

Woman's Realm / Social and Personal / Fashions / Literature

DOROTHY DIX SAYS—

Wise Mother

Unwed Woman Would Be Smart To Live Among Strangers

DEAR MISS DIX: I am a young woman, the mother of an illegitimate son who is only a few months old and who is just my whole life. The father, a soldier, refuses to marry me. My problem is this: Only a few close friends know I have this child. They are urging me to leave town and go to another big city many miles from here and start all over again and telling all that I am a widow. I have heard of other women doing what my friends want me to do and it worked. I have a friend, who is a good lawyer, who can fix up a birth certificate as it should be fixed, giving the child and me the father's name.

By going to another town, I could at least enjoy my child. As it is now I only see him two or three times a week as I have had to put him in a boarding house for babies. It will be much better to live a lie by saying I am a widow than to have to hide him for the next 21 years, and he and I would have much happiness together. Since he can't have a father to love him he should by all means have a mother who can love him in the open.

J. K. I. L.

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Household Scrapbook

By Roberta Lee

Blackheads

A treatment for blackheads is to use soap and water freely. Gently massage a thick lather on the face, and when it has dried, rinse off thoroughly. The larger blackheads can be pressed out with the fingers using care not to bruise the flesh. Then sponge the skin with witch hazel. This treatment should be used daily.

Cream Substitutes

As a cream substitute for coffee, beat up the yolk of one egg, to which has been added one teaspoonful of sugar, and a very small amount of water. Divide this among the cups before pouring in the hot coffee.

Shiny Material

When black material becomes shiny, try rubbing the spots thoroughly with slices of raw potato and the shine will usually disappear.

Cook's Corner

PARKERHOUSE ROLLS

2 cups scalded milk
1 cake compressed yeast
1 tablespoon sugar
1 tablespoon melted butter
1 teaspoon salt
Flour to make a rather stiff dough

Scald the milk and put the yeast into 1/2 cup lukewarm water to dissolve. Add butter to hot milk so that it will melt and let cool. When lukewarm, add dissolved yeast to milk. Sift flour (about 3 cups) measure 2 cups and sift again with sugar and salt, and add to liquid mixture. Add gradually, mix smooth and then add more flour until you have a dough that you can handle. Let dough rise in a warm place then knead down, roll out to about one-half inch in thickness, and cut with cookie cutter. Put a small amount of butter on left half of each cut-out round, fold over, put into dripping pan, greased, about 1/2 inch apart, and let rise again until double in bulk. Brush with melted butter if you wish, or place in oven as is and bake at 275 to 400 degrees F., for about half an hour, or until nicely brown. Makes 2 dozen small rolls.

Living & Leisure

THE WOMAN'S REALM

BETTER STILL
A good thing to remember: Is to work with the construction gang. And not the wrecking crew.

PUT STICKY ROUGE IN REFRIGERATOR

Ever have a lipstick pull loose from its base and cleave to the roof of the case? When warm weather softens the rouge waxes, even a slight wrong turn on the screw base may flatten the lipstick tip against the case top.

But you don't have to count your lipstick a total loss if it puts on such a performance. Here's a trick to pry it loose without gouging up your fingers.

Ice the lipstick case in the refrigerator ice cube compartment. This stiffens up the soft rouge and makes it easier to jar loose. Pull out the empty base and place the top, open side down, on a hard surface covered with a piece of cleansing tissue. Then hit top sharply.

The tissue catches the lipstick when it drops and permits you to pick it up and push it gently back into its home base without soiling.

Better English

D. C. Williams

1. What is wrong with this sentence? "I want to see you."
2. What is the correct pronunciation of "intricate"?
3. Which one of these words is misspelled? Requiem, momentum, stratagem.
4. What does the word "terrestrial" mean?
5. What is a word beginning with kn that means "to form a mental image of"?

ANSWERS

1. Say, "I wish to see you." Wish implies desire, while want implies not only desire but also lack as, "I want ten dollars." 2. Pronounce in-tri-ka-ss, all it's as in it (second i unstressed), as in ask unstressed, accent first syllable, 3. Momentum, 4. Of the earth; worldly; as, "terrestrial delights," or, "terrestrial magnetism." 5. Imagine.

