



Don't SCOUR Your Teeth

USE a tooth paste that cleans and polishes in a natural way—get Mennen's.

Mennen's is free from grit and all injurious substances. It thoroughly cleans the teeth and removes stains and tartar.

And then there is the fresh cool after-taste that is so agreeable compared with the "druggy" sickly taste of so many dentifrices. Mennen's with its zip and tang is the man's favorite.

MENNEEN'S CREAM DENTIFRICE

Sold by Druggists. If unable to obtain it readily, send 10c. and we will send you a Demonstrator tube containing enough to enable you to give this Dentifrice a thorough trial. Write today.

Selling Agents for Canada MAROLD F. RITCHIE & CO. LIMITED, 100 St. James Street, Toronto.

Canadian Factory: Montreal

How About that Heating System? See TRAINOR 80 Grafton St. About it today

See Our Separators Don't fail to see our exhibit of De Laval Cream Separators, at 149 Great George St.

Jas. D. Offer Charlottetown 463-10-11st1mo.

For Preserve 'Chow' or Pickles the best jars are our Mason Perfect Seal and Crown. A new stock just in. LACK'S Sunnyside

The Western Guardian

—IT PAYS to buy in this province. —MR. W. K. McGOUGAN is Guardian representative in Summerside.

—ROBIN HOOD FLOUR—Just received, it has no equal in quality and makes more loaves than any other brand. Price right. Send your order to us. F. W. Strong, Co., Ltd. 623-10-16M21.

—MEDICAL BOARD.—The Medical Board, under the Military Service Act, composed of Capt. J. A. McPhee, M. D., Dr. E. T. Tanton and Dr. Jardine, commenced work for the Summerside district in the Army on Wednesday morning.

—CHURCH OF SCOTLAND.—Rev. Jas. MacDougall will preach Sabbath the 21st at Cape Traverse at 10.30. Searletown at 3 a. m. Summerside at 7.

SOCIAL SERVICE

(Continued from page five) one. The general health of the province and the City was excellent, this year better than ever, there being no epidemics of any kind. (Applause.)

PROTECTION OF GIRLS.

Dr. Shearer then dealt with the "Age of Consent" and showed that whereas in Newfoundland and in the Old Country it was sixteen, here in Canada it was fourteen. The Social Service of Canada had got the Minister of Justice to introduce legislation to raise the age to sixteen, but he had expressed the opinion that it would pass through the House of Commons but it would fail in the Senate.

Rules of conduct and of life are required to meet the present conditions that are more different and more difficult than any this country has yet experienced, from which arises the need—urgent need of councillors of great ability and wide experience.

Using the words of Sir George Foster, the Doctor declared that patronage is the greatest single evil of Canadian public life. "But, he added, it is merely a man-made custom; it is not law, at least not a law of the Medes and Persians that cannot be changed."

THE PATRONAGE SYSTEM, ETC.

Mr. J. K. Ross initiated a discussion on "The Patronage System, Graft—the evil and the Cure." Regarding party patronage Mr. Ross said it involved a serious problem which it was difficult to handle so far as the present system of government was concerned.

Continuing he spoke of the preparations being made for attending to the returned wounded and convalescent soldiers—the Convalescent Hospital on Government House grounds and the Dalton Sanatorium and annex being capable of accommodating some 400 patients—the total cost for the work being in the vicinity of \$200,000.

Dr. Shearer made a few remarks to stimulate the offering. He stated that this is the last series of the ten Social Service Congresses. These Congresses pay their own way.

The absolute unavoidable cost of the present series is some \$565. Newfoundland had paid \$250, Cape Breton \$100 and P. E. I.'s expense was down as \$215 with an additional expense for printing, etc., of \$50—making \$265 for Prince Edward Island.

THEY GAVE THIS RUN-DOWN MAN VINOL

And He Got Back His Strength and Energy Sheboygan, Wis.—"I was all 'fagged out' run down, no appetite, nervous, sleepless nights and drowsy during the day, and was not fit to work. A friend told me to take Vinol. I did so, and can now eat three square meals a day. I sleep well, am alert, active, strong and well and have gained eleven pounds."—A. W. Higby, Sheboygan, Wis.

This is because Vinol contains the elements needed to create a healthy appetite and restore strength. The complete formula is printed on every package. This is your protection.

