

# Jess Willard Says: "Take Nuxated Iron"

If you want plenty of 'stay there' strength and endurance and health and muscles like mine.

Ordinary Nuxated Iron will often increase strength and endurance of the delicate nervous folks 200 per cent in two weeks' time.

SPECIAL NOTE.—Dr. E. Sauer, a well-known physician who has studied widely in both this country and Europe, has been specially employed to make a thorough investigation into the real secret of the great strength, power and endurance of Jess Willard and the marvelous value of nuxated iron as a strength builder.



I consider that plenty of iron in my blood is the secret of my great strength, power and endurance.

Jess Willard

Not long ago a man came to me who was nearly half a century old, and asked me to give him a preliminary examination for life insurance. I was surprised to find him with the blood pressure of a boy of 20 and as full of vigor, vim and vitality as a young man in fact a young man he really was notwithstanding his age. The secret he said was taking iron—nuxated iron had filled him with renewed life. At 30 he was in had health; at 46 care-worn and nearly all in. Now at 50 a miracle and his face beaming and with the buoyancy of youth. As I have said a hundred times over, iron is the greatest of all strength builders. If people would only throw away patent medicines and nauseous concoctions and take simple nuxated iron, I am convinced that the lives of thousands of persons might be saved, who now die every year from pneumonia, grippe, consumption, kidney, liver and heart trouble, etc. The real and true

cause which started their diseases was nothing more or less than a weakened condition brought on by lack of iron in the blood. Iron is absolutely necessary to enable your blood to change food into living tissue. Without it, no matter how much or what you eat, your food merely passes through you without doing you any good you don't get the strength out of it and as a

A hitherto untold secret of his great victory over Jack Johnson and Frank Moran.

consequence you become weak, pale and sickly looking just like a plant trying to grow in a soil deficient of iron. If you are not strong or well you owe it to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two five grain tablets of ordinary nuxated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of men, run-down people who were all at the while, double their strength and endurance and entirely get rid of all symptoms of dyspepsia, liver and other troubles in from ten to fourteen days time simply by taking iron in the proper form. Some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acetate or tincture of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated like nuxated iron if you want it to do you any good, otherwise it may prove worse than useless.

Many an athlete or prize fighter has won the day simply because he knew the secret of great strength and endurance and filled his blood with iron before he went into the fray, while many another has gone to ignominious defeat simply for the lack of iron.—E. Sauer, M. D.

NOTE.—Nuxated Iron, recommended above by Dr. Sauer is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians everywhere. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy, in nearly all forms of indigestion, as well as for nervous, run-down conditions. The manufacturers have such great confidence in Nuxated Iron that they offer a forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron and increase their strength 200 per cent, or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by Geo. E. Hughes, Apothecaries Hall and E. A. Foster, Central Druggery, and all other druggists.

## Steamers Sunk By German Submarines

(Canadian Press Despatch.)

LONDON, Oct. 23.—The sinking of five steamships, two British and three of neutral nationality, with the loss of at least eight lives, was announced by Lloyd's yesterday. The British steamers sunk were the Huguenot, of Newcastle, and the Marchioness of Glasgow, and the Marchioness of Glasgow. The crews of both steamers are reported to have been landed.

The neutral steamers sunk were the Athens and Haudrot, of Norwegian registry, and the Swedish steamer Albild. Eight members of the crew of the Albild were lost, and the remainder were saved. The crew of the Haudrot was rescued.

The steamer Huguenot, of 1,032 gross tons, was built in Newcastle in 1892. The Marchioness measures 586 gross tons, and was built at Troon, Scotland, in 1899. The Swedish steamer Albild, of 177 tons, was owned in Copenhagen.

Maritime records do not mention Norwegian steamers Athens and Haudrot. There is a Norwegian steamer Athene, of 1,847 gross tons, owned in Kragero, and a Norwegian steamer Haudrot, of 1,409 gross tons, which passed Gibraltar on September 26 for Oran.

(Canadian Press Despatch.)

LONDON, October 23.—Lloyd's report that the Norwegian vessels have been sunk: Steamers Dido, 232 tons, and Fulvio, the latter without warning; the barque Cortica, the barque Guitas and Cock of the Walk, and several barges.

KRISTIANIA, via London, October 23.—The Norwegian steamer Romang, a vessel of 1,321 tons, has been torpedoed by a German submarine. Her crew was saved.

(Canadian Press Despatch.)

CLEVELAND, October 23.—Twenty-one members of the crew of the steamer James B. Colgate were drowned in Lake Erie Friday night, when the coal laden ship went down in a storm. The tragedy became known only today when Captain Walter Grashaw, of Cleveland, sole survivor, was picked up by a car ferry after having been afloat for thirty-six hours on a life raft. Captain Grashaw was taken to Conneaut, Ohio. The vessel was bound from Buffalo to Port William with a cargo of coal.

## STUBBORNLY REPEL VON MACKENSEN'S ARMY

(Canadian Press Despatch.)

PETROGRAD, Oct. 23.—(Via London)—The Russian and Roumanian troops in Dobruja are continuing to retreat the war office announced today. They are offering stubborn resistance to Field Marshal Von Mackensen's army.

