

Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure The Woman's Realm

THE PASSAGE OF TIME

The month of January goes. Brief February waits to follow. The winter and the drifted snows deep in every nook and hollow.

The young think springtime far away. The old are wise and know much better. "Twill swifter come," they sadly say.

"Twill will some long-awaited letter.

April upon the heels of March. Year's next to green the earth with snowing. And bring to leaf the elm and larch and set the tulip buds to flowering.

"So long the time till school is out!" Wait children, whether dull or clever. But graveyards know beyond a doubt. The months fly faster by than ever.

Now though 'tis January still. And wildly blizzards blow upon us. We know it won't be long until another Christmas season's on us. Edgar A. Guest.

ADDO WOMANS LOVELY HANDS NEED OUNCE OF PREVENTION

If it is true, as has been said, that a woman's hands are an index to her character, that should certainly provide incentive enough for a girl to take sufficient time and effort

to keep them lovely as possible. Perhaps she does not have long, tapering, glamorous hands. Well, there's nothing much to be done about bone structure. But certain simple exercises, conscientiously done, can make hands more graceful and shapely. Skin can be smoothed and softened, beautifully clean, nails carefully shaped and polished. She'll find that prevention of skin damage is quite as important as correction.

Therefore, if there's particularly grating work ahead, wearing gloves is that certain ounce of prevention that will pay generous dividends. Rubber gloves for scrubbing and such; fabric gloves for dusting and general cleaning. And digging the nails into a cake of soap so that nail tips are well packed will prevent dirt lodging under them.

And on her kitchen and bathroom shelves, it's convenient to keep a bottle of hand lotion and slices of fresh lemon; the hand lotion to use after washing and drying the hands, the lemon for bleaching discolorations. Stains are generally much easier to remove if attended to immediately.

If the hands have become rough and reddened, she should use a rich night cream—perhaps her favorite facial cream—massaged into the skin, always with an upward motion, like smoothing on a pair of gloves. Leaving the cream on overnight will doubly benefit, for the skin will receive an extended creaming. Of course she will wear clean cotton mitts to protect bedclothes.

HINTS ON ETIQUETTE

At a dance a young man would

THE COOK'S CORNER

ROAST DUCK

1 six-pound duck
4 cups cooked rice
1-2 cup chopped onion
1 teaspoon salt
1-8 teaspoon pepper
Chopped cooked giblets
4 tablespoons butter
Method: Wash the duck and remove the pinfeathers, then singe. Be sure that the inside is thoroughly cleaned. Fill the cavity with rice stuffing made by mixing the cooked rice with the onion, seasoning and the chopped cooked giblets, along with the butter. Sew the openings or skewer them together.

RECEPTION CHOCOLATE

The recipe given is for 12 servings. Combine 1-2 cup sugar, 1-8 teaspoon salt, 2-1-2 squares unsweetened chocolate cut in pieces, and one quart water in top of double boiler. Place over direct heat and boil for 15 minutes, stirring constantly. Add quart of milk, place over hot water and heat. Add 1-2 teaspoon vanilla and beat with rotary egg beater until light and frothy.

SWEATER MENDING

To make mends in sweaters or Jersey dresses invisible use chain stitches to duplicate the appearance of the knit fabric. Introduce his girl friend to another couple whom he knew but slightly, by saying, "Miss Smart, this is Miss Hall and Mr. Jones."

KEY TO LENINGRAD

The population of strategic Schusselburg, often called the key to Leningrad is about 7,000.

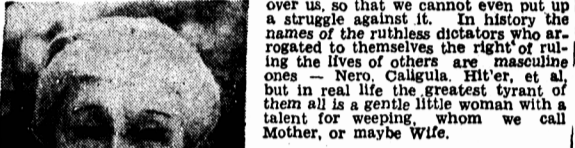
Dorothy Dix Says—

TYRANNY OF LOVE'S TEARS FRUSTRATE CHILDREN'S HOPES

Dad, Too, Must Stifle Desires When Mother Starts Picking Ties, Shirts and Suits

The most terrible and oppressive tyranny in the world is the tyranny of love and it is the most difficult one for a victim to combat. We can fight back at the enemy who enslaves us with at least a chance of winning our freedom, but we cannot tear from our necks the clinging arms that choke us, nor heat off the tender hands that are robbing us of every vestige of personal liberty.

