

CANADIAN LUMBER-JACKS WANT THE Y. M. C. A. AND THE "BOSSSES" BACK IT.

The Young Men's Christian Association is finding a new field of service immediately demanding its attention and is to carry its ministrations and education to the 250,000 men who spend their winters in the heart of the Northern Ontario forests. The Canadian Associations had long been looking for the opening which has just come to them. When one of the big lumbermen in that country heard what the Association was doing and how it was welcomed among men in the construction camps and on the railroads, he said: "If the Young Men's Christian Association can help one in one hundred of my men, I am willing to pay the entire expense."

be true. He talked to them everywhere he travelled and did not find one who was not eager to learn English. Most of them could speak a few words, comparatively few could read English, and only about one in twenty could write his own name. In one of the camps at a demonstration of the Y. M. C. A. method of teaching English there were eight Frenchmen and two Poles, most of whom could not read a word of English, and others were unusually quick in learning the language. A "home-made" "Concert" turned out to be a delightful occasion when twelve Poles sang their national air, led by a Polish violinist, with forty-five Frenchmen singing enthusiastically, while seven other nationalities did their part in making the occasion one to be remembered. Everywhere the tables were loaded with good things to eat, in sharp contrast to the poor sleeping accommodations usually found. In one "sleep camp" he counted 110 men crowded into two-story bucks, the room poorly lighted, both by day and by night, and no ventilation whatever. One hundred and nine of these men were smoking, spitting and swearing, while the odd one found his pleasure in chewing and spitting. One can hardly conceive of a condition better fitted to breed and distribute tuberculosis, diphtheria and small-pox. On his return it was with great satisfaction that he heard passed a

resolution to employ an industrial secretary to give his entire time to the work in these camps, the operators were ready to pay the expense for secretaries to go in and live in a group of four or five camps to carry on the work which has been successful in the construction of the West.

For several years large lumber companies in Louisiana and Alabama have engaged the Association's aid. At the mills at Bogalusa, La., a building worth \$30,000 was erected which is constantly crowded with the men. Another building is about to be erected at Greenville Junction, Maine, by the Hollingsworth & Whitney Paper Co., to cost fully \$35,000, following the example of the railroad companies who have cooperated with the Y. M. C. A. in erecting 234 buildings worth \$4,000,000.

"LA FAMEUSE" APPLE.

Montreal apple is celebrated for "La fameuse," a specially tasty, sweet, and palatable snow apple. Its origin is unknown, although it is generally thought that the early Sulphur Fathers, who dwell in Montreal, brought apple-seeds from France, and cultivating some seed that was a "sport" came unawares upon the apple for which Montreal Island is so celebrated. "La Fameuse" has suffered very much from careless and unskillful cultivation.

Black knot on the trees has been treated as "La Fameuse" has been, it too would lose its supremacy. As Winnipeg imports these favorite apples, it must be interested in their welfare.

but the latter is a new apple, and treated as "La Fameuse" has been, it too would lose its supremacy. As Winnipeg imports these favorite apples, it must be interested in their welfare.

CUT THIS OUT AND PASTE IT UP.

Almost every day The Guardian receives orders by mail to insert news matter of an advertising nature. In most of these cases the senders, who are frequently not known to any member of the staff and who have no account in the advertising department, write "Please insert the following and oblige," thus apparently implying that they think the items will be inserted free. Only a few weeks ago a reader wrote asking that his advertisement of Farm for Sale be inserted free from day to day until he cancelled it, as he is a subscriber to The Guardian. In this connection it may be said that the subscription price is not sufficient to even pay the actual cost of paper, ink, presswork, mailing, nookkeeping and other expenses of the Circulation department proper, and thus subscribers have no privileges of free advertising and are on the same footing as non-subscribers. Seldom ever does the sender state whether the item is to appear in the Morning Daily or the Rural Daily, whether for one or more times in either Daily, or in both, whether

as a display advertisement, announcement, business local, classified ad or otherwise. When for church or charitable purposes they seldom ever say so, or do not enclose sufficient money to pay for same all of which will be returned by first mail in the event of the item not being chargeable; or if more money is sent than necessary to pay for the item the surplus will be returned at once, there being a greater discount for cash with order for advertising of churches &c than for regular business. In all such cases the Advertising department communicates with the sender as quickly as possible by mail or phone, often paying the messenger service to get them to the telephone if not too far distant, thus saving all possible time. People write this office to know if News, Letters to Editor, etc., are charged for, and to all such there is but one reply—all items etc of a money making nature, even though they be somewhat of a news nature, are chargeable. For instance, the advance notice or notices of a concert, lecture, pie social, picnic, etc., are chargeable if an admission fee, silver collection, sale of pies or sale of food or refreshments, etc. Advance notices of purely religious services, even tho a silver collection is to be taken up, are not chargeable. The particulars of any of the above, after they have been held, are, however, news and thus not chargeable. The news of any past, present or future

