

WALKING THE STREET because he COULDN'T COMPETE



"SORRY, nothing today," and Jim continues on his weary round of looking for a job. Once he had a good position. But he couldn't keep up with the others. Dull headaches kept him from doing his best. He lacked pep and "drive." So they let him out.

You meet a lot of men like Jim. They're half-sick and don't know why. They fail to realize that common constipation undermines vitality and vigor... keeps them tired, listless, without ambition.

Usually the first question a doctor asks his patient is about constipation. He is aware of its weakening effects, knows that it can even lead to serious disease.

Why feel badly half the week when a natural food corrects constipation—caused by meals low in "bulk"? Get this "bulk" in Kellogg's ALL-BRAN. This cereal also furnishes vitamin B to tone up the intestines, and iron for the blood.

This natural food laxative is much better than taking weakening pills and drugs. Just eat two tablespoonfuls daily. With each meal, in severe cases. Serve as a cereal with milk or fruits, or cook into muffins, breads, etc.

Kellogg's ALL-BRAN is sold by all grocers. Made and guaranteed by Kellogg in London, Ontario.



DON'T LET CONSTIPATION GET YOU DOWN

This simple test shows how ALL-BRAN functions: fill a glass 4/5 full of ALL-BRAN. Pour water up to the brim of the glass. Soak 15 minutes, and drain off excess water. Feel the water-softened mass. It's much like a soft sponge. In fact, laboratory tests show that ALL-BRAN absorbs at least twice its weight in water. Within the body, this water-softened "bulk" gently "sponges" out the system.



Serve Kellogg's ALL-BRAN regularly for regularity

MR. RODERICK L. MACDONALD

The death occurred on July 21st in Ramford Maine of Roderick L. MacDonald. In February last the deceased had contracted a severe case of flu which effected his heart but recovered sufficiently, and returned to work in the Oxford Mills where he had been employed for a number of years.

On Friday July 21st he was seized with a heart attack and passed peacefully away after being fortified by the last rites of the Catholic Church.

He was the youngest son of the late Daniel B. and Catherine Macdonald of Penkes Station and taught school in his native Province for a number of years. Mr. MacDonald was well known in Ramford and had many friends in his adopted town. Residing there also is his nephew Mr. David Macdonald who rendered valuable assistance to him during his last hours.

His funeral which was largely attended took place to St. Athanasius Church on Tuesday morning Aug. 3rd, at 9 o'clock where a Requiem Mass was offered by Rev. Lawrence McLellan, assisted by the children's choir.

The interment took place at St. John's Cemetery, where the services at the grave was performed

Well Drilling

Communicate with Trask Well Co., Ltd. Vaughan H. Groom Summerside Manager for P.E. Island

DON'T FAIL TO SEE

THE DISPLAY OF CONNOR WASHERS ELECTRICAL, GAS ENGINE AND HAND POWER TYPES

Also the celebrated CONNOR IRONER

AT BOOTH OF MILLER BROS. LIMITED

EXHIBITION BUILDING

By Rev. L. McLellan.

The many Mass Cards and floral tributes testified to the popularity of the deceased. The pall bearers were Messrs James MacDonald, John A. Mooney, John Hagan, John Maher, Guss McNeil, John Gordon, May His Soul rest in peace.

Business Uptrend Is Reflected In Railway Traffic

SAINT JOHN N.B. Aug 18—The marked improvement in the economic outlook in Canada's Atlantic Provinces is being reflected in railway traffic, stated Alistair Fraser K.C. Montreal, Vice-President in charge of traffic, Canadian National Railways, who is on a tour of inspection of the company's facilities in the Maritime region in company with W. J. T. Gagnon, Montreal, director of the system; W. U. Appleton, Regional Vice-President and general manager, Moncton; and M. F. Tompkins, regional traffic manager, Moncton. "While business is excellent throughout the Dominion, no other section of the country has shown such gratifying increases in all types of traffic as the Atlantic Region," Mr. Fraser said. "There is a marked improvement in all business in this region and indications point to further advancement."