Political tyranny is bad enough, Heaven knows, but it is not hopeless. We can always escape from it by means of a red hot election or a poppy little revolution. The tyranny that dooms us to perpetual seclusion is the domestic brand that anesthetizes us with affection as it rides roughshod over us, so that we cannot even put up a struggle against it. In history the names of the ruthless dictators who arrogated to themselves the right of ruling over the lives of others, masculine ones—Nero, Caligula, Hitler, et al, but in real life the greatest tyrant of them all is a gentle little woman with a talent for weeping, whom we call Mother, or maybe Wife.



HOME'S SWEET TYRANT

Of course, Mother (or Wife) doesn't stifle us at the depot and she would be shocked to death if you accused her of tyrannizing over her family. Why, she loves them to death and she hasn't a thought that doesn't center around them. And it is only because she is so anxious about her husband's health and so afraid he will acquire dyspepsia if he eats the rich food he likes that makes her keep him on a Spartan diet that he loathes.

And the reason she picks out his clothes and buys his neckties and decides on his religion and what movies he shall go to is just because she knows so much better about them than you do. Millions of men would have been never seen a train pull out of a station without an impulse to jump aboard and escape to freedom, but they rarely do. They are bound tight and fast by the tyranny of love in their dictatorial hands. And children. The vast army of senseless, inefficient, unsuccessful men and women who cumber the earth are the result of the tyranny of mother love. Mother wished a perpetual babyhood on them because she couldn't bear for them to grow up and live the way she didn't want them to think for themselves, or make their own plans, or pick out their own friends or their amusements. She wanted to be the god that pulled the strings that made them move.

MOTHER'S TEARS QUELL CHILDREN'S REVOLT

And when they rebelled against this and showed a natural human craving for a little liberty and the every Friday night when we were instead of Mother's, she wept and told how she had sacrificed her life for them, and how she loved them, and whipped them back into subservience again.

Nobody knows except the Recording Angel, (and Mother is going to find herself in a hot spot when she faces him) how many lonely old maids there are pecking away on typewriters or standing behind counters who would have been happy wives and mothers, with good homes and husbands to support them, if Mother hadn't broken off all their love affairs. Nor does anybody know how often Mother has shut the door of opportunity in her sons' faces by always threatening to die of grief if they left her.

Nor are mothers the only ones who are guilty of practicing the tyranny of love. It is a common domestic vice, and explains the prevalence of divorce and why children get away from home as soon as they can, and families break up and scatter. They are making a break for freedom. They are fed up to the teeth with having to sacrifice all of their individual inclinations and wishes to someone whose only interest in hurting Grandpa's or kind old Aunt Sally's feelings. They are weary of the love that sells them into bondage.

INDIVIDUAL FREEDOM ESSENCE OF HAPPINESS

After all, when we come down to brass tacks, the very essence of happiness consists in what we are able to do with our own lives. It is in the freedom to think how often we have to forfeit that because we are the victims of the tyranny of love. We have to go to stodgy family dinners every Sunday, no matter what day week-ends we are missing, because the mother-in-law for whom we are invited because she would be miffed if we didn't. We have to wear the misfit hats that Aunt Jane picked out for us, and use the furniture that swears at everything we have because she can't bear for us to have a better one. We have to listen to tiresome Uncle Charlie and ask him to tell over again how he won the war instead of shutting the door in his face, because we are bound hand and foot by ties that we lack the nerve to break.

All of which suggests that we could use a little of this freedom that we are talking so much about now, in the home.



HEALTH LEAGUE OF CANADA

The maintenance of health among women in industry presents the subject of an article by Milton H. Kronenberg, M. D., Chief Division of Industrial Hygiene, Illinois State Department of Public Health, Chicago, in the December issue of Industrial Medicine. With more than 13,000,000 women, representing over one-fourth of total employment, working in the U. S. and with a further requirement that 5,000,000 more women by the end of 1943, his authority emphasizes the need for safeguarding their physical health and well-being. The physical health should be tailored to meet the physical limitations of women," he says. "Women are generally shorter in stature and have smaller bench heights may have to be lowered. Woman's reach is shorter, which limits her stretching to levers, necks, etc. her hands are smaller, thus limiting the size and weight of hand tools."

