

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable are Wearing Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annabelle Worthington



The Peter Pan collar, the turn-back sleeve cuffs and knee bands of the bloomers, provide a nice trim in contrasting colour or fabric.

A gay cotton broadcloth print in French blue on white ground with plain white and plain blue trim, is cute as illustrated.

Style No. 3016 takes but 2 1/2 yards of 35-inch material with 1/4 yard of 35 inch contrasting and 1 1/2 yards of binding, for the 4-year size.

Pique, dimity, sheer chambray, gingham, linen, dotted swiss, percale and shantung are pleasing fabrics for its development.

You will see one attractive style after another as you turn over the pages of our new Spring Fashion Book.

Styles for children or the miss, the matron, the stout—and a series of dressmaking articles. It is a book that will save you money.

Be sure to fill in the size of the pattern. Send stamps or coin (coin preferred).

Price of book 10 cents.
Price of pattern 15 cents.

No. 3016. Size

Name

Street Address

City

State

Good taste in togs for 2, 4 and 6 year olds, must necessarily remain simple.

This cute bloomer dress offers infinite possibilities for the thrifty mother.

It's a smart variation of one-piece styling. A Mother Hubbard yoke, that is quite shallow at the front, gives it a quaint smartness found only in the better frocks.

Are You Downhearted? Then Buy A New Hat

PARIS, April 7.—Here is that in-between month right on us, that off-month after winter holidays and before spring days that have a way of being just a bit depressing. At least I am now quite tired of a cold and red nose and all the other wintery things, and wondering if there is really going to be spring this year or not.

So by the way of facing my ennui, I guess I'll face it in a new hat—a woman's solace, my dear! And then I'll go out and look around at other hats, and tons up my morale, if not my pocketbook.

Well, I have been out, and feel quite a bit better, so now I'll tell you all about the hat story for the spring. Of course, I never go into infinitesimal details as so many other fashion crickets do, because they save the person who reads more bewildered than ever, and no whit bettered than before reading your article. But a few generalities not too general, should really help you with your spring hats.

The little pancake of a hat that is such a ravishing bit of rag is still pancakeish and ravishing. Added to the little dabbiness this spring will be a wee bunch of flowers, or a trailing feather, or a roll of material, simulating a brim. Added also to its general effect of only being half a hat, is the fact that the missing half has moved—now it shows the whole side of Miladi's coiffure, or will, this spring and summer!

And then to those small toques made entirely of silk flowers! Now I ask you, could hard times come between you and something like that? Not me! Of course, you can imagine that these little toques are new and modern—grandmother and great-grandmother wore little all-over

Make Teething Easier

TAKE special care of the child when he's teething. Baby's Own Tablets given according to instructions are a great help. They lessen the irritability and stomach disorders which accompany teething. They are an absolutely safe yet effective laxative for children of all ages. For colic, simple fever, etc. Avoid illness in your children by safeguarding them against the serious results of constipation. Never be without Baby's Own Tablets in the house! 25 cents box—at any druggist's.

BABY'S OWN TABLETS
(Dr. Williams')

Black Specs Before the Eyes Made Him Very Dizzy

In Smith Hill, Bermuda, there was an interesting case—that of Matthew McDonald. His whole body was affected by trembling—had dizzy spells and was light-headed. His general health was poor. "My health was very bad. My stomach and liver were much upset. I had vague pains in my back. My shoulder blades ached. Black specs floated before my eyes and I despaired of getting well. The doctor at my chemist shop recommended me to use Dr. Hamilton's Pills. They made me well and strong. Now I sleep well, eat well and have strong nerves. I recommend my friends to use Dr. Hamilton's Pills. All druggist sell Dr. Hamilton's Pills."

A Morning Smile

SAVED THE SITUATION

There's an amusing story going the rounds which concerns the operation of the railways during the strike. A volunteer engine driver and guard worked a London suburban train which had to climb a very considerable gradient a few miles out of the city. With great difficulty and jerking uncertainty the train at last topped the rise and entered a station. The temporary guard went forward to hold converse with the driver.

"My hat!" perspired the latter hero, "I thought we were never going to climb that hill."

"You've got me to thank that we didn't run backward," said the guard grimly. "Thank heaven, I had the presence of mind to keep the brake on hard."

For The Cook

BERRY-RICE

Take 3 cups steamed rice, 2 1/2 cups strawberry preserves. Put these together in double boiler and heat until the fruit juice is all absorbed. Turn into a buttered mould and chill well for several hours. Unmould on serving dish and smother with the following mixture: 1 1/2 cups sugar, 1/2 cup water, 2 egg whites, 1 cup whipped cream.

Make a syrup of the sugar and water and cook until a little dropped from the tip of a spoon will spin a good thread (240 F. If you have a thermometer). Beat egg whites stiff and slowly pour the hot syrup over them, beating constantly. Beat until cold, then fold in whipped cream. When you have spread this over your mould of strawberry rice, garnish with some large berries.

