

Woman's Realm Social and Personal Fashions Literature

BLUE RIBBON TEA

Really delicious



SAVE THE COUPONS FOR VALUABLE PREMIUMS

Modern Etiquette

By Roberta Lee

Q. When should the guests arrive at the church for a wedding ceremony?

A. From a half hour to not later than five minutes before the ceremony. The guests should be seated before the parents of the bride and bridesmaid arrive.

Q. When passing in front of someone seated in the theater, is it proper to say, "Pardon?"

A. No; the correct phrase is, "I beg your pardon."

Q. Should a man ever wear a morning coat with striped trousers at six o'clock in the evening?

A. No.

Ellen's Diary

By an Island Farmer's Wife

That is what James said when he wakened to stretch deeply at cock's crow this morning: "This is the morning after!" then lapsed by age, I'm afraid he both disregarded the faint streaks of dawn on our eastern window and wandered off again into dreamland. However, in very good time, considering the length of last night's trip, and our late return, we came to our rooms. James went first to visit briefly the grand-daughter in the house across the lane, from whom, to his mind, he had been separated too long, before going on to his rooming. I called Jamie, to let him know we had returned but Jamie "won't be out today - I'm too busy here. And are you remembering that Halloween comes tomorrow? and if I'm not out there by dark, don't forget to light the Jack o' Lantern and put it out on a post . . . to scare the old witches" Jamie laughed. I came then rather lazily to my house-keeping and "turns." For James any trip away from the farm is taken with an open mind, and any lesson he may learn he tries if it is feasible at all to make it practical in our farming at Alderlea.

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How Can I!!!

By Anne Ashley

Q. How can I take care of feet that are hot and swollen?

A. Try bathing them in warm water in which a few grains of permanganate of potash have been dissolved, just enough of the potash to make the water a bright pink. Then massage with rubbing alcohol, or mentholated spirit, and finally dust the feet with boric acid powder.

Q. How can I avoid the necessity of polishing the silverware so often?

A. Wash the silver in plenty of hot soapsuds after each time used, rinse in boiling water, and it will not have to be polished so often.

Q. What can I use as a substitute for cream in a cup of coffee or chocolate?

A. A delicious substitute is to add two or three marshmallows to each cup of coffee or chocolate.

DOROTHY DIX SAYS—

Feminine Charm

Girls Can Cultivate Qualities To Attract Without Being Beautiful

There is one question I am asked oftener by girls than any other and that is how to make themselves charming. In fact, one girl wanted this information so badly that she was willing to pay for it, and she sent me five cents asking me to please send her, for the enclosed nickel, a reliable recipe for acquiring it.

This knowledge would be a bargain at any price, for charm is a far more valuable asset to a woman than either beauty or brains, but, alas, we do not even know in what it consists, and we no more know how to make it than we do how to whip up a little bunch of atomic bombs that would annihilate all who came in contact with us. It is just something that one woman has and another woman hasn't, and there she is, a daughter of the gods or a stepchild.

As near as we can define charm, it is the comely look in a woman's eyes that attracts us as a

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The Stars Say—

By Genevieve Kemble

For Friday, November 7

THE indications for the day are for a lively and progressive state of affairs, with the ambitious keyed to extra efforts for accomplishment, the carrying through of new plans and purposes, perhaps by change, travel, new contacts or understandings with those whose cooperation is needed. Nevertheless there is danger through oversteering the bounds of reason and sound judgment, or being prodded to overact or indulge in personal extravagances or unwarranted expenditures. Slow may be sure.

For the Birthday

Those whose birthday it is may anticipate a lively and eventful year, in which the energies and mental outlook seem to lure into change, fresh pastures or new relationships, in both business and personal contacts. Plans and objectives are high, but at the same time they may be so keen and heightened as to lead to extravagances, excesses, and lack of sound judgment in investments or in an over-zealous course of action. Gain and happy adventure may best materialize through matured plans shrewdly carried to fulfillment.

A child born on this day should be versatile and qualified for an interesting and eventful life, although prone to prodigality, over-enthusiasm and probably false pride or bombast.

