement duties in this Province.

ing are encouraged by the steady movement of their products into consumption channels and, therefore, the new season opens without the handicap of abnormally large stocks, as was the case a year ago.

OUR FISHERIES

According to the Fisheries News Bulletin during February more smelts were taken in the Atlantic coast operations than any other variety of fish, or a total of slightly more than 3,799,000 pounds.

The total Nova Scotia catch for the month, 5,428,900 pounds, was smaller by about 1,800,000 pounds than the catch in February, 1931.

PRESENT AND FUTURE

Reviewing present conditions and prospects the Monthly Commercial Letter of the Canadian Bank of Commerce sounds a note of optimism, not only respecting Canada itself, but the world in general.

"Making all due allowances for the skill with which British political and financial affairs have been conducted, it seems clear that the underlying cause of this remarkable development is the confidence of the British people—confidence not only in the ability of the political leaders and in the strength of their financial institutions, such as banks and insurance companies, but also in their own ability to overcome individual difficulties, and so to rise above those of international character."

EDITORIAL NOTES

The gratuitous observation made before the special radio committee at Ottawa that there is no public backing behind the Radio League in its demand for public ownership of radio was fittingly answered at the same sitting by the declaration that the National Council of Women, representing 500,000 women and the Canadian Legion with a membership in excess of 100,000, are backing the League programme.

NOTES BY THE WAY

The League of Nations has failed says the Singapore Free Press. Browbeaten and harried on her own territory and without the military strength successfully to oppose her invaders, it is not to be wondered at that China has restored to her own effective weapon, the economic boycott, which, in the success it has achieved, has driven Japan to the violent extreme to which the ruins of Chapel stand witness.

It may be that there are many excellent reasons why the Government of Sir Richard Squires should resign or be removed from office. Certainly recent events indicate that Newfoundland's Prime Minister has outgrown his welcome and should have disappeared from the picture some time ago.

Under the Canadian system of government there are practical and comparatively peaceful ways of removing an unpopular Administration. The method, of course, is found in the ballot box. The same method is open to the people of Newfoundland. When this method is forgotten and mobs resort to force in order to bring about their desires, real or fancied, that is not democracy.

At a recent session at Westminster, the Speaker of the British House of Commons, Captain Fitzroy, gave parliamentarians the following bit of excellent advice: "It is astonishing, if you try, what a lot can be said in the course of a fifteen or twenty-minute speech. I can safely say that some of the best and most effective speeches I have heard in this House have not taken more than twenty minutes."

When the Irish Free State was set up, it received complete control of all the lands within its jurisdiction, was given the right to collect the land annuities which the British Government had previously been collecting, and undertook to pay over the proceeds to the British Treasury. This was done regularly and scrupulously by the Cosgrave Government for 10 years.

"There is too much talk in the world; what we need is not less talk but better talk."—Sir Josiah Stamp.

"If civilization fails it will be because its moral qualities are unequal to its scientific abilities."—Sir Josiah Stamp.

"As in golf it would be a fluke to make a hole in one," "so would it be to attempt to reach our goal immediately, but the best we can hope for is a good approach shot."—Sir Josiah Stamp.

The British Government's reply to President de Valera of the Irish Free State, as just made public, indicates an attitude quite as unyielding as that which the leader of the Irish Republicans has chosen to adopt. Though couched in dignified and temperate language, and without being unfriendly in tone, it nevertheless asserts without equivocation the determination of the British Government to stand by the terms of the Irish treaty as regards both the oath of allegiance and the land annuities. The situation thus created is one from which either the British Government or the new Government of the Irish Free State must recede if an already unfortunate conflict of policies is not to realize its present dangerous implications; but the declaration from Downing Street is uncompromising. Will President de Valera persist in forcing the issue?

So far he has stood to his guns. As he sees it, the oath of allegiance to the Crown is a mere formality, and not mandatory.

More War Fallacy

(Vancouver Sun) Lester P. Barlow, American inventor who created the depth bomb and other well-known naval devices, has produced another new instrument of war which he says will destroy cities, battleships, airplanes and troops at a distance of a thousand miles. This instrument of destruction



That Body of Pours

By James W. Barton, M.D.

SUGGESTIONS FOR A COMPLETE DIET

During the war various methods were used to preserve food, to prevent wasteful habits of the people, and to teach the nations just what foods made the best all round diet. Although food stuffs are not scarce, as during the war, the amount of unemployment has made it difficult for some families to get the right kinds of food to keep up their strength.

Accordingly the children's Bureau of the U. S. Department of Labor and Home Economics, with the advice of three outstanding food and nutrition experts, Prof. E. V. McCollum, John Hopkins, I. B. Mendel, Yale, and H. O. Sherman, Columbia, have prepared a leaflet which should be very helpful to parents and children.

This leaflet points out that prolonged underfeeding may be more serious than some of the outstanding diseases such as rickets and scurvy. It insists on the importance of 'protective' foods, particularly in childhood; hence the advice is for every child every day at least one pint of milk, two teaspoonfuls of cod liver oil (if he is less than two years old), one vegetable or fruit, and plenty of bread, cereals and other energy and bodybuilding foods.

Miss Lucy H. Gillett, Superintendent of Nutrition Bureau of the Association for Improving the Condition of the Poor says that to grow best, children need food every day from five groups. They require one pint to one quart of milk to drink and as used in cooking; one helping or more of bread, cereals, rice, macaroni and similar substances; two or three vegetables including lettuce, spinach, cabbage, or other leafy vegetables; tomato or orange, and some other fruit; at least one choice of meat, eggs, fish, cheese, dried peas or beans, with preferably an egg at least three or four days a week; and finally some cream, butter, oleomargarine, nut butter, bacon or other fat, with a little cod liver oil daily.

