

The Charlottetown Guardian

President: Hon. Col. W. Chester S. McFarlane
Vice-President: J. E. Burnett, F. J. L.
Editor and Managing Director: J. R. Bennett, F. J. L.

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Island Requests Indorsed

With the backing of the Maritime Board of Trade in the strongly worded resolution passed at Moncton on Wednesday, Finance Minister Drummond should have no difficulty in persuading Parliament of the importance and necessity of providing his constituents in Charlottetown with modern port facilities.

The St. John and Halifax Trade Board representatives by supporting this resolution, showed a fine spirit of co-operation and disinterestedness on behalf of the Maritimes as a whole. This example should inspire our fellow islanders to press for an adequate project at the next session of the Legislature.

The importance of the project was the resolution passed by the Department of Transport in the necessity of providing additional berths for the rapidly increasing traffic from Prince Edward Island, particularly during the tourist season. This is in line with the suggestion made here last week by Mr. R. B. Bennett, federal Conservative leader, in connection with our transportation bill. It is a great thing to have Mr. Bennett's support for a project of this kind. It is now up to the Transport Minister to take the initiative, with the further backing of the Finance Minister who also is understood to be in accord with the resolution.

Taxpayers Money Wasted

It is unnecessary on the following editorial from the Eastern Chronicle (Liberal): "The Canadian National Railways constructed a new sort of railway car. It is Diesel powered and is capable of running upon the rails, and can be switched from the rails, it can be driven on a set of roller-tired wheels and can travel on the highways. It was intended to revolutionize transportation through the interchangeable mechanism. Brains and mechanical genius were engaged in its construction."

Old Age Pensions

The Dominion-Provincial conference has been called by the Finance Minister, Dunning, to take place at Ottawa on November 12, to discuss the details of old age pensions. The Canadian Government has an excellent opportunity of implementing Plan No. 1 of its election platform, which reads: "During the Dominion Government's obligation to pay the full cost of old age pensions." The Federal Government will be recalled, that the Dominion Government is to pay 75 per cent of the cost of old age pensions during a period of world depression when the Dominion treasury was depleted. The Dominion Government is to pay 75 per cent of the cost of old age pensions during a period of world depression when the Dominion treasury was depleted. The Dominion Government is to pay 75 per cent of the cost of old age pensions during a period of world depression when the Dominion treasury was depleted.

The Bacon Quota

When the Empire agreements were signed at Ottawa in 1932 and Canada was allotted a quota of 250,000,000 pounds of bacon in the United Kingdom market there were many, even among the experts, who thought this figure meant that a guarantee made in the interests of the Dominion. Canada at the time was exporting less than 250,000,000 pounds of bacon to the United Kingdom and a part of that amount had to be used to meet the demand of the British people. The breeding and feeding of the bacon pig was not a knowledge easily acquired and there were few who believed at the time that the Canadian farmer would ever take full advantage of the large market which the agreement had opened up to him.

only had the quantity to be increased but quality as well. Putting bacon quality into the average Canadian hog was not as easy as it may appear to the layman. It meant adding length and depth to the hard and heavy pork animal more familiar to Canadians up to that time. It meant cross-breeding and new feeding practices. It meant, in short, that the average farmer had to make over most of his opinions on how to bring up pigs.

The development of this trade was made in the face of some of the worst crop conditions Canada has ever known. Feed supply and feed prices have a very direct effect on hog production for, to the farmer, hog raising usually just represents a means of selling surplus grains and feed.

Bacon prices have been remarkably steady over the past few years and to this factor, possibly more than any other, can be attributed the progress the Canadian farmer has made in bacon production. The market was provided, it paid the Canadian farmer to raise bacon type hogs, and he has taken advantage of his opportunity. He has not made any great profit but it has been steady, and this outlet was the best available for low priced feeds and surplus grains.

In short the bacon clause in the Ottawa agreements has had a great influence on Canadian agriculture the past four or five years. There are hundreds of farmers who would have gone under during those difficult times if it had not been for the steady and certain market opened for his grains and his bacon.

And this is but one of the beneficial results accruing from the Ottawa Agreements negotiated by the Bennett Government, which Mr. MacKenzie King and his supporters—including Mr. A. E. MacLean in the Province—voted against and denounced as "a Tory conspiracy!"

Editorial Notes

Gregorian Calendar introduced this date, 1582.

This Province held the limelight at the Maritime Board of Trade, Wednesday.

Full-time students in Canada's vocational schools number 65,000 and an additional 57,000 students attend evening classes.

The European continental powers are maneuvering for advantageous line-up in the event of the worst coming to the worst—which the Fates forbid.