Gloves Go Lighter With Spring Sun

At approach of Spring, fashionable ladies are gradually giving up the plain black gloves or black trimmed with white, and are showing a marked tendency in favor of lighter and lighter shades.

Browns and the whole range of beavers are already in demand, but the latest news from Paris indicate that pongee, fielle, champagne, mastic and eggshell will be greatly worn in April and May; we will even see the appearance of white gloves, and it is believed that this shade will be one of the leading colors.

New models tend to become plainer and plainer, and though slip-ons in fancies in medium shades will still be worn, a heavy demand for plain slip-on and mousquetaires in 4, 6 and even 8 button lengths is to be expected. Indeed, what is more elegant for an afternoon tea than an 8-button mousquetaire in fine washable suede? For street wear the 4 and 6-button mousquetaire will be the favorites. It is even whispered that 12-button length gloves will be worn for street wear inasmuch as the leading Paris couturiers are featuring short-sleeved dresses.

It is evident that there is a marked tendency towards plainer and longer gloves, and gloves with more spread and flare. As for sport and driving gloves, etc., deerskins will still be the leaders, and according to latest reports, shades such as natural, arab, putty and even pearl white will be most asked for by the public. Good taste in ladies' styles will lead well dressed men to follow suit, and attractive gloves in deer skin, chenille, peccaries in one dome and slip-on styles, made in prix-seam and handsewn will be in demand in modest shades, the handsewn being of course shown in the lighter shades. The white handsewn are the gloves "par excellence," and as all the skins used for these are perfectly washable, one's gloves can be washed as often as needed, and yet retain that "new" appearance!

NEIGHBORS TALK

"I am employed in a theatre and it is a problem to make ends meet, as I help support my mother and sisters. I like to dress well but haven't very much to spend on clothes. To give the appearance of variety to my slender wardrobe I change the color of a dress or stockings as soon as the things become faded. I always use Diamond Dyes for the work—using them as dyes for dresses and as tints for stockings. I have always gotten such perfect results that our neighbors talk about the great number of new things I have.

"I learned about Diamond Dyes from our wardrobe mistress. She says she has tried all the dyes on the market but none do such splendid work and are so easy to use as Diamond Dyes. I understand they are the world's most popular dyes—and they deserve to be."

L.P., Montreal.

How Do You Like Yourself? Dorothy Dix Would Have Us Better Face to Ourselves

When a Stranger is Sour or Cynical or Bad-Tempered We Drop Him Like a Hot Potato, But if We Ourselves are Hard to Get Along With We Have to Put up With it, for There is no Way in Which We Can Separate Ourselves from Ourselves

There are no other people in the world for whom I feel so sorry as I do for those who have bad dispositions. The people who are grim and surly and grouchy, and in whom the milk of human kindness has turned into clabber. The people who are filled with bitterness and envy and jealousy and malice and spite, and who see the worst in everything and believe the worst of everybody. The people who have no friends and who even alienate the affections of their own families for them.



When you and I meet up with an individual with a disagreeable disposition, you can avoid him or her and seek pleasant society. But the curse upon the poor meanies is that they cannot do this. They have to live with themselves. They can never get away from themselves. Think of the horror of having to endure such companionship for forty or fifty, or perhaps seventy or eighty years, and pity them. If you have tears to shed they are something to weep over.

What other people are is not vital to us. Nor does it greatly matter what they think of us. They come and go in our lives, but our own personality is always with us. We cannot escape that, and so unless we are right with ourselves we are in wrong with the universe. Unless we enjoy ourselves we are bound to be bored to extinction. Unless we can approve our own conduct the applause of others is as the crackling of thorns under a pot.

If a stranger is sour and cynical and leaves a bad taste in our mouths, we drop him like a hot potato. If a friend is antagonistic and argumentative and always disagrees with everything we say, we eliminate him or her from the list of our associates.

If our parents are pessimistic and make home a demmed, damp, depressing place, as Mr. Mantlin used to say, we leave them. If our husbands and wives are violent tempered and uncongential and hard to get along with, we divorce them. But there is no way in which we can separate ourselves from ourselves. We have got to endure our own society as long as we live.

It seems to me that we do not sufficiently appreciate this fact, nor realize how important it is to provide ourselves with good company during the long journey through life.

Surely if they did more people would cultivate a pleasant, amiable disposition, for there are few men and women who are more disagreeable to be brought in daily contact with than peevish, irritable ones who are always flying into rages, and who always have a feud on with some one. Why, then, should one choose as one's most intimate companion an individual whose nerves are always shaken to pieces by storms of anger, and whose very blood is poisoned with hate?

