Woman's Realm / Social and Personal / Fashions / Literature

COLDS

NEGLECTING A COLD OFTEN LEADS TO SERIOUS TROUBLE. FIGHT IT THE SAFE WAY—WITH..

Father John's Medicine

MADE IN CANADA

Father John's Medicine fights colds from within—by building up the body's weakened resistance . . . rebuilding vital reserves of strength and vitality. In use for over 85 years, for treating colds and as a body builder for both children and adults.

Living & Leisure
—The Woman's Realm

These are the things I prize
And hold of deepest worth:
Light of the sapphire skies,
Peace of the silent hills,
Shelter of forest comfort of the grass,
Shadow of clouds that swiftly pass,
And after showers
The smell of flowers,
And of the good brown earth—
And best of all, along the way,
Friendship and mirth.
—Henry Van Dyke.

MAKING WASTE SPACE USEFUL IN HOME

A careful check over the house will reveal if all available space is being utilized. Usually there is space going to waste in either the cellar or the attic.

This space can easily be turned into a cosy den or guest room on the top floor or a playroom in the basement. Insulating board, wallboard or other partition materials, applied over the old walls, will redeem this "no man's land" at a very slight cost.

New nightclothes are known as "the fireman's child"—one piece red flannel pajamas with snug-fitting trousers — believe it or not, they are quite fetching.

New York is showing out and out dinner dresses — not merely a decollete dress with a jacket; dinner dresses of the newest fashion are one piece affairs.

GLAMOUR GOES BELOW SURFACE

No matter how good-looking, well-dressed and perfectly groomed she is, any woman loses a great deal of her glamor the minute it is apparent that she—

Is inconsiderate of others. No amount of beauty can make up for rude, thoughtless manners or downright selfishness.

Goes out of her way to make herself conspicuous. Boisterous laughter and extremely loud chatter at parties, in the movies or a restaurant are sins of which the completely chic and charming woman never is guilty.

Talks too much and says too little.

Thinks the table is a good place to do a complete make-up job on her face. Nobody minds seeing lipstick or a bit of powder being applied, but hair-combing, cheek-tinting and eyebrown-smoothings make men and even other women, shudder.

Has so little regard for her hostess possessions that she smears napkins and guest towels with lipstick, curls up with her feet on the spic and span upholstery and slipcovers or tosses the bedspread over a chair at night instead of folding it neatly.

Makes no effort at all to be in time for her appointments.

Expects people to go out of their way to do little favours for her, but shows resentment when the same people put her to some inconvenience.

Thinks that thank-you notes and letters to friends who are ill are duties that can be taken ever so lightly and put off for weeks.

Intends to go right on talking about herself and her family hour after hour whether any one is interested or not.

Sulks when she can't have her own way.

A NEW NOSE FOR 30¢

Mentholatum quickly soothes nasal irritation ... relieves sniffling and sneezing. Clears the nose. Jars and tubes, 30c. 18R

MENTHOLATUM Gives COMFORT Daily

RINGWOOD SCHOOL CONCERT

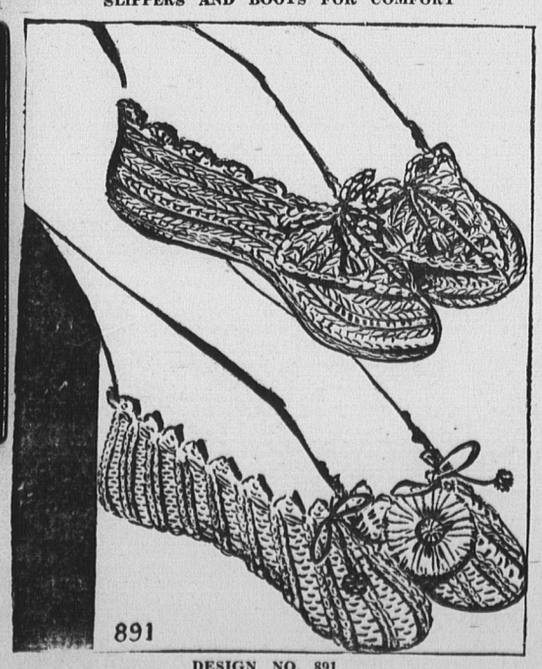
The following program was presented by the pupils of Ringwood School on December 23rd. in the school room.

