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National Temperance Study Course-1948

Lesson V (Senior) ALCOHOL: WHAT TO DO ABOUT IT Are you ready to make a decision? Make no mistake about it, alcohol is going to present problems to you.

What Can I Do? Every young person, every parent, every teacher should make a study of alcohol. Paul said, "Ye shall know the truth and the truth shall make you free."

What Can The Community Do? 1. Educate. There is a heavy responsibility upon each community to prepare the young for adult life.

Why Do People Drink? A group of young people selected this as the most perplexing question that temperance education must answer.

QUESTIONS 1. What can I do? Value 10 marks. 2. What can my community do? Value 10 marks.

QUESTIONS 1. What does alcohol do to muscles when it gets into the blood stream and reaches the brain, and how does this affect the hands and feet and other parts of the body? Value 10 marks.

A HELP IN TIME OF TEMPTATION

By Mary I. Ritchie, (Junior) Somehow the moonlight seemed not quite so bright as it had been. Joyce hadn't noticed at first but it must have grown dimmer for she there on the car seat beside her.

"Dangerous!" "Ye He's just like poison. He said so himself. Isn't it queer that people will take him — alcohol I mean — to drink when they'd never think of drinking the kind of poison that Daddy puts on the rose bushes when he sprays them, or the strange smelling poison Mother keeps in the blue bottle in the medicine cabinet."

"That's because they know they're poison," defended Jerry. "They know alcohol is, too. At least we know, because Sir Al told us so himself and was ashamed of it."

"Well, we're not taking it. Even it doesn't really poison me I don't want my arms and legs to stop being elastic the way you said."

"It isn't the arms and legs, it's the muscles that make them move, and the muscles get their orders to move from the nerves that carry all sorts of messages from the brain. You remember Miss Wray explained all that to us in school, but Sir Alcohol seemed to make it plainer. And he was so sorry."

"I should think he would be ashamed, whoever he is." "You know who he is, Jerry Burton. You sat here — no, not here, in the car. I mean — and talked to him for ever so long."

"But the car isn't here," declared Jerry. "It hasn't come yet. I've been watching."

"No, I can't remember him telling me that. He spoke as if there was nothing he could do about it. He said one just had to be strong enough and swift enough to run away from him. But I told him about our Sunday School Pledge and how the minister prayed after we had signed that each of us might be given the courage and strength to always say 'No' to alcohol. That's something we can do. We can ask God to make us strong enough to keep Sir Al out and swift enough to run away from him, and from all other temptations as well. Sir Al would so much rather be good and make people's lives happier and easier and more comfortable by being a good mixer — the right sort of a good mixer."

"Would it be all right to ask God right now to make us strong and swift?" asked Jerry. "Then we can hurry back to bed, for it's cold to sit here and the car may not come till morning."

Joyce decided not to mention the car and the moonbeam and the strange little visitor again. Jerry hadn't seemed to understand, though he had been there all the time. But if there hadn't been a little man who looked exactly like a bottle, how could he have told her the very things Miss Wray had told at school? How could — But Jerry was already kneeling by the window seat, so quietly Joyce slipped down beside him, and the moon, that still shone in, must have been glad to know that at least two little people had discovered a means of keeping temptation away, so that their minds and their bodies might be kept strong and clean and clear as God, who made them, meant that they should be kept.

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EMERGENCY This Mother Learned What Emergency Lighting Means Facing through the storm was bad enough. Then came the blinding flash of lightning that plunged the entire area into darkness. But up ahead, a single building stood out like a beacon. It was the hospital... and what a relief to find the lights still on. This hospital was safeguarded against lighting failure, which can happen despite all precautions of utility companies. It was equipped with an emergency lighting system, powered by EXIDE Batteries which instantly and automatically takes over the emergency lighting load when normal sources fail. What better guide could you ask when selecting a battery for your car? With EXIDE you drive secure in the knowledge of having dependable EXIDE battery power, no matter what the driving conditions. It pays to visit your EXIDE dealer regularly. He will help you to get the most out of your present battery. Only when you need a new one will he recommend the proper EXIDE to meet the electrical requirements of your car. EXIDE BATTERIES OF CANADA LIMITED TORONTO • CANADA 1938... Dependable Batteries for 60 years... 1948 WHEN ITS AN EXIDE YOU START!