The Paxton Twins Will Go to College

AMONG the applications recently received at our Head Office, were two on the same date, signed by a Mr. Joseph Paxton. They were for Child's Endowment Policies for two children of Mr. Paxton; and it was noted that the birthday was the same for each.

Feeling there might be an interesting story behind so unusual an application, we interviewed Mr. Paxton.

"Yes, they are twins," he said, "and although one is a girl, I feel she is just as much entitled to a university education as her brother Peter. I've seen so much of parents' plans miscarrying, that I determined to make sure my debt to my little ones would be paid. I figured that by little economies here and there, I could pay the annual premiums that would ensure a college education for Peter and Patsy."

It transpired that when Mr. Paxton looked into the matter he found the premium on Child's Endowment Insurance much less than he had imagined.

This is one of the many practical applications of the Life Insurance Idea—investigate its possibilities for your children. Write for our Booklet on "Child's Endowment Policy."

NORTH AMERICAN LIFE ASSURANCE COMPANY
"Solid as the Continent"
Head Office: Toronto, Can.
Charlottetown Branch Offices 18 Cameron Block, and Bank of Nova Scotia Charlottetown, P. E. I.

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Our water systems deliver water DIRECT from the well to the tap. The tank is used to store air only. Result:—Fresh water at all times, and no frost troubles. Nothing above ground to freeze.

Our systems have established a reputation on the Island for dependable service. Don't be deceived and accept a substitute. They are sold ONLY by

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Gems of Thought

I have unlearned contempt.—It is a sin that is engendered earliest in the soul, and doth beset it like a poison-worm, feeding on all its beauty.—N. D. Willis.

Perhaps the wind wails so in winter for the summer's death; and all sad sounds are nature's funeral cries for what has been and is not.—George Eliot.

I consider your very testy and quarrelsome people as I do a loaded gun, which may, by accident, at any time, go off and kill people.—Shenstone.

Great is he who enjoys his earthenware as if it were plate, and not less great is the man to whom all his plate is no more than earthenware.—Seneca.

Nothing is such an obstacle to the production of excellence as the power of producing what is good with ease and rapidity.—Aikin.

If any one will tell me how truth may be spoken without offending some, I will spare no labor to learn the art of it.—Bp. Horne.

Those who honestly mean to be true contradict themselves more rarely than those who try to be consistent.—O. W. Holmes.

Oh, how bitter a thing it is to look into happiness through another man's eyes!—Shakespeare.

O, banish the tears of children! Continual rains upon the blossoms are hurtful.—Richter.

They seem to take away the sun from the world who withdraw friendship from life.—Cicero.

I never wonder to see men wicked, but I often wonder to see them not ashamed.—Swift.

Experience takes dreadfully high school wages, but he teaches like no other.—Carlyle.

One ungrateful man does an injury to all who stand in need of aid.—Publius Syrus.

I see the devil's hook, and yet cannot help nibbling at his belt.—M. Adams.

He who rules must humor full as much as he commands.—George Eliot.

Many a lash in the dark, doth conscience give the wicked.—Boston.

Fortune may find a pot, but your own industry must make it boil.

A page digested is better than a volume hurriedly read.—Macaulay.

We take our colors, chameleon-like, from each other.—Chamfort.

Fearless minds climb soonest unto crowns.—Shakespeare.

Too long they build who build below the skies.—Young.

Where a man't heart is rooted there is his home.—Ibsen.

PLANTS HAVE HEART AND PULSE

Plants have a heart and pulse and a "blood circulation" very similar to that of the animal world. This is the sensational discovery of Sir Jagardis Chandra Bose, the famous Indian botanist.

According to Sir Jagardis, great quantities of water are absorbed daily by the average tree. This water is driven up to the very top of the tree and then breathed out again through the leaves.

Experiments were carried out by Sir Jagardis at his botanical institute in Calcutta. He says there is no characteristic manifestation of animal life which could not be found in simple form in plants also. The plant has a heart beat and a "pulse" astonishingly similar to that of animals. Besides, it also reacts upon stimulation in almost the same way, and shows that it possesses a nervous system.

