

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature



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Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



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It's adorable made of one material as wine-red sheer velvet.

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The Order of Lenin, highest of the Soviet Government of Russia, was recently bestowed upon Lydia Kovarski, aged 23, of Moscow, for her work in training instructors in knitting factories. She is the youngest civilian to have received the award.

SICK ... Every Month ...



It is so dignified and yet so youthful. It's luxuriously lovely in black transparent velvet—a dress that will grace any formal afternoon bridge or tea, or do delightful duty for Sunday night affairs. The deep V-vest, the softly draped collar that ties in a knot just above the waistline and the sleeve flounce lend a charmingly dainty aspect made of

FOUR DAYS of misery! Head throbbing... back aching... cramps and heaving down pains! If only she would do something to relieve this unnatural suffering. Lydia E. Pinkham's Vegetable Compound has helped women for over 50 years. It soothes and comforts by its tonic action. Won't you give it a chance to help you? Buy a box of the new tablets today.

Lydia E. Pinkham's VEGETABLE COMPOUND

Dorothy Dix Letter Box

What is the Ideal Age for Marrying?—When His Wife is a Wage-Earner, Should a Husband Help With the Housework?—Marriage to Woman With Past

Dear Miss Dix—My friend, who is a man of 24, says that the ideal age for a man to marry is 35, because before that age he cannot afford to support a wife and it isn't fair to ask any woman to give up a good business position in exchange for doing some man's housekeeping. He further says that love cannot endure unless it is plentifully bolstered up with all the things that money buys, such as a fine house, automobiles, radios, etc. He also claims that the ideal age of a woman to marry is about 30 because by that time she should be old enough to be willing to settle down and be a good wife.

I maintain that a woman should marry between 20 and 25, and that she would rather have a less pretentious home and fewer luxuries with the man she loves than to have things she can buy for herself and celibacy and loneliness. The average woman would rather be a wife and mother instead of a business success, anyway. I think a man should marry between the ages of 23 and 30. What do you think is the right age to marry? A. M. D.

Answer: The right age to marry is when you are old enough to have sound judgment and still young enough to be romantic.

Chronologically, I should put this golden age at between 23 and 30 for women and 25 and 35 for men, although there is nothing more absurd than to measure age in terms of years, because there are men and women who are senile in the cradle and others who are coppers and jelly beans in the 70s.

I am unalterably opposed to early marriages because they are a hundred-to-one shot at happiness and there are enough chances in matrimony without taking any unnecessary fool-hardy risks. Occasionally a boy and girl get married and live happily ever afterward, but not once in a thousand times does this lucky accident occur.

Nearly always when the undeveloped boy and girl reach maturity they have completely recovered from their case of calf love. Their tastes have changed, their ideals have altered and they find themselves tied for life to an individual with whom they have not one single thought in common. Worse still, they nearly always meet up with some man or woman who is their real mate and with whom they fall madly in love and then the mischief is to pay.

Also, it seems to be a law of life that we must have a playtime and the boy and girl who miss this in their youth are sure to regret it bitterly and feel that they have been defrauded and to take it later on. Most of the flirtatious wives and roaming husbands are men and women who married too young, and who take their fling after marriage instead of before it. No wild-od crop yields such a heavy harvest as the one that married people sow.

So a man and woman should wait until they have come to their maturity, when their tastes are formed, before they pick out their wives and husbands. If they do, they are pretty certain to be satisfied with their bargains to the end of the chapter. Also, they should wait until they have had their fill of running around and have come to the place where a fireside looks better to them than a night club and home cooking tastes better than any "la" in a restaurant.

Nor should a couple marry until they can adequately finance wedlock. There can be no happiness in a home where the wolf is always howling outside of the door and where a man and woman live on a strain of anxiety, with their nerves torn to tatters, wondering where the rent money is coming from, and how they can pay the grocery bill.

But it is a mistake to wait to marry until one accumulates riches. A roof over one's head, wholesome food, decent clothes, a little account in the savings bank and a good steady job are all that are needed to make two people happy if they love each other. They are enough to marry on. Automobiles and radios and period furniture and money enough to splash on are nice to have, but they are not necessities.

And the trouble is if one waits too long to marry one loses one's enthusiasm. Romance dies. One grows cautious and fearful, afraid to take the risk. And one acquires little habits and ways that are hard to break and finds it hard to adjust one's self to another. I once said to an old bachelor who was about to get married that I hoped the woman he had chosen for a wife would be all his fondest fancy painted. He replied cynically, "Well, at my age you haven't very much fancy left," and I think that was one of the saddest speeches I ever heard.

