

SHE RECOMMENDS "FRUIT-A-TIVES"

Mrs. Corbett Read the Advertisement and Tried It Avon, May 14th, 1914. "I have used 'Fruit-a-tives' for Indigestion and Constipation with most excellent results, and they continue to be my only medicine. I saw 'Fruit-a-tives' advertised with a letter in which some one recommended them very highly, so I tried them. The results were more than satisfactory, and I have no hesitation in recommending 'Fruit-a-tives'."

ANNIE A. CORBETT. Time is proving that 'Fruit-a-tives' can always be depended upon to give prompt relief in all cases of Constipation and Stomach Trouble.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

LET us develop your films and make your prints. We have a complete and very modern department for handling this work. Send us your exposures we will get the best there is in them, The G. H. Cook Studio

Telephone us for an appointment. We will be glad to make portraits of the children, yourself the entire family or any gathering of friends.

The Bayer Studio

A. E. Lyon

Photo Studio Specialty in Groups, College, Society and Family Work unexcelled. Moderate Prices. Amateur's work given personal attention Queen St. Ch'Town Phone 68J107

Furness Sailings

Table with columns for destination (LONDON, HALIFAX, LIVERPOOL, HALIFAX) and dates (July 1st, 10th, 26th, 31st).

Eastern S. S. Lines

International Line Steamships Calvin Austin, Gov. Dingley and Governor Cobb. COASTWISE: Leave St. John, Mon., Wed., and Friday at 9 a.m. for Lunenburg, Eastport, Portland and Boston. Return, leave Central Wharf, Boston, Mon., Wed., and Fri., at 9 a.m. for Portland, Eastport, Lunenburg, and St. John.



Every Kitchen Queen Rules by the good things her oven produces. To cook well she needs Right Kind of Coal. Clean, no klinkers, coal that gives an even and lasting heat. We sell all sizes at standard prices—one quality coal—THE BEST—give our coal a trial and be convinced. Phone 111 C. Lyons & Co.

THE MARKETS

CH'TOWN MARKETS

Table listing market prices for various goods like Print butter, Fowl, Chickens, Wheat, Buckwheat, Barley, Oats, etc.

S'SIDE MARKETS

Table listing market prices for goods from S' Side, including Straw, Turnips, Wheat, Wool, Eggs, etc.

CONSTIPATIENS

Read This— It must be remembered that the bowels should move freely once a day to ensure perfect health. When such is not the case the poisonous waste material is absorbed into the system, thus producing a self blood poisoning.

Young Men's Shoes

The very latest for men who care to dress well.



shown in Gun Metal with Grey Tops. Patent Button with Grey Tops. Tan Calf Skin with Fawn Tops.

Alley & Co. 135 Queen St.

Hard Coal To Arrive

We have the following schooners, now on way and due from New York and Philadelphia with cargoes of Best American Anthracite coal in Egg stove and Chestnut sizes, namely "ISAIAH K. STETSON, with 500 tons of R. POWERS" with 670 tons "F. A. ALLAN" ...with .650 tons

Buntain Bell & Co. Agents Dominion Coal Co., Ltd. PHONE 404

The Eastern Guardian

*IT PAYS to buy in this Province *CARL McDONALD is Guardian Representative for Souris.

*T. GORDON IVES is Guardian Representative for Souris.

*GIVE OLD ADDRESS - Subscribers are asked when having their papers changed from one address to another to please give old address as well as new one. This prevents any delays and saves unnecessary trouble in going over the books.

*SCHOOL WORK--The annual examinations of the South Melville school took place Wednesday June 30. A number of the parents and young people being present. The classes were examined by the teacher Miss Dawson, assisted by Miss Janetta Cameron, and their prompt and correct answers showed that they had been carefully taught. The trustees remarking on the progress the school has made in the last four years under the younger children. And as she is about leaving us we wish her every success in the future, where ever her lot may be cast. The following interesting programme was then well rendered by the pupils. Song by the school. Recitation by Howard McKinnon, by Bertha Cutcliffe. Recitation by Charlie McKinnon. Exercise by eight girls. Recitation by Cecil Bradley. Recitation by Della Trainor. Recitation by Kathleen Bradley. Song by seven girls. Recitation by Horace C. McKinnon. Recitation by Gertrude Villet. Recitation by Howard McKinnon. Recitation by Charlie Bradley. Recitation by Eileen Trainor. Song by the school. God Save The King.

