

Woman's Realm Social and Personal Fashions Literature

The Housewife And Her Activities



THE PRAYER.

If on a spring night I went by
And God was standing there,
What is the prayer that I would
cry

To Him? This is the prayer:

"O Lord of courage gravel
O Master of this night of spring,
Make firm in me a heart too brave
To ask 'Thee anything!'"
John Galsworthy.

TABLOID

After using grinder for meat or other foods, run two or three crackers or a piece of stale bread through to force out particles that cling to knives.

CORRECT WALKING IS GOOD FOR CIRCULATION

Muscular misuse of the body is responsible for ill health, and nowadays posture is not sufficiently studied nor is the incalculable psychological effect of good posture realized. Correct walking gives the organs of circulation, respiration, and digestion a fair chance to function well.

Small prints for summer sports and afternoon wear incline to novelty medallions and tiny motifs which are different to the usual floral or geometrical.

DO SKIRTS SAG?—WEAR SUSPENDERS

Suspenders will keep your tailored skirt from sagging. The hemline of any skirt no matter how well it is made, is apt to droop after considerable wearing, so save yourself from a wavy hemline by buttoning suspenders on your skirt. Have them made from the material left from your suit.

Make your garden habit a hobby by specializing in a few flowers and vegetables.

YELLOW FLOWERS

Yellow is a cheerful color, and is a favorite with many amateur growers. A yellow border with some blue plantings to go with the pale yellows, scarlets and clear reds for the brilliant yellows and a little lavender for the orange yellows, give a strip of brilliance and beauty. The dwarf sunflowers are good for the tall portion of the border. They are dwarf only as compared with their tall varieties, which may grow from 8 to 10 feet. They are easily raised annually and fine for cutting, the petals being long and often gracefully twisted.

Along with the sunflowers for tall yellows is the hummanna or bush California poppy.

The callipetal annual coreopsis, with golden flowers zoned with crimson is indispensable in the yellow borders, and the marigold, both tall and dwarf, with their cousins, the favorite calendula or pot marigold, will furnish beautiful cutting material. The California poppies furnish low growing brilliant masses of yellow.

The annual chrysanthemums give softer yellows. In a burnt orange of glistening texture unknown in other annuals are the African daisies, dimorphotheca. There are other shades from white to creamy yellow as well as brilliant oranges, all excellent for cutting.

The annual blanket flowers, or wallflowers, will furnish the touch of red along with yellow needed for the border, and they too are the cutting material.

There's sure to be at least one printed nylon night gown with a matching bolero jacket in the bride's trousseau.

LACE BLOUSES

Laces—and combinations thereof—have the list for summer blouses. Perhaps the lace may be a pseudolace which in reality is knit or crocheted, but its effect should be dressy even when it is used with sports wear. Or it may be of heavy Irish lace as Vera Borea exploits with a tailored black tulleur. Paquin, too, favors lots of dainty narrow Valenciennes lace on his summer creations.

BUTTERFLIES FOR GAUZY AND NOTE OF COLOR

That necessary bit of color to accent dark sheers, a sombre hat, or even dark slippers, can be supplied by the exotic wings of tropical butterflies. Perch a gorgeously butterfly on the narrow crown of a wide-brimmed straw, on the toes of your street pumps, in your smart new brushed-up coiffure at the next country club dance, and may be match it with overlapping shimmering wings to cover the high heels of your dancing slippers.

DIFFICULT QUESTIONS

When the child comes to you with a question you consider it unwise to answer, do not tell a direct lie to her. Answer truthfully as much as you want her to know and tell her you will explain more fully when she is just a little bit older. Never create a wrong impression, as you will soon lose her confidence.

SUMMER DESSERTS



Get time off from the kitchen by making these quickly prepared and delicious desserts with Canada Corn Starch. . . rich, inviting custard cups, cool, smooth blanc manges and appetizing frozen desserts. Everyone loves these wholesome warm weather treats, certain to please because of their delicious and appetizing frozen desserts. Everyone loves these wholesome warm weather treats, certain to please because of their delicious and appetizing frozen desserts.

CANADA CORN STARCH

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Salads

NEED THIS TOUCH

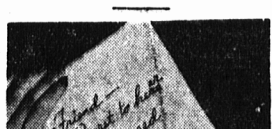
Add Lea & Perrins to your favorite Salad— or Dressing. You will be delighted with the flavor and piquancy this famous Sauce adds to the dish.