Chorus: Santa Claus by the School
Recitation: A Loud Greeting by Lavern MacEackern.
Solo: When the Work's all Done This Fall: by Merrill Taylor accompanied by Gordon MacLean.
Recitation: Retaliation by Linus Alchorn.
Dialogue: Susie's Lesson by two pupils.
Recitation Disappointed by Marie Taylor.
Solo: Till the Lights of London Shine Again by Catherine White accompanied by G. MacLean.
Dialogue: Bim and Bam by two pupils.
Dialogue: Christmas on the Sunset Slope by two pupils
Recitation: The Fall of the Monarch by Noreen Taylor.
Duet: Come Sit by My Side Little Darling by the Misses MacEackern accompanied by G. MacLean.
Dialogue: The Census Taker by two pupils.
Duet: A Worried Swain.
Recitation: A Boy's Trouble by Walter Currie.
Solo: Good-bye Little Darling Good-bye by Elaine MacInnis accompanied by Gordon MacLean
Dialogue: Taking Teachers Place by the pupils.
Duet: Say Good-bye to Your Old Fashioned Mother by Patsy White and Lillian MacInnis.
Recitation: Down on the Farm, by Oswald Gearveatt.
Duet: The Swiss Moonlight Lullaby by Bud MacInnis and Oswald by Oswald Georveatt.
Recitation: A Puzzle by Louise MacEachern.
Monologue: That Dreadful Brother by Catherine White.
Duet: Roll Out the Barrel by Catherine and Elaine.
Radio Program.
Recitation: Good-Night by Patsy White.

The pianost for the evening was Mrs. Ernest MacInnis.

The program was followed by a visit from Santa Claus with distributed many presents to both pupils and teacher. After Santa Claus' departure Mr. James Smith (the chairman) moved a vote of thanks to the pupils and teacher. The evening was brought to a close by singing the National Anthem.

SLIPPERS AND BOOTS FOR COMFORT



DESIGN NO. 891

Warm woolie slippers are always a comfort. Both are knitted. One is trimmed with large rosettes, the other is called a slipper boot with turned back lapels at the instep. Pattern No. 891 contains complete instructions for making both.

To order this pattern send 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.
To Charlottetown Guardian
Needlework Department.
Design No. 891

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UNDER PRESSURE

By GEORGE AGNEW CHAMBERLAIN

© George Agnew Chamberlain WNU Service

Tobalito debouched suddenly from the shadowy recesses of an arroyo and came to a halt with Dirk beside him; Leonardo drew level. In plain view, only a few hundred yards away, stood the white mass of La Barranca. To the right was the towering blot of trees, melting into the inky expanse of the lake choked with hyacinths. To the left stretched the illimitable prairie, marked here and there with the black candelabra and exclamation points of cacti. No light showed from the hacienda, yet they knew eyes were watching from every angle as they advanced toward the eastern gate. It swung open at their approach and they entered. Promptly it slammed shut behind them.

Luz took command of Joyce, still inert, and thrust Dirk back when he attempted to follow. Adan Arnaldo, gloomy because poor horsemanship had prevented his joining the rescuing expedition, led him to Don Jorge in his office where he was greeted with the news a courier had come through from Mexico City and tossed dispatches for himself and Blackadder across the now impassable barranca. Dirk opened the long envelope bearing his name with some trepidation and was relieved to find it a personal missive, written in the ambassador's own hand.

"My dear Van Suttart," he read, "at last word has reached me through General Onelia of your whereabouts. For your diligence in following out to the letter the instructions in a certain cable from the department you are to be commended. For assuming I was to be kept in pitch darkness as to your movements, thereby robbing me of sleep to white. I intend urging your dismissal from the service on the grounds of malfeasance unless you return at once to your regular duties. As you have darkened my days, so will I blacken your name — and I'm not joking — if you don't come back on the run It may interest you to know my contact with General Onelia arose from his assumption of the ministry of war, our old friend in that post having been crushed by the final straw of the mysterious disappearance of a battery of howitzers."

"Bad news?" asked Adan, noticing Dirk's thoughtful expression.

"Not particularly," said Dirk, "but I guess I'll have to rush back if it's only to square myself."