Cooking Him Out

"I understand your wife is doing her own cooking."

"You are mistaken."

"But Jinx told me she was."

"Oh, that was just for a little while. Jinx was making us a visit, and she though she had stayed long enough."—Houston Post.

One After The Other

She—When we are married, dear, I must have three servants. He—Certainly, darling. But try to keep each as long as possible.—St. Louis Post Dispatch.

Household Suggestions

Hardwood Floors.

To preserve the light, clear appearance of hardwood floors they should be wiped occasionally with a cloth and clear water.

Dry Skin.

The cause of a dry skin can often be traced to the use of too much soap. Too much powder will also produce the same result.

Ink Stains.

If the ink stain is a fresh one it may be removed by saturating in kerosene, letting stand for fifteen minutes and then washing out.

When Frying Fish.

The secret of frying fish crisp and brown without either egg or bread crumbs is to dry it well, dredge both sides with pletnty of flour and plunge it into boiling fat. Be sure the fat is boiling and have plenty of it, as upon that depends the crispness and brownness of the fish.

To Wash New Curtains.

When washing new lace curtains you will usually find they contain a great deal of lime and that a great quantity of soap and time is wasted in trying to make them clean. The lime can be elimiated by soaking the curtains over night in water in which a small amount of salt has been dissolved. The salt will draw the lime out, making them easy to wash.

Worn Carpets.

Darn the worn stair carpet with a rug wool, being careful to match the color perfectly. It will greatly reduce the shappy appearance.

Wholesome Candy.

Dip oyster crackers in sweetened melted chocolate and give that to the children instead of rich, heavy sweets. They will enjoy them just as thoroughly and they are better for them.

Avoid Sandy Spinach.

Drain the spinach in a strainer and pour boiling water over it. Put back on the stove for a few minutes in a saucepan containing a lump of butter. Season and serve and be comfortable about the presence of sand.

Food Suggestions.

Overcooked oysters are very indigestible.

Ham is delicious baked in casserole with sweet potatoes.

Scallop the potatoes with tomatoes, green pepper and cheese.

Add two tablespoonful of tomato catsup to the pan in which the fish is baking.

Burn cinnamon on the top of the stove to eliminate odors from onions, cabbage, etc.

The egg stains on silver spoons can be removed by rubbing the spoon with table salt.

CORN FLAKE WAFERS

2 eggs, 3-4 cup sugar, 1 teaspoon maple flavouring ½ teaspoon salt 1-2 cup chopped walnut meats. ½ cup chopped Sun-Maid Raisins, 3 cups corn flakes.

Beat eggs Add sugar, flavoring, nuts, raisins. salt and corn flakes. Mix well. Drop from teaspoon on greased pan. Bake in moderate oven about 20 minutes. Remove from pan while hot. Make about 36 cookies.

RAISIN CORN MUFFINS

2. cups flour, 3 tablespoons melted butter, 1½ sups white corn meal, 2 well beaten eggs, 2 tablespoons sugar, 2 cups milk, 6 teaspoons baking powder. 1 teaspoon salt, 1 cup chopped seeded Sun-Maid Raisins.

Sift together the flour, corn meal, sugar, baking powder and salt. Add the eggs butter and milk. Beat the mixture well and when well blended stir in one cup chopped seeded raisins. Put in gem pans in hot oven and bake fifteen minutes.

HEAVVENLY JAM

5 pounds grapees 5 pounds sugar, juice of 3 oranges and the peel cut into small pieces, 2. Pounds Sun-Maid Raisins.

Use the pulp and skin of the grapes, but remove the seeds. Cook all together n order given until of the consistency of jelly.

RAISIN SAUCE FOR ROAST OR BOILED BEEF

2 Cups water, 1 cup seedless Sun-maid Raisins, 1 tablespoon butter, Vinegar to taste, 2 level tablespons flour, 1 heaping tablespoon brown sugar. ⅛ teaspoon each cinnamon and salt.