And another reason for not waiting until the man has made a fortune to marry is that it deprives a couple of the pleasure of working up together, and that is the best fun in the world. DOROTHY DIX.

Dear Miss Dix—I am engaged to be married very soon to a young man I love very much, but whose ideas on some things are very different from mine. As he earns a small salary, I must keep on working for a while, but when, in discussing the matter, I ventured to say that if the wife went out to work all day it was only fair for the husband to go fifty-fifty on the housework, it started the fireworks. He served notice on me that he would never wash a dish or scrub a floor. He said that was woman's work and that as far as going fifty-fifty on the housework, nothing doing! This seems horribly selfish to me and makes me afraid to marry him. What do you think? B. B.

Answer: You might tell him, B. B., that if he regards housework as exclusively

For The Cook

UNUSUAL CAKE

One-half cup butter, one cup brown sugar, one cup strained tomato juice (or one can tomato soup adding one teaspoon soda to tomato), two cups flour, one teaspoon nutmeg, one teaspoon cinnamon one teaspoon cloves, one-half teaspoon salt, one cup chopped walnuts, one cup raisins. Bake in a loaf thirty to thirty-five minutes in a moderate oven. Icing: One package cream cheese, one and one-half cups icing sugar, one teaspoon vanilla. Spread on cake when cold.

Etiquette

By Roberta Lee

Q. Who starts and who ends the procession from drawing room to the dinner table?

A. The host with the chief woman guest start the procession, and the hostess with her escort end it.

Q. Is it obligatory for a man to remove his hat when in an elevator in which there are women?

A. No, but it is courteous to do so.

A Morning Smile

The agitated customer entered the chemist's shop.

"A few days ago you were good enough to give me a plaster to help me get rid of my lumbago," he commenced.

"That's right, sir," replied the chemist. "And what can I have the pleasure of doing for you now?"

woman's work, then supporting the house should be exclusively man's work, and that inasmuch as you are going to help him bring in the bacon it is no more than fair that he should help you with the frying of it.

When a man makes the living and the wife has nothing to do but to keep the house, I do not think that she should expect or ask him to do a hand's turn of labor around home unless she is sick and physically unable to do it. If she is well and strong, she should wash her dishes and vacuum clean her floors and hang her curtains herself and let the poor, tired man rest and refresh himself when he is at home.

But when the wife is also a wage-earner and works outside of the home, then it is certainly up to the husband to go fifty-fifty with her on the housework, because, having less strength, she is even more tired after a hard day's work than he is.

But I do not believe that any woman should superimpose the work of a home on the work she does outside of it. Two jobs are too much for any woman to try to hold down and the result is that she is generally no good at either and almost invariably ends in a nervous and physical breakdown.

If a woman, either from necessity or choice, keeps on with her occupation after marriage, she should board or go out for meals or in some way eliminate housework. DOROTHY DIX.

Dear Dorothy Dix—I am a man of 40. Never married. Have traveled this world over from end to end. Was one of the first 2000 "contemptible British soldiers" to go to France in 1914. Have known a girl for twenty years and love her. For ten years she led a fast life, but now regrets it and is trying to retrieve herself. Has made an honest living for more than three years. Will I be happy if I marry her? I am no angel myself. Have good position, come of good family and am making good money. OLD CONTEMPTIBLE.

Answer: You are old enough to know your own mind, not a boy to be carried away on a generous impulse and then regret it. You are a man of the world and have seen enough of life to make you take a broad view of women's weaknesses and to realize that very often a woman sins through what is best and most generous in her. So you would have a better chance of happiness if you married a woman with a past than a younger and more provincial man would have. Also, perhaps, it is in you to be just enough to realize that the woman is no worse than you are.

When a woman who has gone wrong really repents and determines to go straight, she is the most trustworthy woman in the world. She has had her lesson. She has suffered the price of her wrongdoing. She has yearned for cleanliness with a passion that no other woman knows and nothing on earth can tempt her to stray from the straight-and-narrow path.

But whether you will be happy or not with such a woman depends entirely upon whether you can wipe out even the memory of her past; whether you are big enough to forget as well as forgive. If you can do that you will be happy, if you can't you will be miserable. DOROTHY DIX.

