

Woman's Realm :- Social and Personal :- Fashions :- Literature

Daintiness With Chic Styles

ILLUSTRATED DRESSMAKING LESSON FURNISHED WITH EVERY PATTERN BY ANNABELLE WORTHINGTON



Isn't it attractive? When you return home too late to change your "best" frock from an afternoon bridge before preparing dinner, just don this cover-all. And besides entirely covering your frock, you look perfectly charming.

It can be made with ruffled or with puffed sleeves. The wide bowed sash is effective. For frequent tubbing, a dimity in old-blue and white with crisp white organdie sleeves and neck-band as the original is fresh and lovely.

Either plain or checked tissue gingham is youthfully smart. Batiste prints and linen are nice mediums.

It can also be worn for garden or for porch later.

Style No. 572 is designed for sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust.

Size 16 requires 2 1/2 yards of 39-inch material with 1/2 yard of 39-inch contrasting.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

Form for ordering the dress pattern, including fields for Name, Street Address, City, and State.

A Morning Smile

"I'm glad you're so impressed, dear, by these explanations I've been making about banking and economics," remarked the young husband. "Yes, darling. It seems wonderful that anybody could know as much as you do about money without having any of it."

"And are you really satisfied with walking about the country begging?" asked the housewife.

"No, ma'am," replied the tramp. "I'll soon have enough money saved up to buy a second-hand car."

quickly by pouring over chopped ice or ice cubes. Add orange and lemon juice and the sugar if desired. When ready to serve add ginger ale. Serve with ice in tall glasses with a sprig of mint and a slice of orange in each glass. Makes six large glasses.

SETTING THE TABLE

Many brides are finding that their array of gift silver is almost embarrassing. Simple menus call for only three or four pieces of flat silver. This naturally brings up the question: "When and how do I use these other pieces?"

The Luncheon Cover

By "covers were laid for ten" is meant, places were laid for ten people. A cover is the space, china, glass, silver and napkin for each person. For a simple luncheon, a cover consists of the napkin folded and placed at the extreme left of all the silver and the plate and glassware. Next the napkin are the forks, then the plate, then the knives and spoons. At the top end of the chief knife stands a water glass; at the end of the forks slightly to the left stands the bread and butter plate, with a small bread and butter knife laid across it. This appears at breakfast and luncheon, but only on the informal supper table, because for a formal dinner there is no butter and therefore no need for the plate and knife for it. The dry bread or roll is placed on the cloth or doilie.

The number and kind of forks, knives and spoons is dependent upon the menu. For instance, if the menu consists of bouillon, broiled chops, creamed potatoes, new asparagus and glace carrots, an aspic salad and a raspberry parfait, the silver will be beginning at the left, next to the napkin; the luncheon fork, the salad fork (or a second luncheon fork, since it is entirely good taste to use it instead of the specialized salad fork); the plate; steel-blade luncheon-size knife; teaspoon for the parfait, and bouillon spoon last, at the extreme right. The small bread and butter knife lies across its own plate if one is used. If the larger "tea knife" is used instead, it lies on the table just inside the main knife.

Menus and Tools

For a menu which begins with fruit cocktail, continues with the main course consisting of a casserole of sea food, baked potato, new corn cooked with green peppers, a salad of stuffed tomato and cress, a dessert of strawberry shortcake an iced beverage, the silver would be: next the napkins, the luncheon fork, then second luncheon fork or a salad knife; (if one is wanted); luncheon knife; teaspoon for fruit cocktail. The fork and dessert spoon for the strawberry shortcake are brought in with the dessert and laid at the left and right of the plate when the dessert is served. The iced beverage does not call for a spoon at the table unless it is an iced tea or coffee or chocolate, when a special long-handled spoon is then served on the little plate under the iced beverage glass.

Use only such silver as is needed by the menu; the salad knife is new and is considered good taste especially with a hearts-of-lettuce salad or any other type which calls for cutting, and which is almost impossible to eat without the aid of a knife. The fruit cocktail is not eaten with a fork; the ice cream is never eaten with a fork except in hotels where this strange custom still persists; both the dessert (larger than a teaspoon, smaller than a tablespoon) and fork are used when the dessert is baked apple, fruit shortcake, or something which is more easily handled with two tools than with one.

Dorothy Dix's Letter Box

Husband of Spendthrift Urged to Make Wife Feel She Has Active Interest in His Business. What's the Matter With Uncontrollable Children?

Dear Miss Dix—I am just the average type of a man, in business for myself for the last three years. No bad habits. Like a quiet, peaceful home life and try to get it. Fond of social life and outdoor sports. When I started in business with a small capital, I tried to impress upon my wife that for a while it would be a struggle and we would have to keep within bounds to make ends meet. Give her a liberal allowance, but she is always in debt, always has bills unpaid. She wastes as much food as we eat. Personally, I hate to owe money, rather do without things, but my wife can't see it that way.