He has not been seen for two days, so in all probability one of us got him. Yesterday evening we came back about seven hundred yards. Are now in a large building and fairly comfortable but for the shells which are dropping very close. We have a piano, lots of music and singing, which is quite a treat and sounds much better than bullets and shrapnel flying. We have been living high the last couple of days. For supper yesterday we had fried potatoes, bacon, rhubarb preserve, tea, bread and cheese. One of the boys and I went out about a mile, got into an old store and found some tea, sugar, pepper and salt; also some potatoes and bacon. Got some rhubarb and onions in an old orchard. Found a frying pan and put things up in fine style. We do not eat much of what we are issued with if we can find something to cook. I have a very pretty hat, mother? A ladie's hat and the latest Paris style. Found it up in an old house. I tore the inside out of it, trimmed it up and it fits and looks fine and best of all keeps the sun off. I have quite a family now, a cat and four kittens which I found in an old barn but will have to leave them behind when we move. Well, one of the boys is wanting me to go foraging for something for dinner. I am going to get some flour and make a rhabarb pie. Wish you could send the recipe today. There are trenches all around here, so one can move about without being seen. Occasionally a sniper gets a bead on you. The boys are all well. Delaney will be back again any day and I will be glad to see him among the rest for I know the number left was pretty small. Mrs. Henderson will feel so badly, but I do not see why she should not be happier than many mothers whose sons are loafing at home. Bye bye for now, will finish this later. June 14, 1915

ISLAND SOLDIER THINKS END IN SIGHT

The following letters have been received from Mr. P. Crockett, York, who is now at the front, having resigned his commission to go as a private to fight for his country:-- France, June 3, 1915

Dear Mother:-- I know you are anxious about me just now but I am enjoying every minute of the day. We are going out of the trenches for a week, so will be alright for awhile. We have been in the trenches for two weeks and a half with the exception of three days. The second day we were shelled out of our billets, so I think we are entitled to a rest.

We took two lines of trenches the other night with very little loss. The Germans have named the Canadian the "White Gurkas." We went out the night before last and entrenched ourselves between two lines of German trenches and only lost three men. I do not know what our losses are this last time, but they are slight.

We are spending most of our time when we are not being shelled, filling sand bags and strengthening our trenches. Have gotten so used to shelling that we do not mind it in the least. In fact they never worried me very much. You have no idea, mother, how glad I am that I resigned my commission and came in the ranks. I could not change places with any officer here. A private's life for me.

We have had the experience of helping to bury a number of soldiers on the battlefield. Every night a party goes out to do this work. Little I thought that one day I would have this experience. Over each man a cross is placed, with name, regimental number and date on which he was killed.

I wish you could see for yourselves the destruction of war. For miles and miles there is not a house or a barn standing. The towns and villages flat to the ground and fields, orchards and roads simply torn to pieces. But now I must pack up as we move out at 6 o'clock. Do not worry about me, mother, for I can dodge shells like fun and there is no hole too small for me to get into when there is a shell coming my way. The Germans are pretty well on the run and I think from now on we shall keep them going.

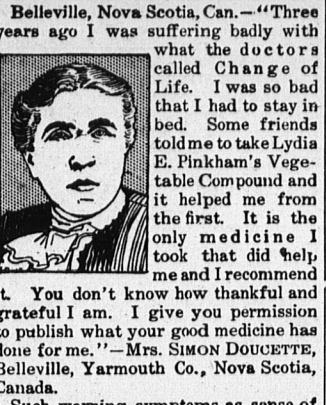
We are getting lots of good things to eat. Last night two of us beat it over to a farm house and got some eggs, coffee, bread and butter and had a fine supper. Bye-bye for this time. Love to all. PARKER.

France, June 13, 1915. Dear Mother:--I am merely writing for passime as this letter may be pretty stale before I get it mailed. We are now in the trenches. Have been in for four days. No. 1 company is within 80 yards of the German trenches and I would rather be here than five or six hundred yards back. Yes, or even a mile, for the artillery cannot play on us here because of the danger of dropping shells in their own lines. Sniping is the one thing to look out for but the trenches are from six to eight feet high and if one is careful there is no danger. We do a little of it ourselves. There was one big German who would keep poking his head up every once in a while, but you would not get time for a good aim. I am sure I fired twenty shots at him.

Important Notice to Farmers THE PURE BRED CLYDESDALE STALLION, "FLASH ROYAL" (12790) C.N.R., Foaled Aug. 8th, 1911. Inspected and approved Enrolment No. 52, sire "Flash Favorite" (Imp.) (4583), s by Royal Favorite (10630) Dam, "Baron's Lilly" (Imp.) by "Baron's Pride" (9122). Flash Favorite in 1906 beat all competitors at Dominion Exhibition, Halifax and has proven himself first class stock horse. Baron's Pride, sire of Flash Royal's dam is considered the highest type of Clydesdale breeding in Scotland. Flash Royal is a beautiful individual dark bay in color, well cut HEAD and NECK with heavy, clean bone and perfect action, kind disposition and a sure foal getter. This gives the farmers of Murray River and vicinity a golden opportunity of securing the services of a first class stallion at a very moderate price. Stallion will be kept at Kearney Bros. Stables, at Murray River during the season of 1915. William Kearney in charge. 1034-5-19M wstr6thenw141

AILING WOMEN OF MIDDLE AGE

Mrs. Doucette Tells of her Distressing Symptoms During Change of Life and How She Found Relief.



Belleville, Nova Scotia, Can.--"Three years ago I was suffering badly with what the doctors called Change of Life. I was so bad that I had to stay in bed. Some friends told me to take Lydia E. Pinkham's Vegetable Compound and it helped me from the first. It is the only medicine I took that did help me and I recommend it. You don't know how thankful and grateful I am. I give you permission to publish what your good medicine has done for me."

