

Woman's Realm Social and Personal Fashions Literature

DOROTHY DIX SAYS—

That Word "Home"

Girls Who Are Well Domesticated Appeal Most To Young Men

DEAR MISS DIX: So many girls are complaining because they never have dates. The reason is that they go the wrong way about attracting boys. The girls are to blame, not us. After spending so many years in the service, what appeals to us is the homey type of girls who are satisfied with simple things.



We would like a girl to ask us to a little party in her own home. We would like to meet her father and mother. We would like a girl to have cooked the dinner and to be proud of it. We got enough of night clubs while we were in the service, and what we want are girls who will ask us to drop in for supper now and then and who will always get the gang together and have a good time. So if girls think that something is wrong when they do not have dates, they are right about it. They should be more friendly and homey and not so demanding.

YOUNG BACHELORS

ANSWER: That word home explains so many things. It explains why so many poor people, with few of this world's goods, are happy, and why so many millionaires are miserable. It explains why so many beautiful girls are old maids and so many homely girls have good husbands. It explains the great mysteries of life. It is because practically everything that makes or mars our happiness centers around the home.

DEEPEST OF INSTINCTS

So it is the deepest of all instincts that makes these soldier boys have a home more than anything else in the world when they return from the wars. And it is also why the domestic girl so often outmarries Miss America. Look about you among the married women of your

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Legends

Of P. E. Island

By Uncle Joe

DEATH OF A WITCH

History presents few sadder chapters than that relating to witch prosecutions during the fifteenth, sixteenth and seventeenth centuries.

Just how many innocent persons went to the stake and the gallows as a result of a cycle of silly superstitions may never be known, but writers who investigated the subject place the number in the millions. Belief in witchcraft was quite common among the early settlers of this island, especially among the Scotch emigrants who hailed from the western islands of their native Scotland.

The tragic story of the slaying of a witch at Belfast is a tale almost unknown to this generation. It has been translated from the Gaelic and runs like this:

A man by the name of Sandy Show declared he was bewitched by an elderly woman who, he claimed, had intercourse with his satanic majesty.

Show further stated that this woman had often been seen skipping over the plains in the form

Keeps Them Guessing



PRINCESS MARGARET Escort is Julian Fane, 21

High-spirited Princess Margaret is amused by current talk about her "romances", although royal circles are said to be concerned at the linking of her name with a chain of admirers. Friends say the lively, 18-year-old princess reads every bit of gossip about her private life and enjoys keeping columnists "guessing" about her "favorite" of the moment.

Of a rabbit. If the rabbit was wounded, the wound would appear on the witch's body even though she had never left her own fireplace. At other times the witch had been seen trailing the clouds astride an ordinary broom. Some

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Household Scrapbook

By Roberta Lee

Pie Crust

A glazed appearance can be imparted to the pie crust by painting it over with a pastry brush with cream, or with beaten egg and water. Then bake in a hot oven for 20 to 40 minutes, according to the contents of the pie.

Flannels and Woolens

Never rub soap directly on flannels and woolens. Wash them in soapy water and rinse in clear lukewarm water to preserve their soft texture.

Vinegar Crust

Pour a little ammonia into the stained vinegar crust, and give it a few shakes. Then a little hot water and some more shaking will remove all traces of sediment.

Health And Welfare

First-Aid Facts

First-aid kits in the home, factory or office may be more of a danger than a help if they are not properly maintained. Kits should be checked regularly to see that antiseptics have not been used up or evaporated to a dangerous potency. Bandages should be kept sterile to avoid infection. And most important, the first-aid attendant should be well trained and efficient.

Taking No Chances

Don't let venereal disease shadow adolescent happiness. VD is generally spread by direct contact with an infected person. The safest way to guard against infection is to avoid promiscuous sex relations. Many infected persons don't know they have VD but they are capable of spreading the disease to anyone who has contact with them. Clean living is the best defence against VD.