TOOTH-BRUSH NEEDS

Not everyone needs the same type of toothbrush. Only a dentist can advise one on particular requirements. Some people need only the regular use of the small, standard-size brush. Others should use a specially-shaped brush with a certain type of bristle. Still others need to use dental floss to clean between the teeth.

DO DOUBLE DUTY

In the latest London wholesale collections, many dinner gowns are being made both with an eye on Britain's export market and a new development in the home market. Brides-to-be, shopping for wedding gowns, often ask first to see dinner dresses. Moderately high at the neck with some elaboration of the skirt, not to speak of the varied length of the sleeve, these can be used later for their original purpose or for formal outdoor occasions.

NEW BLOUSES HAVE GIBSON GIRL LOOK

NEW YORK — Blouses come in for their share of notice, with attention centered on crisp white cotton Gibson Girl styles that boast pleated fronts. These were worn with monogrammed handkerchief-tied scarf fashion under the long pointed collars.

Morning Smile

CARELESS TALK

A four-year-old boy, perched on his father's knee in a crowded bus, looked hard at the stout, gauntly dressed woman as she bustled in and edged herself into the only seat left. Then he turned to his mother, "Mum," he said, loudly, "it's a lady."
"Hush dear," said his mother, "we know it is."
The little boy looked puzzled.
"But, Mummy," he shushed, "you just said to Dad, 'Whatever's this object coming in.'"

Ellen's Diary

By an Island Farmer's Wife

Jamie breakfasted with an eye to the door. "I want to be there," he said "when the canvases are put in place on the binder. I don't remember how they go. As yet these were in a snug heap on a verandah where James had fetched them from the closet up the back stairs, where they rest between harvest seasons. His breakfast was I believe similar to most small boys'. Orange, and cereal, the latter sprinkled generously by preference and Granddaddy, with brown sugar. Nor is one sprinkling enough, for with the least excuse it is skimmed, and a second application made. Buttered toast came next egg—a white one—was sliced in fetching daisies of gold and white. "No brown egg for me," he advised me, with a pleasant smile, from the old armchair, as I dropped them into the water "I'd like a white one today." James happened in then from the last of the choring said "did you hear him, Ellen?" and in a comfortable aside "certainly your grandmother'll cook you a white egg."

The meal was scarcely over before they were off to the near field where the binder had been fetched on a recent evening. Jamie eager and shod against the stubbles also chance brushes with thistles. James had the scythe, what, I knew to a keen edge, to mow the corners for the first cutting, while Jock carried twine and canvas. "I guess," Jamie observed, leading off "she'll not work too good—remember last year before the pole broke—some times she wouldn't tie the anvices at all. Getting old isn't she? was she here" and then the voices faded away as they disappeared behind the buildings. But Jamie's question to Jock would be "she here when you were a little boy?" which period when spoken of never falls to interest Jamie. And then when Rob came, the harvesting commenced and continued without delay until this evening meal of the day as they hurry away fields in is stook, and the binder taken to Rob's for the next of the cutting tomorrow.

Many interests attended this delightful Summer day, mellow sunlight, a breeze blessed with a light breeze. Warmly golden it was, the uncut grain rippling prettily at the wind's soft touch. Gossamer floated, and Jamie and I held breaths while a humming bird paused to court a colorful daisy. We shook apples from the old Transparent tree and there was a merry rush then to save our booty from one or another of the pasturing sows who came with derisive snorts and glints of humor to claim them.

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That Body of Yours

By James W. Barton M. D.

EAT SOME PROTEIN FOOD FOR BREAKFAST

During World War II a large airplane factory found that many of the workers seemed to be so tired at about 10:30 to 11 a. m. that a short rest period was given with time to eat a sandwich or take a soft drink.

Investigation showed that the reason so many felt weak at mid-morning was because they had eaten a small breakfast and practically none of them had eaten any protein foods, meat, eggs, fish. By having them eat a couple of slices of bacon or one slice and an egg, these same individuals were able to work right through until the noon hour without feeling tired.

I have spoken before of the value of a good breakfast and taking time to go to the stool after breakfast, in preventing constipation. By getting up 10 minutes earlier, eating a good breakfast, and taking time to go to the stool you get off to a good start for the day.

