Woman's Realm ~ Social and Personal ~ Fashions ~ Literature

HAVE ANOTHER SLICE!

I'D LOVE IT— this is grand bread

Give your family *more* bread these days—at meals, between meals. Bread is an essential *quick energy* food—a good source of Vitamin B—a good *stretcher* for other foods. And low in cost! If you bake at home remember—Fleischmann's *fresh* Yeast always gives fine, smooth, just-right bread. This dependable yeast has been Canada's favorite for over 70 years. Ask your grocer for Fleischmann's fresh Yeast—with the familiar yellow label.

MADE IN CANADA

SUPPLEMENT YOUR DIET by eating 2 cakes of FLEISCHMANN'S fresh Yeast every day. This fresh Yeast is an excellent natural source of the important B Complex Vitamins.

Living & Leisure

The Woman's Realm

ON LEAVE

Oh, so gladly she rubbed,
And so cheerily scrubbed,
She cleaned the house outside and in;
She polished the floor
And the bell on the door,
But both were as bright as a pin.
Why this bother, you say,
What's the fuss anyway?
The answer's a laugh up my sleeve:
It's because, don't you see
(This was whispered to me),
Tomorrow Jim's coming on leave.
—Francis Gay.

PLANT CARE

Flowering plants need sunshine and should be placed in a window where they can get as much sunshine as possible. A plant that is all foliage can get along better without sunlight, but should be kept in a bright spot. Ferns thrive on light but shouldn't be placed in direct sunlight.

Metal Venetian blinds may now be made by manufacturers who can obtain steel.

COLORFUL SET OF BOWLS

No modern kitchen is complete without the nest of bowls in a color corresponding to the color scheme of the kitchen. If you know a person without this gay kitchen help, it might be a suggestion for a gift on the next anniversary.

PRECIOUS RUBBER

Rubber overshoes should be washed off after each wearing as small bits of gravel and sand that have become attached to the soles will soon grind through if not washed off. Besides, they look so much better when clean.

WHY IS YOUR SHIRT SO MUCH *WHITER* THAN MINE?

WIVES!

"Change to Rinso"

....and Whistle While You Wash

• Just try Rinso in tub or washer—and see the difference! See how Rinso *floats away* dirt without hard rubbing or boiling. See how quickly it gets clothes the *whitest* white in your machine. You, too, will want to whistle when you see how much whiter clothes come. Rinso is safe for your washable colors. Marvelous for dishes; so easy on hands.

A *LEVER* PRODUCT

RINSO GIVES THE *WHITEST* WASH

YOU'LL NEVER BE SATISFIED WITH ANYTHING ELSE ONCE YOU SEE *RINSO-WHITENESS*

Rinso gives the whitest wash

Ellen's Diary

By An Island Farmer's Wife

This morning the cream from Alderlea was sent to the factory, in the city, for the first time this season. Following a custom of feeding the young stock, whole milk to, as James says: "Give them a start", it is mostly into June before we begin to send. But these last days dairy-work has got to summer schedule and the cream-can had been filling for this very morning when I had barely opened my eyes, I said to James: "This is cream-morning!" That will be my form of greeting twice a week from this time on. This I think is one of its objectionable features, this twice a week early rising to be sure the cream-can is at the road in time to have its place on the truck. But then again, if we didn't send the cream, I would never feel like asking the hauler to bring me things from the City. When I want a necessity I leave a note in the can-cover, weighted carefully with a small stone: "Please bring this or that" and in a few hours the parcel is there with the cream-can. And there is the pleasant trip to the road, the odd morning when my help is required. If we come quietly to the "gang-way" bridge, we may surprise the wild-ducks swimming in the water below. Perhaps even a mink or an ugly muskrat leaves a silver wake as he swims quickly up the creek. This morning it was very quiet there. Only the west wind ruffling the water making it a trout-fisherman's paradise. There is a carpet of green on the "creek" field this morning although to James way of thinking it could have been sowed a bit thicker.

* * *

We linger at news time now just listening. "The toughest best trained Canadian troops", are there.

