

FITNESS FOTO

Keep fit and have more fun. That's a good tip for any active person. Kellogg's Bran Flakes help. They're packed with nourishment for energy and strength. There's enough extra bran to be mildly laxative. Active appetites enjoy the crunchy goodness of Kellogg's Bran Flakes. Sold by all grocers. Ready to serve. Made by Kellogg in London, Ont.

EAT TO FEEL FIT!



New Glasgow And Vicinity

Miss Margaret Doherty, St. Andrews, N. B., is the guest of Rev. W. G. and Mrs. Quigley at the parsonage.

Mr. Joseph Doucette, Lawrence, Mass., was a visitor to New Glasgow last week. He returned to Lawrence on Monday.

Mr. and Mrs. Wilbert Wright, Carleton, were visitors here Sunday, the guests of Mrs. Wright's parents, Mr. and Mrs. Horace Ling.

Rev. W. H. Harding, Summerside, conducted the service at the Christian Church here on Sunday morning. His instructive and inspiring sermon was listened to by quite a large congregation. The regular Pastor Rev. W. G. Quigley is at present attending a convention in Nova Scotia.

The annual picnic of the New Glasgow Christian Church was held at Laird's Cove on Thursday of last week. Quite a large number of children and older folks attended. Swimming, and other sports were carried out for amusement and good eats were waiting for a hungry bunch, which was greatly enjoyed by all.

Visitors here last week were: Miss Agnes Williams, Charlottetown; Mr. and Mrs. Murray Jenkins, Nappan, N. S.; Miss Belle Jenkins, Ottawa; Miss Bessie Roach, Truro; Mr. and Mrs. Leslie Weeks, Fredericton; and Mr. and Mrs. Emory Linkletter, Summerside. Mrs. Henry Ross, Wheatley River; Mr. F. W. Williams, Summerside; Mr. W. J. Stewart, Sea View.

Miss Mary Ross was a visitor to Kensington last week the guest of Miss Dorothy McKenzie-G.

Mt. Stewart

Mrs. Urban MacDonald and two daughters spent the week end in Georgetown.

Miss Ruth McGregor, Montague spent the past week visiting Miss Florence Martin.

Mr. and Mrs. McNeill of U. S. A. spent the week end in Mt. Stewart visiting relatives.

Mrs. Lloyd Jay and Mrs. Dannie Bir, Mt. Stewart, are visiting their sister in Winnipeg.

Miss Bessie Stewart, Georgetown spent the week end with Mr. and Mrs. H. W. McKay.

Mrs. Cyrene MacDonald with her son and daughter of Georgetown spent a few days in Mt. Stewart.

Mr. and Mrs. Joseph Egan of Mass., are spending their annual vacation with Mrs. (Dr.) Walsh, Mt. Stewart.

Miss Etta Cameron and Miss Fannie Coffin of U. S. A. are spending their vacation at their homes in Head of Hillsborough.

Miss Helen Garrett has returned to Charlottetown after spending her vacation with her sister Mrs. A. D. Feehan.

Mr. Albert Jardine, Head of Hillsborough, has entered the P. E. I. Hospital for treatment.

Mr. and Mrs. Arthus Cook, Mt. Stewart, are visiting in Charlottetown.

Miss Madeline Jay Charlottetown is visiting her grand parents, Mr. and Mrs. A. J. Grant, Mt. Stewart.

Rev. and Mrs. S. J. Boyce and son Jannie who have been spending the past month in Nova Scotia returned to Mt. Stewart.

Mr. Lorne Pigott, W. L. McLeod, Mr. and Mrs. H. W. McKay, Mr. and Mrs. John Garmman, Mr. and Mrs. John Yarmman, Mr. Earl Garmman, Mrs. A. D. MacDonald, Mrs. Allen Swan all of Mt. Stewart were in the City Saturday.

Mr. and Mrs. Ira Douglas of Charlottetown spent the week end in Savage Harbor.

Mrs. Simon Snyder, Mrs. Tom Smith, Miss Rice, Mr. Brenon

Miss Maud McCormick of Boston is visiting her mother in Mt. Stewart.—M.

On the go all day, but she keeps her winsome smile—Teeth bright and clean by using WRIGLEY'S GUM after every meal!

