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SUNWORTHY WALLPAPER

HEALTH

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

BOILS

Why do we get boils? Why is one boil frequently followed by a veritable crop of them?

Boils are due to a disease germ, oddly enough a germ which is almost always present on the human skin. If so, why does it cause a boil sometimes and not at other times, or in other people?

One important reason is that the unbroken skin is a wonderful barrier to the entrance of germs. Surface germs cannot penetrate this covering unless it be broken or injured in some way. If the skin be broken by a scratch, cut, or bruised, as by the squeezing of a blackhead or a superficial pimple, the germs are given an opportunity to penetrate to the deeper layers of the skin and a boil may result. If the infection spreads through the deeper layers a carbuncle is the result. Sometimes, as in the case of a deep pin prick, the infection may go right through the skin and get into the blood stream, in which case we get not a boil, but a cellulitis possibly complicated with blood poisoning.

Another factor is that of the general health of the individual, for this affects the "resistance" of the skin. People who are run-down or debilitated, who have faulty digestion, or follow a faulty diet, who have certain, perhaps unsuspected diseases like diabetes, or who are overworked or worried, whose clothing is too heavy or hot, or who burn the candle at both ends, are prone to develop this.

Once a boil has developed, great care must be taken to prevent spreading of the infection. The boil should not be squeezed, particularly in its early stages before the "core" is formed. Boils should be kept covered with sterile dressings, not only to protect them, but to prevent the spread of pus should they spontaneously open. The adjacent skin should be kept free from contamination and the hands should be scrupulously cleaned both before and after doing any dressings.

Why do crops of boils so frequently break out in school teams? More than one championship has been lost because of crippling boils. Skin abrasions and overheating are factors, but greater care should be taken to avoid passing infection from one player to another. Common towels and soap, borrowing of uniforms and cross-infection during the rubdown probably play as great a role.

In addition to the proper care of the boil itself, the general health of the patient and his daily hygiene should be considered. Diet, body elimination, rest, exercise, clothing, fresh air—all must be checked. Sometimes vaccines are of considerable benefit in raising the body resistance to this particular germ.

Questions concerning Health, addressed to the Canadian Medical Association, 194 College Street, Toronto, will be answered personally by letter.