Speaking with regard to tourist traffic, Mr. Fraser remarked that with better times people have more money for vacation travel and this summer "it is a long time since we have carried such a great number of passengers," he continued, "and passenger traffic over the entire system has already increased 40 percent over that of last year. We are also experiencing a decided return to rail travel due to the greater comfort which the railways as a travel medium offers with air-conditioned equipment and other improvements and the greater safety due to highway congestion." The party left this morning for Fredericton where they will inspect

The Central Guardian

YORKSHIRE COAL.—When you need coal for the range try Yorkshire stove size. Sold by A. Pickard & Co. Phone 240. L-1641-8-9-31.

YOUR KITCHEN RANGE will respond nicely if fired with A. Pickard & Co's Yorkshire Coal. Try it. L-1641-8-19-31.

CHURCH OF SCOTLAND.—Rev. Ewen MacDougall will preach Sabbath 22nd in Milo Hall at 10.30 A.M. Coleman at 2.30 P.M. and Summer- side at 7 P.M. Rev. Richard J. Westaway will preach on the same day at Birch Hill at 10.30 and 7 and Kinross at 2.30. L-1636-8-19-11.

AVOID COSTLY delays by having the radiator on your car thoroughly cleaned before starting out on your return journey after attending the Big Fair. Mallett's Battery Service. L-1619-8-18-21.

TO PACIFIC COAST.—Mr. and Mrs. Addison Mackenzie of St. Peter's Bay, P.E.I. arrived in Moncton last night on their way to the Pacific coast where in future they will make their home. While in Moncton they are the guests of Mr. and Mrs. Bruce Robb. Moncton Transcript.

LEAVING FOR ISLAND.—Lorenzo Moore, of Grand Falls, Nfld., Grand Master of the I. O. O. F. for the Maritimes and Newfoundland, who visited here last evening, was to leave today for Montague, P.E.I., continuing his tour of the district. This morning, Mr. Moore visited Kirk I. Atkinson, a prominent member of the order from this city who is ill. He found Mr. Atkinson improved. Moncton Transcript.

PERSONALS

Mr. James Thompson, Moncton, is visiting his home in Kennington and attending the Exhibition.

Miss Gertrude Atkins and Miss Olive Bourgeois of Moncton are visitors to the city.

Mr. John J. Wood, Saint John, is in the city attending the Exhibition and taking in the races. Mr. Wood is a guest at the Queen Hotel.

Mrs. William Houston and daughter Verona, of Concord, New Hampshire, and grand-daughter, Barbara Ricard of Canaan, N.H. are visiting relatives at Milton and North River.

Mr. and Mrs. Harry Steeves, Ruth Steeves, Murray Steeves and Maxwell Hicks of Moncton are visitors by motor to the Exhibition.

Mr. and Mrs. Bordon McLure and family of Concord, Mass., are visiting Mr. and Mrs. Colin McLure, Brackley Point. They were accompanied by Mrs. F. M. Lovell of Boston.

Webster-Murray Nuptials

Miss Margaret Grace Murray, M.D., daughter of Mr. Robert Murray and the late Mrs. Murray, Fraser's Mountain, left Monday morning for Charlottetown and will proceed from there to St. Peter's Bay, P.E.I., where she will be married to the Rev. Roy D. Webster, son of E. and the late Mrs. Webster. The marriage ceremony will be performed by the Rev. James A. Puc-Git-christ, of St. Andrew's Church, Sydney, who has charge of the congregation at St. Peter's Bay, during the absence of the pastor, Rev. Edward Aitken, for the month of August. The Rev. Mr. Puc-Git-christ, is a very close friend of Rev. Roy Webster. After the marriage which takes place on August 15th, the Rev. and Mrs. Roy Webster, will return to New Glasgow, where they will remain until September 1, when they will leave for Toronto, where they will spend a short time with Rev. and Mrs. G. Ernest Forbes, they will proceed to Vancouver, and will sail from there on Sept. 12th, on the "Empress of Asia" for Western China, where they will be engaged as missionaries of the United Church of Canada. Doctor Murray is a graduate of Dalhousie University, and after her graduation, a year ago last May, spent some time with her aunt, Miss Lena Murray, at Fraser's Mountain, New Glasgow, and later was on the staff of the General Hospital, at St. John, New Brunswick, from which she has resigned. Rev. Roy Webster graduated from Pine Hill Divinity Hall, Halifax, last spring and recently resigned from the pastorate of the congregation of Murray Harbor and Murray River, P.E.I. to take up work in Western China.—New Glasgow News.