THE ADDED TOUCH THAT MEANS SO MUCH

Home Service

Write Letters Easily— Follow Simple Rules



Be Sure of Spelling, Grammar

The letter you mailed, to-day Will it strengthen a friendship tie? Make a good impression on a new acquaintance? Win a job?

Or will the person who receives it say, "How CAN anyone write such a pitiful, blundering little note?"

Play safe. Follow these friend-winning rules:

1. Address your friends by name. "Dear Mrs. Stanley" or "Dear Nancy". Nobody writes "Dear Friend" any more.

2. Avoid stiff-sounding phrases like "Regret you're indisposed." Be natural. Say, "I'm so sorry you're ill."

3. Don't be a Calamity Jane, talking of "troubles". Write instead, "How I wish I could send you an armload of our yellow tulips to cheer you up!"

4. Make your letters pleasing to look at—no misspelled or scratched-out words. And watch out for careless slips in grammar, such as "should OF" for "should HAVE". Our 32-page booklet gives sample letters for all occasions, social and business. Beginnings, closings, Invitations, thank-you notes. Sympathy.

Send 20c in coins for your copy of Good Letter-Writing Made Easy to the Guardian Home Service, Address. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____
Street Address _____
City _____ Province _____

Stripes continue in fashion for the summer, even in evening gowns.

It's the only flour for me!

When you've put the bread you've just baked on the table and folks keep asking for more—that's the real test of your baking ability, and of the flour you used. I've been using REGAL ever since I was a girl and it's never let me down yet. Now you see why I always insist on having it.



Dorothy Dix's Letter Box

Daughters-in-Law Often Learn Too Late That it Would be Better to Cultivate Peace and Good Will Among Their Husband's Relatives and They Pay a Severe Penalty

Dear Miss Dix—I married, while very young, a young man working on a small salary. When the baby came financial reasons caused us to move into his mother's home. I went resentfully, feeling myself a martyr because I had to live with my mother-in-law.

The other day she died and I have had time to think over my sins against her, so I am writing this letter in the hope that it will make some other silly young woman give her husband's mother an even break.

My mother-in-law gave up two rooms in her lovely home to us, which I took no time to see. I was a poor, persecuted creature, but I wanted my mother and I. I can see now how she tried to curb my many misdeeds because I was a newcomer to the city and she wanted them to love me. Instead, I must be grateful that I don't realize it too late.

My husband did not get advancement quickly, so I proceeded to belittle him in front of his mother and her friends and to make them think that I was a poor, persecuted creature, but I wanted my mother and I. I can see now how she tried to curb my many misdeeds because I was a newcomer to the city and she wanted them to love me. Instead, I must be grateful that I don't realize it too late.

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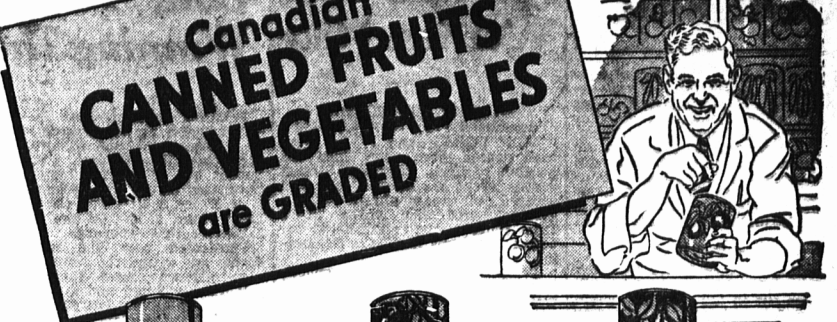
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Canadian CANNED FRUITS AND VEGETABLES are GRADED



FANCY QUALITY
Produced from a selection of the best fruit and vegetables available, perfectly matured, free from blemishes, uniform in size and colour; canned at the proper time, so that excellence of flavour and appearance may be preserved.

CHOICE QUALITY
Consists of fruit and vegetables selected for tenderness and fine flavour. Not as uniform as "Fancy Quality," allows slight variation in size, colour and maturity.

STANDARD QUALITY
Third grade prepared from well matured fruit and vegetables of good quality, but not as carefully selected for uniformity of colour and size as "Choice Quality."

No matter what variety of canned fruit or vegetable you buy, there is a way to be sure of getting exactly the quality you want . . . for Canadian canned fruits and vegetables are graded according to standards established by the Dominion Department of Agriculture. There are three grades: "Fancy Quality," "Choice Quality," "Standard Quality," which indicates third grade. The correct grade mark is printed on the label of each can.

To buy your canned fruits and vegetables by grade, simply ask for the quality you want by its grade name.

