

Woman's Realm / Social and Personal / Fashions / Literature

HAVE ANOTHER SLICE!

YOU SAID IT... tastes swell



—to bake bread just right, use Fleischmann's FRESH Yeast

You'll turn to bread especially these days as an essential high-energy, low-cost food. It supplies Vitamin B, and it's a fine stretch for other foods, too. If you bake bread at home—don't risk any failures. Use Fleischmann's fresh Yeast. It has been Canada's favorite for over 70 years because it gives such good bread every time. Ask for Fleischmann's fresh Yeast, with the familiar yellow label. At your grocer's.

MADE IN CANADA SUPPLEMENT YOUR DIET by eating 2 slices of FLEISCHMANN'S fresh Yeast every day. This fresh Yeast is an excellent natural source of the important B Complex Vitamins.

Living & Leisure THE WOMAN'S REALM

THE NEW BEGINNING

Every day is a new beginning. Every morning is the world made new; Ye who are weary of sorrow and sinning, Here is a beautiful hope for you. A hope for me and a hope for you.

All past things are past and over; The tasks are done and the tears are shed; Yesterday's errors let yesterday cover; Yesterday's wounds which smarted and bled Are healed with the healing which night has shed.

Every day is a fresh beginning; Listen, my soul, to the glad refrain. And spite of old sorrow and older sinning, And puzzles forecast and possible pain, Take heart with the day and begin again.

—Susan Coolidge.

FIRST FABRICS

The first furnishing fabrics manufactured in Britain for the home market in more than three years will be in the stores by Easter.

FOR THIRD TIME

Chatting over the garden wall, 77-year-old Mrs. M. E. Downs, of Stoke-on-Trent, England, told 78-year-old William Molitieux, of New York, that she had better make it up for company's sake. Molitieux accepted. It was the third marriage for each.

BOLERO SUIT IS SOFTLY FEMINE

NEW YORK—Sharply contrasted to the trim look of the suit is a softly feminine bolero blouse and crisp machine-stitched collar. The bolero theme is a favorite in suits. Vera Jacobs, a New York designer, shows it in an evening combination that includes a navy skirt, fuchsia bolero and sleeveless print blouse. The fallie suit for the cocktail hour is charming with bow trimmings at the shoulders, the neckline cut low so that it can be worn as dress or suit.

FOR VICTORIAN LOOK

NEW YORK—For the Victorian look, choose a modesty print, or a bouquet and lace print, and make the extended-shoulderline sleeves of tiny ruffles. Finish with nosegays of flowers and lace with ribbon streamers hanging from the left shoulder and one at the waistline.

HINTS ON ETIQUETTE

Don't stop speaking to people when you don't happen to like or wish whom you have had a disagreement. It is impolite and makes you appear ill-tempered. The least you can do is to say "Good morning" when you meet.

Place a well equipped shoe shine kit where your family will see it and be tempted to shine and prolong the life of their shoes.

POWDER FERTILIZERS PRODUCE GREAT YIELDS WHEN THE SOIL IS LIMED.

Some nemerteanes commonly found in soil are harmful to one-tenth the ordinary length.

Coal cutting and handling machines have increased the amount of bituminous coal mined per man per day approximately 50 per cent in 20 years.

Very few of the marine bacteria identified in ocean waters cause diseases in the inhabitants of the sea, and none cause diseases in man.

Hardwood adhesives from the fireplace stove may contain as much as the equivalent of two-thirds of a pound of ground limestone in every pound of adhesive, as well as other fertilizer elements other than nitrogen.

If evening dresses without the closest fit because the clothes hang, it is too low, attach loops to the waistline of each dress and hang from loops.

A JOB ONLY YOU CAN DO

Price Control Questions and Answers

Questions and Answers on Price Control will appear in this column as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board. Readers who have intelligent questions to ask on price control are invited to send them in writing to the Board's Regional Advisory Committee of the War Time Prices and Trade Board.

Q. I had understood that canned grapefruit was rationed. However, my grocer demanded a coupon when I bought a jar recently. Canned grapefruit was rationed for a time but is now back on the list of rationed fruits for some time now. It is rationed at 20 fluid ounces per coupon.

A. I applied for a ration book for my baby and I find that a number of coupons have been removed. In as much as I applied for the book as soon as the baby was born, should they have done this?

A. Yes, this is quite in order. Coupons are issued only from the date of application, as it is taken for granted that prior to that time coupons were not needed by the applicant.