CONFEDERATION LIFE INSURANCE

ON ATTENDING the Exhibition let us flush the cooling system of your car, with our new super power flusher. Satisfaction guaranteed. Mallett's Battery Service. L-1619-8-18-21.

A "BALANCED RATION" for foxes and mink as defined by Ross-Miller, of Napanee, is one that supplies a the necessary carbohydrates, proteins, fats and minerals required for the maximum health of the animal being fed. Feed R-M Vita-Crumble (Reg'd)—follow the R-M seasoned Feeding Schedule and your animals will thrive.

Ross-Millar Nuptials

A quiet but pretty wedding ceremony was performed at the Baptist Church parsonage yesterday by the Rev. H. L. Denton with Nina Millar, daughter of Mr. and Mrs. Benj. Millar of Belle River, became the bride of Mr. Baxter Ross, son of the late Mr. and Mrs. Robert Ross of Pictou. The bride was beautifully attired in blue with white accessories and was attended by her sister Julia. The groom was supported by his brother Sinclair.

The happy couple, following the ceremony, left by the afternoon boat for Nova Scotia where they will spend a week touring the province.

NEW GLASGOW

The members of the New Glasgow Women's Institute were entertained at the home of Mrs. Herbert Stevenson on Monday evening July 26th, with a good attendance. The meeting opened with the vice president, Mrs. Brenton Dickson, in the chair. After the singing of the Ode and repeating the Creed in unison the secretary's report of the previous meeting was read and approved. The various committees gave their reports and the new ones named were: Sick, Mrs. Richard Dickson and Mrs. Percy Dickson; School, Mrs. M. McLeod and Mrs. Herbert Stevenson. Mrs. William B. Eulman invited the members to her home for the September meeting. The following will have charge of the refreshments, Mrs. Stewart Parkman, Mrs. Harland Hill and Mrs. Brenton Dickson; Programme, Mrs. J. L. Stevenson, Mrs. W. E. Eulman, Mrs. Percy Dickson. The secretary read acknowledgments of money sent to the Sanatorium and Red Cross.

The following program was then enjoyed: chorus "Quantum" instrumental music by Mrs. John Sullivan; Poultry Contest, Reading, Mrs. Richard Dickson, Fruit and Vegetable Contest, Chorus "Home Again" directed Miss Ella Semple, closing chorus "The Land of Hope". Lunch was passed by the ladies in charge. Mr. and Mrs. Thomas Gass, Alberton, are receiving congratulations on the birth of a son. Mrs. Gass was formerly Miss Fossie Hill of this place.

Mr. and Mrs. Horace White, Murray Harbour, spent the past week end in New Glasgow.

Miss Alice Peters who spent the past year in St. John, N.B., is visiting her parents at Oyster Bed Bridge.

WAKE UP YOUR LIVER BILE—

And You'll Jump Out of Bed in the Morning Rarin' to go. The liver should pour out two pounds of liquid bile into your bowels daily. If this bile is not flowing freely, your food doesn't digest. It just decays in the bowels. Gas builds up your stomach. You get constipated. Harmful poisons go into the body and you feel sour, sunk and the world looks punk. A more bowel movement doesn't always get it on the liver as well. It takes those good, old Carter's Little Liver Pills to get these two pounds of bile flowing freely and make you feel "up and bright" and gentle, they make the bile flow freely. They do the work of a name! Ask for Carter's Little Liver Pills by name! Stubbornly refuse anything else. 25c.

