

# A NERVOUS BREAKDOWN

### Miss Kelly Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Health.

Newark, N. J.—"For about three years I suffered from nervous breakdown and got so weak I could hardly stand, and had headaches every day. I tried everything I could think of and was under a physician's care for two years. A girl friend had used Lydia E. Pinkham's Vegetable Compound and she told me about it. From the first day I took it I began to feel better and now I am well and able to do most any kind of work. I have been recommending the Compound ever since and give you my permission to publish this letter."—Miss FLO KELLY, 476 So. 14th St., Newark, N. J.

The reason this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, was so successful in Miss Kelly's case was because it went to the root of her trouble, restored her to a normal healthy condition and as a result her nervousness disappeared.

## THE EMPLOYMENT SERVICE OF CANADA, DEPARTMENT OF LABOUR, OTTAWA

Report for week ended September 27th, 1919.

The Employment Service of the Department of Labour reports that returns from the Dominion and Provincial offices of the Employment Service of Canada for the week ending September 27th, show a slight increase in placements as compared with the returns of the preceding week. During the week 89 offices reported that they had referred 10,126 persons to regular positions, and that 3,823 of these had received employment. This represents an increase of 276 over the previous week when 8,547 persons were giving regular employment. In addition 1,246 casual jobs were supplied as compared with 1,238 of the week ended September 20th.

During the week 10,468 applicants were registered, of whom 642 were women, and 9,826 were men. This is an increase of 108 over the previous week. The number of vacancies notified by employers totalled 13,629, of which 958 were for women and 11,671 were for men. This represents an increase of 415 as compared with the preceding week when the vacancies totalled 12,214. Of the placements in regular employment, 361 were women and 8,462 were men. The number of soldiers reported as placed was 2,958 or 33.5 per cent. of the total placements.

Of the placements in regular work 11 were reported by Prince Edward Island, a decrease of 8; 136 by Nova Scotia, an increase of 1; 264 by New Brunswick, a decrease of 29; 710 by Quebec, a decrease of 19; 2,462 by Ontario, an increase of 170; 593, 111 by Saskatchewan, an increase of 38; 734 by Alberta, a decrease of 176; 312 by British Columbia, a decrease of 344.

### Spiced Cranberries.

Two cups vinegar, three pounds brown sugar, one teaspoonful cloves, three quarts cranberries, one tablespoonful allspice, one stick cinnamon. Put the spices into bag. Let all the ingredients simmer for an hour. Remove the spice bag and pour the material into jelly jars.



## Wash Day and Backache

WASH day is the least welcome day of the week in most homes, though sweeping day is not much better. Both days are most trying on the back.

The strain of washing, ironing and sweeping frequently deranges the kidneys. The system is poisoned and backaches, rheumatism, pains in the limbs result.

Kidney action must be aroused—the liver awakened to action and the bowels regulated by such treatment as Dr. Chase's Kidney-Liver Pills. This favorite prescription of the well-known Receipt Book author will not fail you in the hour of need.

One pill a dose, 25c a box at all dealers, or Edmanston, Bates & Co., Ltd., Toronto.



THE PRINCE AT VERNON, B. C.

## MONTAGUE SCHOOL FAIR

The School Fair held at Montague on October 7, was both successful and enjoyable, thanks to the energetic efforts of Inspector Adams, combined with the interest and enthusiasm of the pupils of Victoria Cross, Lower Montague and Montague. The very large attendance throughout the afternoon was an evidence of the people's appreciation of their annual school fair.

**Grains.**  
Oats—1, Fred Hynes, Montague; 2, Melinda Cassidy, Montague.  
Wheat—1, Fred Hynes.  
Beans—1, Roy Moore, Montague; 2, Marion Adams, Montague; 3, Wilfred McLean; 4, Donald Adams, Montague.