HINTS ON ETIQUETTE

When you are serving an informal dinner with the hostess is her own cook, it is perfectly proper to have the first course on the table when the guests are seated.

Cold's Coughing

Here's Easy Time-Tested Way To Get Relief

Get after those distressing spells of coughing and ease misery of your throat with the relief of Vicks VapoRub. Then breathe in the steam from the medicinal vapors. With every breath you take Vicks VapoRub soothes your throat, clears your head and loosens your chest. It's the only medicine that works to bring you comfort while you sleep.

A Job Only You Can Do

Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are prepared by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the Wartime Prices and Trade Board, Chappell Building, Charlottetown.

Q. Have Sunday deliveries of ice been abolished in the Wartime Prices and Trade Board?

A. Yes.

Q. I had a two-piece dress dry cleaned this week and was charged an additional 10c for delivery. Would say that was a violation of the regulations?

A. The only explanation of this situation may be that you took the dress to a cash-and-carry place and asked them to deliver it, which they would not do. Their cash-and-carry price. If this does not explain the matter please report the details to the nearest office of the Wartime Prices and Trade Board for investigation.

Q. Is any price increase allowed for permanent waving and finger waving over last year?

A. No increase is allowed for such services above those charged by the same shop for all beauty treatment during the basic period, Sept. 15 to Oct. 11, 1941.

Q. When the price of milk was reduced by 2c a quart Dec. 16, was the price of canned milk also reduced?

A. No. This reduction applied only to fluid milk.

Girl On His Hands

By JOSEPH CHADWICK

CHAPTER XXVI

On the day after Montreal's departure, Stephen Mitchell left on business trip to Washington. Virginia drove him to the station and saw him off.

Just before he boarded the train, he said, "So your friend Arturo comes back to you, is he?" "Yes—come here again, but he's coming here again," said Virginia. "Still in love with him?" "Of course. Why do you ask? Do you hear? I've had a change of heart, really not that fickle!" "Just then, the conductor called, "All aboard!" Mitchell quickly kissed his niece and climbed onto the train.

Over his shoulder, he said, "Don't take any wooden nickels while I'm away!"

Afterward, Virginia wondered whether he meant anything in particular by that. Did he perhaps mean that she shouldn't take advantage of his absence by marrying Arturo? She might have been amused if it hadn't been for the hard fact that Arturo had never mentioned marriage. She thought ruefully how pleased her uncle would be if he knew about it.

On an impulse, Virginia slowed her car and drew up behind John's car, which was parked at the curb. Almost instantly, she wished she hadn't, but it was too late now to drive on. For John and Harriet had turned and seen her.

She climbed out and went up the walk. "Hello," she said. "Looking at her." "Yes," she said. "but I don't think we'll take this one." Virginia looked at John. "Uncle Steve told me about your engagement to Harriet. He was very happy. I hope you'll be happy." "His eyes were still cold, but he said, "Thank you."

"We shall be happy," said Harriet. "Virginia glanced at the house. "This seems very attractive. Why don't you like it?" "Oh, John likes it," Harriet told her. "He looked at it this morning with the real-estate man. Even brought me to see it. But it's so small. The rooms are cramped. I tell him it would be hopeless to entertain."

Her voice ran on. Virginia only half listened. She was thinking, and it was Arturo and I looking for a house. I'd love this one. I can see why John likes it. It's a dream. I wouldn't care about its being small. I wouldn't care if the roof leaked, so long as Arturo and I could be together in it.

Becoming aware that Harriet had stopped talking, she said, "Well, I'm going on my way. I just stopped to say hello." As she turned away, she felt strangely bleak.

John watched Virginia's car disappear. Then he said, "Well, let's get back to the office. Dear. We've a lot of work to do."

He was disappointed that Harriet didn't like the house. He himself had fallen in love with it and had been full of enthusiasm when he brought her to see it. But she had voiced her disapproval at once. It was too small, she said, for a man of his position and, besides, it was in a poor neighborhood.