Surely any sane person would prefer to live day after day and year after year with one who was sweet and gentle and philosophical, who got along without friction with his fellow creatures and whose soul was filled with honey instead of gall.

And surely if they considered how long they would have to be together, more people would cultivate a cheerful outlook on life. Nobody seeks out the society of the Gloomy Gusses and Calamity Janes. Nobody willingly lends an ear to tales of woe, or goes to spend a pleasant evening with those who beat upon their breasts and weep and lament over everything that happens in this worst of all possible bad old worlds.

On the contrary, the people we enjoy being with are the genial, courageous optimists, who snap their fingers at Fate and carry on with a gay laugh on their lips, even when the sledding gets hard. Why, then, shouldn't we provide ourselves with a high-hearted companion who will whistle and keep our spirits up during the long march, instead of tying up with a whiner and a complainer who will always look on the dark side of things, and sap our strength by taking the spirit out of us with his croakings?

And surely, since we have to endure our own society for so long, it is worth providing ourselves with an interesting companion. Some one will never bore us because he has read and thought and observed and traveled and made his mind a storehouse of thrilling memories into which he has only to dip and bring out something interesting with which to entertain us.

If we live to be a hundred and have that kind of companion we will never have a dull moment. For he or she is a spell binder who keeps us enthralled by flashing the pictures of strange places before our eyes, by giving us great thoughts to mull over, by telling us strange stories that never end.

Did you ever think that the most unhappy people are those whose worst enemy is themselves? That the lonely people are those who cannot bear their own society and that the bored people are the ignorant who have no resources within themselves?

So let's all try to make ourselves better company for ourselves.

DOROTHY DIX.

Paris Styles

By MARY KNIGHT
United Press Staff Correspondent

PARIS, April 7.—(U. P.)—One of the new scarves shown in the early collection of spring costumes has proved to be an infant prodigy. It started out on an evening gown just as a small, well-behaved bit of white chiffon should start, wound itself around its owner's throat once and stopped just over the opposite shoulder.

Being in the hands of a sympathetic couturier it started again on a new evening gown at the back of the right shoulder where it was held in place by a beautiful rhinestone pin in the shape of a rosebud, stem, leaves, thorns and all. Then it crossed over the wide surface of exposed dorsal area, drooping slightly to follow the line of the oval cut décolletage, and reached the opposite shoulder where it was caught by a smaller jeweled bud, and then began its prodigious growth. Gradually its folds increased in length and width until there was no mistaking it for anything but one of the most unusual and delightful trains of the season. When not in action it could be hung over the arm to facilitate dancing, or even draped around the body and looped at one side, so sheer and soft was the material that it added no noticeable weight to the gown.

Style Chats

WITH ALMA ARCHIE

The low-down on low prices is that reg- as of price, you've just tossed so much in the sink if you haven't bought a good fashion with your money.

Flannel jackets at \$10.95 are cheap be they're a smart way to contrast your sports clothes. The da little frilly tucked cotton net blouses are sympathetically reas le and demure at \$8.95 because they're new and different to w with either silk or wool sophisticated suits, and the new gum slip with attached lace vestee is a good pure dye investment at .195 because it's the right thing to wear under a sheer "give-away" blouse and likewise acts as a perfect false front if you're wearing one of the two-piece frocks which wasn't designed with the intention of removing the jacket.

Chocolate As An Important Food

It is altogether likely that if a popularity contest were conducted in the world of flavors, chocolate would be an easy winner. But we should not overlook the fact that chocolate is much more than a flavor—it is an important food.

In our cooking, we make wide use of bitter chocolate. This might be said to represent the simplest form in which the cocoa bean, producer of all our chocolates and cocoa, comes to us. The cocoa beans are roasted and when their hard outer shells have been removed the cocoa nibs that remain are ground fine; pressed in cake form, they give us just simply our bitter chocolate for cooking.

The sweet chocolate which looks so much like the bitter when pressed into cakes, is just the same thing with sugar and flavoring added; when powdered milk has also been included, we have another familiar in milk chocolate.

Coming now to cocoa, a product equally indispensable, we have those same cocoa nibs, fine ground, but with some of the cocoa butter (as the fat is called) removed.

Cocoa or Chocolate?

Obviously, then, we have a richer product in chocolate than in cocoa, giving us two strings to our bow when we plan to use either of them in cooking; we can get exactly the effect we want by using our judgment in choosing between them or by adapting any recipe to the use of either one.

I will tell you just how to interchange them, as it is a point which can often come in useful. In one ounce of chocolate, we have the equivalent of three tablespoons cocoa and two-thirds butter. With this rule in mind, (and I do not advise you to make a memorandum of it where you can refer to it handily) you can adapt a favorite recipe at any time with whichever of these useful staples you have in hand.

