

Woman's Realm Social and Personal Fashions Literature

NOW I'll go to Sleep My COLD is better



Yes—Mothers BUCKLEY'S STAINLESS WHITE RUB Does Give Faster Relief

This faster penetrating Rub really does bring quick relief to either kiddies or grown-ups. Rubbed briskly over chest, throat and shoulder blades, it helps create a glowing warmth, breaks up congestion, eases breathing—BUCKLEY'S WHITE RUB must give relief in less time or money back. Price 30c and 50c. Sold everywhere.

BUCKLEY'S STAINLESS WHITE RUB

Cook's Corner

LEMON CHIFFON PIE

2 teaspoons granulated gelatine
1 cup cold water
5 tablespoons lemon juice
Grated rind of 1/2 lemon
1/2 cup sugar
3 egg yolks
1/2 teaspoon salt
1/2 cup hot water
1 teaspoon vanilla
3 egg whites
1/2 cup sugar
Baked pie shell

Ellen's Diary

By an Island Farmer's Wife

The women kind at Alderlea found pleasant reading matter in a Spring and Summer mail-order catalogue which came today. Very stealthily might one turn its leaves however and only briefly, then with a long sigh put it aside until a more leisurely time should appear. Now the seed catalogues, which made their appearance some time since, are not nearly so disturbing to mankind, though they too make intriguing reading to feminine minds. And yet their beguiling covers and pages wherein those so inclined, may well lose themselves while waiting snow drifts whirring about the fields or a cold night rain dash against the panes. Though to forget one's immediate surroundings while immersed in the beauties and delicate flower faces brightening a dear corner of the lawn, or dreaming nice dreams of the loveliness that might come from a mere packet of seed or a bought plant, would most likely be an occasion that would call forth a timely remark to the effect that "if you'd take care of the ones you have, Ellen—'you've plenty now to keep you busy!" It is a truism, that "a guilty conscience needs no accuser" for that would be exactly what you had been deciding, a bit wistfully, at the very moment. And yet the chances are when days lengthen and Spring renews hopes that are seasonally undying, you will perhaps try a packet of this or that plant or flower picture so charmingly, in hopes that given plenty of fresh air and sunshine and your haphazard but loving care, a plant or two would survive to blossom gayly for you some day—the very day when you most needed to see a precious face.

James himself fetched the mail this morning. "A mail order catalogue" he said putting it down on the table and hurrying off to his old armchair with the paper. Nowadays his peace at this time is interrupted by James' demand to "read me the funnies first—aw do!" It is nothing short of amazing to me, to see the interest and understanding displayed in the reading of all comics by small fry, which aside from the most obvious in meaning, often puzzle me greatly. "But you don't follow them up, Aunt Ellen!" they say playing me. James like every farmer at present is particularly interested in the reports of the Federal doings at Ottawa, and quickly gleams therefrom any measure that will make the way of life for the farmer or his family easier or better. I may say that seeing through James' eyes and listening to the discussions on farm topics when he and Mr. C. from the house on the hill, or other visiting farmers gather in the old kitchen, there are still odds and ends of legislation that might be made or improved upon, that

FOR REDUCING DIETS



Household Scrapbook

By Roberta Lee

Indigestion Nothing is better to relieve indigestion, or that full feeling after eating, than to chew a few sprigs of mint. Chew the mint thoroughly and swallow stems and all. It is nice to have a bed of mint growing in a corner of the yard.

Salt of Lemons When one is using salt of lemons on colored goods, hold the material in the solution for a minute, then dip it into cold water. The process should be repeated until the stains disappear.

Fringe To make the fringe on an article fluffy, loosen the fringe by slapping against the ironing board before pressing with an iron.

"A mail order catalogue!" James had said, not even pausing long enough to admire the entrancing cover, then added with a foreign touch of sarcasm, "that's the right book to go into on a day when we're at the threshing!" As I said, I did not go into it, but merely rifled the leaves to catch a glimpse of the bewitching styles and colors portrayed, the latter quite as pretty as of the blossoms in the seed catalogue. It was in the afternoon, that the threshing was resumed when every sheaf that had been stored in the granary where Summer swallows nest along the rafters, when winds sigh and ends of legislation that might be made or improved upon, that

