

Woman's Real m -:- Social and Personal -:- Fashions -:- Literature

GOOD for every occasion



The HOUSEWIFE and HER ACTIVITIES

A SEED CATALOGUE
The snow swirls on the window sill...

When you are making fruit pies you pat the sugar between two layers of the fruit instead of at the bottom of the dish...

COMPANIONS
A pleasant companion causes you to forget the length of the journey.

A WISH
Die when I may, I want it said of me by those who knew me best...

OPPORTUNITIES
Live so that your yesterdays may be blessings, your todays, opportunities, and your tomorrows, rewards.

DAYS
Reckon the days in which you have not been angry, I used to be angry every day...

CONSIDERATION
In the times before us that promise or threaten deep political, economic and social controversy what we need to do is to induce our people to weigh and consider...

AN INSTRUMENT
Man is the metre of all things, the hand is the instrument of instruments, and the mind is the form of forms—Aristotle.

SHADOWS
The shadows of the mind are like those of the body. In the morning of life they lie behind us; at noon, we trample them under foot; and in the evening they stretch long, broad, and deepening before us.

HEARTS
Men, as well as women, are often led by their hearts than their understandings. The way to the heart is through the senses; please their eyes and ears, and the work is half done—Cheslerfield.

CHILDREN'S CONSTIPATION Ended!

Mr. H. T. Rowsons, Athens, Ont., writes, "My baby boy was troubled with constipation. I gave him Baby's Own Tablets as directed... Before I had given half the box the constipation was righted."

BABY'S OWN TABLETS

Dr. Williams' 146

New Spring Smartness

Illustrated Dressmaking Lessons Furnished With Each Pattern

By Ruth Rogers



Lingerie collar seems to be a very modish feature of mummy's new frock, so small daughter has taken the idea for herself. While the original dress and blouses was in yellow and white...

A Morning Smile

Case and Effect
A very stout man and a very thin man had been having an argument until, both becoming very angry, they descended to personalities.

Taxi-Driver's Luck

A London taxi-driver, putting on a sport to reach a railway station at a certain time, ran into a cart, upsetting the contents. A policeman, confronting the taxi-driver, demanded his name.

al altogether different. They are the active type, and in the realm of the emotions are seductive and vampish. If I had to choose between the two types, Japanese and Chinese, I should choose both—see for play and the other for relaxation.

"Seriously," continued M. Dekobra, "it is too bad that few Westerners know the difference between Oriental girls, classing them all in the same category."

M. Dekobra has already toured Japan and many parts of China. He has aroused much controversy in the newspapers of both countries by his lectures on Oriental women.

It is chance that determines our mates? Or sex attraction? Or what? Undoubtedly both luck and physical appeal have a great deal to do with our marrying the ones we do, but I believe that the chief determining factor is our mood.

POLISHED FURNITURE

During damp weather, or in rooms where fires are not kept burning regularly, a white film or "bloom" may be noticed on polished furniture. To remove this is quite simple. Add to a basin of hot water a tablespoon each of linseed oil and turpentine. Wring a soft cloth soaked in this almost dry and wipe over the affected furniture.

TIRE'D CHILD NEEDS EXTRA ATTENTION

We get great store by vitamins and this is right. Vitamins are precisely what the most learned scientists can tell us. All we have is the fact of results. Certain elements are contained in vitamins that directly affect the body chemistry, if they are omitted, health reverts. If vitamin starvation continues, there are results evident to the eye, such as rickets, for instance, when "D" is missing or scarce.

Watch for Weariness

But there are other vitamins needed, too. The average food of a properly fed household contains as a rule all that is necessary for health, an illness, even remote, or a physical idiosyncrasy against the very elements needed.

Ease Pain, Headache in Few Minutes

PEG, I'M FRANTIC, THIS WORK MUST BE DONE—AND I'VE A SPLITTING HEADACHE. DON'T WORRY, GET SOME ASPIRIN TABLETS AND YOUR HEADACHE WILL BE GONE BEFORE YOU KNOW IT...

For Quick Relief Soy ASPIRIN—When You Buy

Now comes amazingly quick relief from headaches, rheumatism, neuritis, neuralgia... the fastest safe relief, it is said, yet discovered. These results are due to a scientific discovery by which an Aspirin Tablet begins to dissolve, or disintegrate, in the amazing space of two seconds after touching moisture.

Why Do We Marry Whom We Do? Dorothy Dix

"What Do You Suppose He (She) Sees in Her (Him)?" Is the Overtone Heard at Many a Wedding—State of Mind at Time of Proposing Has Lots to do With Misfit Marriages

One of the riddles of the universe that keeps us all guessing is why people marry the ones they do. Why did John Doe marry Susan Roe instead of Sally Coe, who is just as good-looking, just as intelligent, just as attractive in every way?