Q. I had to surrender one preserve coupon for a 6 ounce jar of maple butter. Did I receive the correct value for my coupon?

A. Maple butter is rationed at 12 fluid ounces or one pound net per preserve coupon. You should have been able to obtain such jars if you wanted only one; the grocer would be obliged to take your coupon, as there is no way of dividing coupons.

KING COLE Distinctive Rare Flavor and Bouquet TEA

Dorothy Dix Says— PARENTS MOLD JUVENILE MIND Pampering Makes Youngsters Self-Pitiers —Bad Tendencies Flourish Under Blame

Every mother knows that M. when little Johnny falls and bumps his nose, she runs to him and gathers him up in her arms and "poor darling" him and says "did the mean old hurt my precious angel?" that he will shriek bloody murder; while, on the other hand, if she lets him pick himself up and says "Johnny is a brave boy. He doesn't cry when he gets a bump, he laughs," that the youngster will bite back his teeth and strut around showing how he can take it.

For children instinctively try to live up to their reputations, and the surest way to develop any quality in a child is to keep the spotlight turned on it and make him conscious of it. And this is particularly true of bad tendencies, which flourish under blame. Let a boy get a name for being tough, and a girl for being wild, and they think and defy the demerit of society just to show how hard and reckless they are.

NOT HELPLESS VICTIMS

It seems to me that in not recognizing this impulse that children have to be what is expected of them, that we are making our great mistake in dealing with the younger generation. For we have taught them their forefathers, and that they are the helpless victims of the mistakes that men and men that their mothers and fathers were.

The most mischievous phrase that has ever been invented is calling the youth of today a "lost generation," because it is a blanket excuse for the youth of today. It is a blanket excuse for the youth of today. It is a blanket excuse for the youth of today.

We cur forefathers, who heaved an empire out of a wilderness, didn't want before them for not having landscaped the forest and built country clubs and golf links for them. They didn't wall over being misunderstood and worked towards it. They didn't expect their lives to be soft-padded, and made the most of their opportunities.

I didn't have juvenile delinquency and our police courts were not filled with boys and girls in the days when the older generation expected the younger generation to stand on their own feet and take whatever came without whining. It is only since we have taught our children to be sorry for themselves that they have become softies. Perhaps the war will cure that. If it does, it will have justified itself.

MORNING SMILE

SERVED HIM RIGHT

Judge W. T. Horton of Jackson, Mississippi, rapped out "one dollar fine" to a motorist accused of violating the traffic laws, without looking up from his desk.

A few minutes later he had to dive into his pocket to produce the dollar fine.

HEARD HIM FIRST TIME

Joe (speaking over telephone to hard-of-hearing friend) — Going to the poker game tonight? Hard-of-hearing — What? Joe (loudly and exasperated) — said, "It's cold weather, we're having."

Hard-of-hearing — No, I'm not going — too cold out.

ALWAYS TIRED — Yet Sleep Didn't Help!

Doesn't it feel swell to wake up in the morning clear-eyed, refreshed, full of pep? Yet so many, especially over 40, wake up with aching joints, never really feel their best. The reason is often a common complaint—a system clogged with poisons from food waste. Like many people, you need help to clean out a sluggish system and start your metabolism afresh. The mild action of BILE BEANS is essential to good digestion and daily regularity. Why not start today? Try Bile Beans today! They won't hurt you. Over 7 million have tried them and they are helping others. 37

HOW CAN I!!!

By Anne Ashley

Q. How can I make a fire screen?

A. Form the frame work out of heavy picture molding, into which is placed a sheet of glass for the panel. This will afford protection from the heat and at the same time will give the pleasure of seeing the fire.

Q. How can I make a paint cleanser?

A. When cleaning painted surfaces, mix common white lime water to the consistency of flannel and then wash in cold water.

Q. How can I prevent having greasy doughnuts?

A. Doughnuts will not be so greasy if a pinch of ginger is added when making them.

HOUSEHOLD SCRAPBOOK

By Roberta Lee

Sour Milk

A great convenience and time-saver is a separate card-index for recipes calling for sour milk, sour cream, or buttermilk. In this way one may decide quickly how to utilize them for the day's menu.

Linen Shades

When laundering linen window shades they can be made to look like new by adding a little powdered borax to the last rinsing water and then ironing them while still damp.

Gold Fish

If gold fish become ill, the probability is that they have been over-fed or not kept clean. Lack of fresh water will soon kill them.