I am tired of the constant bickering on the allowance subject, tired of the constant nagging about why I don't make a fortune like the heroes in story books and moving pictures, and am rapidly getting to the point where I feel that all the energy and worry of trying to succeed without some encouragement is not worth while.

My business and its troubles are never discussed at home. My only object is to have my affairs in such a shape that in the event of my death there will be something left for my wife and my one child. But how to make her see that you cannot spend all you earn and have a home, life insurance and keep a business going? GEORGE G.

Answer:

Any woman is a mighty poor sport and a mighty poor wife who isn't willing to economize and cut her budget to the bone to help an energetic and ambitious young husband to get a start in the world. Also she is a very stupid woman and a very shortsighted one, because every dollar that she saves and puts into the business will come back to her, multiplied a hundred or a thousandfold in the future.

Ninety-nine per cent of the women in this land of ours, who are riding around in limousines and wearing Paris confections and ropes of pearls, scrimped on cotton frocks that they made themselves and darned their stockings and walked forty blocks to cut-rate butcher shops to get cheap cuts of meat when they were young married women, so that the money they saved by their scrimping could go to pay off the debt in the bank or hire a new clerk in the store or expand the business.

The prosperity of many and a millionaire concern was built on the dime that a thrifty wife pinched, and I have heard a rich man say in speaking of his days of struggle that he owed his success to his wife just as much as to his own efforts and that without her thrift and economy he must have failed.

For no poor young married man, unless he has the co-operation of his wife, can succeed. She can always waste more than he can make, for it is literally true, as the homely old proverb has it, that a woman can throw more out of the back door with a teaspoon than a man can throw in at the front door with a shovel.

A long time ago a young man asked Hill, the great railroad builder, how he could tell if he would succeed in life. To which Hill replied: "That is easy. Can you save? If you can save you will succeed. If you cannot save you will be a failure." And this is a test that never fails because the ability to save is a test of character. It takes courage. It takes strength. It takes self-control. It takes the forward-looking mind to enable one to do without the little thing one wants today in order that one may have the big thing tomorrow.

I think no man is more unfortunate than the one who is married to a woman who is so dull or so weak or so self-indulgent that she cannot be made to see the necessity of saving, who cannot be made to appreciate that it is in his youth that a man's opportunity to get established in the world comes to him, and that the only way that he can take advantage of this is to have some money laid by. Such a woman breaks her husband's heart by her lack of co-operation. She fails him when he needs her most. She paralyzes his ambition. She kills his initiative and slows down his effort, because he sees no possibility of going ahead when she holds him back by her extravagance.

And she turns his life into ashes and dust because she enslaves him to the milliner and the dressmaker and the butcher and the baker and he sees himself after a life of toil a poor, dependent old man buried under tons of his wife's bills.

You are right, George, in urging your wife to save and to live within your income, but I think you have made a grievous mistake in one thing, and that is in not talking over your business troubles and anxieties with your wife. Perhaps if you will do that you can yet awaken her to the necessity of helping you. Perhaps if you will explain to her that the reason you cannot give her a bigger allowance and why she must not run up any bills on the outside, is because you are struggling to keep your business going, she will be willing to deny herself something in order to save the business. Make her feel that the business is her business, and that she is just as responsible for it as you are.

It is a common thing for women who have been extravagant wives to become petulant when their husbands die and the money passes into their own hands. A lot of women feel that all they can get out of their husbands is just that much to the good, but when it is their own money they are spending it is a different tale, and that is why I think that every man is wise to talk over his business matters with his wife and make her feel that she is an active partner in them.

And perhaps if you will take an active interest in her budget you can help her spend her money more wisely and inspire a pride in her in making it go as far as possible. You can make saving a mighty interesting game and there is nothing really more thrilling than spreading one dollar over the space of five.

But I am sorry for any woman who isn't willing to help her husband build up his business. She is missing one of the most enjoyable experiences in life. And she is missing having the 10-cent string of glass beads she threw on the water returned to her in fifteen or twenty years' time a diamond pecklace.

DOROTHY DIX.

Dear Miss Dix—I have been married twelve years and I have a splendid husband, a good home, a nice car and I would be perfectly happy if I could only manage my children. I have four, aged 11, 9, 6 and 4, all perfectly normal, healthy youngsters, but they will not obey me or their father and pay no attention to anything we say to them. They tease and fret one another all the time and are very quick-tempered and always in a fight, and when one of them has anything to play with they all want it right away, although they have never noticed it before. They have everything to make them happy as their father never refuses them anything. Please give me your honest opinion about what is the trouble.