Vary your meals try this new

MAGIC



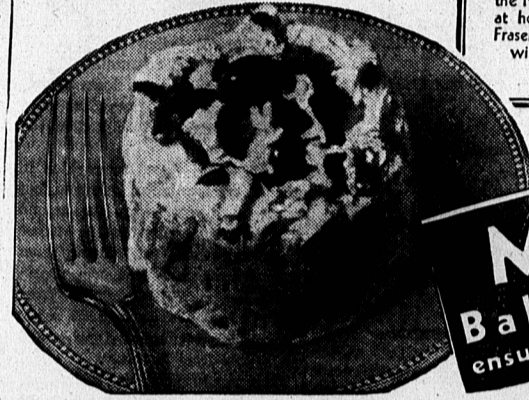
MENU

What dessert could be more tempting than luscious apple pudding! Especially when it tops off a delightful meal like this one, suggested by Miss A. L. Moir, graduate dietitian of Macdonald College and now dietitian at the Central Branch, Y.M.C.A., Montreal.

LUNCHEON MENU

- Creem of Mushroom Soup
Parker House Rolls
Chicken à la King in Pattie Shells
Candied Sweet Potatoes
Baked Apple Pudding*
Hard Sauce
Chase & Sanborn's Tea or Coffee

Miss Moir says: "I always use and recommend Magic Baking Powder because it combines efficiency and economy to the highest degree. Besides, 'Magic' always gives dependable baking results."



MAGIC Baking Powder ensures better baking results

Look for this mark on every tin! It is a guarantee that Magic Baking Powder does not contain alum or any harmful ingredient.

Try Miss Moir's Recipe for *APPLE PUDDING

- 1 cup flour
1 teaspoon Magic Baking Powder
3/4 teaspoon salt
5 tablespoons melted butter
1 tablespoon milk

Sift flour with baking powder and salt. Add melted butter and milk to make a stiff batter. Bake in individual moulds or drop over apples and bake in the oven at 250°F. for 30 minutes. Serve hot with hard sauce.

Dozens of other delightful recipes are listed in the New Free Magic Cook Book. If you bake at home, write to Standard Brands Limited, Fraser Ave. & Liberty St., Toronto, and a copy will be sent to you.

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MR. MELLICK INSTITUTE

The second annual meeting of the Mt. Mellick Women's Institute was held on Nov. 12, 1931, at the home of Mrs. W. J. Mutch, there being fourteen members and seven visitors present.

Meeting opened with ode, followed by creed. Roll Call was responded to by paying dues. Minutes of last annual and monthly meetings were read, approved and signed. Retiring president, Mrs. W. J. Mutch, then gave a short address in which she thanked members for valued assistance during past year. The treasurer, Miss Laura MacQueen, read and itemized report of year's receipts and expenditures, showing a balance of \$21.50 on hand. Mrs. M. MacRae reported having made three sick calls since last meeting and Mrs. Everett Jenkins reported having bought pictures of King and Queen for school, showing same to members.

Officers for ensuing year are as follows: President, Mrs. M. MacRae, Vice-Pres. Mrs. W. H. Drake, Secretary: E. Gertrude Villett, Treasurer: Miss Laura MacQueen (re-elected). Directors: Mrs. W. H. Wood and Miss Winnifred Robertson. Auditors: Mrs. John

MacRae and Mrs. W. H. Drake Convenors: Agriculture:— Mrs. Everett Jenkins.

Better schools and education: Mrs. W. J. Mutch.

Home Economics: Mrs. John MacRae.

Canadian Industries: Miss Hazel MacEachern.

Immigration: Mrs. J. P. Praught

National Events: Mrs. W. J. MacEachern.

Child Welfare: Mrs. W. H. Drake.

Next meeting to be held at home of Mrs. E. S. Jenkins, Roll Call to answered by Xmas Recipe.

A contest, put on by Mrs. W. J. MacEachern, was won by Mr. W. J. MacEachern, with Mrs. W. H. Wood a close second. A dainty luncheon was then served and a musical entertainment, consisting of solos and a sing-song, followed. Meeting closed by singing "Good-Night, Ladies" and "National Anthem."

NEW YORK, N. Y., Nov. 22.—Arthur J. Klein, charged with having swindled British investors of between \$5,000,000 and \$6,000,000 was yesterday placed aboard the liner Britannic bound for London. He was in the custody of two Scottish Yard detectives, Charles Challis and George Philpott.

Advertisement for Schwartz Peerless Spices, featuring a woman's portrait and the text "My Mother used Them too!" and "Schwartz Peerless Spices -- there's something in 90 Years of knowing how"

MR. AND MRS.

Joe Discovers That He's Just a Helpless Moron

By BRIGGS



Advertisement for ENLARGED PORES POMPEIAN PRODUCTS FOR BEAUTY, featuring a woman's face and text about skin care.

Advertisement for Lydia E. Pinkham's VEGETABLE COMPOUND, featuring a woman's face and text about health benefits.