

# Woman's Realm Social and Personal Fashions Literature

## Helpful Hints For The Women Folk

### COOL AND CALM

When you hear some woeful news, Keep cool. Nerves must not distort your views. Keep cool. Never mind what radio blares. Nor how daily headline scores. Keep cool. Train your thoughts for higher things. Keep calm. Judgment sound and all it brings. Keep calm. Ceaselessly your prayers should be For Faith, Love, Courage, Victory—Be calm.

—Fane Sewell.

Chinese dinners in the mandarin class often consist of 24 courses and require the greater part of an evening. Frequent rests for smoking are taken between the courses.

Patrick Fleming, of Ballindine, Ireland, was convicted of setting fire to a haystack as an excuse to speak to a young woman.

Soak a clean tea cloth in a mixture of whitening and water. When dry use for wiping silver, and there will be no need for any future cleaning, as this keeps all silver spotless.

It is a good plan to knit silk into the heels of stockings before they are worn. This trebles the life of the stockings without making them bulky.

### Really Clean Dishes

Dishes are only as clean as the cloths they are washed and dried with. After dishwashing, cleanse the dishcloth in fresh, soapy water. Rinse in warm soda water, then again in clear hot water and dry, if possible, in the fresh air. Dish towels should be rinsed in hot suds, brought to a boil if desired, rinsed in clear water and also dried in fresh air.

### CHARM INSURANCE PAYS DIVIDENDS

Keep up your charm insurance! It's just as important to take those few precautions in steam-heat weather as when the mercury is soaring. In fact, when sweater season starts and you slip into woolens, dandruff is more of a problem than when you're wearing washables and lighter fabrics.

No one is fresher than the dress she wears, no matter how many baths she has a day. And woolens, because they are so absorbent, pick up the slightest trace of odour. A few moments in an over-heated room, a quick sprint for a train or street car, and there's an under-arm emergency. To stay shower-fresh all day, you need to watch those anti-perspirant p's and o's every month in the year.

First, pick up type of anti-perspirant that's suited to you. They come in different strengths to suit different perspiration make-ups. There's a colorless liquid, which is moderate in strength, and a colored liquid for those who need to take extra precautions.

For an emergency, when you have to rush home and slip into a pet dress in half an hour flat, a little jar of anti-perspirant cream will save the day. There's a grand cream check that's as pleasant and soothing to use as a vanishing cream. It's completely greaseless and has a fresh violet perfume.

Here's why doctors tell us that checking perspiration is perfectly safe. Total body perspiration remains exactly the same. When pores are gently closed at one spot, perspiration is simply re-routed to other surfaces where it will evaporate more readily.

### INDIVIDUAL BUTTER DISHES

Individual butter dishes have arrived in Edinburgh, each equal to holding your ration of butter. They are very dainty, much-to-be-coveted possessions.

They come in sets of different colours. There is one set of charming little round cream-coloured dishes, lined with color—one blue, one pink, one green, one chocolate. Another set takes the form of little troughs, each in a different pastel colour.

### DOUBLE ACTION DOOR HANDY NEAR KITCHEN

Double-action doors between kitchen, butler's pantry and dining room are being included in the plans of many new homes. Older homes may benefit from the same convenience, however, as regular doors may be replaced with these of double action.

Double action door closers can now be obtained which are concealed in the woodwork over the door. Hold-open features are regarded as standard in most fixtures of this kind. Simple to install and adjust, the mechanism is entirely out of sight and no cutting of the floor is said to be necessary.

### FACTS ABOUT BIRDS

No bird of prey has the gift of song. The smallest humming bird weighs 20 grains. In all tropical countries the vulture is the natural scavenger. Wild birds do not sing more than eight or ten weeks in the year. It is estimated that one crow will destroy 700,000 insects in a year. In the city of Athens, 400 years before the birth of Christ, a pair of peacocks were valued at \$125. The clock has been known to perish in the flames of a burning house rather than desert its young. The smallest egg is that of the Mexican humming bird. It is scarcely larger than a pin head. The largest egg is that of the ostrich. It weighs three pounds and is considered equal to 24 hens' eggs.