Let raisins and one cup of water simmer for 15 minutes, and add salt, cinnamon, vinegar and sugar Take another pan, melt butter, add flour and stir until light brown then add remaining cup cold water, then raisin mixture and let come to boil.

Beauty Hint for Women

For clear skin and bright eyes

When food is only imperfectly digested, it gives rise to fermentation, clogs the bowels, and renders the blood impure. This results in dull eyes, muddy skin, blotches, pimples and other disfiguring marks. Beecham's Pills act immediately on the stomach, liver and bowels; regulate them and keep them in a vigorous condition. They are mild, harmless and dependable. They are compounded of remedies of vegetable origin having great medicinal value.

Take **Beecham's Pills**

Sold everywhere in boxes 25c—40 pills 50c—90 pills

Eat and Get Thin

This is turning an old phrase face about, but modern methods of reducing fat have made this revision possible.

If you are overfat and also averse to physical exertion, if you are likewise fond of the table and still want to reduce your excess flesh several pounds, do this: Go to your druggist (or write the Marmola Company, 4612 Woodward Avenue, Detroit, Mich.) and give him (or send them) one dollar. For this modest amount of money the druggist will put you in the way of satisfying your ambition for a nice, trim, slim figure. He will hand you a case of Marmola Prescription Tablets (compounded in accordance with the famous Marmola Prescription) one of which you must take after each meal and at betdime until you begin to lose your fat steadily and easily. Then continue the treatment until your weight is what you desire. Marmola Prescription Tablets are not only harmless but really beneficial to the general health. You don't need starvation diet or weakening exercises. Just go on eating what you like, leave exercising to the athletes, but take your little tablet faithfully, and without a doubt that flabby flesh will quickly take unto itself wings, leaving behind it your natural self, neatly clothed in firm flesh and trim muscles.

A Knotty Problem

The knots in children's shoestrings can be undone readily with the aid of a pair of pincers.

Did You Know

That a hotter oven is required for anything mixed with water than for things mixed with milk?

Old Stockings

If you expect to move save your old stockings to wrap the legs of the prized tables or chairs. They will not tear like paper and yet are easily manipulated.

Macaroni

The best way to cook macaroni is to have a large amount of water already boiling before the macaroni is put in and keep the water bubbling until it is tender. Macaroni will take less time to boil in this manner and will not stick to the bottom of the pan.

Bows on Nighties

A good way to have the bows always fresh and dainty on beribboned nightgowns is to work two buttonholes wherever the ribbon is desired and pull it through these and tie. The ribbons can be removed when the gown goes to the laundry and are like new with each wearing.

MARVELS OF BRAIN SURGERY

In his recent presidential address to the British Medical Association, Sir William MacEwen told of an operation performed by himself on a man suffering from an abcess on the brain.

The patient collapsed, and artificial respiration had to be carried on while the brain was opened and the pus removed. Suddenly the man, who for long minutes had been trembling on the brink of the grave, woke up.

"What's all this fuss about?" he remarked pettishly.

Operations on the brain will make the blind to see, the lame to walk, and will restore other lost faculties.

Time was, and not so long ago, when a bullet in the brain meant certain death. Today there are scores of men, alive and well who have been shot through the head.

A certain man was suffering from brain disease, and X-ray examination showed that a portion of the brain was actually decayed. The patient was in a state of coma.

The doctor in charge of the case decided to procure the brain of another patient and transplant a portion of it to replace the diseased portion.

That day a child was born in one of the hospital wards and died. Its brain was at once removed. The back of the man's skull was then removed, the diseased portion of the skull cut away and replaced by a part of the infants brain. Then the section of the skull was replaced. A week later the patient was rapidly improving.

Sometimes brain operations result in apparent miracles.

A patient suffering from tumor on the brain was taken into a big hospital. He had been blind for seven years. When the tumor was removed the man quickly recovered not only his health, but also his sight.