Easily Prevented

Years ago the absence of pockmarks on a woman's face was considered a rare sign of beauty. In those days smallpox was a ruthless killer that struck regularly and frequently. Now-a-days vaccination provides complete protection against this ancient scourge. Vaccination is free. Make sure you are protected. Do it today.

Few Balanced Diets

Scientific examination of food habits of a typical group of workers recently indicated that only about four per cent of the group of 1,000 workers had a balanced diet. Essential food elements were lacking in the majority of workers' diets. Experts believe that poor food habits are a major cause of absenteeism and ill health in Canadian industry.

A New Health Hazard

With the increasing use of fluorescent lighting in home and industry, a new health hazard has appeared. Fluorescent tubes are coated on the inside with a substance containing beryllium, a dangerous poison. As the breathing of dust from broken tubes or cuts from shattered glass may cause dangerous poisoning, care should be taken that burned-out tubes are broken carefully and properly. Your provincial health department or local health officer will furnish information on the safe disposal of used lighting tubes.

Toxic Cases

Every year Canadian workers die from exposure to high concentration of toxic gases used to fumigate ships holds, railway cars and other storage places. Fumigation is necessary, but workers should take care never to enter a fumigated area until it has been thoroughly ventilated and tested for safety. Fumigants are often colorless and odorless. Don't risk your life to save a minute.

The Stars Say—

By Genevieve Kemble

For Friday, February 25
WHILE it is probable that the judgment of the stars is entirely dependable or clear, yet such an exceptional opening for making a new start in an alluring or unusual direction, the feelings, ideals, imagination or intuition may have force to put things over with a strong or spectacular "bang," intriguing and thrilling. Such glamorous circumstances may be strengthened by pause for shrewd analysis or some very direct and practical rationalizing. But "hunches," curious urges might be entertained, but with due precaution and acumen. Proper affiliations may enhance good feelings and pleasure.

Those whose birthday it is, may find it possible to make their ideals become realities, especially by sustaining fancies, imagination, intuition or hunches by a due show of shrewd, astute and rational analysis of exceptional or alluring conditions. Strange propositions or glamorous persons may be found intriguing, but it is wise to give heed to commonsense and practical evaluation of the unusual circumstances. There may be exciting stimuli to the feelings or emotions of an idealistic or curious intent. Analysis may assist.

A child born on this day may be prone to make its decisions by its inner urge or drives, rather than pure reason. With care it may enjoy a pleasant and prosperous life.

Ellen's Diary

By an Island Farmer's Wife

At dusk, every roof and tree and twig "wore ermine too dear for an earl" and the shrubbery and rose trellis were fairy-like places, needing, one thought, only the moonlight to set wet creatures out of the pages of Jamie's or grand-daughter's story books to playing gleefully there. There is however no moon tonight through the still dusky clouds, that since mid-morning gave snow to drift quietly down until by evening every last fence-post and wire and all out-doors has been festooned thickly with snow and hoar-frost, making any colder flurries persist, making any outdoor excursion mostly unpleasant. Jack calling here now, having just returned from an outing which took him by sleigh to the mill for a grist of crushed grain, and later as far as a corner-store for gasoline and other supplies for houses and barns, was surprised that the weather had become so disagreeable in the recent hours and remarks that "if it chances to drift, now that the wind is rising—well, the cars will not be able to travel this road!"

James is "to home" tonight, and Mr. C. having banked his fires, made his way here from his house on the hill when twilight was silently enfolding the countryside. Pard having been the first to note his coming through the then light snowfall. Of late, Mr. C. has been engaged in a spot of wood-cutting, which affords as well, some pieces of lumber. His clearing-fires, pungent with scent of spruce and fir, great grey billows of smoke tossed by the whim of the wind along the fields, are most delaying to Jeanie and grand-daughter and me, about our care of the day. There is for us invariably a gypsy-call in any such outdoor fire.