MODERN EDIQUETTE

By Roberta Lee

Q. Should the waiter or a girl's escort sit her at the table in a public restaurant?

A. It is the duty of the waiter to draw back the girl's chair and assist her with her coat.

Q. What effect does a very effective apology have on people?

A. It usually emphasizes the mistake. A quiet, sincere apology is best.

GAY MEXICAN PICTURES

DESIGN NO. 516

These clever Mexican designs are embroidered with simple stitches on towels, place mats or framed little pictures. Hot iron transfer pattern No. 516 contains 6 motifs measuring about 3 1/2 by 4 1/2 inches with complete instructions.

To order pattern: Write or send about picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Design No. 516.

Name _____

Street Address _____

City _____ Province _____

ELLEN'S DIARY

By An Island Farmer's Wife

We helped James drive a fat hog into a sleigh-box on its way to market this morning. Judy and I while Jock was harnessing one of the mares to take it to the station. James intended to wait for my assistance at the work. But when Judy said eagerly, "Let's go and help the poor old fellow," we would likely have been more or less interested by standers anyway. Judy volunteered to assist at the actual loading, being in the nimble "and" quick now with that tail-board. When this last is finally in place one may relax. But then not noticeably, if James is the driver until the procession has reached the morning's stand leaving me too negligently against the front of the sleigh. I was holding it in place and half enjoying the fresh air and sunshine. James separated the mail from his companions in the pen and herded the hog-ways. From there the animal resisted every effort to place him in the sleigh-box. Instead he went past Judy, past feed-barrels and palisade to the very end of the feed-way. However, James patiently herded him back to the starting point and by dint of much lifting and pushing, by combined force, for I had deserted my first post, he was persuaded to enter the sleigh. I was hurt when James asked in over-anxious tones, as he held the shafts for the new mare: "I do hope Ellen you didn't forget my injured feelings somewhat, when she asked: 'What are we supposed to do now? Kiss the pig good-bye!'"

We had very little time, however, to kiss any one to-day, for Jock made two trips to a distance for feed. Jennie too deserted her house across the lane leaving her flock of poultry in our care. I made an embarrassing situation at Alderlea's narrow path leading thither, each of us anxious to be the better of the other's production record of any previous day. Our assistance was needed at the point and Judy rolled from the mow. Hay was rolled the bedding from the loft. To-day Judy learned to distinguish between hay and straw.

Between trips, Jock had dinner at this house, and James told me this afternoon I reminded him of an old mother-robin, hovering about the house. I can think of the most curious simile I ever heard of. I needed anything at the store. Then with a herring for an yeast-cake, herring for a tin of powder, and a tin of baking powder, she and under blue skies, she had a desperate air, too, that I think of it. With St. Valentine's Day in the very near future, I had something to do with importunate mailing. I hope that James is here, it is no use wishing even on a St. Valentine's Day. James is past the valentine stage. What I do if James or some other member of the family forgets to send me a card with at least one heart on it, I do not know. Judy's news this afternoon was concerning some one from the road, who was very good to us at Alderlea on many summer-days. Do you know, Mrs. Ellen? she asked me "that court of our mail-men has gone to the city to take a course that will fit him for another line of work?" How we shall miss that boy who never found any of our "sendings" any trouble. But our legs on the Alderlea Road, and on other roads, some mail-route in the winter-semester, will be a lasting gain for him.

We had supper before dark this evening. The already lengthening days, as yet more noticeable in the evenings, to me are the first indication that Winter is fast slipping the twilight and then James was off to their house to visit. There was a happening in Jennie's home-community, where she spent the day. A farmer assisting at this morning's chores was suddenly called from earthily tasks. There have been so many sudden passages recently, old Mr. MacAllister's text he often preached in the Church at home, comes to me clearly to-night. "Be ye also as ready." Prophetic words. And I remember "Two women shall be grinding together; the one shall be taken and the other left." And even when there comes a drawing nearer to Y-2-day and the "loophole cometh", there are mountings of the Island for loved ones departed to-day.

A new moon was low in the west to-night. James found it for me above the frozen knapcups of the mountain-sid in the lawn-border. Only a small new-moon. What will the dark of it bring in our world-events? The porch-door is opening. It is James coming, not with a valentine, but with ruses-appent from the house across the lane, for Judy and me.

Oh, tomorrow — Diary—Good-night.

BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence? "She was bred and born in old Kentucky."