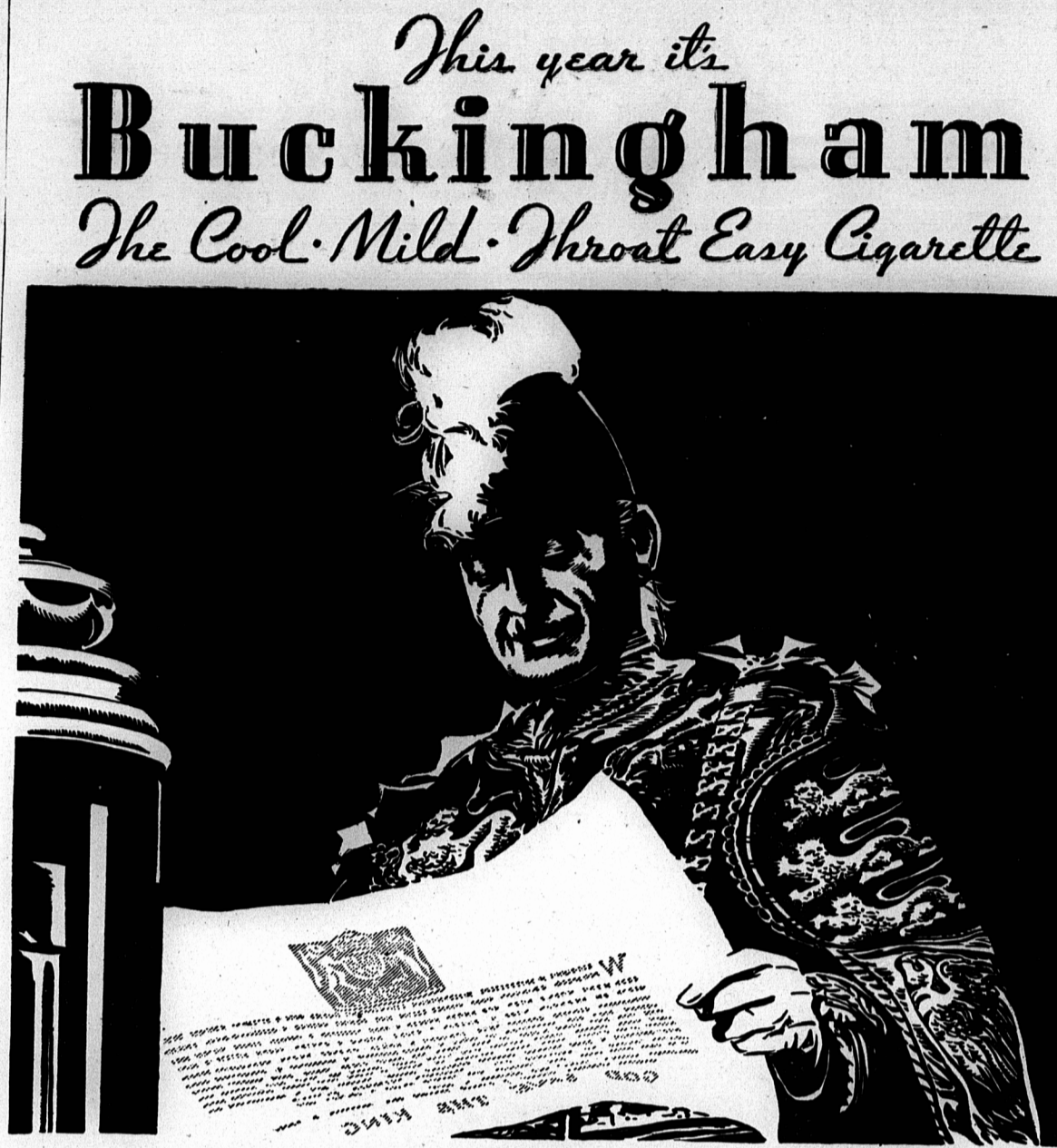
BEST-DRESSED LADY AT CORONATION

Countess Kurt von Haugwitz-Reventlow, the former Barbara Hutton of the five-and-ten cent store millions, and the Duchess of Kent appear to have entered into a contest for the title of the best-dressed woman at King George VI's Coronation. Their spending sprees at Paris couturiers have reached a total of \$25,000, and women of the international set—they pay \$500 for a dress without a flicker of an eye-lash—are talking about the biggest "fashion battle" in years.

The Countess and the Duchess apparently are unaware of the "battle," but one hears women talking about it in almost every style salon. The dark-haired Duchess, who ranks without dispute as the best-dressed member of the British Royal family, has spent about \$15,000 on her costumes for the Coronation festivities. The Countess paid \$10,000 for thirty costumes, and she's still buying.

Friends said that the Count and Countess were devoted to each other. They termed "utterly ridiculous" rumors that the heiress—first married to the late Prince Alexis Mdivani—would divorce the Count and marry a young and wealthy Belgian Baron.

Most of the Countess' new clothes are for evening wear. One is a frothy gown of white lace tulle with white flowers at the waist and a full skirt in graduated flounces of lace. Another is of pale blue crepe—the exact color of her eyes—with low-cut décolleté back and front. She has ordered a navy blue tulle gown splattered



Norroy, King of Arms, proclaiming the accession of George VI to the throne of Britain. This proclamation is read on the steps of the Royal Exchange, Temple Bar and at Charing Cross.

The Royal Herald, clad in robes of medieval splendour, maintains an unbroken tradition in the formal declaration of a new king to the throne of Britain. . . In a different way Buckingham cigarettes, created for extra smoothness, extra satisfaction, maintain that reputation for uniform superb quality which thousands of Buckingham smokers have acclaimed. Enjoy this finer cigarette.



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For further information phone Charlottetown 248 or Summerside 36.

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SO MANY FIREPLACES SMOKE, SIMPLE TO BUILD PERFECT ONE

It is curious that so many fireplaces smoke when it is simple to build those that don't. A chimney expert gives the following directions on how to build them.

Determine the size and opening desired and then select a flue lining that has an area equal to at least 10 per cent of that opening. Use either a square or round flue, preferably a round one, as that is more efficient. Do not use rectangular flues unless absolutely necessary, and in that case increase the size so that the area will equal at least 12 per cent of the opening.

Build the fireplace with a depth of between 18 and 24 inches. More than that depth robs the fireplace of a good deal of its heating efficiency. Install a cast-iron damper for the full width of the opening. This should be set so that the curving back of the fireplace makes a continuous line with the back of the damper opening.

Above the damper at the back, flush with the top edge of the opening, build a horizontal smoke shelf about 8 inches deep and for the full width of the opening. Also above the damper build a smoke chamber with the front piece of a continuation of the front piece of the damper opening and the back rising perpendicularly to the smoke shelf. The sides should slope up at an angle of about 60 degrees.

Prince Edward Island Hospital Annual Meeting

Notice is hereby given that in pursuance of the Act of Incorporation a public meeting of all contributors to the Prince Edward Island Hospital will be held in St. Paul's Parish Hall, Charlottetown on Thursday, May 20th, 1937 at 8.00 p. m. for the purpose of electing Trustees for the government of the Institution in accordance with the Bye-Laws, and for the transaction of such business as may be brought before it.

ADA E. HARRIS, Secretary-Treasurer, Board of Trustees, Prince Edward Island Hospital. L-160-5-6-71.

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AUCTION SALE

at WHEATLEY RIVER MAY 10th, at 1 p.m.

Farm, farm implements, and stock belonging to late Watson Smith. Farm may be sold privately before date of sale. Terms at sale cash.

L-91-5-5-51



LIKES NEW SPEED LIMIT

Walter R. Henry of Goderich, astride his single cylinder motorcycle, on which he went for a spin on his 79th birthday. He purchased his motorcycle on his 72nd birthday.

NOSEGAY BOUQUETS

For afternoon dress wear old-fashioned nosegay bouquets in pastel shades are circled with lace, grammed ornament.

with the horizontal. This smoke chamber must be perfectly symmetrical and the first tile of the flue lining must start at its apex, directly over the centre of the fireplace. This first tile must be perpendicular, but succeeding ones may be set at an angle to pull the flue over as the exigencies of the situation may demand. Turns should be made as gradual as possible, and slopes in the flue should be at an angle of not less than 45 degrees. Each flue must be absolutely independent from fireplace to chimney top.

The top of the chimney should extend at least two feet above the highest point of the roof, or any nearby roof.

If these directions are carefully followed and if there are no large trees or other obstructions that could cause down draughts near the house, and if the house is not set at the base of a hill, the fireplace should draw perfectly.

Don't BREAK YOUR BACK polishing floors

This amazing new O-Cedar self-polishing wax gives your floors a beautiful finish in 20 minutes. Simply apply, let it dry—your work is done! It polishes itself! Non-slippery, won't check. Greater water resistance—longer wear. Insist on genuine O-Cedar for full satisfaction.



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