More marvellous still, however operations of this kind sometimes result in making a bad man good.

A man sentenced to five years imprisonment, after being found guilty of nearly 200 robberies.

He was aged 43 and had been more or less criminal in his tendencies al his life. The prison doctor, examining him found a dent in his skull and learned that the man had a bad fall when a boy.

The doctor decided to operate. He did so at once, and found that the bone was pressing on the brain. He raised the bone and cut it away, performing the operation known as trepanning.

The result was extraordinary. All the man's criminal tendencies disappeared; he became quite normal. On application to the higher courts he was released, and by latest accounts, was earning an honest livlihood.

Still more remarkable was the case of a savage forbidding brute sentenced to imprisonment for life for murder. Even the warders themselves were afraid of him. After being in prison three years a visiting surgeon examined him and found that he had a deep depression at the base of his skull.

The surgeon decided that, in all probability, a splinter of bone had been driven into the brain. He operated and found that his diagnosis was right, and removed the splinter.

The man got well rapidly, but the change in his character was far more wonderful than that in his health. His whole face altered He became bright, intelligent and his new disposition was as sweet and kindly as it had previously been fierce and brutal.

QUEER LOST ARTICLES.

He would lose his head if it were not screwed on" is a saying which one might think had been invented after a visit to the Municipal Lost and Found Office of Berlin A correspondent writes:—There were countless gold watches. a little Golconda of dismonds and other precious stones, fashionable furs and hats—all found in taxis cabs, theatres and restaurants, and as far as the authorities know, never sought after. Wedding rings were there by the thousands; they are apparently easily lost when gioves are hastily pulled off. But there were even more remarkable curiosities of carelessness. Within the previous week or so the following ownerless things, were found in Berlin streets: A perambulator, a horse and carriage, three pigs (alive), a flock of geese and three parrot-cages, each with a parrot. And there had not been a single inquiry after one of them! Are other big cities equally careless? asks this correspondent.

WOMAN'S WEALTH OF HAIR.

Some time ago a lady received a prize for her hair which was six feet in length. A more extraordinary case was that of a Texan woman whose red-gold tresses measured nine feet, of which four feet, when unrestrained, trailed upon the ground. Actresses have supplied from their ranks many examples of the liberality of Nature in this respect. A famous example was the renowned Mrs Astley, of a past generation. She could stand upon her hair, which by its profuseness nearly cost her her life, for it once caugh fire on the stage. After that she wound it round her head and covered it with a wig, with the result that her head appeared of abnormal size. But while it is not unique to find hair growing to a length of six feet, it is still very uncommon. How uncommon was testified by a London West End hairdresser, who stated that out of 25,000 ladies whose heads he had dressed not more than three had hair which touched the ground when they were seated.

MARBLES MADE IN GERMANY

Most of the stone marbles used by boys are made in Germany. The refuse only of the marble and agate quarries is employed, and this is treated in such a way that there is practically no waste. Men and boys are employed to break the refuse into small cubes, and with their hammers they acquire a marvellous dexterity. The little cubes are then thrown into a mill consisting of a grooved bedstone and a revolving runner. Water is fed to the mill, and the runner is rapidly revolved, while the friction does the rest. In half an hour the mill is stopped, and a bushel or so of perfectly rounded marbles taken out. The whole process costs the merest trifle.

CUSTARD MAKING.

The secret in custard making is in having the proper combinations of the several ingredients and in combining them at the proper time. While the milk is heating over the fire, the yolks of the eggs should be beaten light and smooth, then, if other thickening is used, the cornstarch or the flour, as the case may be, should be added, and the mixture again beaten until creamy. Pour the milk, which should already have been brought to the boiling point, in a thin stream over the mixture, stirring constantly. Then return to the fire, and let it boil up well, just once. If you adopt this method you will have neither lumpy nor a curdled custard. Most cooks let them cook too long. This makes them tough. Many find the double boiler method excellent.