Morning Smile

It was a difficult harvest time for old Eph, the county policeman. For years he had moaned about his poor crops. And all this Spring and early Summer he had told everyone who would listen that ruin was facing him.

But despite his lamentations, gathering time found him with bumper fields of corn, cotton, potatoes and other products. Nature had yielded to him the jackpot.

A neighbor said, "Eph, I guess you're satisfied, for a change. You surely have no complaint now."

Old Eph looked upon his acres with saddened eyes.

"Well, I tell you," he whined, "such crops as these are dashed hard to the soil."

Living & Leisure

THE WOMAN'S REALM

If this little world tonight suddenly should fall through space in a hissing, headlong flight, shrivelling from all its face, as it falls into the sun, in an instant every trace of the little crawling things—ants, philosophers, and mice, cattle, cockroaches, and kings, beggars, millionaires, and mice, men and maggots all as one, as it falls into the sun . . . Who can say but at the same instant from some planet far distant from some star far off: "See the pretty shooting star!" —Oliver Herford.

LESS GLITTER NOW

NEW YORK — The glitter of sequins and rhinestones so important to the evening dresses a short time ago, is noticeably lacking this season. There is far more stress being laid on good basic design, sound craftsmanship, and fine materials.

TWO-WAY FASHIONS

NEW YORK — Two-way fashions get a strong vote from all teenagers, they like the suit with pinstriped skirt that may be worn back or front as her mood dictates. And, boys, please lend a more formal air and look pretty when a girl is dancing.

WAIST MINIMIZERS

NEW YORK — Hattie Carnegie sometimes pads hips and puts crinolines under them. She continues the advocacy of her little waist minimizers, the tiny satin corset that is said to take about two inches off the waist. Her hemlines vary with the movement of the dress and with the occasion for which it is made, so that there are many good lengths.

Household

Scrapbook

By Roberta Lee

Inexpensive Linens
Inexpensive linens may be made to look much better with a little care. After washing and rinsing, wring dry and roll in a clean cloth. Let it stay rolled for two hours and then iron until thoroughly dry. This will insure a gloss and keep the linen in better shape than if hung in the line.

Goldfish
When the goldfish do not appear as lively as usual, add one teaspoonful of salt to each quart of the water, and it will often help them.

Roast Meat
When roasting meat, place a dish of water in the oven with the meat and it will prevent scorching.

That Body

Of Yours

By James V. Barton, M. D.

HOARSENESS ONLY EARLY SIGN OF CANCER OF LARYNX

A surgeon friend of mine asked me to examine a patient's throat, making the remark, "I'm very proud of that job." As I looked into the throat there was an absence of teeth, tonsils and such other tissue, showing no scars of any surgery having been performed. The surgeon said: "The reason I'm proud is because the cancer was too far advanced for surgery, so it was treated with radium and you can see the excellent result obtained."

Cancer of the larynx is not uncommon, and patients who undergo treatment early can be cured. Even in those cases where cure is about 15 per cent are not cured by radium, X-ray or surgery.

As little colds in the head often cause hoarseness owing to the inflammation at the back of the throat extending down to the vocal cords, very little attention is given to a slight hoarseness as it usually passes away in a few days.

However, as pointed out by physicians, a hoarseness that persists for more than two weeks should be investigated and considered cancer until proved otherwise.

In the "Texas State Medical Journal," Dr. C. C. Cozy states that hoarseness is the earliest and most persistent symptom of cancer of the vocal cords, and any patient with hoarseness persisting as long as two weeks is entitled to an examination of the larynx. Pain extending to the ear, wheezy cough, pain on swallowing, bad breath and persistent pain are "late" symptoms.

Cancer of the larynx may appear as an ulcerous, warty or cauliflower mass on one or both sides of the vocal cords. By using a local anesthetic and removing a piece of this tissue, the physician can tell whether it is cancer, tuberculosis, syphilis, or other growth.

The lesson, as pointed out before, is that as hoarseness is the only "early" symptom of cancer of the larynx, no one should wait longer than two weeks at most before consulting his physician or a throat specialist, as early cancer is curable. Late cancer is incurable.