This morning's inclemency, the first for a number of days, quenched the burning, and suspended Mr. C.'s and his helpers' work at their wood-cutting. Great lazy feathery flakes, today's were, and damp, inviting more confident adults to make and toss a snowball, and give smaller folks the rare delight of fashioning snow-figures. Grand-daughter out after her nap, played on into the twilight, while at Rob's, so Karoly said, after his school-day's end had returned Jamie home, two lads, one on the eve of the second anniversary of his birthday had an obviously enjoyable spell in the snow. Flakes clung to grand-daughter's bonnet and dampened any escaped curls but not her spirits. "Now let's build another one!" she would beg her mother, with the strange insatiability that is childhood's when a snowman had been fashioned with painstaking care, and laugh there beneath my window as the row of these grew. She wore her warm new mittens of "sheeps' grey" and "what's this?" I asked her, when she came in to display them. "That,"

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Do false teeth drop, slip or wobble when you talk, eat, laugh or sneeze? Don't be annoyed and embarrassed by such handicaps. FASTEETH, an alkaline (non-acid) powder to sprinkle on your plates, keeps false teeth more firmly set. Gives confident feeling of security and added comfort. No gummy, starchy taste or feeling. Get FASTEETH today at any drug store.

Morning Smile

The teacher had been reading her class stories of the lives of famous inventors. "Now, then, Edgar, what would you like to invent?" Edgar rose to his feet with a puzzled frown on his face. "Well, teacher," said the youth, "I'd like to invent a machine that, by simply pressing a button, all my lessons would be done." The teacher shook her head. "That's very lazy of you, Edgar," she reprimanded. "Now, let Willie say what he would like to invent." "Something to press the button," the wily one replied.

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Modern Etiquette

By Roberta Lee

Q. Should one send a wedding gift to a girl, at whose home one has been entertained on several occasions?

A. It is not really improper to send a wedding gift to anyone with whom one is acquainted, but a gift is not absolutely necessary unless an invitation has been received.

Q. Should a knife or fork ever be placed so that it is propped against the plate with the handle resting on the tablecloth?

A. Never. The entire implement should be placed on the upper right edge of the plate.

Q. When one is wearing gloves and shakes hands with a person, should he say, "Excuse my glove"?

A. No; this phrase has long been obsolete.

Better English

D. C. Williams

1. What is wrong with this sentence? "Won't you try and get John to go?"

2. What is the correct pronunciation of "Buddha"?

3. Which one of these words is misspelled? Surreptitious, surveillance, susceptibility.

4. What does the word "replete" mean?

5. What is a word beginning with em that means "a beginning or undeveloped state of anything"?

ANSWERS

1. Say, "Won't you try to get John to go?" 2. Pronounce bood-a, oo as in book, as in ask un-stressed, accent first syllable. 3. Surveillance. 4. Filled abundantly. "His story was replete with thrilling escapades." 5. Embryo.

How Can I!!!

By Anne Ashley

Q. How can I hem an old window shade if the needle breaks the fabric?

A. When making a new hem in an old window shade and one is not sure it will stand stitching, make a deeper hem and try gluing it shut to hold the stick.

Q. How can I remove tarnish from silver which has been stored for a long time?

A. Soak it for two hours in water left from cooking potatoes (this removes much of the tarnish). The articles may then be rubbed with a soft brush and silver polish.

Q. How can I take frost out of fruits and vegetables?

A. By placing them in cold water, allowing them to remain until all indication of frost has disappeared.

Cook's Corner

CHICKEN PIE

1 10-oz. can condensed chicken-noodle soup, undiluted
4 teaspoons flour
1/2 cup cooked peas
1/2 cup sliced, cooked mushrooms
1/4 cup diced, cooked carrots
Pastry for 1 pie crust
Combine soup and flour, and heat, stirring constantly, until thickened to consistency of thin white sauce. Add peas, mushrooms and carrots. Fill two casseroles deep with the soup mixture. Divide pastry in half and roll each piece to 1/4" thickness. Cover each casserole with pastry. Bake in a very hot oven (400 F.) for 15 minutes. Serves 2.