Marketing Services
DOMINION DEPARTMENT OF AGRICULTURE
Honourable James G. Gardiner, Minister.

BUY BY GRADE . . . BUY WITH CONFIDENCE

THE COOK'S CORNER

WEDDING CAKE
1 lb. blanched almonds
3 lbs. currants
3 lbs. seedless raisins
2 cups good brandy
1 lb. butter
1 1/2 cups brown sugar
16 eggs
1 cup mixed peel
4 cups flour
1 1/2 teaspoons baking soda
2 teaspoons cinnamon
1-2 teaspoon cloves
1/2 teaspoon nutmeg
1 cup mild molasses
1 cup sour cream

Method: This makes a very large cake. Blanch the almonds and slice them lengthwise. Pick over the currants and raisins and scald them. Dry them thoroughly. Place them in a jar with the almonds and mixed peel which has been cut fine. Add the brandy, which must be of the best quality, cover closely and let stand for 2 days. Cream the butter until light. Add the sugar which is measured well pressed down into the cup and continue creaming until it is dissolved. Now add the eggs, one at a time, and beat until they are thoroughly incorporated and the mixture is very light and fluffy.

Add the molasses and then the dry ingredients which have been sifted together. Add the sour cream alternately with these, and of course you sift the flour once before you measure it.

Line the loaf or tier pans with heavy brown paper and grease them well. Fill them about three quarters full of the batter. The pieces of well greased brown paper securely over the top of each pan and steam for 2 hours.

Lift from the steamer and leave the paper in place. Set into a slow 275 deg. F. oven for 1 1/2 hours, then remove the paper and bake for about 30 minutes longer to dry out.

Remove the cakes from the pans and remove the paper. Cool with almonds paste and then with thoroughly before being. Cover a layer of ornamental icing. Decorate in any desired fashion, using the shell edge of the pastry tube for the edges of the cake and the scroll or rosette point for the other decorations.

BRIDE'S CAKES
1 3/4 cups butter
2 cups sugar
1-4 teaspoon salt
2 3/4 cups cake flour
1 1/2 teaspoons baking powder
1 1/2 teaspoon vanilla
3 tablespoons milk
1 cup glace pineapple
1 cup bleached raisins
1 cup chopped almonds

Method: Cream the butter until it is very soft, then add the sugar gradually and continue to cream until the mixture is like whipped cream. Add the well beaten egg yolks and the milk and flavoring. Sift the flour once before you measure it, then sift once more with the baking powder and salt. Add to this the chopped pineapple, the raisins which have been

scalded and dried between towels and the almonds, blanched and chopped.

Beat the egg whites until they stand in peaks but are not dry. Fold these in and mix the batter lightly but thoroughly.

Turn into a 10-inch tube pan that has been lined with heavy brown paper and then well greased, and bake in a slow, 300 deg. F. oven for about 2 hours.

If you are using the tier pans, use the same slow oven, but the time will depend on the depth of the batter in the pans. Remove from the pans, ice and put together with butter icing or almond paste. Decorate with festoons, borders and rosettes made by forcing ornamental icing through a pastry tube.

Modern Etiquette

(By ROBERTA LEE)

Q. Should a woman use heavy perfume when traveling on a train?
A. No; nor when traveling on a boat, bus, or plane. A heavy perfume is often obnoxious to other passengers, and sometimes may even make a very sensitive person ill.

Q. When there is to be no wedding breakfast, how should the wedding cake be distributed to the guests?
A. It is cut into small pieces, placed in white boxes, and tied with white ribbon.

FASHION GUIDES FOR THE HOME DRESSMAKER

Practical Play Togs—Brother Sister. . . Two smart sister and brother sailor costumes that are so comfy for playtime.

Simple styling also makes them easy to launder. Flats are used with delightful effect in sister's one-piece dress to afford the necessary fullness to the model.

Brother's shorts are cut with ample fullness and buttons securely to the blouse. These little models can be all in one material or with a contrast for the collar. They are pictured in white pique with nautical blue blinds and buttons. Another nice suggestion is a nautical blue ground cotton printed in white nautical motifs. Edge the collar and sleeves with plain white binds and match the buttons to the binds.

Style No. 300 is designed for sizes 2, 4, and 6 years, and includes patterns for dress and suit in the same size. If different sizes are wanted, two patterns will have to be ordered and will cost 15 cents extra. Size 4 requires 1 5/8 yards of 39-inch material with 4 yards of binding for dress; boys suit requires 2 yards of 39-inch material with 3 1/2 yards of binding.