## A Morning Smile

"I want to be procrastinated at the next corner," said the old man to the bus driver.

"You want to be what?"

"Procrastinated, sir. Look in the dictionary. 'Procrastinate' to put off. Dat's what I mean."

### Hard On the M.O.'s

Indignant M.O.: "Don't call me Doctor! You fellows have been soldiering long enough to know that an officer must be addressed by his military title. You know there are no doctors' in the Army."

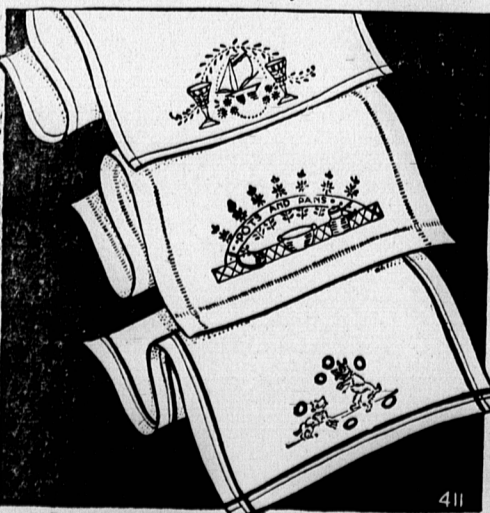
Voice from the rear rank of sick: "That's a fact!"

### DIES AT HOBBY

BRISBANE, Australia. (CP)—An ardent philatelist, L. S. Bagster, professor of Chemistry in the University of Queensland was found dead in his chair, where he had been looking over his stamp collection.

## Six Embroidered Kitchen Towels

by Mayfair



MAYFAIR DESIGN NO. 411

The towels in pairs are handsome gifts... and a real asset to a well equipped kitchen. They help so much to make the task of dishwashing lighter. Nothing adds more to the gaiety of a kitchen than a row of towels made bright and pretty with simple stitches and colorful designs. These designs (the transfer includes two of each pattern) have been selected because they give you the best possible effect with the least possible amount of stitches. The pattern includes transfer for six towels, together with complete stitch and color charts.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

To Charlottetown Guardian Needlework Department. Design No. 411

NAME

STREET

## Commodore Norah

By ANGUS MacVICAR

**TENSION FOR TWO**  
Jock grinned as his visitor rose. "Best of luck, David," he said. "You deserve a David, like this." "A break!" retorted David. "Jock—rather do anything than interview Norah Grant. I'm scared stiff."

"She's only—" "I know, but—" David looked at the other's long face. "What the dickens are you laughing at?" he demanded.

"I'm no laughing. Far be it from me to laugh."

He wandered out into the sunshine. He had less than half an hour to reach Noarah's house, but he took such devious ways to reach his objective that the journey occupied him for almost an hour.

He was in a bad state of nerves. He didn't know what he was going to do. He had the advantage over her because of Menteth's action on the previous night, and he could afford to state the terms on which he would undertake to take her to the police. He had the advantage, and yet—

He loved her. That was the difficulty. How could he conduct himself in a business-like, matter-of-fact way, when all the time he would be thinking of her in his arms and letting the world go by? How could he—

His thoughts were rudely interrupted when he reached the end of the street in which the Hector was situated, saw Donald Brown and four other fishermen going up to the dock. He saw Donald knock J. M. and persuaded him to send a deputation to Norah before they struck. And he himself, before they called at this time Norah would not see him. She would be busy with the deputation. He would have to wait until later before discussing the situation with her. In his mind both disappointment and relief were strangely mingled.

All day Norah had remained at home, waiting for David to come. She hadn't slept much, even though the events of the night had made her very tired. Two ideas were struggling for mastery within her. One was to desert the house, to go to her mother's, to her position in the fleet. The other was to wait for David. She was love-love of the man whom she had loved that would govern the rest of her life.

She allowed pride to take command she would tell David that she had broken off her engagement with Menteth, and that if he would procure her best to go to the police, she would continue to do her best to make the Grant fleet dominant in the bay. She would tell him that she might say, "I'm not responsible for Hector's actions, and that he mustn't expect her to go winning to a rival who returns to her." She knew that the law would not hold her responsible for the crimes of the other. She had done wrong, and though the feeling in her heart was towards David, mere feeling could not harm her business.