That Body Of Yours

By James W. Barton, M. D.

OVERWEIGHT AND DIABETES

Several years ago it was learned through the research work of Dr. E. F. Joslin, Boston, that overweight was a forerunner of diabetes. Thus, overweighted were warned of the danger of developing diabetes and those with a family history of diabetes were advised to keep from becoming overweight. In fact, Dr. Joslin stated, even if diabetes ran in the family, if the individual members did not become overweight, they would not become diabetic.

In the "Georgia Medical Association Journal," Dr. J. P. King and P. H. Fletcher state that diabetic women frequently give birth to unusually large infants, and that an infant of excessive weight may be born to a mother before it is known that diabetes is present in her. Accordingly, they tried to find how the weight at birth of an unusually large baby is related to the development of diabetes in the mother at a later date.

These research workers analyzed the weights at birth of babies of 100 women who later developed diabetes, and also the weights of babies born to two other groups of women who did not later develop diabetes. They found that the birth of an infant weighing over 10 pounds may be a warning that the mother later will develop diabetes.

The average weight at birth of infants born to mothers who later develop diabetes is greater than that of infants born to normal mothers. The period between the birth of the first abnormally large infant and the development of diabetes in the mother averaged about 24 years, with a range of 1 to 48 years.

A table prepared by Drs. King and Fletcher shows that as the weight at birth of the baby rises, the chances of diabetes later developing also rises. If the baby's weight at birth is 13 pounds, the chances are almost two in three that the mother later will develop diabetes.

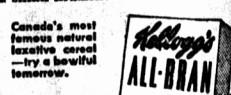
The lesson, then, is that the mother of a very large baby should not allow herself to become overweight, remembering the warning that overweight is often a forerunner of diabetes.



Bran Muffins with the Marmalade Baked in

Easy! Try 'em for Sunday "Brunch".

2 tablespoons 1 cup sifted shortening
1/4 cup sugar 2 1/2 teaspoons baking powder
1 cup Kellogg's 1/2 teaspoon salt
All-Bran 1/2 cup orange marmalade
1 cup milk
Cream shortening and sugar thoroughly. Add egg and beat well. Stir in All-Bran and milk. Let soak until most of moisture is taken up. Sift flour with baking powder and salt. Add to first mixture and stir until combined. Fill greased muffin pans one-half full. Press tablespoonful of marmalade into top of each muffin. Bake in moderately hot oven (400° F.) about 30 minutes. Makes 24 muffins, 2 1/4 inches in diameter, or 12 small muffins.



Needlecraft FOR THE HOME

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RAT POPULATION DOWN

BURLINGTON, Ont. — (CP) — The town has fewer rats now, because young people for some years have been making a sport of shooting them on the town dump in Nelson Township. A few are still seen around old barns.



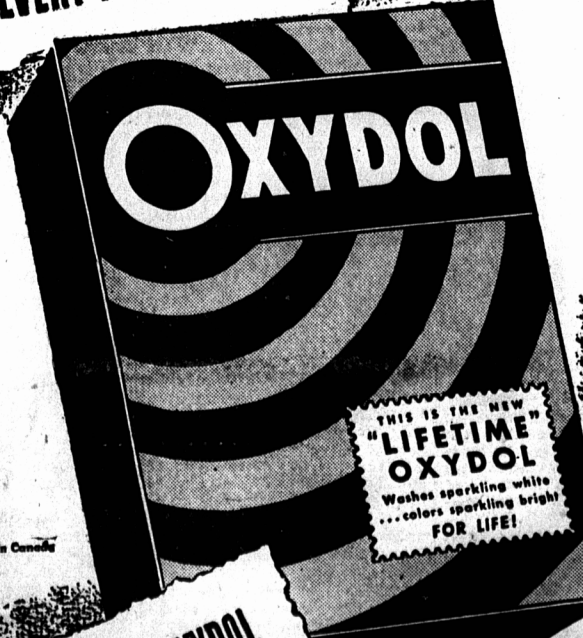
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