

School nurse says all girls should know this



TALKING to a roomful of high school girls on personal hygiene, an experienced district nurse said: "One of the basic rules of health for girls is to keep the system functioning naturally at all times. Normal exercise and diet habits should be encouraged. But when necessary there's no harm in taking nujol, since it works mechanically and can't disturb the normal functions of any organ of the body. Particularly with girls, there are times when nujol should always be taken. Take a spoonful every night for a few days. It's a thoroughly safe and harmless method. It won't cause distress or gas pains or griping."

Not Like Medicine Nujol is different from any other substance. It contains no drugs or medicine. It can be taken safely no matter how you are feeling because it is so pure and harmless, and works so easily. Every woman should keep a bottle on hand. Every druggist has this remarkable substance. Get the genuine. Perfected by the famous Chemical Products Division of the Standard Oil Company of New Jersey. Look for the Nujol bottle with the label on the back that you can read right through the bottle.

Central Guardian

NEW UNIVERSITY DICTIONARY to Guardian readers for 99 cents and one coupon. Every home should have one.

NEW UNIVERSITY DICTIONARY to Guardian readers for 98 cents and one coupon. Every home should have one.

LOADING LIVE HOGS in Hazelbrook on Wednesday, Jan. 11th. Harry Jenkins. 1716-1-7-31

HOCKEY SPECIAL — To Summerside today leaving at 4 p.m. Fare \$1.95. 1741-1-9-21

ARTISTIC CALENDAR — A. Horne & Co. have the Guardian's calendars for two fine Chevrolet car calendars.

WATER RATES — Tuesday, the 10th, is the last day for paying water rates. 1745-1-9-21

LOADING LIVE HOGS at North Wiltshire on Tuesday, January 10th up till 2 o'clock. — Elmer Clow for Harry Jenkins. 1717-1-7-21

ABEGWEIT SPECIAL — Train to Summerside today at 4 p.m. Fare \$1.95. 1741-1-9-21

DR. YEO'S COMMITTEE ROOMS have been connected with telephone No. 953. Workers please make note of number. 1759

WEST DEVON — Messrs. D. W. Yeo, George Chisholm, Hunt Morshead (Postmaster) and Mrs. Leaman have had Mr. Jno. A. McDonald, Hermonville, engaged since Wednesday surveying their lands on the Asheville Road and the Percival Road.

EAST ROYALTY INSTITUTE — The regular monthly meeting of the East Royalty Women's Institute was held at the home of Mrs. John E. Helmes on December 9th, with the president in the chair. There were ten members and one visitor present. The meeting opened with the Institute Ode, and Roll Call was answered with Christmas Suggestions. The minutes of the last meeting were read and adopted. The members decided to have a porch built to the school. Roll Call at next meeting to be answered with New Year's Resolutions. Meeting closed with the National Anthem. Luncheon was served by the hostess.

HARRINGTON NOTES — Mr. Earle Hughes has returned to Harrington, after spending the Xmas holidays in Sydney, N.S. — Mr. Johnny Jones, of Harrington, spent the week-end in Winsloe, the guest of his aunt Mrs. Thomas Diamond. — Mr. Percy Wise, of Harrington, spent Xmas at his grandfather's, Mr. Leo MacNaughton, Kentyre Rd. — Miss Erma Shaw of Brackley Beach, has left for the mainland, where she will spend the winter. — The people of this vicinity are very busily engaged hauling wood. — Mr. E. V. Carter, Winsloe, is spending a few days at Wheatley River. — Miss Hannah MacNaughton returned to Charlottetown to resume her studies at C.B.C., after spending New Year's the guest of Mr. and Mrs. Wallace McDonald, Covehead.

HUNTER — CLARKE — A very quiet but pretty wedding took place on Monday morning, January 9th, at the home of Mr. and Mrs. J. W. Clarke, 88 Hillsboro St., when their daughter Eva Georgina was united in marriage to Mr. Robert Sinclair Hunter of the staff of DeBlois Bros. Ltd. The ceremony was performed by Rev. H. D. Raymond in the presence of a number of relatives and friends. The bride who was charmingly attired in roseblige crepe-back satin, was given away by her mother. A very dainty breakfast was served at the home of the bride. After the ceremony the happy young couple left by the 6:45 train on a short trip to the groom's home, Seaview. The many presents received showed the esteem and popularity in which the young couple were held. The numerous friends of Mr. and Mrs. Hunter wish them much joy and happiness in their wedded life.

Minard's Liniment for asthma.

PERSONALS

Many friends of Miss Irene Connolly will be pleased to learn that she has returned home from the Charlottetown Hospital where she recently underwent an operation.