DOROTHY DIX SAYS—

Emancipated Women

Return-Home Move of Fair War Workers Falls to Materialize

Now that the war is over, the predicted stampede of women war workers back to the home has not taken place. Far from it. The call of the hearthstone has not been as potent as that of a good job, and most of the women who have reconverted to domesticity are the result of necessity and not choice. Of course, the shutting down of war industries threw many women out of employment. Ineptness, lack of ambition and resentment of regulations, sent many others back to their hereditary occupations that they could slight when they didn't feel like doing it. But a post-war labor analysis that has recently been made shows that soon 17 million women will still be gainfully employed outside of their homes. This is one of the epoch-making migrations of history, and it is one for which we were totally unprepared. For we still clung to the belief that every woman's theme song was "Home, Sweet Home" and that one was never so happy as when she was making up a batch of biscuits or hanging out her wash ahead of the woman next door. This fond illusion that all women had a passion for domesticity made us overlook the cold fact that not all women are born cooks any more than that all men are born carpenters. It is a matter of common knowledge that a man's happiness depends largely upon his being able to do the work that he has a talent for doing that he enjoys doing and has a never-ending interest in doing. The same thing holds good of a woman, and many a restless querulous nagging wife has been changed into a pleasant companion by swapping her cook stove for a mahogany desk.

WOMEN FINANCIALLY FREE

Another explanation of the trek of women from the home to the business world is because it is the first time they have ever had any financial independence. Heretofore the average woman, whether wife or daughter, has had to work for her board and clothes, and at that she was supposed to be supported by her men folks and expected to be properly grateful. But never again. Angeline has moved up into the money class, and anybody who thinks that she is ever going to rattle a tin cup and beg for a dime, has another guess coming. She is going to get a job and have folding money of her own. It is easy enough to see why 17 million women are sticking to the jobs they enjoy doing and for which they are well paid. Instead of going back home to wash dishes and scrub floors and cook meals. But who is prophet enough to foretell what is going to be the result of this stupendous shift in woman labor? For, after all, the most important work in the world is done in the home. There all the qualities that make a people and a nation great are forged. Every successful man owes much of his achievement to his wife's help and encouragement. Every child who grows up into being a fine man or woman has his courage and his stamina, his best part of his mother's knee. There is no health, no happiness, no peace in a household unless it is presided over by a woman of brains and strength, and who gives her whole time to her job. And the bitter truth is that no substitute has yet been found for home and Mother. Modern ingenuity has given us gadgets that push form many of our tasks for us, but you can't rear children on the push button plan. It takes a mother's eye, a mother's love, a mother's touch, a mother's tenderness, a mother's prayers to do it. This migration of women away from their homes is the greatest problem the war has left us, for we will know how to settle the national debt and find out how to get along with Russia, but we know how to make a part-time mother take the place of one who is always on her job, day and night.

Living & Leisure

—THE WOMAN'S REALM—

HABITS My form in youth, my lad, Will grow with your growth, till at last, Whether good or ill, they form a chain That will bind and hold you fast.

For habits are but as growth, my lad, A little bit, day by day; A thought, a word, a deed and so, A habit has come to stay!

SQUARE FIES Although historical societies have ignored the delicious detail, it is a fact that the pies which the old-time and many happy generations enjoyed by old and young alike, Chess, checkers, and cribbage never lose their attraction says Gladys Miller.

Better English D. C. Williams 1. What is wrong with this sentence? "I shall be glad to patronize your store."

Modern Etiquette By Roberta Lee Q. When in a cocktail lounge with a man, should a woman let her escort what she wants or give her order directly to the waiter?

IF HEAD COLDS HANG ON... VICKS VapoRub

Pancake Batter Hot Off The Griddle

With the coming of Shrove Tuesday, pancakes, or griddle cakes, as some folks like to call them, are very popular item on the menu. They are equally a favourite of the homemaker since they may be made so quickly and easily in an unlimited number of variations. There is a type suitable to serve at any meal. For that "special" breakfast thing will raise the morale of the family quicker than pancakes. They may be made more substantial for luncheon by the addition of ground, left-over cooked meat, and served with creamed vegetables. For a real dessert treat serve something different, serve this pancakes spread with jelly or jam, rolled and dusted with powdered sugar. The home economists of the Consumer Section, Dominion Department of Agriculture, have a "few do's and don'ts" regarding pancakes, which if followed are sure to bring success. Stir rather than beat the batter for breakfast pancakes. If the batter contains 2 or more tablespoons of fat per cup of liquid, the griddle or heavy frying pan upon which they are cooked, need not be greased. Turn pancakes when they are peppered with tiny holes. Turn pancakes only once during cooking. Be sure the griddle or heavy frying pan is hot before turning pancakes. To test temperature of griddle or frying pan, add a few drops of cold water. These should dance on a hot-enough surface. The pancakes will stick if the griddle is either too hot or too cool.