On the Transylvanian front the Roumanians made attacks yesterday compelling the Austro-German forces to retire slightly in the Torontuz and Slanic Valleys. On the western frontier of the Moldavia the Roumanians are fighting stubbornly and with success.

## ALLIES PRESENT NEW DEMANDS ON GREECE.

LONDON, October 23.—The presentation by the Entente Allies of further demands on Greece, including the removal of Greek troops to the southern part of the country and the handing over of Greek war supplies, is reported by Reuter's Athens correspondent.

The Athens despatch, which is dated Friday says the demands were presented to King Constantine by the French military attaché. Greece is required to transfer the entire military force in Thessaly (in the rear of the Allied forces in Macedonia) to Morea, (the peninsula forming the southern extremity of Greece). Delivery to the Allies of war materials destined for the Thessalian forces is also required. Other demands were made, the nature of which is unknown.

## THE TANKS ARE NOT AMERICAN MADE.

NEW YORK, Oct. 21.—George A. Gaston, president of Gaston Williams and Wigmore, of 140 Broadway, who was taken on an inspection trip along the entire British front in France and Belgium, said yesterday there was no truth in the general belief that the "tanks" which have been doing such great work in trench warfare, are American made.

"These machines are the sole product of English invention and English manufacture," said Mr. Gaston who returned Sunday on the St. Paul.

"No part of them is made in this country. They have not been constructed on any American chassis."

## MUCH HEADWAY MADE BY SERBIANS.

LONDON, Oct. 21.—Notable headway is being made by the Serbians on the Macedonian front in their campaign for Monastir, according to the current reports from Entente sources.

Paris today announces further gains against the Bulgarians in the Bend of the Cerna, southeast of Monastir, where the Serbians have pushed well to the north of the river following their recent passage at Brod. Unofficial advice also report the Serbians, assisted by French troops assisting in Kenali region to the west, along the Florina-Monastir railway Kenali is less than ten miles from Monastir. The Bulgarian position here is declared by Entente military commentators to be virtually outflanked by the Serbian capture of Velyselo in the Cerna sector, six miles northeast of Kenali.

The latest Bulgarian and German official statement reported the Serbians checked in their Cerna valley campaign.

On the Somme front in northern France General Haig's forces are again scoring gains in their push toward Bapaume, London announces. A new British advance near Butte de Warlencourt, south of the Albert-Bapaume road, is reported.

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Note the Notes

THE November list of Columbia Records contains the first recordings of LAZARO, "the greatest tenor since Rubini, a greater than Gayarre."

Hear these wonderful Lazaro records and others from the November list by world-famed artists and organizations, and you will know why Columbia Records are supreme!

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| <b>Louis Graveure</b><br>Brilliant Belgian baritone in two splendid melodic songs               | <b>Leopold Godowsky</b><br>Master of piano technique enchants with Chopin's divine "Berceuse"                          |
| <b>Chicago Symphony Orchestra</b><br>With new triumphs  | <b>Morgan Kingston</b><br>Famed operatic and concert tenor exhibits his powers of interpretation                       |
| <b>Infantry Band of Havana</b><br>In "Zaragoza" and "Amorosa," alluring dances from small Spain | <b>Florence Macbeth</b><br>Coloratura soprano prima-donna sings two solos of soaring brilliancy                        |
| <b>Eddy Brown</b><br>Sensational American violinist plays two brilliant compositions            | <b>Prince's Orchestra</b><br>In superb recordings from "La Gioconda," "The Prophet" and "Cavalleria Rusticana"         |
| <b>Lucy Gates</b><br>Distinguished coloratura soprano sings "All Through the Night"             | <b>Little Symphony Orchestra</b><br>Initial recordings under the leadership of George Barrere, world's master flautist |
| <b>Al Jolson</b><br>Most popular of blackface comedians in a song that's "Al Jolson" all over   |  |

In the same list is Columbia Record A5861, two wonderful quartets—the "Madrigal" from "The Mikado" and "Strange Adventure" from "The Yeoman of the Guard"; some irresistible dandy fun of Bert Williams' and George C. Scott's well-known brands; eighteen popular hits, including the big ballad song hit "Turn Back the Universe and Give Me Yesterday"; eight new dance records; symphonic recordings, rios, marches, novelty descriptives, Hawaiian recordings—everything that anyone could possibly want in the way of entertainment.

New Columbia Records on sale the 20th of every month

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# Siege Artillery

A Siege Artillery draft of 50 men has been authorized from King's County, and will be quartered in the Souris Barracks until transferred Overseas for further training.

## Are You Going to Join ?

If you are between the age of 18 and 45, and are physically sound, there is nothing to prevent you joining

## Do It Quickly

Do not wait to be urged, but decide and act quickly. The Empire needs you, and the need is urgent.

## Recruiting Commences at once

Active recruiting for this popular branch of the service has commenced, and all assistance and information will be given by

**Judge A. L. FRASER,**  
Recruiting Officer for King's County.

**Lieut. ROY C. McLEAN,**  
O. C. King's County Siege Artillery Draft.

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