MRS. O. W. M.

Answer:

Any parents who admit that they cannot control their young children should be ashamed of themselves. They acknowledge that they have failed utterly in their duty, for if you have not established authority over youngsters by the time they are 11 years old there is small chance of your ever doing so. "Train up a child in the way he should go and when he is old he will not depart from it," said Solomon, and that truth stands today as it has from the very beginning of time. You have to mold children's characters when they are young and plastic. You have to set

Tiny Miss Wins Beauty Contest



TINY MISS WINS BEAUTY CONTEST

One hundred per cent. perfect, that's what this young lady is if the chiropractic convention at Los Angeles means anything. She's Darline Smith, aged two and four months, and this is the cup she won for being the classiest infant in the lot.

SKINNY? NEW EASY WAY ADDS HEALTHY FLESH—SOON!

Remarkable gains with new double tonic. Richest imported beer yeast now concentrated 7 times and combined with iron. Gives good pounds in a few weeks.

SKINNY, scrawny people by the hundreds have been surprised how soon they gained solid, attractive pounds this new easy way. For years doctors have prescribed yeast to build up health for skinny, rundown men and women. But now, with this new discovery, you can get far better results than with ordinary yeast—regain health, and also put on pounds of solid flesh—and in a surprisingly short time. Not only are great numbers gaining beauty-bringing pounds—but also clear skin, freedom from indigestion and constipation, new pep.

2 great body-builders in 1

This new product, Ironized Yeast, is made from specially cultured Brewer's Ale Yeast, imported from the British Isles—the richest yeast we know of—which by a new process has been concentrated 7 times so that it is made 7 times more powerful.

But that is not all! This super-rich yeast is then ironized with 2 kinds of iron. Day after day, as you take Ironized Yeast, watch that chest develop, skinny limbs round out attractively, skin clear.

Results guaranteed

No matter how skinny and weak you are, this new Ironized Yeast should build you up in a few weeks as it has hundreds. If not delighted with the results, return your first package, money instantly refunded.

Only be sure you get genuine Ironized Yeast, not some imitation that cannot give the same results. Insist on the genuine with "IY" stamped on each tablet.

Special FREE offer!

To start your building up your health right away, we make this FREE offer. Purchase a package of Ironized Yeast as usual, cut out seal on box and mail to us with a clipping of this offer. We will send you a fascinating new book on health, "New Facts About Your Body". Remember, results guaranteed with the very first package—or money refunded. At all drug stores, Canadian Ironized Yeast Co., Desk 222A, Box 1529, Montreal, Que.

their baby steps in the right direction if you want them to follow it.

The reason your children do not obey you and have no respect for you is because you have been too weak and too indulgent to them. You have never issued a command and compelled them to obey it, by force, if necessary. You have never said a thing and stuck to it. You have let them tease you into doing anything they wanted to do and as the result they know you are wishy-washy, and that they can get their own way if they will only persist.

As to how you can retrieve the ground you have lost, that is a difficult matter. I know of only one case in which it was done, and that was by the father and mother going to Europe for six months and putting in their place a determined disciplinarian who was kind to the children, but firm with them, and who licked them into shape before the parents returned. She reformed the youngsters' morals and manners so that their father and mother scarcely recognized them.

ARRIVALS AT DALVAY-BY-SEA

- List of arrivals including names like Mrs. A. E. O'Coyle, Mrs. J. H. Booth, Mrs. L. R. Uns-worth, etc.

BURHOE'S GROCERY MEAT AND FISH MARKET

Weymouth Street at Fitzroy Phones 871-872

- Price list for various goods: FLY FUME, MATCHES, CLAMS, PINEAPPLE, 10 BARS P. & G. SOAP, CHIPS, OXYDOL, B. POWDER, ORANGE MARMALADE.

Sugar Cured Corned Beef Quick Efficient Service

GOOD HEALTH MEANS CHARM AND HAPPINESS

Sparkling eyes and smiling lips tell their own story of health and vitality. Clear skin attracts. The healthy active girl is usually both happy and popular.

Perhaps you are not really ill and yet when the day's work is done you are too tired to enter into the good times that other women enjoy. For that extra energy you lack, try Lydia E. Pinkham's Vegetable Compound. It tones up your general health. Gives you more pep—more charm.

By actual record, 98 out of 100 women say, "It helps me." Let it help you too. Get a bottle today.



