

Woman's Realm :- Social and Personal :- Fashions :- Literature

Milady Beautiful

By Lois Leeds

BEAUTY QUESTIONS ANSWERED
Balanced Diet
Dear Miss Leeds: (1) I am 16 years old, five feet two inches tall and weigh 132 pounds...



have to use rouge. What shade is best for me and how is powder used—over vanishing cream or cold cream? (3) How can I overcome nail biting? (4) I have sore feet that sweat and crack. I wear high heels and walk to and from work, but when I get to work I change to house slippers. (5) How can I reduce my ankles and my hips.

ANSWERS.—Your diet is not well balanced; it is no wonder that you are pale and have pimples. If you want rosy cheeks, you must eat lettuce, spinach, carrots and other succulent vegetables every day.

Household Hints

By Roberta Lee

Clogged Faucets
If a faucet is clogged give it an over-night soaking in a cup of vinegar.
Soups
Water in which meats have been boiled, with proper seasoning and chopped up vegetables, make excellent soups.

Lesson in English

By W. B. Gordon

WORDS OFTEN MISUSED: Say, "The board favors the plan," or, "The board all favor the plan."
OFTEN MISPRONOUNCED: plate; both a's as in "play," or first a as in "at."
OFTEN MISPELLED: architect; no k in the word.

meal you may have one serving of meat (chicken or fish), spinach, turnips, a baked potato (eat skin and all), a glass of milk and gelatin dessert. Besides revising your diet you should try to get more fresh air.

(2) You have not told me the shade of your complexion. Unless you are very dark skinned, a light red rouge would be suitable. The powder base to use depends on your type of skin.

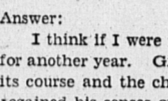
(3) This is a nervous habit. I think that in your case it is due to long hours of work, wrong food and lack of outdoor exercise. You may paint your fingertips with tincture of bitter aloes to remind yourself not to bite the nails.

(4) Your shoes very likely do not fit your feet. Do not wear high heels for walking, but keep them for parties, etc. In choosing shoes for business, wear kid Oxfords with broad, low heels and a straight inner line so that your toes will have plenty of room.

Dorothy Dix Letter Box

Shall This Wife Surrender Her Husband to the Other Woman?—Straight Talk to the Sentimental Wife. Folly of Marrying a Man Who has to be Babied

Dear Miss Dix—I am just another wife whose husband has found out after twenty years of married life that he has married the wrong one. We have three fine children, and I love him, and I have stuck by him through poverty and have helped him to fight through to prosperity...



Answer: I think if I were you I would possess my soul in patience and stick it out for another year. Give your husband's folly that much time in which to run its course and the chances are that it will wear itself out and he will have regained his senses once more.

It will help a lot if you will take the children and go away from him for the year. Why not take them for a year's study in Europe? That will be the best education you can possibly give them.

Besides that, your inevitable jealousy and nagging about the other woman keeps him irritated with you and fans the flame of his passion for her. He contrasts you, finding fault with him and reproaching him, with her soothing flattery, and you lose out.

So, if I were you, I should propose this separation plan to my husband and tell him that if, at the end of the year, he still wanted a divorce I would let him have it.

You may be very sure of this one thing: If his lady love is the kind of a woman that you think she is he will get her number in that length of time. She may deceive him for a while, but she can't keep it up. In some way she will show her lack of principle, her coarseness, her greediness, her selfishness and her lack of consideration for him.

Etiquette

By Roberta Lee

Q. May employees send cards or in any way remember their employer on holidays or anniversaries?
A. They may, but it is better not to make business relations personal.

A Morning Smile

Didn't Say "Hazel Nuts"—A farmer who was much troubled by trespassers during the troubling season consulted with a botanical friend. The following notice was posted at conspicuous points about his premises.

IT STOPS HEAD-NOISES CORRECTS BUZZING EARS.

Great Help in Deafness
You can correct Deafness caused by Catarrh and quickly end hissing roaring noises in the ears by using Catarrhoxone. You will be surprised how quickly Catarrhoxone relieves all such troubles.

A Fashion Hint

NOVEL TWO-PIECE DRESS
Novel ideas now appear on frocks for the younger fashionables. In Style No. 875 for instance, the separate blouse with inset chemisette is gathered into band at lower edge to affect smart tuck in type.



Nonsuch

Liquid and Paste
As good as Nonsuch Silver Polish
Made in Canada
Nonsuch Limited, Toronto

Stove Polish

For The Cook

Tomato Jelly Salad (1)
1/2 cup strained tomato—canned or stewed.
1/2 teaspoonful salt.
1/2 teaspoonful sugar.
1 teaspoonful gelatin (level).