The regular use of Wrigley's Gum helps keep teeth strong, white, healthy. It cleanses teeth by removing food particles that lodge in the crevices after eating. At the same time, the delicious flavor sweetens the breath, improves your personality. Aids digestion and relieves that stuffy feeling after meals. *Helps keep you healthy!*

Four unique, delicious flavors of Wrigley's Gum... Spearmint, Double Mint, Juicy Fruit and P.K. A flavor for every taste. Every day millions enjoy Wrigley's!

Get several packages of Wrigley's Gum now—at any restaurant, grocery, confectionery, tobacco or drug store! Always keep it handy in purse or pocket, and in the home.

Fine for Teeth!



SMALL IN COST BUT BIG IN BENEFITS!



"One to where, did that girl say?"
"Sunnybeach."
"Another, please."
—Humorist.

RULES FOR NAILING VARIOUS WOODS GIVEN

To the average person putting around the house with a hammer, any nails will do if it is long enough to hold two pieces of wood together. In the construction or modernization of a house, however, a great variety of commercial woods is used and the size of the nail depends largely upon the nature of the wood. Hardwoods such as hard maple, yellow birch and beech, have excellent nail-holding qualities and require comparatively small nails, as large nails would be apt to split the wood. Soft woods such as cedar, cypress, white pine, basswood, chestnut or yellow poplar require comparatively large nails, as small ones will not hold. Medium woods like southern yellow pine and Douglass fir require medium sizes.

Before hitting the nail on the head, it is best to learn whether the nail is large enough to hold small enough not to split the wood.

LIME

In accordance with the P. E. I. Department of Agriculture policy of assisting Island farmers to obtain Ground Limestone at low price, we are now prepared to ship lime in carlots of thirty (30) tons or more to all Island points at two dollars and eighty cents (\$2.80) per ton delivered in bulk and three dollars and fifty-five cents (\$3.55) per ton delivered in bags.

These prices are in effect until Dec. 31st, 1938.

Brookville Manufacturing Co., Ltd.
Brookville, St. John County, N. B.
H. G. S. ADAMS, MANAGER.
(See me at the Lime Booth, Exhibition Grounds.)

Eastern Guardian

"This column is reserved for news of local interest but advertising of a newsy nature may be inserted at a word strictly payable in advance."

"ROBIN HOOD FLOUR is economical. More loaves of better bread from each bag."

"SUBSCRIPTIONS to the Charlottetown Guardian may be handed to the Rev. Archie Hume."

"W.M.S. MEETING—The regular meeting of the W.M.S. of the United Church, Montague, was held at the home of Mrs. George Gordon on Tuesday, Aug. 9th. The devotional service was led by Mrs. W. J. Fraser, the theme being "The Church and Social Welfare." The hostess served dainty refreshments.

"CHURCH MEETING—The Ladies Circle of the Christian Church, Montague, met on Monday evening at the home of Mrs. Oswald Collins, New Perth. A report of the ice cream social held at the church in July was given, showing that the sum of about \$25.00 was realized.

"SOCIAL GATHERING—A farewell party was held at the Parsonage of the Christian Church, Montague, on Friday evening Aug. 12th, and a purse presented to the retiring pastor Rev. Laurance Ray and Mrs. Ray. The young people of the church also presented the Rays with a beautifully bound Bible. Mr. and Mrs. Ray are called to a church in West Virginia. They are natives of Ohio, and will visit that State en route."

Snyder and Mr. Henry Jardine all of New Glasgow, N. S., spent Sunday with Mr. and Mrs. W. L. McLeod, Mt. Stewart.

Miss Maud McCormick of Boston is visiting her mother in Mt. Stewart.—M.

"CHURCH REPAIRS—The Baptist Church, Montague, is undergoing extensive repairs. A new chimney has been built and Mrs. Sheldon Ross is decorating the interior.

"CHURCH CONVENTION—The annual convention of the Churches of Christ in this province was held at Montague Aug. 5th to 8th and was largely attended. The president, Mr. R. H. MacDonald, Charlottetown, presided at the sessions. Rev. Laurance Ray, pastor of the Church at Montague, did everything possible to make delegates welcome. He was assisted by a very efficient committee. Perhaps the most outstanding address during the convention was given by Rev. Hazen Stewart of Winnipeg, to the young people on Sunday afternoon. Rev. Neil Herman, Dartmouth, N.S., was the speaker at the closing service of the same day, and in his characteristic manner portrayed the second coming of Christ. Rev. Mr. S. J. of Indianapolis was the guest speaker from U.S.A., and preached the convention sermon on Saturday evening. He was accompanied on the trip by Mrs. Sly and their three children. Mrs. Sly addressed the Women's Missionary meeting in a very pleasing way on Saturday afternoon.