Misses Georgina Ennis and Freda Stewart have returned to the City to resume their studies at Prince of Wales College.

COMPLICATED

"Say, listen—if you took lessons for three years, maybe you could play the piano half as well as you think you can play it now. If you thought you played it twice as well as you think you do now—maybe"

Don't Let That Cold Turn Into "Flu"

That cold may turn into "Flu," Grippe or, even worse, Pneumonia, unless you take care of it at once. Rub Musterole on the congested parts and see how quickly it brings relief. As effective as the messy old mustard plaster; does the work without blistering. Musterole, made from pure oil of mustard, camphor, menthol and other simple ingredients, is a counter-irritant which stimulates circulation and helps break up the cold. You will feel a warm tingle as it enters the pores, then a cooling sensation that brings welcome relief. The Musterole Co. of Canada, Ltd. Montreal



John Smith And His Car

By FREDERICK C. RUSSELL.

John Smith is a character whose every motorist should welcome. He is not selfish, rather he is a motorist's enemy, a chap willing and glad to have exploited, in an interesting way, his experiences for the benefit of the other twenty

STALLING CAUSES SIMPLE

"This car's just getting old enough for me to consider how I'm going to know what is wrong with it if it stalls," Smith confided recently as we were rambling along automobile row looking over the latest creations. Smith's car had suffered a slight breakdown and the subject of the unwelcome stall was uppermost in his mind.

"The troubles that stop a car are far less worrisome than those which develop while it is still running," I consoled him. Apparently, I also surprised him.

"That's news to me," he said. "So long as the car continues to run I've never figured that I would have to worry a great deal about it. But a stall—well, that's different. I've got a real mystery on my hands then."

Smith was all wrong. Some of the most serious things can be brewing while a car continues to run. When it suddenly stalls, the chances are that one of several simple things is the matter with it.

When a car won't go at all, either it isn't getting gas or there is no spark to ignite the gas. There are, of course, occasional instances where mechanical units break. An engine, however, will run for a while, at least with a burned bearing, with a scored cylinder, with timing badly out of adjustment, with spark plugs missing, with a little water in the gas or even with the oil pump broken.

That's why I told Smith that he might have his worst troubles while the car was running. Just think of the trouble ahead for the man whose car keeps running when the oil pump has broken!

Extremely simple things cause an automobile engine to quit on the job, and what may appear to be a very serious trouble often is nothing more than a bit of dirt on the breaker points or a loose electrical connection. Most car owners get panicky when the engine suddenly stalls. This is unreasonable.

"The first thing to look for is the fuel line," I suggested to Smith. "Not that this is more likely to be your trouble than anything else, but rather because it is the simplest thing to check up."

A look at the gasoline gauge or a more accurate check of the amount of fuel in the tank by inserting a clean rule or rocking the car back and forth to determine whether any gas is splashing around inside, tells you whether you have run out of gas. Then you always can tell whether there is gas in the float chamber of the carburetor by removing the dust cap over the top of the needle valve and then pushing the latter up and down until gasoline floods out.

"If you have no gas at the carburetor and you are sure there is gas in the main tank, then, there is trouble somewhere along the gas line. This may be due to the vacuum tank not working or to an obstruction in the line. Why not look for loose connections at the top of the vacuum tank or at the intake manifold?"

If these appear to be loose, tighten them up and then, with the ignition off and the throttle closed, step on the starter for a brief interval. This will refill and the throttle closed, step on the starter for a brief interval. This will refill the vacuum tank if there is no stoppage in the line and the suction pipe is tight.

If you think there is gasoline in the vacuum tank but can get none through to the carburetor, try tapping the side of the vacuum tank with your fist. This will shake the flapper valve which lets gasoline from the upper to the lower sections of the tank.

"The other important phase of the subject is the electrical system. Here the first thing to look for is a disconnected wire, particularly the high tension wire which is likely to come loose from the ignition coil if the latter is mounted on the dash. If all the wiring appears to be intact and the lights and the horn show you that the battery is pretty well up, remove the head of the distributor and see that the breaker points are clean. You do not have to remove them or go to any great trouble. Simply clean them. You may find that a lot of dirt has accumulated or oil has worked up over the points.

"Always remember that your electrical stall is a sudden one. Anything more serious than either of these groups of troubles is much more likely to be preceded by ample warnings that the car is not running the way it should."

Smith caught sight of a flashy new model in a showroom window and the subject was abruptly changed.