She felt that the outcome depended on a great deal on her attitude. If he were hard and overbearing, as he always seemed to be in her presence—though no one else in the village thought him so—she would like that—then it would be difficult for her to forget the spiky Grant pride and let him trample it. She would have to be very hard on him when he came he would indeed be hard and overbearing, for he had plenty of excuse. Hector had done wrong to go to the police and she could not know that for a long time she had not loved Menteth and had last night actually broken off their engagement. David would indeed be with some justification, that she would not be without sympathy for her fiancée's action.

Nevertheless, despite her fears, she wished he would come soon. She felt that to-day might bring a crisis in her life, and longed to meet it and get it over, no matter what the consequences were.

The day passed slowly. In the afternoon Norah began to wonder if David intended to come at all. Her nerves, tautened by lack of sleep, jumped like the tappers of an engine. She grew irritable and depressed.

Nagging questions recurred to her. Had he changed his mind about discussing the situation? Did he mean now to go to the police and let her facts before them without consulting her first?

She tried to avoid these questions, but they returned again and again until she was inclined to believe that the answers to them must be in the affirmative. Her anger rose against David, because a girl in love is easier to be angry with her lover than with an ordinary individual in whose actions one has little interest. She tried to believe he was making a fool of her.

**THE VOICE OF THE WORKERS**  
Alone, she walked up and down the drawing-room restlessly. Her cheeks were slightly flushed and her back was very straight. So he wasn't going to be friendly after all. He was going to defy her. He thought he had the whip hand now, did he? Well then, she would show him... There was a ring at the front door. She heard Miss Mathieson, the housekeeper, call to the maid to answer the bell.

Nora caught her breath. She felt suddenly breathless and unaccountably expectant. Was this David at last? She ran over to a mirror, fluffed out her hair becomingly, put a little dab of powder on her nose and tried to compose herself.

"Don't be a silly little ass," she muttered. This is going to be an intense, a very intense conversation. Remember you're a business woman, a University graduate—not some daft girl of seventeen.

She opened the door, as the maid opened the drawing-room door, disappointment overwhelmed her like a black flood, and she returned to her heart, with added intensity, the stubborn bitterness that had crept into it during the day. It wasn't David who had called, but her chief skipper, Donald Brown, along with four other members of her crew. They smiled to her in a fashion friendly enough, but she sensed antagonism and unusual

## Dorothy Dix's Letter Box

DOROTHY DIX SAYS—

### STRUGGLE TO KEEP YOUNG IS HARDLY WORTH THE EFFORT

### Women Should Not Dread the Approach of Age, for it is Then That They Can Relax

It is a queer thing that we do not realize that we are growing old until we virtually have one foot in the grave. We perceive that the aging process is taking place in our friends and acquaintances, and we sigh and say: "How poor Tom has broken!" And "What a pity it is that Luu has lost her figure and complexion." But we do not recognize that Time is taking its toll of us and that somehow, somewhere, we have crossed that fatal line that separates youth from age. The little telltale wrinkles about our eyes come so insidiously, the gray in our hair has crept in so gradually, the roses in our cheeks have faded so gently that we have not even noticed the change in our appearance. To ourselves we are still mere girls and boys until something happens that gives us the jolt of our lives by making us see how we look to other people.

It gives us a shock from which we never recover. No man and woman are ever the same again after the cold, unpalatable truth is forced upon them that no matter how young they seem to themselves, to others they are just an aging couple.

Nooby escapes this devastating experience and after it is over—long, long after it is over—it becomes a funny memory instead of a solar plexus blow to the vanity, and women tell us, of how they were first awakened from their delusion that they had drunk at the Fountain of Perpetual Youth.

The other day a group of elderly women who had forgotten their way to a cup of tea, were telling of the first intimations of age that they were middle-aged, said one: "Mine came on a steaming car. I was in my early thirties. I had always had perfect health. I had kept my figure. I could work and play all day and eat all night. I was gay and happy and I felt just as young as I did when I was 16. When I thought of getting middle-aged, it was a shock. I was 40 when I was more cruelly than I could have imagined for years and years."

