# Woman's Realm / Social and Personal / Fashions / Literature

## Living & Leisure
### THE WOMAN'S REALM

When I remember you
What I want to remember
Is the way you looked at me sideways
To see if I, too, were amused.

Now you are gone and the wonder
Of youth slips through my fingers
As wind that is lost through the willows,
As sand sucked in from the shore.
Only a shadow haunts me
Your smile, because I am smiling,
Your step because I am listening,
Who hears you and see you no more.

—Mural for Memory, by Sara King Carleton.

The annoying summer pest, the ant, may be discouraged by keeping shelves, tables and floors free from crumbs, by storing food in antproof containers and by plugging holes in floors and walls through which they may enter.

**Hints on Etiquette**

The bride's mother stands at the head of the reception line following the ceremony, to greet the guests and to introduce them to the bridegroom's parents, if they were not previously acquainted.

The tops of young radishes will cook up nicely as a green. You can chop them and use them raw in your tossed salads. Have you tried radishes cooked? When boiled, their flavor is delicate, and it can be enlivened by the addition of a snappy sauce.

**WINTER HATS HAVE PLENTY OF TRIM**

NEW YORK — A Winter-coat hat of Victorian green velour is sculptured headwise, richly banded with gold and capucine coq feathers.

For after-dark hours, there is a black crushable fur felt with an up-turned front cushion brim, topped with an exquisite aigrette-type feather reminiscent of a spraying fountain! A soft inverted pleat in the back accents the new side width.

A stunning dinner hat of black felt, shaped like a high cuff covered with silver French imported lace, with a scarf of black nylon net lavishly bordered with the same French lace is new.

A halo hat of mink, with matching mink muff-purse, is "Rhapsody in Mink," an off-face hat garnished with a natural pheasant bird.

**VARIED TASKS IN THE GARDEN**

There are three types of cabbage-leaf eating worms, and all can be controlled with rotenone dust. Watch for the appearance of worms on your cabbage plants and dust them to death before they eat holes in all the leaves of the plants.

If you have not facilities for keeping squash and pumpkins over winter, remember that these vegetables can be canned. English vegetable marrows also can be canned for winter use.

Home-grown melons should be allowed to remain on the vine until they are fully ripe. Some varieties show tiny cracks on the bud when they are ready to be picked and eaten.

If you have a garden terrace and it is in partial sun and you want a plant to creep over the stones, use Veronica filiformis. It has a flat mass of leaves about one-inch in diameter and small blue flowers.

If your garden birdbath becomes green with growth or algae, scrub it with a stiff brush and Bordeaux mixture. That will keep it clean for a number of weeks.

When a summer wind storm breaks off or injures limbs of trees, go at the repair work promptly. If you are not equipped or experienced to handle this adequately, call in a competent tree man.

**ANY WOMAN WILL PERK UP AT THESE**

There are times in a woman's life when she feels completely and utterly satisfied with herself—satisfied almost to the point of smugness. Here are some of them:

When she hears that the man whose proposal she turned down, in favor of the man she married, is still a bachelor.

When she has said good-bye to the last guest at one of those big yearly parties women give in order to wipe their social slates clean.

When a male dinner guest says, "This is the best coffee I've tasted in years." And then turning to his wife adds "Why can't you make it like this Mary?" (His wife will take care of him on the way home.)

When, after months of dieting, she finds that she can get back into a size 14.

When the one unattached man at a party of married couples singles her out for special attention to the envy of every wife present.

When a gallant and attractive man tells her husband what a lucky man he is.

When she manages to get the best of the cattiest woman she knows.

When she plays bridge at the same table with the woman who thinks she is the best player in town and somehow gets high score.

When a dress she picked up at a bargain causes a flurry at her club meeting.

When she finishes her first slip cover and fastens it on over an old chair—and finds it actually fits.

When she goes to a school performance and there is no doubt that her child is the star performer.

When, after a fight, her husband admits he was wrong and that she's an angel to put up with him. But that is one satisfying moment a woman rarely experiences after the first six months of marriage.

## Morning Smile

**WHAT PART**

The story was told that when Bishop Chandler was riding on a train out West, a big, strapping rough fellow came in and sat down beside him. Sizing up the Methodist prelate, he exclaimed:

"Where in hell have I seen you before?"

To which Bishop Chandler replied:

"I don't know. What part of hell are you from?"

"How's your back this morning?" asked the housewife to the local grocer.

"Much better, thank you, Mrs. Brown," the grocer replied, delighted at the solicitude.

"Then bend down and get me a box of matches from under that counter," retorted Mrs. Brown.