To Make a Showing

"Pa, what is a dead game sport?"

"One who buys his game of the butcher after his hunting trips, my son."—Boston Transcript.

BROADCASTING FOR MOOSE IN NOVA SCOTIA

American Sporting Writers in a Nova Scotian Hunting Camp.

"Calling the Moose in the Early Morning."

A Fine young Bull Moose that fell to a Baseball Writers Rifle.

"OU-OU-OU-OU—OU-ERAK! Ou-ou-ou-ou-ou-erak! Ugh! Ugh!"

Louie Harlow, Micmac Indian guide stood up in the stern of the canoe with a birch bark horn pressed to his lips and sprayed the wilderness with this uncanny cry.

"Ou-ou-ou-ou—ou-erak! Ou-ou-ou-ou-erak!" was the perfectly simulated call of a cow moose. "Ugh! Ugh!" was the imitation of the grunt of a little bull, and the combination was designed to fool a big male and cause him to appear without unnecessary delay.

Long before the radio was heard of, Nova Scotia guides were broadcasting a moose love song with intent to lure the lordly moose within range of the hunter's rifle. Louie Harlow, of South Milford, N.S., is the wizard of this wilderness wireless, and he uses no complicated apparatus. He cuts a likely scroll of bark from a white birch, rolls it into megaphone form, length about a foot, and then sews it together with a strong and slender spruce root resembling cat-gut. No seamstress could do better. There are smooth loops at intervals, the whole length on the outside of the horn. Every knot is tied inside, even at the small end.

"How do I do it?" says Louie. "I ain' sayin'. Nobody else knows how."

These guides have their secret tricks of trade and are proud of them. Louie Harlow is Nova Scotia's greatest moose hunter and has killed or lured to the rifle more moose than any other guide in Nova Scotia. Louie is a half-breed Micmac and opines that his other half is Scotch. He was born at Bear River on the Indian reservation, and has worked as a guide under A. D. Thomas of South Milford for 23 years. Swarthy of complexion, with a black moustache and straight black hair, he resembles an Indian less than his own son, but is master of Indian woodcraft. He can hear a moose moving in the woods when his companions hear nothing, and is the first to sight a moose or deer swimming the lake or standing on the shore. "A moose in ten days, or less" is Louie Harlow's motto, and it is said that he has never yet disappointed a sportsman who can shoot. Louie's siren song will fool the wisest old bull in the woods, but when he comes within range the hunter must do the rest.

Five of the most popular sporting writers of the United States this autumn spent ten days with Harlow and his brother guides in Nova Scotia. They had been reporting the world's series baseball games, and welcomed the quiet of the woods and the rest it brought. They were new to the woods, but they came out with a fair share of moose heads, and voted the trip the best holiday they ever had.

Although there is a vast area of beautiful country in Nova Scotia along the western and southern shores particularly, including the famous Land of Evangeline, the interior is the moose hunter's paradise. There are miles upon miles of lakes, rivers, and forests well populated by moose, deer, bear, and smaller animals. A favorite approach to this region is through South Milford, easily reached via Annapolis Royal, N.S., by way of Boston and Yarmouth, N.S., or St. John, N.B., and Digby, N.S. The ride from Digby and Annapolis Royal on the Dominion Atlantic Railway to South Milford is by automobile, and from South Milford, the hunter or fisherman, with a few portages, can paddle in a canoe three-quarters of the way across Nova Scotia to the Atlantic Ocean. The moose season lasts from October 1 to November 15, starting with moose calling and ending with still hunting. A dozen guides, among them such celebrities as Louie Harlow and Sam Glode, both Micmac Indians, work under the direction of A. D. Thomas along the shores of the Liverpool chain of lakes, Kedgemakoogee and beyond. Nova Scotia is conserving its moose—a hunter is limited to one bull a year—and the moose country will always be good moose country because that's about all it is good for, except trout fishing.

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lightens the labour.
A rich lasting chew.

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