Such warning symptoms as sense of suffocation, hot flashes, headaches, back-aches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness and inquietude, and dizziness, are promptly heeded by intelligent women who are approaching the period in life when woman's great change may be expected. Lydia E. Pinkham's Vegetable Compound invigorates and strengthens the female organism and builds up the weakened nervous system. It has carried many women safely through this crisis.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman, and held in strict confidence. "Is your horse troubled with a cough? If so you should give him a treatment of Mac's Horse Cough Powders and Distemper Cure. They will immediately cure any case no matter how prolonged it has been. Try it now--don't delay. The Two Macs, 149 Great George Street. Mt

ABOLISH THE FAKER Do not Gamble with your Eyes

Why deal with peddlers and strangers who travel from house to house begging you to buy glasses, when you have one of the finest Optical Parlors in this Province right in Souris. You can test eyes in a barn as some people do it, or any make-shift corner. A peddler will do it in your kitchen, but PROPER EXAMINATION can only be made in PROPERLY FITTED ROOMS: with proper light and first-class instruments such as we have for the purpose. Give us a call when in Souris and see for yourself. Satisfaction Guaranteed. H. J. MABON Druggist & Optician, Souris, P. E. Island

For Vacation Days

There is nothing that we could suggest to add more pleasure on your holiday than a Kodak—they are light, compact, efficient and dependable in the fullest sense of the word. We carry a complete stock of Kodaks, Films and all supplies. We have a developing and printing department which is equipped up-to-date. Prices satisfactory. Mail your next film to The Ellis Pharmacy, Ltd. Montague, Prince Edward Island

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CANADIAN PACIFIC

PANAMA-PACIFIC EXPOSITION SAN FRANCISCO Tickets on Sale Daily to November 30th. Return Limit Three Months \$122.80 From Charlottetown Going and Returning via Chicago. Going via Chicago and Direct Lines. Returning via Vancouver, or vice versa, \$17.50 additional. W. B. HOWARD, D.P.A., C.P.R., St. John, N. B. Geo. WALLER, Dominion Express Building, Charlottetown.

PLANT LINE

CHARLOTTETOWN TO BOSTON S. S. HALIFAX every Tuesday at noon S. S. EVANGELINE "Under the American Flag" Every Friday at noon Returning from Boston S. S. Halifax every Saturday at noon. S. S. Evangeline every Tuesday at noon. For folders or further information apply to JAS. GARRAGHER, Agent. Charlottetown, P. E. I.

ST. MARGARET'S COLLEGE TORONTO A RESIDENTIAL DAY SCHOOL FOR GIRLS (Founded by the late George Dickson, M.A., Former Principal of Upper Canada College, and Mrs. Dickson.) ACADEMIC COURSE, from Preparatory to University Matriculation and First Year Work. MUSIC, ART, DOMESTIC SCIENCE, PHYSICAL EDUCATION - Cricket, Tennis, Basket Ball, Hockey, Swimming Bath. SCHOOL REOPENS SEPTEMBER 14th, 1915. Write for Prospectus. Mrs. George Dickson, President. Miss J. E. MacDonald, B. A., Principal

Souris Tea and Horse Races

—COME— See Beautiful Souris-by-the-Sea —on— Thursday, July 22nd. Racing Programme

CLASS PURSE 2.19 trot \$175.00 2.30 trot & pace 175.00 2.40 " " for Kings 100.00 County Horses Only

TERMS OF ENTRY—5 p.c. to enter and 5 p.c. extra from money winner. ENTRY CLOSES—at office of the Secretary on Wednesday at 8 o'clock, July 14th. Admission 25c. Grand Stand 15c.

Train Arrangements Special will run from Charlottetown, Richmond, Georgetown and Elmira. J. J. FERGUSON, Souris, Secretary. 1878-77-7M7,9,10,12,14,16,17,19,20,21

Montague Horse Races The Management of the Montague Race Track Montague, intend holding their Annual Race Meeting on above course Wednesday, August 25th, 1915. The Track is in even better condition this year than ever before. The road leading to it has been widened therefore affording better facilities for and insuring the safety of the Public in attendance. The Track is also being fenced to keep pedestrous off the the course so to eliminate the crowding of the people on the track when the horses are either scoring or at the finish of the heat. The proposed classes will be a 2.19, mixed class. 2.30 trot and 2.30 pace. Large purses will be given for the above classes. Special trains will run from S' Side, Ch'Town, Elmira, Souris, and intermediate stations at reduced fares. Reserve the above dates for your Holiday, as the Montague Race Track has a reputation of producing the best Race meet each year held in the Province and will not fall short of the mark this season. More particulars will appear later. 1992-7-13M66n1.

We are now Booking Orders for Hard Coal

for delivery while landing from the Tern Schooner "Wanola" due to arrive from Perth Amboy, N. J. This COAL is guaranteed by the shippers to be absolutely the best quality. We can supply it in both Stove and Chestnut sizes. Please book your orders at once. The supply is limited.

Poole & Thompson Ltd.

Montague