"Give us your account of the rescue, my son," said Don Jorge pleadingly. "We have been very patient."

"Forgive me, Maxie; I've been rude as well as seifish," said Dirk, and plunged into a detailed account of all that had happened.

As he finished Luz came in search of him with the good news her mistress had awaked and wished to see him. For the first time he entered Joyce's bedroom. It was more cheerful than any other in the house. There was an open fire, burning gaily, and opposite it two high windows looking upon a walled garden. Between them stood a bed with scrolled back and no footboard. Its towering tester made it seem a throne but Joyce, her dark head half buried in pillows, looked too small for a queen. He sank on his knees and seized her listless hand.

"Joyce," he whispered. "didn't you hear, Nothing at all?"

"Hear what?" she asked, her eyes studying his face feature by feature.

"When I was holding you in my arms on Tronido," he explained. "You were close to me your heart against my heart. My lips were beside your ear. Oh, Joyce, you couldn't have stayed unconscious all that time—you must have heard."

"But what was it you said?" she insisted, looking him full in the eyes.

"I—I told you I loved you," stammered Dirk desperately.

"Was that all?"

"No. I said a lot of things. I think I said some of them over and over again."

"What were they"

He knelt in silence, looking into her grave eyes. His hand dropped hers, the arm he had thrown across her waist grew lax. His head fell forward.

"I don't know," he whispered. "I've forgotten. I can't remember a word."

So swiftly he never knew how it happened her arms were around his neck and she had drawn his head down against her breast.

"Oh, Dirk, darling, of course I heard! I heard all you said and a lot more. It wasn't only your arms that were around me, it was your thoughts. I lay in them and dreamed. I felt safe and happy, glad to be sure I'd bleed if ever I cut you off. You kissed me once in your way, now I kiss you in mine. I'm kissing you with my heart against your face."

A dull boom rent the air and trailing it came a weird howl that passed over the house; there followed a rending of branches in the outer garden and then a terrific explosion. Dirk leaped to his feet and stood transfixed. Joyce sank back against the pillows, wide eyes staring at him questioningly. All the hacienda stirred into life with the hum of a threatened swarm of bees. Shouts were heard, presently punctuated by the thump of Don Jorge's approaching staff. Joyce half rose her shoulders gleaming white but strong above the yoke of her filmy nightdress. Abruptly she seemed no longer too small to be a queen.

"That was no earthquake," she stated; "it was a gun—a cannon."

(To be Continued)

Surplice clothing for slacks and shorts are fashion news in resort wear. You'll like the new look they give to old classics. The idea is really a first cousin to the sidedrapery which has had such success in afternoon and evening frocks this past season, and equally smart.

Dorothy Dix Says—

WORLD NEEDS GOOD LISTENERS TO MAKE MORE PEOPLE HAPPY

Nothing Quite Appeases So Much As Being Able To Find Someone Who Will Give Ear To Your Woes

The Dowager Marchioness of Reading has organized squads of women in England to listen attentively and sympathetically and endlessly to people who want to talk about how they were bombed. These victims of war are highly nervous and it has been found that it helps them to tell about their experiences —sort of gets the horrors out of their systems to be able to discourse at length about their sufferings to some one who is apparently enthralled by their tales and hanging breathlessly upon their words. This is no new phase of human psychology. It seems to be one of Nature's compensations that many men and women can capitalize their woes and really get a kick out of them by talking about them. It is an established fact that the silver lining to the cloud of invalidism is being able to describe one's symptoms, and all of us have plenty of acquaintances who have been set up in conversation for life by even minor operations, and who ever afterward experienced a sacred joy in displaying their appendixes and sinuses or whatever it was for our edification, and telling what the doctors and nurses said to them and they said to the nurses and doctors. Indeed, you hardly ever see an individual who has had any unusual experience, or any experience that seems remarkable to him or her, who doesn't get to be like the Ancient Mariner who fixed his victim with his glittering eye and held him nailed to the cross until he had finished the last dreary word of his tale.

Now the trouble with virtually all of us is that we do not meet this need that so many people have to talk about themselves, and especially to tell their troubles, in the right spirit. We have regarded them as bores to be avoided, instead of sufferers who are in need of our missionary efforts.