## That Body of Yours
By James W. Barton M. D.

**DENTAL ILLS AN IMPORTANT CAUSE OF ABSENTEEISM**

How good your teeth are depends more upon where you live than how big your bank account is, a study of teeth of men enlisting in the Navy at the beginning of the war shows. This is the information given by Cmdr. C. A. Schlack and Lieut. J. E. Birren of the Naval Medical Research Institute in "Science News Letter."

These Research workers found that men from New England and New York, Pennsylvania and New Jersey had the most. Futher, these north and northeast regions had a much higher rate of income per man than those of the south. Still further, there are more dentists in proportion to the population in these north and northeast regions than in the south.

While these research workers give no reason for the larger amount of dental defects per person occurring in the north, your dentist will tell you that it is because there are more starch foods (sugar, potatoes, bread) and less calcium or lime foods (milk and milk products, egg yolks and green vegetables) eaten in the north than in the south.

That dental defects now rank as an important and common cause of absenteeism is so well known that some industrial plants employ a full-time or part-time dentist to keep employees on the job.

In the "Journal of the American Dental Association," Drs. Ruth R. Puffer and Carl L. Sebelius of the Tennessee Department of Public Health reported that four Tennessee factories with 5,988 employees lost 1,255 employee-days in a single year as a result of dental diseases. Women had a dental absence rate of about 65 per 1,000—almost twice that of men, which was 33. The average time the employee was absent on account of his teeth was about 4 1-2 days, showing that the trouble was more than a simple toothache in the majority of cases.

For many years we have known that infected teeth and tonsils are the commonest causes of rheumatism, which means more than a few days of absenteeism. Also, as dental diseases cause almost as much disability as tuberculosis it means that all the time and money spent on protection of teeth is a sound investment for employer and employee.

**YOUR FEET AND THEIR AILMENTS**

It is amazing how little care we give our feet considering how important they are to us in our daily living. Send 10 cents and a 3 cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 39, Station G, New York 19, N. Y., and ask for your copy of the Barton booklet entitled "Your Feet and Their Ailments."

## DOROTHY DIX SAYS—
### Long Courtship

**Young Couple Wise To Wait Until Ready For Marriage**

DEAR MISS DIX: I am a young girl of 20. Have been going steady with a boy of 21 whom I have known for four years. He is now going to college and has a year and a half more to go. We are very much in love and have an understanding that we will be married when he graduates and can support a wife.

My problem is that though I have told my family all of this my Dad insists on speaking to the boy and asking his intentions and for us to get engaged immediately, because he feels that I am wasting my life and in the end I won't have anything. I don't see the sense in a long indefinite engagement, and to get married just to be married isn't my idea of happiness.

How can I explain to my father that we have an understanding and know that we will be married when we feel we are able to? My Dad feels that I shouldn't see this fellow unless I am engaged and have it properly announced.

BEWILDERED GIRL

**OLD-FASHIONED FATHER**

ANSWER: Your father evidently belongs to the school of courtship when suitors asked Father's permission to pay their addresses to a girl and were not permitted to waste her time in idle dalliance. They had to mean business and be ready to pop the question.

So I think you will find it difficult to get your father to see that you are right in taking the modern realistic view of courtship; that it is something not to be rushed into by the force of convention, but to be waited for until conditions are so that it can end in a happy marriage. Therefore, I trust that you will stick by your guns and not let your father over-persuade you into getting married before you are ready for it.

Certainly anyone can see that, if you wait until your boy friend has finished his college course and gotten into some occupation by which he can support a family in comfort, you will have a far better chance of being happy than you will if both you and your husband have to worry over where the next meal is coming from, and how to meet the rent bill.

It is the marriages that are rushed into without any background of security that end so often in divorce. For just love isn't enough to live on. Even brides and grooms have to eat.

DEAR MISS DIX: I am a teen-age girl married to a teen-age boy. We get along very well together, but I don't get along with his parents. Also, we are secretly married and I am due to have a baby in September. I try to make my husband tell his parents about it and that he must stay with me, as I figure I need him and his place is with me. As it is, now he stays half the time at his parent's home and half the time with me.

Do you think I am right?

ANSWER: Certainly a husband's and prospective father's place is with his wife, but there is no place in an orderly, decent state of society for secret marriages. If a man doesn't love a woman well enough to make her his wife honestly before the world, and if he is still such a child that he hasn't any way to support a wife, he should wait until he grows up before assuming such responsibilities.

There is nothing more heartbreaking than for two silly children to enter into a secret marriage. It always means trouble for them.