Professional cards

D. F. ARCHIBALD Chartered Accountant 140 Richmond Street Phone 47. P. O. Box 12.

McLeod & Bentley W. E. BENTLEY, K. C. J. A. BENTLEY, K. C. Barristers and Attorney-at-Law MONEY TO LOAN

Bell & Mathieson R. R. Bell D. L. Mathieson, LL.B. Barristers and Solicitors MONEY TO LOAN Cameron Block, Charlottetown, P.E.I.

H. F. MCPHEE, B. A. K. C. NOTARY &c. BARRISTER, SOLICITOR Riley Building, Charlottetown

Palmer & Haslam H. J. PALMER, K. C. A. J. HASLAM, B. A., LL.B. BARRISTERS, ETC. Bank of Nova Scotia Chambers Charlottetown, P. E. I. MONEY TO LOAN Phone 85. P. O. Box 127.

MacGuigan & Trainor MARK R. MacGUIGAN, K. C. C. ST. CLAIR TRAINOR, B. A. Barristers, Solicitors, Etc. MONEY TO LOAN Office: Over Provincial Bank, Richmond Street, Charlottetown.

Eastern Guardian

"ROBIN HOOD FLOUR makes lovely light loaves of tastier bread." L-1075-7-28-14.

the work being done in connection with the erection of a new railway bridge across the Saint John River.

Dangerous Dysentery Have It Checked Inflammation Allayed By Using



It is a tried and proved preparation for bowel complaints On the Market for 92 Years A. T. MILBURN CO., LTD., PRODUCT

Advertisement for men's ties and shirts. Features a man in a suit and a display of various shirts. Text includes: "New TIES At every Price.... Probably the widest range of popular priced TIES in this Province. For correct ties... Of course... THE MEN'S STORE". Prices listed: 50c and \$1, \$1.50. "SHIRTS in the styles of... TO-DAY". "There's the shirt with attached collar, fitted with the "fused collar" that is ever neat, stays smooth as a starched collar, needs no starching. Shown here in plain white, plain blue and checks, stripes and fancies as illustrated...". Prices: \$1.55 and \$2.00. "Smart Shirts With Separate Collar". "Plain white broadcloth, stripes and fancies in percales chambrays, oxfords and all the popular new fabrics. These are here in wider range than you'll find in most stores... Visit the MEN'S STORE". Prices: \$2.00 and \$2.50. THE MEN'S STORE.

Advertisement for Moore & McLeod Limited. Text includes: "STYLES — Collar attached and neckband models with two matching collars. Long points, regular points, tabs, widepreads and button-downs. FABRICS — Fine broad cloths, madrases, chambrays, oxford weaves, twills and mesh fabrics. All are thoroughly pre-shrunk and fast-dyed. COLORS — Plain whites, tans and blue and deep-tones. Stripes, checks, squares and plaids. All-over patterns. Plenty of appropriate fall colors, too!". "MIRROR PANELS REFLECT LIGHT IN KITCHEN". "Kitchen cupboards that extend to the edge of windows cut off light and air. If such shelves exist in your home, try mirror panels on the end of the cupboards, at right angles to the window. If you are building in shelves, set them back 10 inches or so from the window edge. Rounded shelves to hold pottery or plants would give a finished appearance." "Moore & McLeod Limited".

Advertisement for BURHOE'S Grocery Meat & Fish Market. Text includes: "BURHOE'S Grocery Meat & Fish Market". "To Live Stock and Poultry Exhibitors". "We are offering a NEW KIND OF SERVICE to the Exhibitors at the Fair this year. We will have a man on the grounds who will be only too glad to service you with your feed requirements. Give him your orders for "Schumacker", the Wonder Hog-Feed, and "FUL-O-PEP" Scratches and Mashies, the Oat Meal base poultry feed." "EITHER IS UNBEATABLE!". Prices: ORANGE MARMALADE 32 oz. jar 25c, PUFFED WHEAT 10c, BAKING POWDER 29c for 21c, MUFFETS 10c, 1 lb. MAGIC POWDER (Soda Free) 30c, QUAKER OATS 35c for 29c. PHONES 871-872.