Closing Our Ears

We don't want to hear about their Johnny's football score, nor their Mary's beaux, nor the time their houses burned down, nor what they saw in Paris, so we have faded away at their approach and thereby lost the opportunity to do a kind and helpful deed to a fellow creature.

For all that so many lonely and dreary people need to make them happy is just a listener. There is no music so sweet to them as the sound of their own voices; no adventure so thrilling as their golf score; no story so humorous as the one about some prank they played 40 years ago.

But, alas, the dull and tiresome and self-centered seldom get to listen to the sound of their own voices, for there is nothing else in the world that people are so afraid of as they are of being bored.

So we find these unfortunates stranded alone in the lounges in resort hotels, or wedged in between other "must" guests at dinner parties, their babble still confined within them.

Woes Of The Aged

One of the bleakest features of age is the desire of the old to talk and the refusal of youth to listen Nothing is more pathetic than the eagerness with which old men and women will fasten themselves on any one who will listen with any show of interest to their reminiscences, or show any respect for their opinion.

In most families grandma and grandpa are shushed every time they open their mouths to speak, and visitors are as carefully protected from them as if they had the plague. Thus the old people are deprived of what is the last pleasure left them in life.

It is strange that we so little realize that just listening is one of the major virtues and that when we listen with sympathy and understanding to those who pour out their woes to us; when we listen with spritely attention to the chirping of the chatterbox; even when we listen to the boasting of the braggart without puncturing his little painted balloon, we are doing as great an act of charity as if we were feeding the hungry and clothing the naked.

Starve For Companions

For people starve for compassion and tenderness, for the feeling that some one knows and cares what happens to them as much as they do for bread, and they can freeze in the icy atmosphere that surrounds those who are avoided by their fellow beings as surely as they could if they were stripped naked in a snowstorm.

So let's each one of us qualify as a member of Lady Reading's committee to listen to people tell their tales of woe. It is a swell idea that will work as well in peace time as in war time, and maybe we will get our reward by having people listen to us some day when we are no longer spellbinders.

Funny, anyway, this business about listening, and that we are more willing to lend people money than we are to lend them our ears.

NURSES CAN TELL YOU THERE'S NO AID QUITE LIKE CUTICURA for Quick Relief from PIMPLES of external cause

Regular use of mildly medicated Cuticura Soap and Ointment, many nurses agree, helps relieve red, unsightly pimples, simple rashes and similar externally caused skin defects. Buy Cuticura today! All druggists.

WESTMORELAND WOMEN'S INSTITUTE

The regular meeting of Westmoreland Women's Institute was held on Tuesday evening Jan. 21st. at the home of Mrs. Robert Mayhew, with a good attendance present.

The president presided and opened meeting by repeating Institute Ode followed by Creed in unison. Minutes of last meeting read and approved.

Correspondence was read and reports of concert school and sick committees were given.

Mrs. Oakes reported the cost of mailing Christmas box to two soldiers overseas as thirty-six cents.

New Committees were appointed as follows:—

School Mrs. Verner Moore and Mrs Harold Oakes; Sick, Mrs. Robert Mayhew; Educational and Social Program, re-appointed.

Lunch, Mrs Bert Trowsdale, Mrs Fred Fall Mrs Fred Wilson.

A dainty lunch was served by the hostess and a social hour spent.

Next meeting to be held at the home of Miss Grace Moore, roll call to be answered with an amusing valentine verse.

A Morning Smile

A man stepped into a cigar store and asked the price of a brand of cigars. "Two for fifteen," replied the clerk.

"I'll take one," replied the smoker. "That will be 10 cents." The buyer paid the dime, took his cigar and left.

A Scotchman who had overheard the conversation hurried up to the counter and said: "Here's a nickel ....I'll take the other one."

Farmer Jones: "I've got a freak on my farm. "It's a two legged calf."

Farmer Blake: "Yes, I know. He came over to call on my daughter last night."

"The best MOLASSES CAKE I ever baked!"

● Many housewives are finding new uses for BEMA Molasses. Not only is it being used more and more as a spread for bread but it is also becoming increasingly popular as a baking ingredient. BEMA Molasses will give your cakes, cookies, etc., a new deliciousness and flavor. It is wholesome and nourishing too — a natural food product — the pure rich juice of the famous Barbados sugar cane. It is rich in vitamins as well as a valuable source of iron — an essential food element.