It is for this reason that nutrition experts point out that breakfast is the most important meal of the day from the standpoint of health. Yet a great many industrial and office workers make breakfast their least important meal of the day as they hurry away to work. As a matter of fact, not less than one-fourth of the day's food intake should be eaten at breakfast time by industrial workers, and about one-fifth by office workers.

We should remember that most of us eat nothing between our evening meal at 6 or 7 p. m. and our morning meal at 7 or 8 a. m. There are from 12 to 14 hours when no food is eaten, and so all work of digestion has been finished for perhaps several hours. Thus, when we eat our breakfast,



Tastes Good — IS GOOD—

ORDER

Eastern Bakeries' BUTTERNUT BREAD

break our fast, all our organs—including the stomach and intestines—have had a good rest and are ready for work.

Any object (a rubber ball has been used) placed in the stomach starts the stomach moving to push downwards. Thus, when a large breakfast is eaten, the stomach walls work hard. The movement of the stomach are continued down to the small intestine in which food is absorbed into the blood, and also down to the large intestine where wastes from the food are moved downward and so out of the body.

By eating a good breakfast, including some protein food, bacon, egg, fish, together with bread, cereal and one or more liquids, fatigue and constipation should be prevented.



Prompt Relief! Emollient, mildly medicated Cuticura Ointment soothes promptly, starts at once to help heal. Stays on the skin. At your druggist's.

CUTICURA OINTMENT

Q. How can I conceal scratches on the wall paper?
A. By moistening a scrap of the paper which has been saved, and then carefully scraping off the coloring with a sharp knife. Apply this coloring to the scratch and when dry it will scarcely be noticeable.

Q. How can I keep potatoes white when boiled?
A. When preparing potatoes, place them in a kettle to soak in cold water for an hour before cooking. After they have boiled and are ready for the table, they will be white and dry.

Q. How can I prevent drawing from sticking?
A. Try rubbing some floor wax on the slides and also on the drawers. Polish well, because unglazed rubbed in thoroughly, the wax forms a sticky coating.

"BE LOVELIER TONIGHT!"



Esther Williams
Star of Metro-Goldwyn-Mayer's "FIESTA"

"My Beauty Facials bring quick new Loveliness" — says famous star!

Here's the Active-lather facial Esther Williams uses: Smooth Lux Toilet Soap's rich fragrant lather well into your skin. Rinse with warm water, splash with cold. Then, with a soft towel, pat to dry.

A simple, easy care, but beautiful screen stars tell you it works—leaves skin softer, smoother, more appealing. So don't let neglect rob you of Romance. Lux Active-lather facials will make your skin clearer, smoother, more romantic. See the difference after just one treatment!

YOU want the loveliness that makes men whisper "I love you." This beauty care will make your skin more romantic, lovelier tonight!

9 out of 10 Screen Stars use Lux Toilet Soap — Lux Girls are Lovelier!

The Stars Say -

By GENEVIEVE KEMBLE

For Thursday, September 4

UNDER the concentrated pattern of benign and happy sidereal operations this should be a day of exceptional accomplishments, with much pleasure and gratification in the doing.

If It Is Your Birthday

Those whose birthday it is are encouraged to hold high hopes and desires for the fulfillment of cherished dreams of success, achievement and practical endeavor, concentrated on the "will to win" and to be happy and useful, by well-designed and executed patterns that "make dreams come true" in a most tangible and realistic way. Promotion, honors, preferment and pleasure are seen all along the way, with romance, adventure and festivity in the foreground. "Happy landings" are the order of the times.

A child born on this day is richly endowed with talents, graces, charms, idealistic and realistic equipment for a useful, profitable, honored and gracious level of life.

Modern Etiquette

By Roberta Lee

Q. Is it necessary that a bride wear a hat or veil if the wedding ceremony takes place in the church?
A. Yes, either may be worn, but at the home wedding, no matter what time of day, both hat and veil may be omitted.

Q. When you have moved into a new neighborhood, isn't it all right to call on all the neighbors that you wish to associate with?
A. No. The neighbors should call first; then you should return those calls.

Q. Should one use a knife or fork to place butter on a potato?
A. The fork should be used.

WARTIME PRODUCTION

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