"Then one intensely hot day it happened to be making a rainy journey. Across the aisle from me was a sickly, tired-looking mother with a sickly, tired-looking baby in her arms. I had to get up to see her. I had my lunch I asked the woman if she would let me take care of her baby while she got something to eat and she gratefully turned the youngster to me.

"After she had tidied herself up and had had a good meal she came back and she said to me, 'I had something to tell you and so, as she held out her arms for the child, she said: "Who's got you?" "The Good Samaritan, always gets it at those words my youth fell from me like a garment. I knew I was just another nice, kind, old lady."

"The Good Samaritan, always gets it at those words my youth fell from me like a garment. I knew I was just another nice, kind, old lady."

"Now my brutal awakening to the fact that I no longer was a young girl."

"I married when I was 18 and my husband, unfortunately, died only a few months. After my first grief had wept itself out and I had accepted the inevitable, I began to think of my dear old mother and admit that I considered myself a very glamorous young widow."

DOROTHY DIX.

## YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)  
(Copyright, 1940, King Features Syndicate Inc.)  
Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Monday, May 6th  
MARCH 21 to APRIL 20 (Aries)  
Your affairs will require your close attention, clever management and sound judgment. Do not speak out of turn; do be cooperative, helpful. Afternoon favors artistic and personal matters.

APRIL 21 to MAY 20 (Taurus)  
Care advised in plans, promises, conferences. Do not head will direct you. Don't overdo in anything, that includes the appetite. Moderation and cheerfulness your best aids to success today.

MAY 21 to JUNE 21 (Gemini)  
Concentrate on your important

determination in their demeanour. She grew pale. She had an idea what they had come to discuss—in a word, her divorce. She knew she was driving her men to the limit. She knew that this state of affairs could not go on. She didn't realize that she was doing it for a purpose? Didn't they realize that she was pushing them on to defeat David McGregor? Once that problem was settled she'd give them the easy time they deserved. Besides, she resented their questioning of her work, not at their request, but when she chose to give the command.

She was a real Grant.

She made her visitors sit down. They balanced awkwardly on the edges of comfortable, chintz-covered chairs.

(To be Continued)

## BEANS... flavored with delicious BEMA MOLASSES

The next time you prepare baked beans try them with a flavoring of BEMA Extra Fancy Table Molasses. You'll be delighted with the extra deliciousness it gives them—the added appeal to grown-ups and young folks, too.

Use BEMA Extra Fancy Table Molasses in soups, stews, casseroles, etc., as well as a spread for bread. It's so nourishing, rich in body-building nourishment.

SOLD IN BULK AT YOUR GROCER'S



THE ORIGINAL PRODUCT—NOT A BLEND

ISN'T IT GRAND HOW FAST THE NEW 1940 RINSOL MAKES GREASE VANISH!

THAT'S BECAUSE I CONTAIN A SPECIAL "SUDS BOOSTER" NOW. I GIVE UP TO 3 TIMES AS MUCH SUDS AS THOSE OLD-TYPE BAR AND PACKAGE SOAPS DO

GOSH, EVEN HARD-TO-CLEAN GREASY FRYING PANS COME CLEAN AS A WHISTLE IN A JIFFY... WHEN THOSE LIVELY RINSOL SUDS GET TO WORK ON 'EM

## New Richer Rinsol Makes Dishwashing Quicker, Easier

NOT A TRACE OF GREASY FILM ON DISHES, GLASSWARE OR SILVER NOW THAT WE USE RINSOL. AND IT'S SO KIND TO HANDS

BOY, OH BOY! SURE TAKES THE FIGHT OUT OF HARD WATER. AND THOSE MOUNTAINS OF RINSOL SUDS MAKE THE BIGGEST PILE OF DISHES SEEM SMALL

RINSOL COMES IN 3 SIZES... Small... LARGE... GIANT

### Today's Short Wave Radio Program

(All Time - Eastern Standard)

MONDAY, MAY 6

6:35 p.m.—"Rakoczi Overture." HATS, 9.62 meg., 31.17 m.