THE COOK'S CORNER

Fruit Cheese Dressing

- Recipe for Fruit Cheese Dressing: 2 egg yolks, 1/4 cup sugar, 1 tablespoon butter, 2 tablespoons lemon juice, 2 tablespoons pineapple juice, 1/2 teaspoon salt, 1 cup cottage cheese.

Beat yolks until light in upper part of double boiler. Add sugar and cook over simmering water until sugar is dissolved. Add butter and fruit juices.

Cheese Popovers

- Recipe for Cheese Popovers: 1 cup bread flour, 1 cup grated cheese, 1 cup milk, 1 egg, 1-3 teaspoon salt.

Veal Loaf

- Recipe for Veal Loaf: 3 pounds raw, lean veal, chopped, 1/2 cup cracker crumbs, 1 egg, 1 1/2 tablespoons chopped parsley, 2 tablespoons melted dripping, 1 1/2 teaspoons salt, 1/2 teaspoon pepper, 1/2 teaspoon chopped onion, 1/2 teaspoon nutmeg, 1/2 cup milk.

Mix veal, cracker crumbs, beaten egg, parsley, dripping, salt, pepper, onion and nutmeg together. Moisten with milk. Pack in a well greased small loaf pan, spread top with melted butter.

Bake in a moderate oven, temp 325F, about one hour, baste occasionally with melted butter and a little hot water. Serve hot with tomato sauce or cold with pickles.

Hopgood, Malpeque, Miss Catherine Lockery, Westwood, N.J., Miss Helen Lockery, Mrs. Teresa Hughes, Roslindale, Mass., Miss Eileen Hughes, Miss Agnes McQuaid, Mr. Ivan Trainor, City, Miss Edith Pratt, Whitman, Mass., Miss Ethel Cunningham, Whitman, Mass., Mr. Charles Praught, Mr. and Mrs. E. R. Brown, Mrs. Mary Weeks, Mrs. May Hall, Miss Nan Brown, J. R. Brown, Mrs. A. E. Duff, Miss Wakefield, City, Miss E. Stewart, New Glasgow, N.S., Miss Elizabeth Duff, City, Miss B. Corey, Souris, Mr. Irving Fraser, Souris, Mr. and Mrs. C. S. Thayer, Cambridge, Mass.

Mr. Jas. A. Shaw, Cardigan, C. A. Shaw, Montague, Miss Jessie Matheson, Glen William, Mr. and Mrs. Agnes Matheson, Mr. and Mrs. L. H. Lavers, Georgetown, Mr. and Mrs. H. Nelson, Montague, Mr. and Mrs. F. Leard, Mr. Stewart, Mr. and Mrs. E. Redmond, Cardigan, Mr. and Mrs. N. Landrigan, Mr. and Mrs. H. Brothers, Mr. O. Campbell, Kennington, Master Cyrus Leard, Mt. Stewart, Mrs. A. F. Shaw, Cardigan, Master Allan Nelson, Montague, Mr. and Mrs. E. S. McDonald, Cardigan, Dr. John E. Andrew, Charlottetown Royalty.

SPYING

Mrs. Potts—How do you know I was spying in your house through my opera glasses? Mrs. Kettle—I saw you through my own glasses.

A LITTLE SHADE
If I could be the thing I want, I'd be a little shade, Where toads and beetle bugs would sit At ease and unafraid. I'd be so mauve—I'd be so slim—I'd be chiffon and lace, And when a laughing child would pass I'd touch it on the face. I'd spread myself upon the snow To dull its brittle white, I'd, soothing, count the maddened pulse Of every star-drunk night! I'd cool the shifting, heat-stung sands And let them sleep contented, I'd dim the frenzied stare of pools The sun has made demented. If I could be a little shade, I'd hold you, calm and still, If I could be a little shade— Perhaps some day I will! —Sonia Ruthel Novak, five minutes. Strain and cool

AFTER FRYING
There is nothing attractive about the rasher of bacon if grease drops from it onto the plate. Place the cooked bacon on brown paper for a minute before arranging on the platter. Garnish with sprigs of parsley and you have a tasty, appetizing dish.
CARVING KNIFE
Even the tender roast can not be carved successfully with a dull knife, and just sharpening the knife at home on a stone will not last forever. Every month or so the carving knife should be ground to a fine edge for good work.
SPECIAL ICED TEA
Three teaspoons tea, three cups boiling water, one-third cup lemon juice, (two lemons), one-half cup orange juice (two oranges), sugar one pint ginger ale, six mint sprigs, six slices orange. Pour boiling water over tea, cover and let steep five minutes. Strain and cool

MILK for GROWING CHILDREN
MOTHERS—keep your children alert and healthy by making sure they drink a quart of milk a day. Children enjoy the sweet and natural taste of our delicious milk!
THE PURE MILK CO., LTD.

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