E. A. Foster, druggist, Charlottetown. Vinol is sold in Montague by H. J. Mabon, also at the best druggists in all Prince Edward Island towns.

CATARRH LEADS TO CONSUMPTION

Catarrh is as much a blood disease as scrofula or rheumatism. It may be relieved, but it cannot be removed by simply local treatment. It causes headaches and dizziness, impairs the taste, smell and hearing, affects the voice, deranges and digests, and breaks down the general health.

Continuing he said that the great progress in the United States and the unmeasured freedom of the people of that land was greatly due to social service. In England where the abuse of privilege had grown rank, such men as William Wilberforce, Lord Shaftesbury, Hood with his "Song of the Shirt", Dickens and his Little Dorrit and Oliver Twist, William Morris, Charles Kingsley—

He spoke in favor of conscription and food conservation—especially the latter, which formed the theme of his discourse. In passing, he touched on the present opportunity for service, the social vice, suffrage, the low wages paid to working girls, the double standard in economics and the liquor traffic.

The national Anthem, sung by the platform and audience brought the meeting to a close at ten o'clock—the genial doctor fulfilling his promise that he was a "ten o'clock speaker."

He denounced patronage as degrading to the men receiving it, the men disposing of it and the electorate that made such things possible.

Dr. Cassell's Tablets are the supreme remedy for Dyspepsia, Kidney Nervous ailments and Nerve paralysis. Specially valuable for nursing mothers and during the critical periods of life.

DR. DEVAN'S FRENCH PILLS A REGULATING PILL for Women. \$5 a box or three for \$10. Sold at all Drug Stores, or mailed to any address on receipt of price. THE SCOBELL DRUG CO., St. Catharines, Ontario.

PHOSPHONOL FOR MEN. Restores Vitality; for Nerve and Brain; increases "gray matter"; is Tonic—will build you up. \$5 a box, or two for \$9. At all drug stores, or by mail on receipt of price. THE SCOBELL DRUG CO., St. Catharines, Ontario.

ISLANDER IN CASUALTY LIST

Pope Howatt, son of Mr. Hubert Howatt, M.L.A. Killed in Action. In a recent casualty list which appeared in our columns, amongst the names of Islanders was that of Private Pope Howatt, Infantry, killed in action.

Using the words of Sir George Foster, the Doctor declared that patronage is the greatest single evil of Canadian public life. "But, he added, it is merely a man-made custom; it is not law, at least not a law of the Medes and Persians that cannot be changed."

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Like A Boy at 50 Bubbling Over With Vitality--Taking Iron Did It

Doctor says Nuxated Iron is greatest of all strength builders—Often increases the strength and endurance of delicate, nervous folks 100 per cent. in two weeks' time

NEW YORK, N.Y.—Not long ago a man came to me who was nearly half a century old and asked me to give him a preliminary examination for life insurance. I was astonished to find him with the blood pressure of a boy of 20 and as full of vigor, vim and vitality as a young man; in fact a young man he really was notwithstanding his age. The secret he said was taking iron—nuxated iron had filled him with renewed life.

NOTE—Nuxated Iron, recommended above by Dr. E. Sauer, is not a patent medicine nor secret remedy, but one which is well known to druggists and whose iron constituents are widely prescribed by eminent physicians everywhere. Unlike the older inorganic iron products it is easily assimilated, does not injure the stomach, make them black, nor upset the stomach; on the contrary, it is a most potent remedy in nearly all forms of indigestion as well as for nervous, run-down conditions. The manufacturers have such great confidence in nuxated iron, that they offer to forfeit \$100.00 to any charitable institution if they cannot make any man or woman under 60 who lacks iron and increases their strength 100 per cent or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed in this city by Geo. E. Hughes, Apothecaries Hall, E. A. Foster, Central Druggery, H. J. Mabon, Montague and all good druggists.

Automobile Bargains

- 1 new Chalmers, 5 passenger, slightly used for demonstrating, guarantee same as if positively new. 1 new Gray Dort, Clover Leaf Roadster, three passenger. 1 Ford, Model 1917, 5 passenger, bought in July this year, good as new, with extra equipment cost \$662, price now \$425.

As the price of all makes of automobiles is advancing rapidly it will pay you to buy now.

W. K. Rogers Co., Ltd. Charlottetown, P. E. Island

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It is such a simple matter to extend your clientele of customers and your acquaintances, by letter. A personal message will sink deep and bear fruit.

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