This takes in all five groups of food stuffs and is a complete diet. However, the Journal of the American Medical Association says it may be well to remember that a tall can of evaporated milk with its equal amount of water added is as good for children as one quart of pasteurized milk. Four pounds of potatoes may be used in place of one middle sized loaf of bread. Chopped raw cabbage with grated raw carrots makes a mixture rich in vitamins and mineral salts. Tomatoes, used as vegetables, are equivalent to fruits.

These suggestions from high authorities are worth the careful thought of all of us.

is so terrible that the United States Senate has been asked to set up a board to deal with it so that its power may be used to preserve the peace."

When was the power of instruments of destruction ever used "to keep the peace?"

When gunpowder and cannon were brought into Europe, philosophers prophesized that they would make war so hideous that man would never dare fight again. But man went on fighting.

And just so long as that will to fight exists upon the face of the earth there will be wars without end.

For all the long list of mysterious and "terrible" weapons are not half so terrible as the vanity, ambition and hatred of man.

If hating and prejudiced man had no weapons at all, he would still go out and tear his enemies to pieces with his hands.

This new Barlow invention, fearful as it may be, is no means towards peace at all; it is only another method of spending money on destruction and death in war.

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THE POET'S CORNER

SUMMER DAWN

Pray but one prayer for me 'twixt thy closed lips; Think but one thought of me up in the stars.

The summer night waneth, the morning light slips; Faint and grey 'twixt the leaves of the aspen, betwixt the cloud-bars,

"The Earth Trembled"

(Toronto Globe)

Of all the perils to which mankind is exposed, none is so terrifying as the earth in convulsion. At intervals earthquakes rock the land and great cities, the achievement of man, are in a moment laid low; while at all times millions of people are at the mercy of neighboring volcanoes. Now it is South America that has had its visitation, and is experiencing the devastation that can be wrought by the simultaneous operation of earthquake and volcano.

The mighty Andes range, whose peaks pierce the clouds, is in turmoil. The trembling earth is re-opening the craters of smouldering volcanoes and the sun is dimmed by showers of ashes and dust, spread like a vast pall over half a continent. Subterranean gases taint the air, and the population is suffering the horrors of suffocation.

All that humanity can do in such a catastrophe is protect itself as best it can—and wait. Nature in her angry mood is in supreme command, and man, the atom, is helpless and terrified. All his ambitious works crumble in ruin about him, and he can do nothing; nothing except start all over again when the earth resumes its normal calm.

To the credit of man's courage and tenacity, he said, that is generally what he does. Look at San Francisco, Tokio, and the communities about Vesuvius.

The amazing feature of these catastrophes is that, if oft repeated, mankind becomes accustomed to them. People still dwell on the lava-strewn slopes of volcanic mountains and trust there will be no further eruptions. But it is only a matter of time until they are active again. Along the Andes, craters long thought extinct have burst into a fresh fury of flame. Scientists have sought to explain what is going on in subterranean regions to cause these devastating convulsions and eruptions, and perhaps they know; but they were not wise enough to warn the people of South America of the peril that leaped upon them from the mountain-tops. Many of Nature's mysteries remain hidden from the world of science; and this is emphasized by tragedies such as the present terrestrial upheaval along the Andes.

The Pensions Problem

(Mail and Empire) At the present moment the Board of Pension Commissioners faces an accumulation of over 23,000 pension cases. About 15,000 of these are applications for entitlement—that is, for the right to a pension; the other 8,000 being applications for revision of assessments, dependents' allowances, helplessness allowances, etc. In the seven months ending February 29, 1932, the Board was able to deal with only 1,350 entitlement applications. At this rate of progress, with fresh applications continually coming in, there is no prospect that it can catch up with its task in less than 10 or 12 years, and by that time many of the applicants will be beyond need of pensions.

The Pension Tribunal, which travels about the country giving applicants a chance to appear in person in support of their applications, has made good progress with its share of the work, and can easily keep abreast of it. The Pensions Appeal Court, to which appeals may be taken from the decisions of the Tribunal, is today 1,350 cases in arrears in its work. The number steadily increases and there appears to be no hope that the Court, as at present constituted, can overtake its task. This is

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THE GREAT-WEST LIFE ASSURANCE COMPANY HEAD OFFICE WINNIPEG

surely an intolerable situation. Some solution must be found; and we are informed that the problem can easily be solved by a few simple, if sweeping, adjustments. One suggestion is that the problem facing the Appeal Court be met by making available three members of the Pension Tribunal to assist the Court in its work. By means of such a recourse, the Appeal Court could sit in three sections of two judges and speedily overtake its arrears of cases.

A second proposal is that the Pension Tribunal be made the place of first hearing in all applications for entitlement. The eleven or twelve members of the Tribunal could be distributed over the country and sit in as many places at once. The present personnel of the Pension Advocates and Commission Counsel could be combined and the question of staff otherwise simplified. Experience shows that the Tribunal thus extended could deal with 10,000 to 15,000 applications per year. The present arrears of 23,000 cases now piled on the doorstep of the Board of Pension Commissioners would thus be cleared up. Simultaneously, the Pension Appeal Court would overtake its arrears and the applicants would learn their fate without undue delays. This reform could be achieved without additional expense to the country, and the psychological effect upon the returned men and their families would be wholly to the good. In the opinion of highly placed representatives of both officers and men, the suggestions here put forward have considerable merit, and we think they deserve consideration by Parliament and the Government.

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