Hope the Federal-Provincial Conference called for Nov. 12 at Ottawa on the subject of Old Age Pensions will result in the Federal contribution being raised from 75% to 85%. That was Mr. Bennett's suggestion, and Federal finances are better now.

Settlers from the province of Quebec established in the new emigration colony of Northern Quebec townships of Roussseau, Clermont, Lacarrie, Palmarsol and Ropemante, Abitibi county, are quite satisfied with their lot, according to Mr. Alphonse Hardy, president of the Back to Land Commission who has just returned from a tour of inspection into these parts. Mr. Hardy declared the best crops obtained in any colonization district of the province for the past season, were reaped in the Abitibi region.

The Australian Federal Government does not propose to take any action to check the Australian Broadcasting Commission in its determination to prevent political speeches for the elections except by the Leader of each party at the opening and closing of the campaign. This was made clear by Prime Minister Lyons. He indicated that he intended to allow the matter to rest as at present. No move has been made, he said, to ascertain the Government's powers under legislation governing the Broadcasting Commission. "If a restriction is to be applied it is better that action should be taken by an independent body than by anyone with political affiliations," he said.

Canada's convention with United States in which the two countries agree to exchange information needed to check on those United States citizens avoiding taxes by operating in Canada, and the reverse, will be made effective shortly. Regulations have been drafted and will be proclaimed shortly in the Canada Gazette. Regulations have already been promulgated in Washington. Under this convention, which was dated December 30, 1936, and was ratified at the last session of Parliament, the exchange of tax information will be retroactive to cover the calendar year 1935. Actions to obtain payment of overdue taxes, as well as applications for over payments, are expected to follow. The same principle is involved in the arrangement between this Province and the Dominion with regard to Income Tax Collection.

At the Civil Service Association our versatile Governor General declared a well-organized Civil Service is essential to the government of a civilized state. "What are the essentials of such a service," Lord Tweedsmuir asked. "In the first place it must be open to all. It must offer a career to talents drawn from every class. It must not be the preserve of one social grade or a hunting-ground for political jobbery. The method adopted in England and elsewhere is a qualifying examination open to anyone. That, I believe, is the best system for general purpose, but in certain cases it may be varied. The British Colonial service, for example, which sends out young men to administer large districts in the tropical parts of the Empire, has dropped the examination method, and selects its people by an elaborate system of cross-hearings—reports from school and college, private advice and personal interviews. That, I think, is reasonable, for there is no guarantee that the young man who is a good mathematician or writes neat Latin verses, will be therefore a capable administrator of a wild piece of country. But by and large, for all ordinary purposes, I think the qualifying examination is the right method. It guarantees for one thing freedom from political bias."

NOTES BY THE WAY

Head, 687; hair, 2,700; middle, 15; bones and sinews every day, and now is the biggest target in the world for the world's engines of destruction. But the figures above don't relate to the human body, but to the human body in general. The figures above don't relate to the human body, but to the human body in general. The figures above don't relate to the human body, but to the human body in general.

Our young patriots, fooled by masters who understand nothing of life, have today the illusion of having discovered what they call "French-Canadian nationalism." The movement has been going on for 60 years or more. It is a thing of words. What is worse, it is not to nationalism that it had led us, but to provincialism. Our ambitions, our dreams, and our ideals grow within the four walls of the Quebec cloister. We do not see anything, we do not want to see anything, that is not within the four walls of the cloister. We are not interested in the world as a whole, we are interested in the world as it is seen from the cloister. We are not interested in the world as a whole, we are interested in the world as it is seen from the cloister.

As every front line fighter knows, and as no pacifist War is weary man, it is in the rain toward a soldier's war, with wounds and scars, with mud, with hunger, with cold, with the memory of the dead, standing silent white mounds after him, it is no longer answered on the muster roll, war is the gasped soldier struggling for breath. And in these latter days war is more than this; it is the crying of women and children, it is the burning airplane hovering over innocent cities; it is the airplane dropping bombs to smother the huddled refugees who huddle in the deepest eaves of the inferno now.—New York Times.

Thankful falls and language courses for foreigners, as well as so-called "assimilation" in foreign languages can be used to build up goodwill toward foreign citizens. This is an important factor. For no propaganda language is more effective than that which is spoken by a native speaker. It is the language of the people, and it is the language of the people. It is the language of the people, and it is the language of the people. It is the language of the people, and it is the language of the people.

We have received a letter from the School of Higher Political Studies of the University of Ottawa, which has been written by the author of the book, "The Canadian Question." The letter is a very interesting one, and it is a very interesting one. The letter is a very interesting one, and it is a very interesting one. The letter is a very interesting one, and it is a very interesting one.