"W. I. MEETING—The Montague Women's Institute catered to the tables at the races on Aug. 3rd. They held their August meeting in the Legion Hall on the 12th and after all bills were paid the sum of \$121.00 remained. The net proceeds were \$20.00 less than last year.

"HOSPITAL MEETING—The regular meeting of the King's Co. Hospital was held on the regular evening; the president, Mrs. Louis MacDonald, presided. After the business routine, the members discussed the advisability of having a moonlight excursion in the near future. A committee was appointed to make inquiries in regard to same.

"BRIDAL RECEPTION—A very pleasant event took place in Montague on Friday afternoon, when Mrs. Allison MacLean a June bride received for the first time in her lovely home "The Splenkop." The livingroom looked most attractive with a profusion of bloom in rose and cream. Gladiolus, snapdragon and baby zinnias were used. Mrs. MacLean was assisted in receiving by her husband's mother, Mrs. M. MacLean. Little Miss Laura Katherine MacLean attended the door, and Miss Violet MacLean, Rhode Island, ushered the guests to the dining room, where orchid and pale yellow sweet peas with yellow tapers was the decoration. Mrs. J. P. Beer presided over the tea table and Mrs. Callum Bruce cut the ices. Miss Verna Rodd, Mrs. Wallace Rodd, Miss Beth Coles, Mrs. Percy Hooper, Milton; Mrs. Wilfred Livingston, Mrs. George Craig of Charlottetown, Mrs. Louise Hazard, Charlottetown; Mrs. Preston MacIntyre and Mrs. A. C. McKay, Montague. Although the weather was at its worst quite a number of ladies called. Some of the out of town guests were: Mrs. George Poole, Toronto; Mrs. James Coles, Milton; Mrs. Stetson and Mrs. MacKinnon, Charlottetown; Mrs. Royce, Charlottetown; Mrs. MacFarlane, Winsloe; Mrs. Goff, Woodville Mills, Miss Muriel MacGregor, Mass.

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Free Private Test by F. L. Jones
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Charlottetown, August 19-20
Canadian National Hotel
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PERSONALS

"Miss Betty Saint of Amherst, N. S., is visiting in Montague and is the guest of Miss Mary Fraser."

"Miss Louise Hazard, assistant supervisor of Women's Institutes, is spending a few days at Woodville Mills."

"Mrs. Henry MacLaren, Montague, is attending the Rebekah Assembly at Bridgewater, N. S., this week. Mrs. MacLaren was one of the assembly officers last year."

"Mr. Orwell Dingman and Mr. Arthur Reynolds, both of Toronto, visited Mrs. Callum Bruce, Montague, recently. Mr. Dingman is a nephew of Mrs. Bruce."

"Mrs. William MacDonald, Montague who has had an operation on her eyes in the P. E. I. Hospital, Charlottetown returned home. We trust Mrs. MacDonald will continue to improve.—L."

"Dr. and Mrs. Lester Blah Newton, Mass., who are spending ten days at the Burns' cottage, Georgetown, were the guests of their cousin Milton and Mrs. Melish, Montague, on Friday."

"Miss Margaret MacLeod, Montreal, Miss Ella MacLeod and Miss Minnie MacLeod, Dundas, Miss Estie MacLeod, Charlottetown and Mrs. Campbell, Brookfield, were guests of Mrs. Callum Bruce Montague, on Monday."

"Mr. Thomas Jones, teacher in the Ontario Agricultural College Guelph, Ont., arrived on the Island last week, where he joined Mrs. Jones who has been summering in their new cottage near Brudenell Point. His friends hope Mr. Jones may have a pleasant holiday.—L."

MANCHESTER, England (CP)—The European roller figure skating championships for men, women and pairs will be run off here Sept. 16-17 under rules of the International Roller Skating Federation.

TWO BIG EXHIBITION SPECIALS IN BATTERY RADIOS

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4 Tube Console Set Regular \$62.50	5 tube Console Set Regular \$72.00
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These Sets have never been used and are exceptional Bargains.

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