Daily Arguments

AUNT HET



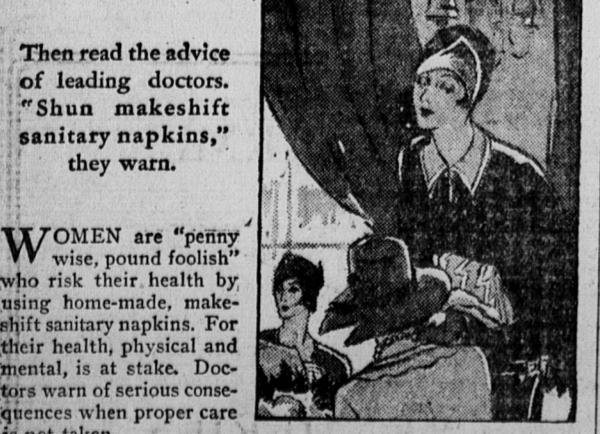
"What makes me mad is havin' to scrip an' save to buy anything an' then have Pa hand out money to his folks like he had barrels of it."

POOR PA



"When I don't contribute anything at church it seems like the usher holds the plate in front of me longer than he does anybody else."

Isn't Good Health Worth a few pennies?



WOMEN are "peppy wise, pound foolish" who risk their health by using home-made, makeshift sanitary napkins. For their health, physical and mental, is at stake. Doctors warn of serious consequences when proper care is not taken.

For at middle age there comes to many men an age of indiscretion, when they have a sudden yearning for romance and flirtations, and when they are mighty apt to stray off the strait and narrow path.

The husbands get over it and are glad and thankful to settle down with their wives and children, with their homes unbroken, and with the respect of their fellow citizens and with no messy divorces on their hands and no alimony to pay.

Not long ago a very miserable man said to me that he never saw any middle-aged couple going happily and contentedly along together without shedding tears of self-pity. He said that when he was 45 he fell into the hands of a pretty little gold-digger who made him believe that he was 200 young for his wife and that he was tired of a middle-aged woman and he induced his wife to divorce him.

"Of, if my wife had only had a little more patience she could have saved me from marrying this woman and wrecking all our lives!"

Dear Dorothy Dix—I have been married six months and I am the most miserable woman in the world. My husband is good and kind and he gives me a beautiful home and everything I want, but when he goes to work in the morning he only gives me one stinky little kiss and the same way when he comes home at night.

My suggestion is that you try to act like a reasonable human being instead of a sentimental fool. You are certainly one of the answers to why men leave home. Any man would, rather than put up with the bo-boo-hoos of a wife who thinks she is mistreated because a tired man and a busy one doesn't spend all his time in telling her how wonderful and beautiful she is, and how much he loves her.

Life isn't a petting party, my child. It is a stern reality in which we show our love for others by doing our duty by them and by trying to make things comfortable for them. As long as your husband is tender and kind to you and works to keep you soft and easy he doesn't need to give you any other proof of his love and you are not a neglected wife, you are a mighty lucky one.



Jeanette Loff, charming Pathé star, says: "No matter what climate my pictures take me to, or how hard the water, I have found that Lux Toilet Soap keeps my skin enviably smooth."

"I am utterly enthusiastic about Lux Toilet Soap," says pretty Mary Nolan, Universal star. "Even the most expensive French soaps have not kept my skin so beautifully smooth."

REALLY exquisite skin does win hearts—Hollywood knows how surely it wins them! "If a girl wants popularity she must have a lovely smooth skin," says William K. Howard, Pathé director. "Without rare beauty of skin a screen star can never hope to win her public, no matter what else she may have."

Nine out of ten screen stars use Lux Toilet Soap. You have only to look at Jeannette Loff's skin, or Mary Nolan's, or

9 out of 10 screen stars use it to keep their skin soft and smooth



Nancy Carroll's, to see how exquisite this delicately fragrant, white soap keeps the skin. Small wonder that every one of the great film studios has made Lux Toilet Soap the official soap in all dressing rooms! You'll love it yourself—its generous lather is so caressing, and leaves your skin so velvety. Use it in your bath, too—and for the shampoo, as the screen stars do.

LUX Toilet Soap
Luxury such as you have found only in French soaps at 50c and \$1.00 the cake—now 10c

Kisses are just the meringue on the lemon pie of matrimony and some-

Lever Brothers Limited, Toronto.

Lux Toilet Soap is delightful for the skin.