OATMEAL PANCAKES

1-2 cup all-purpose flour OR 1-2 cup plus 1 tablespoon pastry flour
3 teaspoons baking powder
1-2 teaspoon salt
1-2 cups quick cooking rolled oats
1/2 cup milk
1/2 cup molasses
3-4 cup water
Sift together the flour, baking powder and salt. Combine with rolled oats. Blend together the egg, shortening, molasses, water and milk. Add to dry ingredients and stir until smooth. Cook on slightly greased heavy frying pan until golden brown on both sides. Makes 18 4-inch pancakes.

BRAN WAFFLES

1 cup all-purpose flour
3 teaspoons baking powder
1 teaspoon salt
1/2 cup milk
1-2 cups milk
2 egg yolks
6 tablespoons melted shortening
Sift together flour, baking powder, salt and bran. Beat egg yolks, add milk and continue beating with rotary beater. Beat in sifted dry ingredients. Add melted shortening stirring with a spoon. Fold in stiffly beaten egg whites. Put 4 to 6 tablespoons of batter into waffle maker. Makes five waffles.

WHOLEWHEAT WAFFLES

Follow bran waffles recipe substituting 1 cup of wholewheat flour for the bran and adding 1-2 cup seeded raisins.
PANCAKES (French Style)
2 eggs
2 cups all-purpose flour
1 teaspoon baking powder
Dash of salt
1-2 cups milk
1/2 cup water
Fat for frying.
Beat eggs well. Mix and sift flour, baking powder and salt and add alternately with milk and water to the eggs. Beat until smooth. Heat heavy frying pan, add a little fat, and pour in about 3 tablespoons of the pancake mixture. Turn the frying pan quickly from side to side to spread the mixture so that it is evenly cooked. Turn once. The pancake very thin and lacy. When under side is golden brown and slightly greased, flip pancake and brown other side. Six servings, allowing 3 to 4 pancakes, 6" in diameter, per person.
Pancakes should be very thin, crisp and irregular in shape. Serve them flat or rolled with maple syrup, molasses or corn syrup.

BELFAST (CP) — Londonderry Air Charter Limited, Northern Ireland's first air operation company, has been formed here by Lord Londonderry.

THE QUINTUPLETS use this great rub for COUGHS & COLDS Child's Mild MUSTEROLE

How Can I!! By Anne Ashley

Q. How can I make fat on boiled ham firm and white?
A. When serving cold ham as a luncheon dish, place it in iced water immediately after removing from the boiling water in which it was cooked. The fat will be white and firm and the meat will be a good color.

Q. How can I prevent small articles from rolling down the furnace register?
A. Place some fine wire netting over the top of the hot air pipe directly below the register.

Q. How can I keep the water from running through the flower pots too fast?
A. Place a layer of small stones in the bottom of the flower pot, at the flower base.

take Father John's Medicine at the FIRST SIGN of a COLD

Morning Smile

POOR FATHER

Two little girls were walking home from Sunday-school were discussing the Bible story they had heard. "Do you believe there is a devil?" "Oh, no!" answered the other with conviction. "It's like Santa Claus—it's your father."

THE STARS SAY—

By GENEVIEVE KEMBLE

For Wednesday, February 19 EXCITEMENT, difficulties and danger threaten this day, with great activity and high tension. Affairs should bring great tempo, but avoid erratic and turbulent moves. Under rigid control, there could be much progress or spectacular gain, in which there could be romance and adventure. Secrecy and subtlety are favorable in making contacts and agreements. But use this technique wisely.

On the Birthday

Those whose birthday it is may be caught on a whirlwind of excitement and high pressure. To move with turbulence, emotions and impulses, or drastically, will have poor to defeat splendid prospects which might advance with radical

change, great adventure and drama. But while changes are imminent, they should be engineered with exceptional skill and precaution. Intrigue and secret agreements could be executed with safety. A child born on this day may have an exciting thrilling life, with great changes and adventure. It may lose high objectives by erratic impulses or wayward acts.

Needlecrafts

—FOR THE HOME—

TO TOP A SKIRT

Two blouses to add to your skirt and suit wardrobe. One adopts the softer treatment of the classic shirt; the other, with all the pretence of a cap-sleeved blouse is just much more comfortable to wear as easy to make as a dickey, and Two separate patterns.

No. 3070 is cut in sizes 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40. Size 16 requires 2 yards 39-inch fabric.

No. 3072 is cut in sizes 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40. Size 16 requires 1 1/2 yards 39-inch fabric.

Send 20 cents for PATTERN which includes complete sewing guide. Print your Name Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address Pattern Department, The Charlotte-Town Guardian.

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