

Don't Diet Yourself TO DEATH TO CURE DYSPEPSIA OR INDIGESTION. IT ISN'T NECESSARY.

While it is necessary for the dyspeptic to abstain from rich, greasy, highly seasoned food, it is useless and injurious to deprive the sufferer of a full supply of good nutritious food sufficient for the needs of the body.

For Sale

Work has begun on the N. B. terminal of the car ferry and now is the time to buy Island farms.

Apply S. L. T. HARRISON, Moncton, N. B. The Natural Manufacturing City of Canada.



DON'T OVERLOOK the advantage of the new bifocal lens. They save you the expense of an extra pair and do away with the annoyance of a sliding line.

STEAMSHIP SAILINGS

Plant Line Direct Route to Boston

Commencing June 6th the S.S. Evangelina will leave Charlottetown for Boston via Hawkesbury and Halifax Fridays at noon.

ALLAN LINE ROYAL MAIL STEAMSHIPS

Montreal to Liverpool Royal Mail Service

Montreal to Glasgow

Montreal-Havre-London

H. Q. A. ALLAN 2 St. Peter Street, Montreal

ALL THE WAY BY WATER Eastern S. S. Corporation

INTERNATIONAL LINE FARES CHARLOTTETOWN TO BOSTON

First Class \$12.20 Second Class 10.20 Return 19.35

MAINE STEAMSHIP LINE Direct service between Portland and New York.

A GRAND UNION MEETING.

The three assemblies meeting in Atlanta, Ga., entered into a wonderful union meeting for the observance of the Lord's Supper.

The address was given by Dr. Russell, the Moderator of the U. P. Church on the meaning of the Supper—Separation with Christ—Safety in Christ—Sustenance through Christ—Service for Christ—Glory with Christ.

STEAMSHIP SAILINGS.

A month in Europe

HERE is an opportunity to see some of the famous places of the Old World at a modest outlay.

Rovers' Travel Club Tour Visit in London the ancient Tower, the Abbey, Houses of Parliament, Museum, and haunts made famous by Dickens and Thackeray.

SAILINGS EUROPE

Every Tuesday from MONTREAL and QUEBEC

WHITE STAR DOMINION LINE

Agent, W.K. Roger City

Charlotte Steam Navigation Co., Ltd

Commencing Monday the 5th of May the STEAMER NORTHUMBERLAND leaves Charlottetown for Pictou, N. S.

STEAMSHIP LINERS

From London Steamer From Halifax Shenandoah May 23rd Rappahannock June 5th

Freight Agents for the Allan Line Steamship Co. at Halifax. FURNESS WITHEY & CO., LTD.

DAILY SELECTIONS FOR GUARDIAN READER

Furnished by W.S. Louzon

TO OVERCOME DARKNESS.

Great things have been achieved in recent years by the efforts of men to overcome natural darkness.

In the spiritual world it is cheering to note how much gospel light has been shed upon human life.

Into natural darkness we are all loath to go, and well we may be, for danger lurks there.

Mr. J. A. MacDonald of Toronto has given two addresses, one on Peace, the second on Social Order.

Rugs of every size and quality. Will tons Armatures, Brussels, Velvets.

The Ring Of Rings

The engagement ring—should be as good as your means will permit.

W. N. Tanton Sunnyside



You See Them Everywhere

Kellogg's CORN FLAKES

IN MEMORIAM

(From Yesterday's Evening Guardian)

The many friends and relatives of Mr. and Mrs. George O. Webster, formerly of this Province, but now residing in Regina, Sask., will deeply sympathize with them in the loss of their only daughter (Gertrude) Mrs. W. F. Chadwick, whose death took place on April 23rd at Regina, Sask.

MISS MINNIE E. MCCORMACK. The death of Miss Minnie E. McCormack took place at her home at Rollo Bay, Thursday, the 15th, at the age of 23 years.

Baby Badly Scalded

ZAM-BUK BROUGHT QUICK RELIEF. Mr. Alex. A. Cameron, of Fairmount, Antigonish Co., N.S., writes: "My little brother (three years old) had his face badly scalded by boiling tallow, and we thought if he ever got better he would be rightfully scared."

"We at last stopped the medical treatment, and tried Zam-Buk, and after the first few applications the child seemed much easier."

Zam-Buk is just as good for cuts, bruises, ulcers, piles, blood poison, festering sores, abscesses, pimples, eruptions, and all skin injuries and diseases.

All druggists and stores 50c. box, or post free from Zam-Buk Co., Toronto, for price.

FRECKLES

Now is the Time to Get Rid of These Ugly Spots.

There is no longer the slightest need of feeling ashamed of your freckles, as the prescription ointment—double strength—is guaranteed to remove these homely spots.

BRANDRAM-HENDERSON "ENGLISH" PAINT

Fennell & Chandler Charlottetown, P. E. I.

President, Capt D. A. MacKinnon Druggist J. Stanley Wedlock, Fletcher G. Jones

The Black Fox Centre

We have listed with us stock for sale from most of the 1913 dividend paying Fox companies. Can give you quotations promptly.

Buying and Selling

Stocks, Bonds, and Silver Black Foxes are our specialities. We make it our business to know where best to buy, or sell; its a science; we study it; ordinarily you have not the time to do so.

Today We Can Sell

3 pairs choice 1913 Options, Two Pairs choice 2 year old Foxes Island Bred, Two Pairs Ontario (Borrowman) 1913 Option all best Silver Black.

The Canada Fox Exchange & Investment Co., Ltd.

Charlottetown, P. E. I.

WHERE TO STAY IN HALIFAX

Interests Identified THE CITY IT'S HOTEL THE HOTEL THE CITY THE Hotel of Halifax is The HALIFAX HOTEL When in Halifax Stay at The Halifax

You Know PAINT?

Don't paint or let a contract till you do. Vague impressions are useless. You must get definite endurance truths.

BRANDRAM-HENDERSON "ENGLISH" PAINT

Come in! We have some eye-opening truths for you condensed into a booklet.

Fennell & Chandler Charlottetown, P. E. I.

The King's Birthday Races

on the Charlottetown Driving Park on Tuesday, June 3rd 1913 Commencing at 2 o'clock Sharp

The classes for these Races are 2.19 Trot and Pace (Purse \$200.00)

Contains six entries of the fastest horses of the Province.

2.24 Class Trot (Purse \$100.00)

Six entries and all expected to start

2.30 Pace (Purse \$100.00)

Seven entries of good ones. Grand races may be expected in this class. Persons will come by regular morning trains.

For Suris and Murray Harbor passengers can return by regular trains on afternoon of races or by trains on the following day.

Admission to all parts of the grounds including grandstand 25 cents.

C. R. SMALLWOOD, Secy-Treas.

F. R. HEARTZ, President, May 24 Mif.

Professional Cards

A. J. MARTIN, B. A. Barrister Notary Public, etc

STEWART & CAMPBELL Barristers, Solicitors, etc.

MACKINNON & MCNEILL Barrister, Solicitors, Notaries, etc.

WARBURTON & SHAW Barristers, Attorneys, Notary Public, etc.

DR. JOHN LEDWELL, M. D. Richmond Street, opposite St. Paul Church

A. A. McLean, K. C., Donald MacKinnon McLean & McNeill Barristers, Attorney-at-Law

DR. CLIFT Specialist—Chronic—Diseases

COWAN'S PERFECTION COCOA A MUSCLE-BUILDING FOOD Growing youngsters work hard. They need food that is nourishing—food that satisfies the hunger and digests easily. Nothing is better for them than Cowan's Perfection Cocoa.