(Continued on Page 3)

## How Can I!!
By Anne Ashley

Q. How can I prevent unnecessary fatigue when doing housework?

A. Much fatigue will be avoided if a high stool is used when paring vegetables, washing dishes, ironing, and doing other things which may be accomplished while sitting.

Q. How can I launder white blouses so that they will retain their whiteness?

A. White blouses will remain white if a small amount of borax is added to the warm soapsuds. Rinse in water containing a little bluing.

Q. How can I improve the flavor of coffee and make it more digestible?

A. Try adding a raw, dry prune to the pot when making it.

## Better English
D. C. Williams

1. What is wrong with this sentence? "The early beginning of the company was auspicious."

2. What is the correct pronunciation of "gist"?

3. Which one of these words is misspelled? Lyonaise, appraise, criticize.

4. What does the word "omnipresent" mean?

5. What is a word beginning with scr that means "cautious in action for fear of doing wrong"?

**ANSWERS**

1. Early is redundant. 2. Pronounce the g as in gin, not as in go. 3. Lyonnaise. 4. Present everywhere at once. "God's love is omnipresent." 5. Scrupulous.

## Ellen's Diary
By an Island Farmer's Wife

"This is not Friday!" I said starting up from my place beside James in the old bed this morning. But here it was, the day which almost sets the seal upon the week's doings, with much of the latter still remaining to be done. Jeanie and I have had a busy day. Added to our Friday's cleaning and meal-gettings we had other chores thrust upon us. She was invited out to drive the Nell-mare in the lift at times this afternoon when our haying was continued and besides we picked the cherries today. Not all, of course, but enough from the lower branches to assure us of a store of preserve of these to have through the barer seasons to come

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The robins and James brought us to the picking this busy day They, because of their frequent forgathering in the trees, and James when he said: "I enjoy the cherries this year —from the trees. You know I believe I would rather have them like that than in preserve." These things then combined to warn us that our cherry-gathering time had arrived. As they were last Summer, so our waifs of trees at the foot of the garden were richly dotted with fruit. But our rights to their largess was challenged this morning.

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Sly lovable robins flew hastily away to hide in the nearby lawn trees at our coming, scolding us loudly for our intrusion. And then ousted but holding no spite, they left off berating us to warble liquid notes to fasten our cherry-picking time indelibly in memory. Crows holding brief leases, honored only in the earliest morning, came to vantage points in the raggedy old spruces in the orchard to make mean remarks but these only faded in with the rest of the Summer sounds and were lost delightfully amid these, and we never missed them when presently the birds flew off with sun-kissed wings to their young fry in the trees along the stream.

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The delightful hum of a beautiful Summer day was about us. Bees droned busily about the flowers nearby. Sparrows chattered from the house top and eaves' nooks. A wood-pecker, pesky creatures that these are, rat-a-tatted on the rowan tree; a jay called from the orchard; swallows were on high joyous wing; white clouds floated above the far woodlands on a sky serene and blue and waves of light and shadow rippled across the new meadow still unmown by the lane-side. A whispering breeze, that really should have had the grace to increase for the hay makers stirred the leaves beneath our fingers and the fruit was rosy and luscious as we dropped it to the basket. We heard a mower at the cutting and the sound of his voice clearly as he guided his team. We could hear James' voice too. He was cultivating the potatoes in a near field; Jock was at Rob's helping to put the potato-sprayer in readiness for the spraying. And while we continued to gather our fruit, and the babe amused herself about the grass and sand of the lane-way close by, the bread neglected in the pans doubled and trebled in lightness to be baked with the dinner fire.

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Jamie returned with Jock. "It's not one bit of good cooking steak" he remarked with concern, taking stock of the dinner preparations "if we don't eat it the minute it's cooked." And in spite of our fears to the contrary, James came in time to have it right from the pan. We had delicious greens from the thinnings of beets and small jewels of ruby red were garnishings among the green. We had "blue" potatoes, and "what do you want to cut the ends off for?" Jamie wanted to know. Jamie and I had slices of bread hot from a small new loaf, smothered with molasses, delectable eating, and for dessert we had handfuls of cherries. Washed well of course, for as Jamie pointed out: "Mother read about cases of polio."

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There was the pitting and preserving of cherries after dinner, when the heat shimmered in waves across the countryside, and the men and horses came sweat-stained from their work in the fields. But now the coolness has come and the moonlight picks out the white of the garden pickets and the lone hollyhock which survived the rigors of last Winter leans against them darkly. A cricket on a verandah begins to trill a song for me, one which thrills me with its newness, but warns me of the season's passing. And dear me, how that clock goes on!

Until tomorrow — Diary —Good-night.