Better English

D. C. Williams

1. What is wrong with this sentence? "The Church will have their annual meeting next week."
2. What is the correct pronunciation of "reparable"?
3. Which one of these words is misspelled? Concentric, consensus, concentrate.
4. What does the word "discern" mean?
5. What is a word beginning with "mp" that means "ungodliness"?

ANSWERS

1. Say, "will hold its annual meeting." 2. Pronounce re-pa-r-a-ble, both a's as in ask unstressed, and accent first syllable, not re-pair-a-ble. 3. Consensus. 4. To understand; to detect. (Pronounce di-zurn, 1 as in did.) "The first point of wisdom is to discern that which is false, the second to know that which is true." Lactantius. 5. Imply.

Cook's Corner

GOBLIN COOKIES

(Makes 3 1/2 dozen cookies, 1/2 cup shortening, 1/2 cup brown sugar, 1/2 cup granulated sugar, 1 egg, 1 tablespoon water, 1/4 teaspoon vanilla, 1/2 cup sifted flour, 1/2 teaspoon soda, 1/4 teaspoon salt, 1 1/2 cups rolled oats (quick or reg.), 1/4 cup chopped nuts, 1 seven-ounce package chocolate chips or use chocolate-walnuts.)
1. Cream shortening and sugars gradually and cream well. 2. Beat in egg until fluffy. 3. Stir in water and vanilla. 4. Sift together flour, soda and salt and add to creamed mixture. 5. Add rolled oats and nuts. 6. Roll dough into small balls between palms of hands. Place onto greased cookie sheet, flatten slightly and place chocolate chips in cookies to make a face on each. 7. Bake in a moderate oven (375 deg. F.) for 12 minutes.

SPOOK'S PUDDING

2 cups cooked pumpkin (canned or fresh), 2 tablespoons butter (melted), 1 egg well beaten, 1/2 cup milk, 1 teaspoon salt, 1/2 teaspoon pepper, 1 teaspoon sugar, 1/2 teaspoon nutmeg, 1/2 lb. frankfurters, 4 tablespoons mustard. Mix all ingredients, except frankfurters and mustard. Place mixture in buttered baking dish. Split frankfurters lengthwise - spread with mustard and place on top of pumpkin mixture. Bake in oven at 400 deg. F. for 15 minutes, then place under broiler for 10 minutes. Serves 6.

Do you suffer MONTHLY FEMALE PAIN?

This fine medicine is very effective to relieve pain, nervous distress and weakness, "dragged out" feelings, of such days - when due to female functional monthly disturbances. Worth trying!

LION E. PARKMAN'S VEGETABLE COMPOUND

for HEAVY TRAFFIC!
Old Windsor FLOOR WAX

BUYS AND WHYS BY Barbara Brent

A weekly advertising and information service for today's woman

MONTREAL, Nov. 6th.—You'll hang a "Reserved for CROWN BRAND" sign in a handy place on your kitchen shelf once you've tasted this corn syrup with the true distinctive flavour! Try tricks like this with CROWN BRAND . . .
● Spread it on breakfast toast . . . sweeten hot or cold cereals with it.
● Use it as a milk-modifier for baby . . . and, by all means, use it in baking!
Ask for famous CROWN BRAND next time you go marketing . . . then write to me—Barbara Brent, 1411 Crescent St., Montreal, P.Q.—for your free copy of CROWN BRAND Recipe Sheet C.B. . . . Oatmeal Bread—Vegetable Baked Custard—Small Fudge Cake!

WHERE'S THE WOMAN who doesn't find today's meat a challenge to her ingenuity? Sleuthing around for meat-saving suggestions . . . here's my tip-of-the-week . . .
One deliciously effective way to save meat and hold down meat bills is to use more OXO—for OXO is extra-tender, extra-lean beef in concentrated form. So make good-tasting stews, using less meat and less expensive cuts of meat. Get extra meatiness by adding OXO cubes or fluid OXO! And, because gravy makes your meat seem like more, serve your roasts with lots of rich, brown gravy! Remember, OXO prices have not increased since before the war!