**Roots.**  
Potatoes (Blue)—1, Jack Annear, L. Montague.  
Potatoes (white)—1, Jack Annear; 2, Donald Adams, Montague.  
Home-grown Vegetable Seed—1, Fred Hynes; 2, Donald Adams.

**Green Vegetables.**  
Tomatoes (ripe)—Austin McDonald, Montague.  
Special (green tomatoes)—1, Arthur Burke, Montague; 2, Gordon Coffin, Montague; 3, Marie Coffin, Montague; 4, Stewart Nelson, Montague.  
Cucumbers—1, Lloyd Sickles, Montague.

**Onions**—1, Mabel McLeod, Victoria Cross.  
Eschalots—1, Mabel McLeod.  
Pumpkins—1, Olive McLeod, Victoria Cross; 2, Jack Annear; 3, Roderick McDonald, Montague; 4, Stewart Adams, Victoria Cross.

**Squash**—1, Jean McDonald, Montague; 2, Earl Grant, Montague; 3, Jack Annear; 4, Claude Nicholson, Montague.  
Beets—1, Roy Moore; 2, Arletta Adams, Montague; 3, Harry Gillis, Montague; 4, Jack Annear.  
Cabbage—1, Helen Adams; 2, Gordon Coffin.

**Flowers.**  
Sweet Peas—1, Arthur Burke; 2, Ruth Nelson, Montague; 3, Bertram Stewart, Montague; 4, Catherine Gillis, Montague.  
Asters—1, Gertrude Coulson, Lower Montague; 2, Arthur Burke, Montague; 3, Helen Hamilton, Montague.  
Mixed Flowers—1, Arthur Burke; 2, Arletta Adams; 3, Margaret Kennedy, Montague; 4, Gertrude Collins, Montague.

**Flowering Plant**—1, Arthur Burke; 2, Ruth Nelson.  
**Fruit.**  
Apples (red astrachan)—1, Jean McDonald, Montague; 2, Fred Hynes.  
Apples (wealthies)—1, Stewart Nelson, Montague; 2, Bertram Stewart; 3, Marguerite Doherty, Victoria Cross; 4, Donald Adams, Montague.  
Apples (Ben Davis)—1, Adah McGregor, Montague; 2, Winnifred McDonald, Montague; 3, Jean McGregor, Montague.

**Canning.**  
One pint jar Raspberries—1, Marion Adams, Montague.  
One pint jar Mixed Pickles—1, Arletta Adams, Montague.  
**Cooking.**  
Baking Powder Biscuit—1, Muriel McGregor, Montague; 2, Donald Crawford, Montague; 3, Florence Adams; 4, Florence Doherty.  
Breads—1, Gertrude Coulson, L. Montague; 2, Maud Hynes, Montague.  
Apple Pie—1, Gertrude Coulson.  
Gingersnaps—1, Inez Annear, Lower Montague; 2, Adah McGregor.  
Chocolate Fudge—1, Sybil Poole, Montague; 2, Eileen Poole, Montague; 3, Marjorie Mabon, Montague; 4, Jennie Sutherland, Montague.

**Sewing and Knitting.**  
Plain Tea Apron—1, Jean McLeod, Victoria Cross; 2, Jean McLean, Montague; 3, Vivian Armstrong, Montague.  
Special Sewing—1, Frances Coffin, Montague.  
Fancy Sewing—1, Gertrude Coulson; 2, Margaret Daley, Montague; 3, Marion McLean, Montague.  
Special Crocheting—1, Sybil Poole; 2, Jean McLeod; 3, Mabel McLeod.  
Knitting—1, Marion Adams, Montague; 2, Sybil Poole.

**Manual Training.**  
Hammer Handle—1, Gordon Coffin; 2, Jack McLean, Montague.  
T-rays—1, Wallace McLean, Montague.  
**Live Stock and Poultry (Bankers').**  
Barred Rocks—1, Jack Annear; 2, Fred Hynes; 3, Donald Adams, Montague.  
White Leghorns—1, Wilfred McLean, Montague.  
Any Breed—1, Gordon McLean.