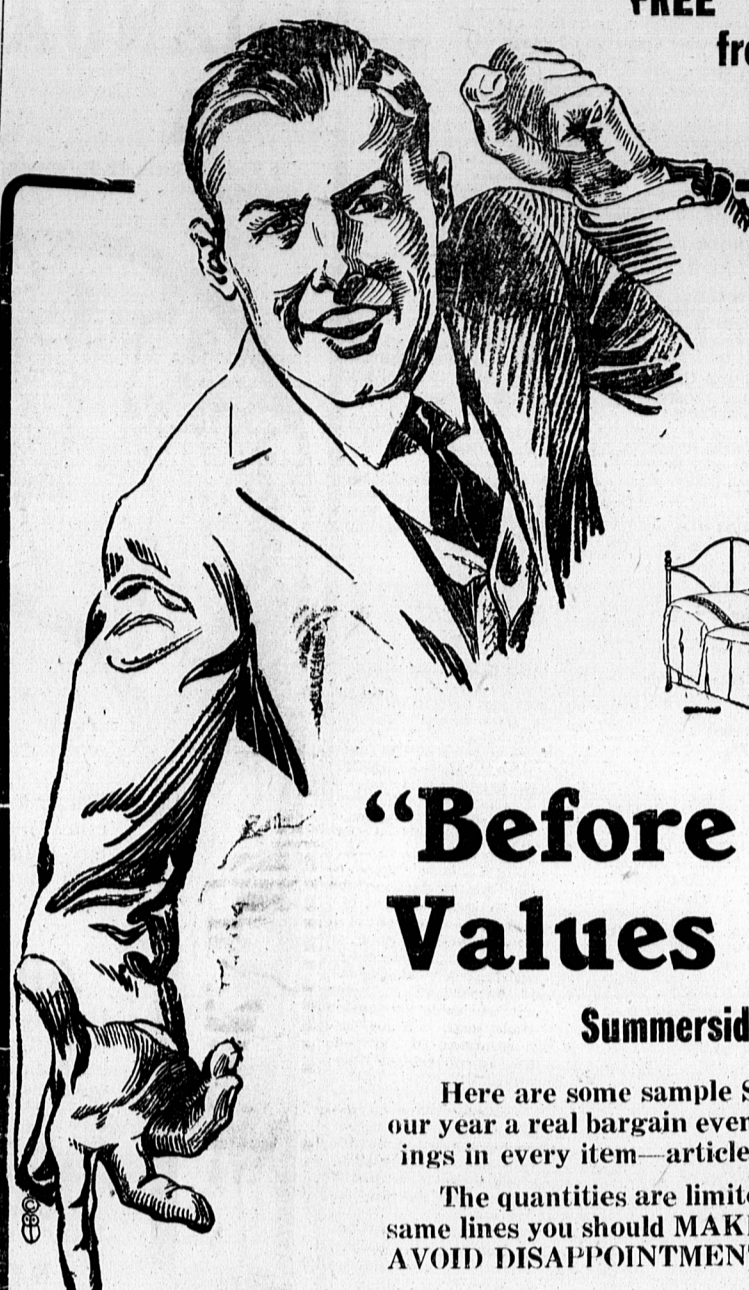
\$5,000 BEARER BONDS FOUND AT OTTAWA AND RECLAIMED

OTTAWA, Jan. 9.—A parcel of bearer Dominion Victory Bonds, amounting to \$5,000, was found lying on Sparks Street this afternoon by Charles Spence, confidential messenger for Hon. James Robb.

The police were notified. Later a messenger for a local financial house reported having lost \$5,100 in bonds from his pocket. One registered bond for \$100, wrapped separate from the others, has not yet been found.

Angry Husband: "But you promised to obey when you married me."

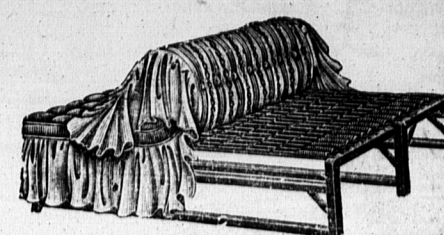
Obstinate wife: "Of course; I didn't want to make a scene in church."



FREE DELIVERY ON \$5.00 CASH ORDERS from HOLMAN'S CATALOG to Any Post Office or Station on P.E.I.

Sliding Style Steel Couch

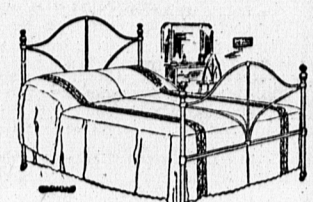
SLIDING STEEL COUCH, finished with national link fabric spring and cretonne covered double size mattress, regular \$124.50 value for \$9.95



Don't Miss This Saving 9.95

Three - Piece Bed Outfit \$12.75

THREE PIECE BED OUTFIT, comprising white enamel bed, strong sturdy construction with 3/4 inch posts, brass knobs on each post; link fabric spring with all iron frame, and extra strong spring mattress. A nicely finished mattress with a layer of felt on top, in two widths 48 inches and 54 inches. Complete outfit \$12.75



"Before Stock-Taking" Values at HOLMAN'S

Summerside and Charlottetown Stores

Here are some sample Stock Taking Values that will make the close of our year a real bargain event for you. Notice the sensational price-savings in every item—articles you need right now, too.