"You've got to have background," she said. "Every successful person puts on a background." It hadn't occurred to him that she would look at it from this angle.

Joan Bennett

IT'S EASY TO MAKE SURE OF DAININESS—THE CHARM THAT WINS. A DAILY LUX TOILET SOAP BEAUTY BATH DOES THE TRICK!

HOLLYWOOD'S Whipped Cream LATHER BEAUTY CARE

LOVELY JOAN BENNETT tells you how Hollywood stars make sure of skin that's fresh, sweet. They use their complexion soap, Lux Toilet Soap, as a daily bath soap, too. WHIPPED CREAM lather removes dust and dirt swiftly, thoroughly—makes daintiness sure. You'll love the delicate perfume this beauty bath leaves on your skin.

JOAN BENNETT IS RIGHT! THIS WHIPPED CREAM LATHER BEAUTY BATH MAKES DAININESS SURE!

IT MAKES ME SO HAPPY WHEN TOM SAYS I'M SWEET!

9 out of 10 Screen Stars use Lux Toilet Soap

Get This Extra Flavor

BECAUSE cocoa varies in strength and flavor, insist on Baker's. You'll love its unvarying strength and real chocolatey flavor. Make it according to the recipe on the label.

Up to 90 servings from the 1 lb. package. Good for baking, too.

BAKER'S COCOA

CISS BRAND A Product of General Foods

She was practical, of course, thinking of the future. Still, John felt disappointed. On the drive back to the office, they were both silent. When they reached the Mitchell Motors plant, John said, "I'll drop house key to the agent."

Free or cheap orange juice and cod liver oil are now available for all children in Britain under five years old and for expectant mothers. Formerly they were supplied only to children under three.

A Morning Smile

The spinster: "Gats, my dear, I hate the very sight of them. I had a sweet little canary and some cat got that. I had an adorable fiancé and, oh—don't mention that to me!"

Old Farmer Bates was pointing out the merits of the neighbourhood to his newly-arrived lodger. "There's a church near," he said, "but I never put my nose in it."

For Bad Winter Coughs, Mix This Syrup at Home

Quick Relief. Big Saving. So Easy. No Cooking.

This well known recipe is used by many thousands of housewives because they have found that it gives them an effective, dependable medicine for distressing winter coughs. It's so easy to mix—anyone can do it.

From any drugist, get 2 1/2 ounces of "Inez," a special compound of proven ingredients in concentrated form, well known for effect on three occasions.

Then make a syrup by stirring two cups of granulated sugar and one cup of water a few moments, until dissolved. It's no trouble at all, and takes but a moment. No cooking needed. You can use corn syrup or liquid honey instead of sugar syrup.

Put the Inez into a 4 ounce bottle and add your syrup. This gives you 16 ounces of cough syrup, unusually quick-acting and dependable, and yet get four times as much cough medicine for your money. It never spoils and is very pleasant to children. Use it hold of severe coughs, giving quick satisfying relief. It loosens the phlegm, soothes the irritated membranes and helps clear the air passages. Money refunded if it doesn't please in every way.

Needlecraft For The Home

MATCHING PAJAMAS For The Little Mother and Her Rag Doll

Bed time is sure to be fun time, when you have a cute pair of P. J.'s like these to wear, and the added thrill of putting the cutest of rag dolls into a pair just like your own.

Style No. 2007 is designed for sizes 2, 4, 6, 8 and 10. Size 4 requires 1-3/4 yards anyone can do it with 1 yard plain.

Style No. 2004 comes in one size and includes rag doll (13 inches) and wardrobe (dresses not illustrated above). Requires 1-1/2 yards fabric for doll, and 1-1/2 yard 35-inch fabric with 1-8 yard plain for pajamas.

Name _____

Street Address _____

City _____ Province _____

YOU WOMEN WHO SUFFER HOT FLASHES

If you suffer hot flashes, dizziness, distress or "irregularities" during the "middle age" period in a woman's life, ask for Dr. Williams' Vegetable Compound. It's helped thousands upon thousands of women to relieve such symptoms. Made in Canada. Parke-Davis Company is worth trying!

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