**Collections.**  
Noxious Weeds—1, George Buchanan, Montague; 2, Victoria Cross School; 3, Charlie Rice, Montague.  
Weed Seeds—1, Harry Vickerson, Montague; 2, Grades VIII and IX Montague School; 3, Victoria Cross School.  
Insects—1, Jennie Sutherland, Montague; 2, Charlie Rice; 3, Harry Vickerson.

### School Work.

Exercise Book, Grade III.—1, Malcolm McKinnon, Montague; Grade V. and VII.—1, Catherine Campbell, Montague; 2, Maud Hynes, Montague; 3, Jennie Sutherland. Grades VIII and IX.—1, Sybil Poole; 2, Mildred Kennedy, Montague; 3, Marion McLean; 4, Adah McGregor.  
Map of Maritime Provinces—1, Carl Hilchey, Montague; 2, Lois Ross, L. Montague; 3, Jean McLeod, L. Montague; 4, Gertrude Coulson, L. Montague.

**Geometrical Designs.**—1, Betty Dyke, Lower Montague; 2, Lois Ross; 3, Marjorie Mabon, Montague; 4, Helen Mellish and Charlie Rice (equal), Montague.  
**Fruit, drawn with crayons.**—1, Betty Dyke; 2, Catherine Campbell, Montague; 3, Charles Rice; 4, Marjorie Mabon.

**Special Drawing.**—1, Florence Fraser, Montague; 2, Ethel Keith, Montague; 3, Maud Hynes, Montague; 4, Gertrude Coulson.  
**Pictures.**—1, Lois Ross; 2, Florence Doherty; 3, Betty Dyke.  
**Pennmanship, Grade VII.**—1, Jennie Sutherland; 2, Francis Murphy, Grade V.—1, Maud Hynes; 2, Grace Kennedy, Grades VIII and IX.—1, Marcella Taylor, Lower Montague; 2, Gertrude Coulson; 3, Mildred Kennedy; 4, Ruth Nelson.

**Exhibits for which Bankers' Association Offer Prizes.**  
Calves—1, Jack Annear.  
Pigs—1, Jack Annear.  
**Specials.**  
Pears—1, Fred Hynes, Montague; 2, Lloyd Keith.  
Beans—1, Bertram Moore, Montague; 2, Evelyn Sorrey, Montague; 3, Lloyd Sickles, Montague.  
Pumpkins—1, Gordon Coffin; 2, Roy Moore; 3, Bertram Moore.  
Carrots—1, Jean McDonald; 2, Austin McDonald.  
Corn—1, Gordon Coffin.

**Sports (Races).**  
**Under 12 years (Boys).**  
1, Edward Hynes, Montague; 2, Joseph Vuozzo, Montague; 3, Bertram Stewart, Montague; 4, George Buchanan.  
**Over 12 years (Boys).**  
1, Roderick McDonald, Montague; 2, Malcolm Munroe, Head of Montague; 3, Cecil Johnstone, Montague; 4, Austin Ross, Lower Montague.

**Under 10 years (Girls).**  
1, Catherine Campbell, Montague; 2, Jane Nicholson, Montague; 3, Helen Adams; 4, Jean McGregor.  
**10 to 12 years (Girls).**  
1, Mabel McLeod, Victoria Cross; 2, Harriet Jackman, Lower Montague; 3, Ruth Nelson, Montague; 4, Margaret Doherty, Victoria Cross.

**School Girls Race.**  
1, Lois Ross; 2, Jean McLeod; 3, Amana Vuozzo, Montague; 4, Marcella Taylor.  
**Jockey Race.**  
1, Jack Annear and Roderick McDonald; 2, Cecil Johnstone and John Cowan; 3, Roy Moore and Ralph Ellis; 4, Austin Ross and Hector Shrimmer.