business, which is still being conducted, is chargeable, if it is apparent that the object is to make the business more widely known and thus increase it. Verses accompanying death notices are also chargeable. Even items which are actual news and not chargeable for but once in either Morning Daily or Rural Daily or both are chargeable for more than one insertion, as they are thus not news. The above facts are given for the purpose of assisting persons who have items, etc., to mail to this office, so that delay and disappointment will be avoided. 3-16drff.

Hay's Hair Health

Restores color to Gray or Faded hair—Removes Dandruff and invigorates the Scalp—Promotes a luxuriant, healthy hair growth—Stops its falling out. Is not a dye.

50c and 50c at Drug Stores or direct upon receipt of price and dealers name. Send for sample bottle.—Philo Hay Specialties Co., Newark, N. J., U.S.A. REFUSE ALL SUBSTITUTES For sale and recommended by E. A. Foster, Sunnyside, successor to A.W. Reddin.

Dr. J. W. DORSEY

Physician and Surgeon Graduate McGill University, Montreal, Que. Late Resident House Surgeon Western General Hospital, Montreal, Que. Phone 379. Office 137 Kent St. formerly occupied by the late Dr. P. F. Kelly.

Nulife

Nulife is the Greatest Blood and Nerve Food Ever Discovered Since the World Began.

Red Blood Tablets

Nature's Great Remedy

A Blood and Nerve Food

The Strengthening and Body-Building Powers of NULIFE as a Spring Medicine are Simply Wonderful

Nulife--The Unequaled Nerve and Brain Food

Office workers, business men—everyone engaged in sedentary occupations—will find in Nulife a powerful tonic that will increase their reasoning power, stimulate the action of the brain, dispel brain fag and develop the entire nervous system to its highest possible point of perfection.

Nulife supplies the brain and nerves with the one reliable foundation of perfect health—rich, red blood. It supplies the nervous system with the needed re-building and repairing materials and stimulates and tones up all the faculties as no other preparation can.

Don't confuse Nulife with some so-called "nerve tonics". Nulife has gained its present excellent reputation solely on its merits—it is the greatest nerve food and body builder the world has ever seen. Ask your dealer for a box today.

Per box, post paid 50c

Ailments Brought On By Poor and Impure Blood

- Anaemia, Brain Fag, Blood Disorders, Bad Color, Bodily Weakness, Chlorosis, Despondency, Dyspepsia, Debility, Exhaustion, Epilepsy, Fainting, Failing Memory, Flushings, Green Sickness, Headaches, Hysteria, Heart Strain, Heart Burn, Heart Palpitation, Insomnia, Impaired Nutrition, Jaundice, Languor, Loss of Vigor, Morning Sickness, Melancholia, Nervousness, Poor Appetite, Rheumatism, Sciatica, Salt Rheum, Skin Diseases, Stunted Growth

These Dealers Sell NULIFE

- MacKinnon Drug Co., Two Macs, Geo E. Hughes, J. W. Carruthers, Cox Bros, Mrs. M. A. Campbell, H. J. Mabon, Alex Robertson, Jas. F. Lord, J. P. Smith, S. H. Colwill, Ewen McKinnon, Calvin Howatt, Keir & McFadyen, P. N. Enman, E. C. Lepage, Johnson & Johnson, City, City, City, Montague, Morell, St. Peters Bay, Souris, Red Point, North Tryon, Kinkora, New Haven, Hampton, Victoria, Kensington, Summerside, North Rustico, City

Nulife Will Build up and Strengthen Your Body

Spring, with its climatic conditions, disease laden streets and inclement weather, brings untold misery to countless mortals.

Spring brings many changes and calls for many changes in our diet, clothing and habits. We need to change to lighter food, lighter apparel and more physical exercise—unless these points are attended to our health is sacrificed for our carelessness.

Nulife will build up your body as no other preparation can. Every Nulife tablet means more and better blood which in turn is creator of rosy cheeks, the elastic step, excellent health, magnificent strength and buoyant spirits of youth.

There is only one road to good health and Nulife is the signpost that will guide all weary travellers. For better health and happiness try Nulife—get a box today and start a cure.

Six boxes for \$2.50

Red Blood Tablets

Nulife

Red Blood Tablets

International Drug Corporation, London and Berlin,

Johnson & Johnson, Wholesale Distributors, City.