The quantities are limited. And with both our stores featuring the same lines you should MAKE YOUR SELECTION NOW IN ORDER TO AVOID DISAPPOINTMENT.

Surface Oak Dresser \$12.50



Surface Oak BUFFET 21.95

(to match table shown alongside)

SURFACE OAK BUFFET, with plain mirror 8 x 30 inches, finished with two deep drawers, and easy running casters. Top measures 21 x 43 1/2 inches, height 64 inches. Holman's Stock Taking Price \$21.95

FIGURED SURFACE OAK DRESSER, with three deep lined drawers and plain mirror. Top surface 17 x 32 inches, mirror 13 x 22 inches. Regular value \$13.25. Holman's Stock Taking Price \$12.50

WALNUT FINISHED DRESSER, finished with three deep lined drawers, easy running casters and British plate mirror. Exceptional value at \$13.75

Reed Chair \$9.75

REED ARM CHAIR, fumed finish, with spring seat, loose cushions, upholstered in a rich pattern of cretonne. Regular value \$12.50, Holman's Stock Taking Price \$9.75

Layer Felt 950 Mattress



LAYER FELT MATTRESS, covered with a pretty floral design, art ticking. Can be had in three widths—42, 48 and 54 inches. Regular value \$10.50 value for \$9.50



Surface Oak Dining Table Rich Figured Finish—Extends to 6 Feet, Reg. \$16.95 \$14.50

EXTENSION DINING TABLE, heavy construction, five legs, fitted with easy running casters, in a beautiful walnut finish. Regular \$15.90 value for \$13.50

Holman's have been Home Furnishers for over 70 years—every year has made it possible to give you greater values, better service, more complete satisfaction.

Fourteen Sample Bargains in Our Grockery Departments

SCRIBBLER OUTFIT—12 scribblers, some with ruled and plain paper for pencil work and some ruled for pen and ink work, all assorted covers. Set of 12 scribblers 35c

NEST OF SIX SEMI-PORCELAIN BOWLS, largest bowl is 8 inches in diameter. Finished in popular delft pattern. Set of six bowls 89c

UTILITY KNIFE, or BUTCHER KNIFE, 7 inch blade. A real bargain at 33c

WATER COLOR OUTFIT, comprising box of water colors, and brush. Just what the school child wants. Stock Taking Price 20c

CLEAR GLASS TUMBLERS, light and strong. Set of six 31c

VACUUM BOTTLE, guaranteed to keep liquids hot. Just what is wanted for the lunch for school, office or shop. Stock Taking Price 49c

21-PIECE TEA SET, popular plain band pattern, comprising six cups, six saucers, six tea plates, one cream jug, one open sugar and one cake plate. 21-Piece Set for \$1.75

GLASS PRESERVE DISH, good quality clear glass. Set of six 29c

SPRING CLOTHES PINS, Get yours now. 72 for only 19c

GOOD QUALITY DINNERWARE, a special lot, shown in popular small blue band design. Marked to clear 25% OFF

4-PIECE PLAIN WHITE TOILET SET, comprising covered chamber, basin, large jug. Complete Set, Stock Taking Price \$2.48

4-PIECE MOP OUTFIT, comprising dry mop, a specially treated mop, can of polish and handle to fit both mops. Holman's Stock Taking Price 95c

10-QUART CONVEX ALUMINUM POT, this is an exceptionally good quality ware and is an exceptional bargain at Holman's Stock Taking Sale \$1.49

FAMILY SIZE FOOD CHOPPER, retinned and nicely finished. This is a real bargain that you should not miss at \$1.10



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1928

Don't forget to write 1928. And don't forget to order your requirements in

OFFICE SUPPLIES

from us. We are well stocked with Office Stationery and Blank Books of all kinds. Loose Leaf Books, Ledgers, Day Books, Letter Books, Cash Books, Bill Books, Memo Books, of all sizes, Foolscap, Carbon Papers, Copying Paper, Typewriter Ribbons, Inks, Fountain Pens, and all the small things generally used in a business or Professional Office. Wholesale and Retail.

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We will be buying live, and dressed poultry daily until the end of the season. Highest prices paid. SWIFT CANADIAN CO.

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