* * *

We women-folk went again to the set-cutting every spare minute of the day. James is still missing and till he comes there can be no yarns. Perhaps by way of excuse he went to the rolling of the last grain-field, although I sort of believed him when he explained: "It would be good to have it done before it rains." The work of cultivating the root ground continues and is nearing its end.

* * *

A big "transport" rolled in at the supper hour carefully—and consciously"—driven by a slender lad, who I would think has a fairly new operator's lisence. I chatted with him as he stowed a part load of potatoes and I didn't exactly bless this war-time for thrusting man-size duties on such young shoulders. To my mind, these teen-agers at present have a hard row to hoe. After the load was on, he slipped jauntily behind the wheel and I watched him drive gently across the bridges and disappear over the hill on his way to the highway at Braeside.

* * *

There was good news and some not so good at Alderlea to-day. There was a brand new nephew for Jeanie to read about this morning—arriving safe and sound only yesterday. Then word came this evening that someone dear to Alderlea had a misfortune occasioned by fire, that will come sometimes no matter how carefully one tends to pipes and flues, and all fire-hazards. But then, of course there are worse calamities. Houses or buildings are only wood and stone. They are never flesh nor blood.

* * *

There was a welcome visitor, running off schedule for last evening he was due, who came to the door with "just cod this evening ma'am." He talked of the high-winds in connection with the fishing and I spoke of the lowering skies and the crops—and the weather clearing over the channel today under blue skies.

* * *

There's a reassuring sound from the brook-orchestra tonight. Small matter to them that its raining, or what comes of war or invasions. They keep at their ageless work. We can take heart from them. James is returning from a visit at the house across the lane. He will be sad at heart tonight from the cares that beset his day. But there'll be a new day for us rain-washed and shining—at dawning.

Until tomorrow — Diary—Good-night.

Dorothy Dix Says—

WAR STIMULATES JEALOUSY

Pin-Up Pictures Cause Wives To Reveal Doubts Of Faithfulness Of Mates In Service

Considering that every wife represents her husband's taste in women, and that he picked her out from all the balance of her sex because she was his heart's desire, it would seem that wives should be practically immune to jealousy. For all women know that while they have to take what they can get in marriage men can take their choice, and so when one gives up his bachelor freedom and undertakes the support of a woman it is because he wants her above everything else in the world.

And when you add to this the fact that a man's egotism throws a glamor about his wife because she is his wife, just as he feels that his gun or his automobile is superior to others of the same make, you would think that the least of the average wife's troubles would be the danger of losing her husband.

But such is not the case. Jealousy seems to descend like a curse on many wives the minute they leave the altar and thereafter they are Sister Annie on the watch-tower, keeping tab on every female that crosses their husband's paths. They may be married to men so unattractive that no other woman would have them on a bet, or to men who haven't a roman-tic bone in their bodies, or to men whose feet are too tired at night to wander from their own fireplaces. It doesn't matter. The wives can see a husband-snatcher in a Grandma or a girl baby in a peramulator.

Just now when women have plenty of real troubles to worry over, you would think that they might park their green spectacles until after the war is over and, at least, give their husbands the benefit of the doubt so far as being faithful to them is concerned. But, on the contrary, it has raised jealousy to a new high, and far more wives are breaking their hearts with anxiety over the girls their husbands may meet in U. S. O's and canteens than they are by their being captured by the Japs or the Germans.

Lately this jealousy has extended even to the pin-up pictures which it is the current fad for soldiers to collect and I get many tearful letters from wives who think that this shows that their husbands have ceased to love them, or else they would not want to gaze upon the likenesses of any but their own Marias. And what are they going to do about it, and isn't this war awful? Boo-hoo. Boo-hoo' And something told them they would lose their husbands if they went away. Boo-hoo!

And if this isn't a waste of good, hot seething jealousy, what is? For, in the first place, the wives have no proof that married men are collecting pin-up pictures. Mostly it is the boys who do it. And inasmuch as the pictures are mostly cut from newspapers and magazines and are of cinema stars and starlets and professional models whom few of the men have ever seen, or expect to see, it seems about as harmless a diversion as could be devised. And it is silly for the wives and sweethearts to make an issue of it and add further to their grief and that of their husbands and sweethearts by getting all hot and bothered over it.