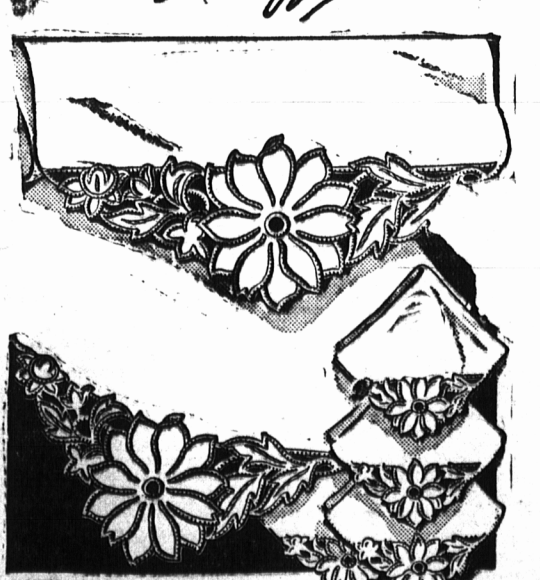
Send fifteen cents (15c) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian, #717-1/2.

Style No. 300 Size
Name _____
Street Address _____
City _____ Province _____

FOOLISH CHANCES
Never take chances with cut glass such as rinsing it under running faucet. Breakage is due to sudden changes in temperature and care must be taken that the water is neither too hot nor too cold. Tap water and ammonia bring fine results. Dry with a Turkish towel so all greases can be resched and polished.



Cutwork Cloth, Napkins & Runner by Mayfair



475
MAYFAIR NO. 475
Designs with many petals, buds and leaves, make this pretty cutwork design to be worked in the four corners of a cloth, on each end of a runner and on one corner of serviettes to match the cloth. It makes a lovely set, one you will be proud to own and one you will find most fascinating to make. Use either white linen with all white or colored embroidery or colored linen with all white or colored embroidery.

The pattern includes a transfer for each of the designs shown, with easy to follow working instructions and instructions for all of these designs. For complete patterns and instructions for all of these designs, send 20 cents in stamps or coin (coin preferred) to The Charlottetown Guardian Needlework Department.

Use this coupon
To The Charlottetown Guardian Needlework Dept.
DESIGN NO. 475
Name _____
Street Address _____
City _____ Province _____

How Can I???

(By ANNE ASHLEY)
Q. How can I remove kitchen odors?
A. The odor of fried onions, and also the odor of fish can be removed by pouring a little vinegar into the frying pan while it is still hot. Another method is to sprinkle oatmeal in the pan and shake it over the flame until the meal begins to scorch.

Q. How can I renew a can of shoe polish that has become dry?
A. Moisten the polish with a few drops of kerosene and the freshness will be restored.

Q. How can I avoid wrinkles in my pillow cases?
A. By ironing them lengthwise.

Household Scrapbook
(By ROBERTA LEE)
Cream Tint
If it is desired to tint the lace of muslin curtains a cream color, this can be accomplished by dipping them into weak coffee or tea. Be sure, however, that the dye is strained before putting the curtains into it.

Peanut Butter
Try spreading peanut butter between crackers and placing them in the oven until crisp and a golden brown. You will have a delicious little tidbit to serve with almost any kind of salad.

Chintz Curtains
Shiny chintz curtains can be cleaned by dusting thoroughly, then washing with a rubber sponge, dipped in lukewarm water and soap.

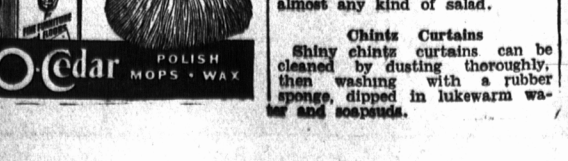
A Morning Smile

ALL MIXED UP.
A Michigan woman whose husband had died intestate wrote the following letter to the County Judge:
"Dear Judge of the Reprobate Court:
"My husband died detested, leaving me with four little infidels, and I want to be appointed their executrix."

MIGHT BE THAT.
"And did the doctor say what was the matter with you, Reggie?"
"Something that begins with 'rheum,' said."
"Ah, yes—room for improvements, no doubt!"

INSIST ON GENUINE O-CEDAR

Don't take chances! Use only genuine O-Cedar Polish— favorite of housekeepers the world over for 30 years. O-Cedar protects and preserves furniture, prevents spider-webs checking.



ONE
O-Cedar POLISH
MOPS · WAX