**FALL 1947 COAT LOOK**

NEW YORK — The fall 1947 coat look is the great hem coat that flares from the drop shoulderline in back. Such a coat is shown in white virgin wool fleece, also two versions of the ever popular shortie coat in this same material.

**NEED TRAFFIC COPS**

MONTREAL — (CP) — Montreal needs between 360 and 460 police for traffic work alone in order to be up to the accepted standard of efficient traffic regulation, the city executive committee was informed by Charles Barnes, acting director of the police department.

## Household Scrapbook
By Roberta Lee

**Patent Leather**

Patent leather shoes and handbags will respond beautifully to a milk bath and it is very good for the leather. Dampen a cloth with milk and dub over the bag. Dry with another clean cloth.

**Mud Stains**

Stains of mud can be removed from silk by rubbing the spots with a piece of flannel. If this does not give satisfactory results, rub with a piece of linen dipped in alcohol.

**Steel Knives**

Wash steel knives with powdered bath brick or scouring powder, and use a large cork or a cut potato to scour with.

## Cook's Corner

**COMBINATION MEAT LOAF**

This is an especially good meat loaf, different from the usual mixture; I think you will like its crisp, chewy crust. Unlike many such loaves, it slices well when hot—just don't cut the slice too thin.

Servings—6.

1-2 pound minced lean beef
1-2 pound minced veal
1-4 pound sausage meat
3 cups soft bread crumbs
2 teaspoons salt
1-4 teaspoon pepper
2 tablespoons chopped olives
1 egg, slightly beaten
1 cup tomato juice
1-2 cup quick-cooking rolled oats
2 tablespoons fine-flavored dripping.

Combine the beef, veal and sausage meat; add the bread crumbs, salt, pepper and chopped olives, and mix lightly.

To the slightly beaten egg, add the tomato juice and rolled oats

Add egg mixture to meat mixture and combine lightly, but thoroughly.

Shape into a loaf and place in a greased shallow baking pan Dot with the fine flavored dripping.

Bake in a moderate oven, 350 degrees, about 2 hours, basting frequently.

Sound restful sleep will help keep you youthful. Nothing ages a woman faster than lack of sleep or sleep of poor quality.

## Modern Etiquette
By Roberta Lee

Q. What is the most essential thing for a man to appear well-dressed?

A. No tailor can make a man appear well-dressed if he is not well-groomed. See that the hair, skin and hands are well cared for, shoes polished, linen immaculate, and the suit well pressed.

Q. On which side of the bridegroom should the bride stand during the wedding ceremony?

A. She should stand at the left of the bridegroom, facing the minister.

Q. Is it customary to tip room, information or mail clerks when staying in a hotel?

A. No; a word of thanks is sufficient as they are paid regular salaries and do not expect tips.

## The Stars Say -
By GENEVIEVE KEMBLE

**For Saturday, August 2**

In the face of want of cooperation from high places, anxiously counted on, with many forms of stubborn obstacle and limitation, it is probable that a certain coup, most adroitly and subtly put over, may cap the climax in a sensational way. Postponements, delays or sinister opposition from important sources may be rendered nul and void by stratagem, inside knowledge or the peculiar power and strength gained from secret places. Portent, dreams and ideals, with intuition or hunches, may be effective, supported by perseverance and hard work Drama and sensation figure.

**For The Birthday**

Those whose birthday it is may find themselves compelled to resort to some unusual form of cleverness, ingenuity, skill or stratagem, to meet stubborn obstacles, congestions, delays or some form of organized opposition or want of cooperation from sources previously counted upon Some sinister or realistic trial or test may call for ingenuity skil, or stratagem, to intrigue or peculiar "hunches" or leads. Conspicuous prigress may result from exceptional skill, ingenuity or fortunate coup.

A child born on this day may possess singular faculties, ingenuity or insight enabling it to rise victorious over stubborn obstacles, or realistic stress and strain.

## Needlecrafts
### FOR THE HOME

**PLAYS A DUAL ROLE**

Have something new under the sun — a delightful sun dress with a matching fichu cape. The dress is shoulder strapped to tan to a tune in. The cape, perfect to slip into for the street, cleverly crosses over in front and buttons on the belt.

No. 2245 is cut in sizes 12, 14, 16, 18, 20, 36, 38, 40, 42, and 44. Size 36 requires 2 3-4 yds 35-in. for the dress; 7-8 yd. 35-in. for the cape.

Send 20c for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.

Address Pattern Department, The Charlottetown Guardian.
Pattern No. 2147

Name

Address

City Province

Use cabbage leaves as nests for diced tart apples combined with an equal quantity of finely shredded cabbage.