7:00 p.m.—Broadcast in English. RV96, 15.24 meg., 19.7 m.; RNE, 12 meg., 25 m.

8:00 p.m.—Talk: "The Empire at War." GSD, 11.75 meg., 25.5 m.; GSC, 9.58 meg., 31.3 m.

8:00 p.m.—Program in English. 10.22 meg., 29.5 m.

8:25 p.m.—American Transmission. PCJ, 9.59 meg., 31.2 m.

BERLIN

8:45 p.m.—"Thousand Years History." DKB, 9.61 meg., 31.2 m.; DVC, 6.02 meg., 42.9 m.

9:35 p.m.—American Transmission. PCJ, 9.59 meg., 31.2 m.

9:50 p.m.—Request Form. Mail Bag, 22.03 31.15 m.; 2R04, 25.40 m. 2R06, 19.61 m.

LONDON

10:00 p.m.—"Garrison Theatre." GSC, 9.59 meg., 31.3 m.

GUATEMALA

10:00 p.m.—Concert with First Military Band of Guatemala. TG-WA, 15.17 meg., 19.8 m.

PARIS

11:45 p.m.—News in English. TPK, 11.72 meg., 25.6 m.; TPC, 11.84 meg., 25.33 m.; TPC, 9.52 meg., 31.51 m.

TOKYO

12:40 a.m.—A Talk in English. 96, 15.24 meg., 19.7 m.

### THE COOK'S CORNER

#### VANILLA WAFER CRUST

3-4 cup vanilla wafers, finely crushed  
7 whole vanilla wafers  
4 table spoons sugar  
1-2 cup butter

Method: Combine the crushed wafers with the sugar and gradually add the softened butter. Cover the bottom of a pie plate with the mixture and stand wafers, cut in halves, around the edge. Chill this well before filling.

#### MOCK GOOSE

One-half pound liver, teaspoon powdered sage, 4 medium-sized potatoes, 1 medium-sized onion, 1 medium-sized cooking apple, salt, pepper, and a dessert-spoon flour. Cup water or stock.

Put the liver into small pieces and cook with the flour mixed with a good dash of salt and pepper. Into a greased casserole put alternate layers of liver and peeled and sliced potatoes, sprinkle the chopped apple, onion, and sage between each layer.

Finish with a layer of potato, and pour over the stock or water. Cover with greased paper before putting on the lid, then cook in a slow oven for 1 1/2 to 2 hours, removing the lid and paper about 20 minutes before serving so that the potatoes will brown on top.

JZJ, 11.80 meg., 25.4 m.  
MOSCOW  
3:00 a.m.—EBC Period. RV-96, 15.24 meg., 19.7 m.

## Spring Fashions

A spirited frock with princess lines that are becoming to all figures will put new life into old tasks. This dress has an unusual shoulder treatment that is easy to make in handy. Buttons up the front make it easy to launder as well as easy to slip into in the morning. You owe it to your family to look bright and fresh at breakfast, and this is the dress they will like to see you wear.

Style No. 2784 is designed for sizes 12, 14, 16, 36, 38, 40, 42 and 44. Size 36 requires 4 1/4 yards of 39-inch material, with 2 3/4 yards of braid.

Send Fifteen (15c) coin is preferred, for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.

Style No. 2784 Size .....

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

EAST WILTSHIRE SCHOOL

Honor Roll for April:  
Grade I: 1. Joan MacKinley; 2. Verna Younker; 3. Maise Jewell.  
Grade II: 1. Harvey Jewell; 2. Paul Garnham.  
Grade III: 1. Miriam Mutch; 2. Rees Newson.  
Grade IV: 1. William Garnham.  
Grade V: 1. Jean Mutch.  
Grade VI: 1. Stanley Thompson.  
Grade VIII: 1. Lois Mutch; 2. Marjorie Mutch; 3. Elmer Yeo.  
Grade IX: 1. Norman Thompson; 2. Kenneth Christoffersen.  
Teacher, R.E. Bain.

Send 20c in coins for your copy of How to Choose and Care For Your Dog to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

Use Mindard's for sprains.