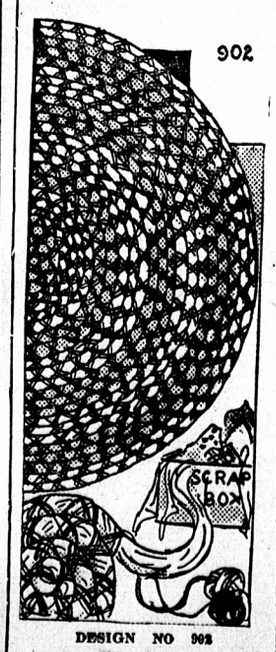
What a pity that women have never found out that jealousy kills love quicker than anything else, and that the strongest hold that a woman ever has on a man is her faith in him!

A Morning Smile

"Call that a kind man?" said an actor, speaking of an absent acquaintance, "a man who is away from his family and never sends them a cent! Call that kindness?"

"Yes, unremitting kindness," said his friend.

A RUG IS MADE FROM SCRAPS



DESIGN NO 902

A good looking rug is made from castoff hosiery and carpet warp. Easy to do and ideal in any room. Pattern No. 902 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau Charlottetown Guardian.
Design No. 902

Name

Street Address

City Province

THE COOK'S CORNER

BUTTERSCOTCH COOKIES

1 cup shortening
2 teaspoons sugar
1 egg
1 package butterscotch pudding powder
1½ cups rolled oats
1 cup flour
½ teaspoon salt

Method: Cream the shortening thoroughly and then cream in the sugar. Acdthe egg and beat until well blended. Now add the contents of the package of pudding powder and beat again. Gradually blend in the rolled oats. Sift the flour with the salt and add this to the mixture also. Form the dough into tiny balls about the size of walnuts and place them on a greased baking dish. Flatten them out with the tines of a fork. Bake in a moderate oven (350 deg. F.) for about 10 minutes.

These are nice with about ½-cup raisins added to them. Then again they might be made sometimes with about ½ cup chipped semi-sweet chocolate added. If the semi-sweet chocolate is not available, then a plain chocolate bar may be chipped and added in its place.

The flavor may be changed also by using different kinds of pudding powders.

CARROT HONEY COOKIES

2 cups sifted cake or pastry flour
½ teaspoons baking powder
¼ teaspoon salt
¾ teaspon soda
1 teaspoon cinnamon
¼ teaspoon nutmeg
2 cups rolled oats
1 cup raisins
2/3 cup shortening
1 cup grated carrot
1 cup honey
2 eggs

Method: Sift the flour, then measure and sift again with the baking powder, salt, soda and spices. Add the rolled oats and the raisins.

Cream the shortening and gradually add the grated carrot. Blend in the honey and add the eggs which have been well beaten. Add the dry mixture to the creamed mixture, mixing well. Now drop from a teaspoon onto a greased baking sheet and bake in a moderate oven (350 deg. F.) for about 20 minutes, or until done.

RAW CRANBERRY RELISH

1 lb. cranberries, 1 nice orange Wash berries, remove seeds from orange, put all through food chopper then add 2 cups sugar (or less), mix well. It is then ready for use. Keeps indefinitely.

New Cream Deodorant
Safely helps
Stop Perspiration

1. Does not rot dresses or men's shirts. Does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Prevents under-arm odor, helps stop perspiration safely.
4. A pure, white, antiseptic, stainless vanishing cream.
5. Awarded Approval Seal of American Institute of Laundering—harmless to fabric. Use Arrid regularly.

Arrid is the largest selling deodorant

Guaranteed by Good Housekeeping

39¢ Also 15¢ and 59¢ jars

ARRID

Canadian Soldier Sends Prayer Home

In the tunic pocket of Major Alex. Campbell of Perth, Ont., who was killed on special patrol outside Ortona, Christmas Day, was found a poem which he wrote Sept. 23, during the campaign in Italy, Gregory Clark of the Toronto Star writes from Italy. Copies of the poem are now treasured souvenirs in possession of many officers and men of the Hastings and Prince Edwards who looked upon Campbell as a man without fear of anything, and to whom this poem of supplication to God for courage makes his memory all the dearer.