When you go to a wedding the overtime is always a speculation about what on earth made the bridegroom pick out, from all the other women in the world, the one he did for a wife, and, good heavens, what do you suppose the bride ever saw in the bridegroom that made her select HIM for a life mate?

This wonder increases as one observes the unsuitable matches all about us. Brilliant men with dull, stupid wives. Spillbinders married to Dumb Dosses. Ambitious men married to women who are millionaires about their necks.

How does it all come about? Why do so many men and women who have nothing in common with each other elect to spend their lives together? Why are men and women more prone to marry strangers than they are to marry old acquaintances or friends?

Parents can't imagine why their children picked out the mates they did. Nor do they know why they married as they did, themselves. Nor do any of us. We say we married because we fell in love with some particular individual, but that is answering one riddle with another.

Is it chance that determines our mates? Or sex attraction? Or what? Undoubtedly both luck and physical appeal have a great deal to do with our marrying the ones we do, but I believe that the chief determining factor is our mood.

A classic illustration of this is to be found in the poet's assertion that in the Spring a young man's fancy lightly turns to thoughts of love. So do old men's and women's and girls'. There is something in the atmosphere that makes people romantic and sentimental and that gives them an irresistible urge to make love to any handy member of the opposite sex which results in the bumper crop of June weddings that occur every year.

That the attraction that an individual has for us depends largely upon our moods is a fact we all know, and which explains many misfit marriages. Thousands of sedate and sober-minded men, united to little flirtatious girls, can lay their misfortune on the holiday mood of some vacation or gay party when they thought that nothing would be so nice to have around the house as a wife who was always making whoopee and screaming and laughing at the top of her voice.

Thousands of other men, while sunk in black depression and full of gloom, elect to give up their freedom for matrimony with dull and tedious women who had no other virtue than being patient listeners.

A man, hale and hearty, may scorn marriage and boast of his being too clever to give up his freedom for any woman, but let him get sick and his strained nurse doesn't want him any more and he is in a dependent mood and wants somebody to mother him and take care of him.

How many women owe good husbands to bed restaurants only Cupid himself knows. But it is when he is sick and tired of eating mass cooking, and when he can read a menu over from top to bottom without finding one single thing on it he craves, that a cozy home begins to look better than bachelor apartments to a man. Hunger tames even a wild man and makes him eat out of the hand of the woman who has sense enough to hold out home cooking to him.

Women's marriages are even more affected by their moods than men's. Many a girl who is young and just dishing over with romantic she will marry early, because she is so much in love with love that she is always in a sentimental mood.

Later on she becomes more choosy. She may even decide to espouse a career and a man. Then suddenly she marries the old soldier she has refused a dozen times, or the widower with many children, because all of her friends have got married and the debutantes have begun to treat her with respect, and she has gone into a mood of blind panic for fear of being an old maid.

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Keep going with PEP. A delicious combination of nourishing wheat plus extra bran. HAVE you tasted Kellogg's PEP? Crisp, toasted flakes of wheat and bran... mildly laxative... ready to eat. Delicious with milk or cream. Sliced fruit or honey adds tasty variety.

THE COOK'S CORNER

Egg Omelets

6 hard boiled eggs, 1/2 teaspoon paprika, 1 tablespoon chopped parsley, 1 cup thick white sauce, 1 teaspoon lemon juice.

Eggs Flanked

6 cups mashed potato, 6 eggs, Salt and pepper, Parsley, 18 radishes.

Rice-Cheese Omelet

Rice and cheese, like other souffles and omelets, should be served as soon as taken from the oven. Hot white sauce should be prepared and ready to serve with it.

WHEN PORRIDGE IS DISTASTEFUL

The Scots are an everlasting advertisement as to the excellent building properties of porridge, but unfortunately this fails to impress our children in the least when it comes to eating it themselves.

WHY ASPIRIN WORKS SO FAST

Drop an Aspirin Tablet in a glass of water. Note that BE-FOR-E it touches bottom. If it has started to disintegrate.

WATCH YOUR STEP

See an ELECTRIC RANGE before you decide. We have good news for all who said, "I'll cook electrically when it's faster and cheaper."



A Feature Range Only \$106.00. Under our Rental Purchase Plan as low as 8 cents per day.

CANADIAN G. E. ELECTRIC RANGE

TERMS \$10.00 DOWN 24 MONTHS TO PAY BALANCE. Maritime Electric Company, Ltd. Charlottetown, P. E. I.

Chocolate porridge looks ever so much nicer, and it is quite easy to add some chocolate powder when the porridge is nearly cooked.