GOOD NEWS! OATMEAL OATS are better . . . flaked by the true Scottish Process . . . real breakfast treat! Here are choice Canadian . . . each tender grain gently rolled into a favour-right toasted flake, retaining all its natural, healthful goodness. This oatmeal breakfast food is a jiffy! Serve OGLIVIE Minute OATS piping hot for breakfast cheer . . . something special to start the family's day right! Take my tip . . . just use them . . . only then will you appreciate how really good they are! Ask for your purchase of OATS at any grocery!

HERE'S A SMALL-SIZED MIRACLE for you—LEKTROLITE—the cigarette that really lights—come rain, shine or roaring windstorm! LEKTROLITE is different from any lighter I've ever known. There's no flame—just a steady, wind-proof glow. No flint to wear down—no wick to fall—no wheel to jam or sooty mess to tinker with! LEKTROLITE is compact, convenient and feather-light . . . just the right size for your purse or your husband's pocket. "Light up" with LEKTROLITE—every time!

KING OF YOUR KITCHEN . . . is the little fellow in the high chair! Because his food means so much to his good health and happiness . . . you'll want to give him the very best start the family! . . . a pretty puff of food! When he's just a tiny tyke . . . HEINZ Strained Foods are an important part of his diet. After his first birthday—he'll vary his menu with coarser-textured HEINZ Junior Foods. For more about Junior's diet . . . simply write to me, Barbara Brent, 1411 Crescent St., Montreal, P.Q., for your free copy of "Your Baby's Diet!"

SO-NICE TO COME HOME TO . . . a bright smile . . . a delicious dinner . . . a cool round of 7-Up when dishes are done! Make 7-Up your family "Fresh Up" . . . it's so wholesome and good . . . a fresh, lemon-lime drink, fairly bubbling over with good cheer for everyone from Small Sue to Big Bill! It has a merry goodness—a fresh, clean-tasting flavour that is the very essence of cheerfulness. So keep your family supply in the ice-chest from dawn to bedtime! You'll find yours at any store displaying the bright 7-Up sign!

WINTER FUN IS WHERE IT TRAILS ARE and this year you'll take to those trails in the newest ski jackets of NYLON! Truly a superb new use for nylon . . . these smartly styled jackets have been tested and enthusiastically approved by top-notch ski pros! Lightweight, windproof, durable and always neat . . . nylon ski jackets are a warm-as-toast answer to a skier's "weightiest" clothing problem! Don't wait 'til the snow lies deep to buy your nylon jackets . . . you'll find first-quality ski jackets in "Fabric Made of C-L-L Nylon Yarn" available now in all better stores!

Needlecraft FOR THE HOME

FIRST LOVE
Here's an enchanting ensemble you'll want to make for the little girl in your life. A pretty puffed sleeved frock with a prim contrasting collar . . . a cunning coat that has pockets to play hide and seek in the panel front.
No. 2177 is cut in sizes 1, 2, 3 and 4. Size 2 coat requires 1 1/2 yards 54-inch dress, 1 1/2 yards 35-inch, 1/4 yard 35-inch contrasting.
Send 20c for PATTERN, which includes complete sewing guide, simply write to me, Barbara Brent, Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or zone number in your address.
Address Pattern Department, The Charlottetown Guardian.
Pattern No. 2177

2177
SIZES 1, 2, 3, 4



Name _____
Address _____
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CARDIAC CASUALTIES
During the First World War, one British soldier was affected by disturbed heart action for every four actually wounded.



I ALWAYS USE RINSO TO GET BETTY'S DRESSES SNOWY WHITE

MOTHERS! CHANGE TO RINSO AND WHISTLE WHILE YOU WASH

YOU'LL NEVER BE SATISFIED WITH ANYTHING ELSE once you see Rinsol WHITENESS! Yes, gentle, soapy-rich Rinsol suds float dirt away in no time . . . get your whites gleaming white—washable colors sparkling bright. NO HARD RUBBING NECESSARY.

Even ground-in dirt and stubborn spots vanish quickly because soapy-rich Rinsol suds get out more dirt FASTER, SAFELY. RINSOL IS MARVELOUS IN BOTH TUB AND WASHER. See how soapy-rich Rinsol suds save you both time and work.

RINSO GIVES THE WHITEST WASH