2. What is the correct pronunciation of "inflammable"?

3. Which one of these words is misspelled? Graphical, greatful, segregatus.

4. What does the word "discursive" mean?

5. What is a word beginning with "p" that means "a place where things are stored"?

ANSWERS

1. Say, "She was born and (then) bred in old Kentucky." 2. Pronounce it as in flame. 3. Grateful. 4. Passing from one thing to another. I have been doing nothing for so long, except idle things and discursive things.—H. G. Welles. 5. Repository.

Captivating... the touch of lovely hands... Hinds "double treatment" keeps hands soft and lovable



Hands that are soft as a whisper, smooth as silk, give a man's pulse... make him feel romantic. Every woman who keeps her hands soft, smooth and white will cause romantic dreams to come true!

HINDS "Double Treatment": HINDS Honey & Almond Cream before exposure to work or weather, and HINDS again after work and exposure to weather... will give you hands that look romantically soft, feel romantically soft. Hands that will cause romantic dreams to come true!

HINDS HONEY & ALMOND CREAM MEANS SMOOTH WHITE HANDS

Needlecraft FOR THE HOME

TONIC FOR SUITS

Subtly tailored or frilly, there's nothing so refreshing for your suits as Spring clothes. If you are thinking of new suits, you'll want to have one of these in a print.

No. 2556 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44 and 46. Size fabric for the long sleeve blouse; short sleeve blouse with ruffles. Send 40 cents for PATTERN which includes complete instructions. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department, The Charlottetown Guardian.

Name _____

Street Address _____

City _____ Province _____

COOK'S CORNER

OATMEAL DRESSING

10 cups soft bread crumbs
2 1/2 cups rolled oats
2 onions, chopped
1 teaspoon salt
1/2 teaspoon pepper
1/2 cup water
2/3 cup water

Method: Combine the soft crumbs and rolled oats. Then add the finely chopped onion, salt, pepper and sage. Now stir in the melted butter and the water. Mix the dressing thoroughly. Stuff into the cavity of the bird lightly. This amount is enough to fill a 12 to 14-pound turkey.

LIVER IN SOUP ORRAN

1 pound beef liver
1/2 cup flour

Remove coarse tubes and membranes from liver. Season liver with the salt and pepper and dredge liver thoroughly with the mixture. Heat a little bacon dripping and brown liver in it, turning frequently. Add sour cream cover and cook until thoroughly heated. Turn out on a heated platter and sprinkle with the chopped parsley.

How to COLDS!

Mothers cannot always guard their children against exposure or contact with colds which are catching. Wise mothers, however, can get after colds quickly and effectively with Father John's Medicine.

It fights colds two ways, from inside by supplying extra quantities of Vitamin A to build up inner resistance and by soothing throat irritations. Get Father John's Medicine from your drug store today. Keep a bottle on hand constantly.

Made in Canada

You, too, can be proud to show off your baking!

WHAT a thrill to pull out of the oven a pan of fresh-baked biscuits—every biscuit perfect! Think how it sets you up in your own estimation, and makes you envied even by your mother-in-law! You can achieve consistent success in your own baking, once you learn to rely on fine, white Regal Flour.

When you use Regal Flour, you get lighter, whiter, and more even baking, both in biscuits and in bread. You get big, high, fluffy, tasty cakes, and the kind of smooth, flaky, delicious pastry you love to set your teeth in! Get the benefit of Regal's 33 years of expert experience. Choose Regal!

REGAL BISCUITS

3 c. sifted REGAL FLOUR
4 tps. baking powder
1 tsp. salt

3 tps. butter, or 1 tps. butter, and 1 tps. lard
3/4 c. milk or diluted milk

Sift the flour, then measure and sift twice with the baking powder and salt. Cut in shortening with two knives, and add the liquid gradually. Toss on floured board. Pat lightly till 1/4 inch thick. Cut and bake separately, on greased tin, in hot oven (450 degrees) about 12 to 15 minutes. Recipe makes 12 biscuits.

ALWAYS RELY ON REGAL FLOUR

Regal Flour is sold in 98's, 49's, 24's and in the handy 7 lb. bag with handle.



DESIGN NO. 516

These clever Mexican designs are embroidered with simple stitches on towels, place mats or framed little pictures. Hot iron transfer pattern No. 516 contains 6 motifs measuring about 3 1/2 by 4 1/2 inches with complete instructions.

To order pattern: Write or send about picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian, Design No. 516.

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