One other little pointer that belongs right here—the manufacturers marks off his cake of chocolate in the way that is most convenient for us—each square weighs exactly 1/2 ounce. Couldn't be simpler, could it?

Good Chocolate Icing

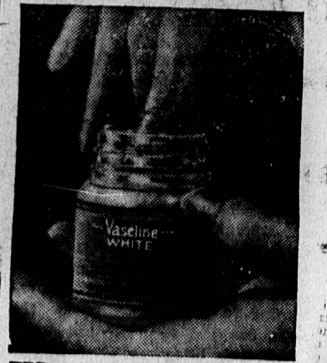
And now one word of general advice before I give you some of the chocolate recipes which we make most often (by popular demand). That word is in connection with the melting of the chocolate—usually the first step in its preparation.

As you have long ago discovered, even the heat of the fingers will melt chocolate. With this low melting point in mind, we never subject chocolate to a high temperature—never put it over direct heat for instance; it should be placed in a bowl or double-boiler or other container and melted over hot, but not boiling water.

Once melted, we may proceed by blending butter with it if the recipe includes it (this gives us a very smooth and creamy mixture) or milk is added, or perhaps the melted chocolate is stirred into an almost completed mixture. You will see how the choice of method is made in the recipes I am going to give you here:

Chocolate Cake—Marshmallow Frost-

- 2-3 cup shortening.
- 2 cups granulated sugar.
- 4 egg yolks.
- 1 scant cup freshly-mashed potatoes.
- 1/2 cup milk.
- 2 squares chocolate.
- 1 2-3 cups flour.
- 3/4 teaspoon baking powder.
- 1/2 teaspoon salt.
- 1 teaspoon cinnamon.
- 1 1/2 spoon nutmeg.
- 4/5 teaspoon ground cloves.
- 4 egg whites.
- 1 cup walnut or pecan meats.
- Cream the shortening and gradually work in the sugar. Beat egg



Why should you let housework spoil your hands?

YOU ask any beauty editor. Look in the magazine and newspaper articles. You'll find "Vaseline" Petroleum Jelly recommended to keep the hands soft.

Follow the advice of those people who know. Apply "Vaseline" Jelly to your hands at night and wear old cotton or silk gloves. When you manicure your nails, wrap a little cotton around a dull orange stick, dip it in the Jelly and work back the cuticle.

These two easy things will make a world of difference in the looks of your hands. We all have to wash dishes, and dust furniture, or pound typewriters or work in grounds. But our hands need not advertise the necessary toil to the world. Lay in a store of "Vaseline" Jelly and use it freely. Get a jar today just for your own personal use. Don't delay. Product of the Chesebrough Manufacturing Co., Con's, d, 5520 Chabot Ave., Montreal, Canada.

Colors Riot In Middy Frocks

Fashion this spring has decided to throw away just about everything and start all over, and inasmuch as this year for spontaneous, alive and individual fashions, responsive to the woman's personality who wears them, the only sure test for correct choice is an hour before the mirror before making the down payment.

The combinations of color are unlike any ever produced before, and some of the contrasts of fabric against neighbor fabric will be as unconventional as the mating of the orchid and the rose.

Small-spaced designs and all-over small prints are scheduled for the greatest importance in print styles for daytime wear, while almost every woman will want at least one lively phase of fashion through an amusing stripe, plaid, dot or print of Persian derivation.

These gay, entertaining prints supposedly spring from an association of ideas of designers with the coming French Colonial exhibition in Paris, and are unsurpassed for play dresses, or any other purpose which permits tossing dignity to the winds.

One interesting printed material being shown by several of the large Parisian houses, and one that is strictly feminine, is a series of pastel-colored powder puffs, the fluffy kind with small ivory or bone stem handles, printed on a black or beige surface. One house uses only two shades of green for the puffs and puts them on a black ground. Both ways are effective and permit pipings around sleeves, collars, belts and hems of any number of different solid color materials.

Black and pink seems to be the favorite combination for gowns called "Jennesse," meaning black and pink will be very much in evidence throughout the spring and summer in Europe, Great Britain and America.

Incidentally, there is no rule about the combination of colors. Any one in a tri-color or bi-color scheme may be used as the basis for the costume and the other one or two employed for trimming.

Bright yellow greens with brown, brown with yellow and white, or brown and white alone, are also considered promising subjects.

The deep pastels and light bright colors which are seen in such multiplicity are now having success introduced as "fruit" shades. These were first exploited for evening but almost simultaneously appeared in shantings and rough silks for summer sports-wear and are now being offered in dresses suitable to wear under dark coats in the afternoon.

In this group many of the bright shades remarked above are repeated. The most prominent are lime, lemon citron, apple green, watermelon, pink and raspberry.

A dark green called "avocado" is included in the list also and is none other than the old "spinach green," which takes us out of fruit into vegetables.

NERVILINE
Drives Out Pain