In Sicily, Campbell was credited with deeds of exceptional daring and gallantry and was credited with killing 23 Germans with a Bren gun whom he trapped in a convoy. He was killed Christmas Day, only a few hours after his return to the regiment from many week's hospitalization.

A patrol was ordered out on the fringe of Ortona and Major Campbell insisted on taking it himself by reason of the perilous nature of the job. Campbell's father, an officer of the Royal Canadian Regiment, was killed on or near Christmas Day, 1917, when the author of this prayer was a small boy.

"PRAYER BEFORE BATTLE"

When 'neath the rumble of the guns
I lead my men against the Huns,
It's then I feel so all alone and weak and scared.
And oft I wonder how I dared
Accept the task of leading men.

I wonder, work, fret, and then
—I pray:
Oh God, Who promised oft
To humble men to lend an ear,
Now in my troubled state of mind.
Draw near, oh God, draw near.

Make me more willing to obey;
Help me to merit my command;
And if this be my fatal day,
Reach out, oh God, Thy helping hand
And lead me down that deep, dak vale.

These men of mine must never know
How much afraid I really am.
Help me to lead them in the fight,
So they will say, "He was a man."

Sent Copy to Mother

Major Aleaxnder Railton Campbell, 34, was the son of Mrs. H. V. Campbell and the late Capt. Harry V. Campbell, Perth. Capt. Campbell was killed in action in France in 1917.

"My son wrote the poem, Prayer Before Battle, in September on the night before he went into an action with his men," his mother said. "He mailed me a copy of it, which I received in November."

He was for two years major with the Lanark and Renfrew Infantry in Canada, but reverted to the rank of lieutenant to go overseas with Hastings and Prince Edward Infantry.

"He was wounded slightly in Sicily but refused to go to hospital and continued in the fighting with his men", his mother said. "In Italy he was stricken with jaundice and was sent to hospital in North Africa."

A commercial artist before the war, Major Campbell was born in Halifax but removed to Perth with his mother when he was nine. He was educated in Perth, graduating from Perth high school.

Silver Medalist

Miss Eloise Gallant, daughter of Mr. and Mrs. Ray Gallant of Bloomfield came second in a class of 29 students graduating from St. Mary's Hospital, Montreal. Besides winning her diploma and pin, Miss Gallant was the winner of the Silver Medal for General Proficiency awarded by the Medical board and presented by Dr. J. J. McGovern. Miss Gallant plans to take a further course at McGill preparatory to taking up Red Cross nursing.

SHREDDIES *for Me!*

What a grand taste surprise you'll get when you crunch the first spoonful of "Shreddies"* between your teeth. Here is a glorious whole wheat flavor, each tasty morsel is deliciously flavor-mellowed, then toasted to a crisp, golden brown.

"Shreddies" is rich in vital food elements for energy and all-round stamina. It's made from whole wheat, including the bran, minerals, protein, and the precious wheat germ. Serve Shreddies for breakfast tomorrow. Your family will love it.

*Shreddies is a registered trademark owned in Canada by The Canadian Shredded Wheat Company, Limited

Needlecraft

For The Home

CANDYCANE SUNDRESS

Those lazy summer days are just around the corner, but your littlest pin-up girl will be pretty and cool in a cute little "pinny" like this.

No. 3781 in size 4 requires 1⅞ yards 35-inch fabric.

Send 20 cents for PATTERN. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address Pattern Department the Charlottetown Guardian.

Name

Street Address

City Province

SIMPLE RULES FOR PERFACT LIPS

Nine cases out of 10 a lipstick puts on lip color unevenly. After the outline is painted on, the lipstick serves to fill in the color. Your little finger is then used to smooth the color and a bite on face tissues blots up extra color.

With a fresh piece of cotton powder over the first application of lipstick. Then apply the second coat exactly as you did the first and blot off excess color.

It is a safe bet that your lips will look more beautiful and the color will stay intact the longer if you follow the above suggestions.

TIGHT BINDING