Use BEMA Molasses often ; ; ; at the table ; ; ; for between meal snacks ; ; ; in your baked goods. Insist on BEMA Molasses. Your grocer sells it.

Remember! There is only one BEMA Barbados Extra Fancy Molasses. Ask for it by name.

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BEMA BRAND BARBADOS MOLASSES

"THE ORIGINAL PRODUCT — NOT A BLEND"

LOOK OUT FOR YOUR LIVER

Buck it up right now and feel like a million!

Your liver is the largest organ in your body and most important to your health. It pours out bile to digest food, gets rid of waste, supplies new energy, allows proper nourishment to reach your blood. When your liver gets out of order food decomposes in your intestines. You become constipated, stomach and kidneys can't work properly. You feel "rotten"—headachy, backachy, dizzy, dragged out all the time.

For over 35 years thousands have won prompt relief from these miseries—with Fruit-a-tives. So can you *now*. Try Fruit-a-tives—you'll be simply delighted how quickly you'll feel like a new person, happy and well again. 25c, 50c.

FRUIT-A-TIVES Canada's Largest Selling Liver Tablets

THE COOK'S CORNER

BRAISED CELERY HEARTS

(Serves 4 to 6)

Three or 4 celery hearts, 1 tablespoon chopped onion, 2 tablespoons butter, salt, pepper, beef broth.

Trim off outer stalks and leaves of celery, and split the hearts in halves. Cook onion in butter for few minutes, arrange celery on top, season with salt and pepper and then moisten with beef broth. Cover and simmer over low heat for about 20 minutes or until tender. Place pan in moderate oven and cook until celery has absorbed most of the liquid, basting occasionally.

BRUSSELS SPROUTS AU BEURRE NOIR

(Serves 4 to 6)

One quart Brussels sprouts, 1 teaspoon salt, 4 tablespoons butter, 2 tablespoons vinegar.

Cook Brussels sprouts in boiling salted water to cover, until tender (about 12 to 15 minutes). Drain and keep in warm saucepan. Melt butter and allow it to brown thoroughly. Remove from fire and add vinegar slowly. Pour over sprouts and serve at once.

MASHED CARROTS

Six or 8 carrots, 3 tablespoons butter, salt and pepper, ½ teaspoon minced onion, dash of sugar.

Wash, scrape and slice carrots. Cook, covered in boiling salted water 15 to 20 minutes, or until tender. Drain and put through potato ricer. Add remaining ingredients and heat.

RAISIN BREAD DRESSING

One qt. stale bread, diced, liver, gizzard and heart, chopped fine, 1-2 onion chopped fine, 1-2 cup celery, diced, 2 tablespoons fat, 1 teaspoon salt, 1-8 teaspoon pepper, 1-8 teaspoon ginger, 1-8 teaspoon nutmeg, 1 egg, 1 cup seeded raisins cut in pieces.

Soak bread in water and squeeze dry. Heat fat in pan, add crumbs and fry just a little; add other ingredients and mix well.

Stephen Foster's Songs Are Refreshing to Learn

Other Southern Airs Are Popular

Those melting Southern songs—what romantic dreams they suggest of "Gone with the Wind" days! Tenderly you and your date drift into that loved favorite by Stephen Foster:

"Weep no more, my lady,
Oh! weep no more, today!
We will sing one song,
For my old Kentucky home,
For my old Kentucky home, far away."

Your Southern songbook has jolly favorites, too, and grand fun for a party is "Short'nin' Bread"—a hand-clapping, foot-stamping one:

"Mammy's little baby loves
Short'nin', short'nin',
Mammy's little baby loves short'nin' bread!"

In a mood for a spiritual? Many of the radio favorites are easy to sing. Try the deeply stirring "Go Down, Moses." It begins:

"Go down, Moses,
'Way down in Egypt la-and—
Tell ole Pharaoh
Let my people go."

Recalling the gay songs, the romantic ones, how satisfying to have the words and music; Our Southern songbook has 27 favorites —Stephen Foster songs, spirituals, love songs. Includes "Jeanie with the Light Brown Hair," "Dixie," "Swanee River."