Some of them, endowed with culture and equipped by experience, have expressed their opinion with the knowledge in the world that the ordinary English of the horse is not the English of the horse. It is the English of the horse, and it is the English of the horse. It is the English of the horse, and it is the English of the horse.

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That Body of Ours

By James W. Barton, M.D.

IS IT SAFE TO TAKE MORNING EXERCISE?

I've been wondering how many overweights and others stopped taking their regular morning exercise a few months ago when the newspapers carried an article by Dr. Emory Paris, on the danger of getting up rapidly from bed and lying on the floor to do abdominal exercises—raising legs from floor.

Dr. Emory points out that this exercise gave the blood vessels in the head a distinct blow by sending the blood to the head too rapidly owing to the fact that at the moment of awakening there is a rise in blood pressure, and the circulation of the blood becomes stronger. Exercise at this time increases the circulation of blood in the brain because the vessels have not had time to adjust themselves to this extra flow of blood. It is therefore important for these individuals to stay in bed long enough to allow the circulation (which has been at a slow rate during sleep) to become normal in rate.

However there was one point that the newspapers did not mention or emphasize. This precaution (not jumping out of bed when first awakening) was for individuals past 50 years of age. After resting for ten minutes "persons beyond 50 years of age, and all those with high blood pressure should then dress to avoid sudden cooling of their bodies before taking the exercise."

Dr. Emory thinks that these persons—those over 50 and those with high blood pressure—should exercise between 4 and 6 p.m., as at that time of day their body temperature, muscular strength and general vitality are at their best. The exercise should be done without much effort or speed because their main object is to conserve the suppleness of the muscles.

There is no question but that for the average middle aged individual lying in bed for 5 or 10 minutes before getting up to take exercise is wise. I have taken my pulse when I first awakened and found it to be 80 when by thinking for 5 to 10 minutes and without moving the body have found it at 72. In a 20 year old normal male, with the heart beating at 70 to 76 it is quite safe to take any form of exercise. The thought then is that everyone over 50 years of age should take exercise every morning, but those past 50 and those with high blood pressure should wait for 5 to 10 minutes before getting up to take the exercise.

The Poet's Corner

THE GRASS BEYOND THE FENCE

Bessie the cow believes there's something better Than any grass within her own fenced acre. Beyond the barbed wire fence That marks the road; Something that waits and ripens For the labors And waits not for scythemen Or for talkers.

She can't escape the milking soon enough To get her head between two strands for sighting. To the man there ever so tall or tough; Her head gets tangled and she bleats In her fright. No cow she thinks her horns were meant for fighting.

Woe, woe, in mocking man's invention, The fence will not be always blundering and blab. Don't pasture is the wire's intention; Some day the barbs will have a job to do. And then, my girl, the grass will gobble you!

—Charles Maam in the New York Sun.

RECEIVES PARK FOR GOVERNMENT

(The Canadian Press) "SOUTH" Month's visit, Oct. 14 last, Gordon J. Lathen, governor and commander-in-chief of the Leeward Islands, on a 15-day tour of his charges formally accepted on behalf of the British government the Sturge Park. The gift, made by the Montserrat Company, was in memory of Joseph Sturge of Birmingham, the Quaker abolitionist and his son, Joseph Sturge, a philanthropist who was for many years managing director of the company. He died in 1934.

and are beginning to rule America. Wor hip of the mighty dollar appears in all its stark, naked ugliness when it silences the tongues of men who should speak.—(Minn. Herald Dispatch).

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And In Ontario! (Halifax Chronicle) We have more than once referred to the patronizing superiority which breaks out occasionally in the columns of certain Ontario journals—and from no other part of Canada—when referring to the poor folk who struggle their way through life in these benighted regions of the extreme east, and which have a stock phrase "down in the Maritimes where they take their politics seriously." Apparently the parable of the Pharisee and the Publican has not been as widely read as one might naturally suppose. As a commentary on the above we took up the editorial columns of the Toronto Globe and Mail, and blinked our eyes with astonishment to read the opening sentence of an editorial on the Hon. Earl Rowe. REGULATIONS RECOMMENDED FREDERICTON, Oct. 13.—(CP)—Regulations regarding motor car trailers have been recommended by Hon. J. B. McNair, acting minister of health and labor. They concern disposal of waste materials and would regulate the type of closets, sinks, wash basins and other fixtures used in trailers. A NICER LAUNDRY The laundry will be brightened and improved if white olefin is pasted on the stationary tub. It is easily wiped clean and is so much more attractive than the gray metal.

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