**Wheelbarrow Race.**  
1, Jack Annear and Roderick McDonald; 2, Austin Ross and Hector Shrimmer; 3, Cecil Johnstone and John Cowan; 4, Joe Vuozzo and Harry Collins.  
**Three Legged Race (Girls).**  
1, Lois Ross and Inez Annear; 2, Myrtle Campbell and Mabel McLeod; 3, Florence Doherty and Mabel McLeod; 4, Mildred Kennedy and Ruth Nelson.

**Three Legged Race (Boys).**  
1, Roderick McDonald and Harry Johnstone; 2, Jack Annear and Austin Ross; 3, Cecil Johnstone and John Cowan; 4, Roy Moore and Ralph Ellis.  
**Emergency baked beans may easily be had by baking double quantity whenever convenient and putting not into sterile glass fruit jars and sealing. To reheat these, remove cover from jar, put into cold water, and leave until water boils and they are thoroughly steamed.**

**UP-TO-DATE UNDERWEAR**  
There was a time in our lives when only the very rich could have hand embroidered underclothes. These came for the most part from the convents of France or from Switzerland, and were done on material somewhat heavier than our lately developed tastes would accept now. In these days every bride to be set about embroidering, rolling and whipping day in and day out with the help of all her female relatives until her wedding chest was filled with these much desired hand made garments and everybody connected breathed a sigh of relief when it was all over. It often required many trunks to hold all the things the brides of twenty years ago considered necessary to her new estate—nowadays the soft little crepe and silk things scarcely take up any room, for they can be folded into very little space indeed. For instance, take the material of petticoats, which then were starched as stiff as a broom and almost stood a lone. On the foundation petticoat of percale or cotton was placed a flounce of fine embroidery nearly knee deep and endless rows of fine tucks topped this. Half a dozen of these skirts would just about fill a trunk. Nowadays simplicity is the right word to apply to our undergarments. Scant of

material and trimming also they yet meet every requirement of good taste and comfort as well.

**Quality.**  
With LEA & PERRINS' SAUCE, a few drops sprinkled over the meat, fish or cheese, &c., are all that is required to impart the most delicious piquancy and flavour.  
The QUALITY and concentration of its ingredients make a little of this sauce go a long way.  
BY ROYAL WARRANT TO H.M. THE KING.  
*Lea & Perrins*  
HAROLD SEDDON, 137 MCGILL St., MONTREAL. The Original and Genuine WORCESTERSHIRE

# The Brunswick

ALL PHONOGRAPHS IN ONE

## What Shape IS a Horne?

Did you ever hear of a horn or a megaphone that was square?  
Do you know why they never send water through a square pipe?  
Every phonograph or talking machine has a "horn," but they call them "amplifiers." They are really the megaphones of the machine. It is their duty to round out the tone and send it to the listeners.  
Now what shape do you think this "horn" should be to give the best "tone"—and what do you think it should be made of—resonant, vibrating metal or wood—built on the violin principle?  
Before you buy any phonograph, find out the shape of the horn and what it is made of.  
One of the secrets of the Brunswick's wonderful tone, on ALL records is the exclusive patented OVAL tone chamber and throat—built entirely of wood, like a fine violin.  
It actually DOES eliminate all harshness, all the stridency, and that "tinny" timbre that we have always thought a necessary evil of the old style "Talking Machines."  
All we ask is that you use your own ears—your own judgment—see this wonderful improvement with your own eyes—compare it with anything you like—at any price.  
You cannot afford to make a mistake, and it costs you nothing to be sure.

Made in Canada

Remember, The Brunswick Oval Horn is Built Entirely of Wood

The Musical Merchandise Sales Co, 819 Yonge St, Toronto

Sole Canadian Distributors.  
HEAR THE BRUNSWICK PLAY ALL RECORDS CORRECTLY AT  
CHARLOTTETOWN---BEER & WEEKS  
SUMMERSIDE---SINCLAIR & STEWART LIMITED