Send 20c in coins for your copy of Songs From 'Way Down South to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

City Province

The New 1941 Permanent

The Empress Beauty Salon is now introducing the new 1941 permanents at special prices.

Creme Oil permaments. $7.50 for - - - - - - - - - - $5.00

Empress Individual $5.00 for - - - - - - - - - - $3.50

Tru Art Oil Permanent $3.50 for - - - - - - - - - - $1.95

Also specials on Shampoos and Waves

For full information and appointments call 1604

Empress Beauty Salon

Your Individual HOROSCOPE
By Frances Drake

For Monday, January 27th

MARCH 21 to APRIL 20 (Aries) General business affairs, routine and minor matters are favored in the a.m., when stars' rays advise strictly against recklessness. Afternoon favorable for important conferences, investments, sales, financial transactions.

APRIL 21 to MAY 20 (Taurus)—Mechanics, builders, inventors, you working on improving devices in all lines of industry and you on whose judgment weighty matters depend are favored if you give close attention and your best efforts to your job.

MAY 21 to JUNE 21 (Gemini)—You engaged in activities that require ingenuity, some daring, courage and sustained effort should meet with success. Forward with those who accomplish! Good fortune attend you!

JUNE 22 to JULY 23 (Cancer)—Useful trades and professions, and those who labor in them, can make progress this, and any, day if obstacles are met and conquered as they should be. So carry on in your best cooperative, intelligent way!

JULY 24 to AUGUST 22 (Leo)—While indications today suggest patient care and forethought in reconstruction matters, rearranging plans and schedules and in dealings involving large orders and issues necessitating quick decisions and fulfillment, the ultimate outcome is reassuring.

AUGUST 23 to SEPTEMBER 23 (Virgo) — This can be a very revealing day! Your true capability and desire to do your best can be productive or you can fail to achieve by wasting time on and with unessentials.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Should be ideal period for getting things in order for the whole week's activities. Plan, confer, smooth the way now and difficulties arising later will be easier overcome.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — It's important that you get a cheerful start this A M and realize that consistency of effort is often more telling in effect than widely scattered, more strenuous attempts.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — You are fortunate—your stars are in very beneficent aspects during afternoon. Profits favored from manufacturing and distributing consumers' commodities and through equipment for government, army and navy use.

DECEMBER 23 to JANUARY 21 (Capricorn) — Favored: Attention to necessary business; beauticians barbers; mechanics, builders; police, soldiers, sailors; technicians, airmen; all usefully essential lines of industry.

JANUARY 22 to FEBRUARY 20 (Aquarius) — Propitious for steady progress, tying up loose ends, making improvements, experimenting with new devices and inventions—but not for careless waste of energy or money.

FEBRUARY 21 to MARCH 20 (Pisces) — Improve your relations with employers, employes and others. The right cooperation and attitude on your part can bring new opportunities. You are in line for personal benefits.

A CHILD BORN ON THIS DAY will have great patience and serenity of disposition. Will care more for mental activity than physical. Must be taught the necessity of overcoming physical inertia and keeping the circulation always in good condition. Will need urging for success.

If you have trouble getting to appointments simply because you can't remember just what the appointed time was, here's a clever than a belt with a clock's face duplicated on the front. You set the hands at the time of your next engagement. And don't be late, for you won't have a leg to stand on!

Needlecraft—
—For The Home

Now that the rush and excitement of Christmas is over, we must think of the new year. Every house wife should resolve to keep herself looking neat and attractive while going about her work. This is not hard if you make this attractive dress for yourself. Gaily striped cotton in colors to harmonize with your kitchen makes this smart frock with its deep yoke, slim waist and interesting pockets the favorite of your wardrobe. Your family will like it, too, because you will look so crisp and lovely when you greet them at breakfast or luncheon.

Style No. 2747 is designed for sizes 12, 14, 16, 36, 38 and 40. Size 16 requires 3 yards of 39-inch fabric.

Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2747 Size .....

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CATARRH SPOILS SLEEP

Insert a little Buckley's White Rub in each nostril night and morning. This will reduce swollen membranes, keep clogged nostrils clear, encourage healthful sleep or double your money back. 30c and 50c.